

MEAT INCREASE AT TIME NEEDED

Producers Responded Nobly When Demand Was Shown to Them.

CATTLE AND HOG FIGURES.

Government Justified in Pork Policy Which Now Provides Chief Supply to Meet Three Billion Pound Fat Shortage.

In line with the general plan of conservation formulated by the U. S. Food Administration immediately following the entrance of the United States into the war the contribution made by the meat producers of this country to the war program is of particular significance, as it demonstrates the hearty co-operation accorded the Food Administration by the meat producers of the country.

According to reports of the U. S. Department of Agriculture, there was an increase in cattle of 10,238,000 head and 12,441,000 hogs, these figures compiled to January 1 last. In the same period there was a decrease of \$19,000 head of sheep, but indications are this decrease will show an increase following the latest reports.

Since January 1 unofficial information indicates an increase in hogs of not less than eight per cent, and not more than fifteen per cent, compared with one year ago, with an increase in average weight.

Following the request of the Food Administration for increase in hog production for the fall of 1918 and the spring of 1919 the increase may yield not less than 1,000,000,000 pounds more of pork products than were available last year. Without this increase the shipping program arranged by Mr. Hoover regarding animal food products would have been impossible.

The dressed hog products during the three months ending September 30, 1917, amounted to 903,172,000 pounds, while for the same months of 1918 the production was 1,277,580,000 pounds, an increase of over 374,000,000 pounds for the quarter.

During the same period in 1917 inspected slaughter records of dressed beef showed 1,263,000,000 pounds as against 1,454,000,000 pounds for the three month period ending September 1, this year.

We must increase our meat shipments, especially our pork products, to meet the added demands of the millions liberated from German oppression. And at the same time we must look forward to the rehabilitation of the European meat herds. The policy which guided our meat program in the past year has been fully justified, for only the heavy pork production which it has brought about will enable us even partly to satisfy the increased demands on us for the coming year. There will be a world shortage in fats, and it is to the United States that Europe must look to supply its deficiency. At the same time there will continue to be heavy demands for beef. Owing to the limited refrigerator shipping capacity European imports of beef for some time will be limited. The United States, Australia and Argentina will be able to maintain a supply that will keep all available freezer vessels operating at capacity.

America's Pledge to the Allies When Their Lines Were Breaking

America will send the food, whatever needs for victory. They believed, they stood fast and with our men they carried on—to victory.

THE TEST NOW FULFILLED.

This government is nothing more than the expression of the people, and if we are to win the war it will be only because every man, woman and child charges himself daily and hourly with the test. Does this or that contribute to win the war?—Herbert Hoover, April 18, 1918.

With the solemn obligation of providing that "margin" of food that would safeguard against starvation our friends in Europe the housewife and the consumer have learned hitherto to ignore and unsuspected things about food, have absorbed a whole "college education" in food values, food handling, buying and substituting that they will not want to forget.

Our voluntary food-saving not only saved the Allies and made vital contribution to the winning of the war, but saved to ourselves in administration expenses the outlay out of our own pockets that any effective system of rationing would have extracted. It would have cost us about \$45,000,000 to have policed ourselves as against the 2 cents per capita for co-operating.

RED CROSS SANTA TO FILL SOLDIERS' SOCKS

An Old Fashioned Celebration of Yuletide for American Soldiers in France.

A Christmas tree in every ward of every American hospital and in every hospital recreation hut in France!

Every wounded or sick American fighting man to receive two socks filled to the brim with fruits, nuts, candy and smokes!

These are the most interesting features of a tentative Christmas celebration program for the American hospitals arranged by the American Red Cross in France in co-operation with the commanding officers of our fighting forces in that country. Details of the plan to make Christmas as merry as possible for the soldiers in these institutions have just been received at Red Cross headquarters. Nurses and enlisted men on duty at these places will also share in the distribution of Christmas cheer. Because of the limited amount of available shipping space the Red Cross was compelled to abandon its original plan to send special Christmas parcels from here to soldier patients in France. All the articles distributed will be obtained over there.

