

CONTAGIOUS DISEASES.

Air and Sunshine Are Better Disinfectants Than Fumigation.

A knowledge of how contagious diseases are transmitted from one person to another makes the futility of such disinfecting processes as fumigation evident. The Scientific American gives a succinct and accurate description of the way in which such diseases are "caught."

"Yellow fever is contracted only through the bite of the stegomyia mosquito, malaria only through that of the anopheles, typhus fever only through that of the body louse. Cholera and typhoid fever are not contracted through miasms, but solely by swallowing the essential germs of those diseases in food and drink thus contaminated. Diphtheria is probably not communicable through the air, but by direct contact with the sick, as in kissing, or by contact of one's nasal passages or throat with the diphtheria germs as contained in the handkerchiefs, dishes and the like used by patients.

"The safest place in the world as to diphtheria is the properly conducted, well aired ward of a diphtheria hospital. Hospital doctors, nurses and others, careful in their ablutions, are in constant attendance the year round on diphtheria, scarlet fever and measles patients without contracting those diseases or being in any fear of them. The surest place not to contract consumption is a well managed tuberculosis sanitarium.

"Nor are scarlet fever and measles transmitted through the 'peeling' or the skin eruptions in those diseases. And measles is infectious anyway only during the first several days of the disease, generally before it is recognized, and from the germ laden discharges from the noses and throats of sufferers."

Disinfection certainly destroys the germs of these diseases when it reaches them, but most germs perish almost as soon as they leave the patient's body. "The best disinfectants ever invented are pure air and sunshine. A sickroom well ventilated after the close of a case, the bedding, carpets, rugs and so on exposed to the blessed sunshine, plenty of soap and water for scrubbing up—these factors will for most infectious diseases be all the disinfection necessary."

Gladstone's Memory.

Gladstone's power of memory was always one of his greatest assets. In his last years he often lamented that it was not what it had been, but even so it came triumphantly out of some remarkable tests. In his eighty-third year he set himself to recall Manzoni's ode on the death of Napoleon, which as a young man he had translated into English. He had entirely forgotten his own version, but by dint of hard "digging" or "fishing up," as he called it, he wrote down 104 of the 108 Italian lines. Two years later he essayed to write from memory a complete list of all the men who had been his cabinet colleagues and enumerated sixty-eight of the seventy.

Enchanted Valparaiso.

The night view of Valparaiso from the balconies of the cliff dwellers is one of the great sights of the world. The vast sickle of the shore lit for nearly 200,000 people, the scores of ocean vessels lying at anchor, the harbor lights, the glowing avenues below, from which resounded the roar of nocturnal traffic; the rippling water under the moonlight and the far horizon of the illimitable Pacific produce an effect of enchantment.—Edward Alsworth Ross' "South of Panama."

To Tell Train Speed.

Count the clicks of the wheels on one rail (because joints alternate) for twenty seconds and the result will be the miles per hour the train is running. Demonstration: There are 176 thirty foot rails in 5,280 feet. The train, we will say, is traveling at forty-five miles per hour. It covers 125.5 rails in one minute, or 2.25 rails in one second, which, multiplied by twenty, equals forty-five rails in twenty seconds, or forty-five miles per hour. If thirty-two foot rails are used the result would be forty rails in twenty seconds at forty-five miles per hour, but it is fairly accurate and can be done easily with a little practice.—Literary Digest.

\$ Day at Albany

The Willamette Valley Exposition and Fair will be held in Albany Oct 14, 15 and 16. Thursday, Oct 14 will be \$ Day. For that day and the rest of the week we will offer bargains that have never been seen in Albany. We are positively going out of business and want to close our doors by Nov 1. Our stock of boys suits, mens suits, overcoats, rain coats, mackinaws, hats, shirts, undershirts and all mens furnishings are offered at bargains that you cannot equal elsewhere. Our special \$ day prices have many articles at less than actual wholesale cost. You will never know what your dollar will buy unless you visit our store. Remember our \$ Day prices hold good for the three days of the Fair.

STEIN & NEWMAN,
Albany, Oregon.