This is to be an old-fashioned celebration in every sense of the word. Every soldier will hang his socks on the tree. The socks will be tied with red ribbon and in addition to the goodies mentioned above will contain a handkerchief and a card, on which will be outlined the services the American Red Cross is prepared to render our soldiers. Each soldier will receive a sufficient number of Christmas postcards—now being designed by artists in the Red Cross service—to enable him to write to members of his family and his friends back home.

The Christmas dinner, of course, will be one of the features of the celebration. After dinner there will be musical entertainment, motion pictures and general singing.

RED CROSS FIGHTS DEADLY EPIDEMIC

Besides the special work conducted by hundreds of Red Cross Chapters throughout the country in checking the recent epidemic of Spanish influenza, the organization through its headquarters at Washington is preparing to fight a repetition of the experience that was so disastrous this fall, educating the public thoroughly regarding the symptoms and the proper care at the beginning of an attack. In addition to this, the American Red Cross is fighting tuberculosis. The recent appropriation to the National Tuberculosis Association will be used for educational as well as relief work throughout the country.

So much has been said about the aftermath of the epidemic that special attention is being given to the work along this line. The weakness which follows influenza leaves the patient in a condition which makes him a good field for the germs of tuberculosis. A thorough physical examination, proper food and clothing, the use of mild preventives, will check the progress of the disease at once.

Tuberculosis, or consumption, as it is frequently called, is both preventable and curable, provided the treatment of the disease is begun before it is too far advanced. Medicine plays a comparatively small part. The frequently advertised "consumption cures" should be looked upon as poison. The only medicine which should be taken is a good tonic which will stimulate the appetite and build up the system generally. The main cures lie in proper food, sufficient rest, fresh air and sunlight and living, if possible, according to the plan prescribed by a good physician. This renews the patient's vitality and soon kills the disease entirely.

For several years the National Tuberculosis Association has been financing its work by the sale of Red Cross seals at Christmas time. The seals sold for a penny each and by making a concerted effort enough money was usually raised to carry the work through the year. This year there will be no seals sold because the American Red Cross has made an appropriation for the anti-tuberculosis work, and those who formerly spent their time selling seals will join in the work for the Red Cross Christmas Roll Call during the week of December 16 to 23.

America's food Saving saves starving people

U. S. HEALTH SERVICE ISSUES WARNING

Increase in All Respiratory Diseases After the Influenza Epidemic Probable.

Influenza Expected to Lurk for Months. How to Guard Against Pneumonia. Common Colds Highly Catching—Importance of Suitable Clothing—Could Save 100,000 Lives.

Washington, D. C.—With the subside of the epidemic of influenza the attention of health officers is directed to pneumonia, bronchitis and other diseases of the respiratory system which regularly cause a large number of deaths, especially during the winter season. According to Rupert Blue, Surgeon General of the United States Public Health Service, these diseases will be especially prevalent this winter unless the people are particularly careful to obey health instructions.

"The present epidemic," said Surgeon General Blue, "has taught by bitter experience how readily a condition beginning apparently as a slight cold may go on to pneumonia and death. Although the worst of the epidemic is over, there will continue to be a large number of scattered cases, many of them mild and unrecognized, which will be danger spots to be guarded against." The Surgeon General likened the present situation to that after a great fire, saying, "No fire chief who understands his business stops playing the hose on the charred debris as soon as the flames and visible fire have disappeared. On the contrary, he continues the water for hours and even days, for he knows that there is danger of the fire rekindling from smoldering embers."

"Then you fear another outbreak of influenza?" he was asked. "Not necessarily another large epidemic," said the Surgeon General, "but unless the people learn to realize the seriousness of the danger they will be compelled to pay a heavy death toll from pneumonia and other respiratory diseases."

Common Colds Highly Catching.

"It is encouraging to observe that people are beginning to learn that ordinary coughs and colds are highly catching and are spread from person to person by means of droplets of germ laden mucus. Such droplets are sprayed into the air when carelessness or ignorant people cough or sneeze without covering their mouth and nose. It is also good to know that people have learned something about the value of fresh air. In summer, when people are largely out of doors, the respiratory diseases (coughs, colds, pneumonia, etc.) are infrequent; in the fall, as people begin to remain indoors, the respiratory diseases increase; in the winter, when people are prone to stay in badly ventilated, overheated rooms, the respiratory diseases become very prevalent."

Suitable Clothing Important.

"Still another factor in the production of colds, pneumonia and other respiratory diseases is carelessness or ignorance of the people regarding suitable clothing during the seasons when the weather suddenly changes, sitting

in warm rooms too heavily dressed or, what is even more common, especially among women, dressing so lightly that windows are kept closed in order to be comfortably warm. This is a very injurious practice.

Could Save 100,000 Lives.

"I believe we could easily save one hundred thousand lives annually in the United States if all the people would adopt the system of fresh air living followed, for example, in tuberculosis sanatoria. There is nothing mysterious about it—no specific medicine, no vaccine. The important thing is right living, good food and plenty of fresh air."

Droplet Infection Explained in Pictures.

The Bureau of Public Health, Treasury Department, has just issued a striking poster drawn by Berryman, the well-known Washington cartoonist. The poster exemplifies the modern method of health education. A few years ago, under similar circumstances, the health authorities would have issued an official dry but scientifically accurate bulletin teaching the role of droplet infection in the spread of respiratory diseases. The only ones who would have understood the bulletin would have been those who already knew all about the subject. The man in the street, the plain citizen and the many millions who toil for their living would have had no time and no desire to wade through the technical phraseology.



COLDS, INFLUENZA, PNEUMONIA, AND TUBERCULOSIS ARE SPREAD THIS WAY

Copies of this poster can be obtained free of charge by writing to the Surgeon General, U. S. Public Health Service, Washington, D. C.

MISUNDERSTANDING CLEARED UP

A misunderstanding relative to the canteen work of the Y. M. C. A. has been cleared up by the War Department, which issued the following: "Matter of prices asked by Young Men's Christian Association for its articles sold in canteens overseas already investigated by war department and condition is being remedied. The Young Men's Christian Association was originally asked by General Pershing to run the canteens for the army on a cost basis. In order to do this it had to reckon in price fixing such overhead charges as transportation charges and marine insurance so that prices were much higher than in this country.

"The Young Men's Christian Association made no profits, but lost thousands of dollars. Arrangements now made will enable them to obtain supplies from sources that will reduce overhead charges and keep prices down."

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Successor to Morris Bros.
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SCIO, OREGON

Wind Mill and Tower For Sale.
John T. Brock has an 8-ft steel wind mill and steel tower for sale. The mill has been used a short time but is in first class order—good as new. Has ball bearings and all modern improvements. The tower has never yet been set up. The whole can be bought for \$75, which is less than one half of what the cost was two or three years ago and not one-third of what the cost of a new one would be now. It is a splendid bargain. 11tf

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SKUNK SHORT NARROW	8.50 to 7.50	7.00 to 6.00	5.75 to 5.25	5.00 to 4.50	4.00 to 2.00	1.50 to .75	
SKUNK BROAD	7.00 to 6.00	5.50 to 4.75	4.50 to 4.00	3.75 to 3.25	3.00 to 1.50	1.00 to .50	
LIBERAL ASSORTMENT	4.00 to 3.00	2.75 to 2.25	2.00 to 1.80	1.60 to 1.40	1.25 to .75	.50 to .25	
COYOTE HEAVY FURRED, CAPPED OPEN AND HEADLESS	28.00 to 23.00	20.00 to 18.00	18.00 to 14.00	12.00 to 10.00	12.00 to 6.00	3.00 to 2.00	FLAT, HAIRY AND DAMAGED AT HIGHEST MARKET VALUE
MUSKRAT WINTER	2.75 to 2.25	2.10 to 1.85	1.70 to 1.50	1.30 to 1.10	1.25 to .80	.50 to .40	SHOT DAMAGED AND KILLS AT HIGHEST MARKET VALUE
MUSKRAT FALL	2.20 to 1.80	1.50 to 1.30	1.50 to 1.20	1.00 to .80	.85 to .60	.35 to .25	

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