When Baby Has the Croup

When a mother is awakened from sound sleep to find her child who has gone to bed apparently in the best of health struggling for breath she is naturally alarmed. Yet if she can keep her presence of mind and give Chamberlain's cough remedy every ten minutes until vomiting is produced, quick relief will follow and the child will fall asleep to awaken in the morning as well as ever. This remedy has been in use for many years with uniform success. Obtainable everywhere.

Farmers Attention

J. D. Densmore of the Scio Produce Co. is in the market for wheat, oats and barley at highest market quotations, quality considered. We prefer to buy in car load lots. It might pay you to see us before selling, as we are representing one of the largest of Portland's grain exporting firms.

Recommends Chamberlain's Cough Remedy

"Last winter I used a bottle of Chamberlain's cough remedy for a bronchial cough. I felt its beneficial effect immediately and before I had finished the bottle I was cured. I never tire of recommending this remedy to my friends," writes Mrs Wm Bright Ft Wayne, Ind. Obtainable everywhere.

Grain Bought

I am in the market for all kinds of grain; wheat, oats and barley—quality considered; also hay. I am representing the largest company in the Northwest. See me before you sell.
R. T. SMITH.

For Indigestion

Never take pepsi and preparation containing pepsi or other digestive ferments for indigestion, as the more you take the more you will have to take. What is needed is a tonic like Chamberlain's tablets that will enable the stomach to perform its function naturally. Obtainable everywhere.

Notice For Publication

Department of the Interior
U. S. Land Office at
Portland, Oregon, September 27, 1915
Notice is hereby given that John E. Ericson, assignee of John Kingston, Administrator of the estate of Daniel Cronin, Dec'd, whose postoffice address is Washougal, Washington, did on the 27th day of September, 1915 file in this office his application, Serial No. 04586, to enter under the provision of Sections 2306 and 2307, Revised Statutes of the United States of America, the s e 1/4 of s e 1, sec. 19 and the s w 1/4 of n w 1/4 sec. 28, T 11 S, R. E., Willamette Meridian.

Any and all persons claiming adversely the lands above described, or desiring to object because of the mineral character of the land, or for any other reason, to the disposal of the applicant should file their affidavits of protest in this office on or before the 20th day of November, 1915.

N. Campbell, Register.

Third Annual Clearance Sale.

of the

Stayton Woolen Mills

Commencing next Monday, October 11, and lasting throughout the entire week, we will offer big reductions on every article of our immense stock, except mackinaw coats. This sale is for the purpose of reducing stock to make room for new goods and contains many stupendous bargains that you positively cannot afford to miss. Following are a few of the many items on sale.

150 pairs of Slightly damaged **Wool Blankets**, the only damage consisting of slight imperfections in weaving. **Reduced 1-3 to 1-2**

Full assortment of **Wool Dress Goods**, over 40 patterns to choose from. Reduced all down the line

Prices that are sure to please you will be made on **Woolen Shirts, Undershirts, Logger's Shirts and Sox**

Remember, this sale starts Monday morning, October 11, and ends Saturday evening, October 16.

Wilbur Woolen Mills

Stayton, Oregon

Oregon Life

BEST FOR OREGONIANS

M. JOHN, District Mgr., Corvallis, Oregon

C. C. BRYANT

ATTORNEY AT LAW

11-2 New First National Bank Bldg.

ALBANY OREGON

Cream Bought

We are now buying for the Lebanon Creamery Co. Highest market price paid for cream delivered at our store in Scio.
Scio Feed Co.

\$100 Reward, \$100

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.
Address: F. J. CHENEY & CO., Toledo, O. Sold by all Druggists. Take Hall's Family Pills for constipation.

Low Round Trip Fares

to the

Central Willamette Valley
Exposition and Industrial School Fair

to be held at

ALBANY, OCTOBER 14, 15 and 16

For this occasion, tickets will be on sale October 12, 14, 15 and 16 with final return limit October 18th, from main line points Woodburn to Cottage Grove inclusive, from Woodburn to Brownsville inclusive, Independence to Eugene inclusive and from Yacquina to Gates inclusive.

Full particulars, train schedule, etc., from nearest Agent

SOUTHERN PACIFIC

John M. Scott, General Passenger Agent, Portland, Oregon