

The Santiam News

PUBLISHED EVERY THURSDAY BY
L. W. CHARLES

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application.



AND DON'T MAKE YOUR ONLY STOP IN PORTLAND

SHELburn ITEMS

Miss Grace Gill of Silver
ton is visiting her relatives.
H O Shilling and family.

Wm Manis of near Stayton
spent Sunday with friends
at Shelburn.

Frank Pietrok returned
from Salem Sunday evening.

Misses Verda and Alma
Russell of Macleay spent the
week end with relatives and
friends near here.

Fred Gooch and family of
Portland are visiting rela-
tives here this week.

Mrs R W Swink of Dundee
was visiting her sister Mrs
A P Hiron last week.

Claude Churehill wife and
daughter Blanche spent
Sunday with Harry Bram
and family.

Will Miller and family
spent Sunday with George
Gibbons and family.

Fred Sthallman and wife
returned to their home in
Detroit Monday.

Mrs Mary C Smith, wife
of James Smith died at her
home in Shelburn, Thursday
March 11, age 75 years. De-
ceased leaves a husband two
sons and two daughters
twenty-seven grand children
and seven great grand child-
ren and a host of friends to
mourn her death. She was
a loving wife and mother,
true friend and kind neigh-
bor.

The old sign which has guided
the wayfarer to the News office
for time immemorial is no more.
It was replaced this week by a
bright new one from the brush
of C M Coffey and stands out
like a pewter nickel in a collec-
tion plate. The new sign reads:
"The Santiam News, Job Print-
ing."

All of our subscribers who
have received the magazines
seem to like them. Some have
told us they don't see how we
can do it. When renewing your
subscription to the News don't
forget to ask about the maga-
zines.

I have taken over R L De-
Vaney's grain buying at this
place and am in the market for
grain of all kinds. See me be-
fore selling. R T Smith.

R T Smith returned from a
business trip to Portland Wed-
nesday.

Just remember that the News
office sells typewriter ribbons
and carbon paper cheaper than
anyone else in Linn county.

Watch This Space

During the week beginning March
22 I will make a special on

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dence. I am making a

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play at Gills store. All work is strictly first class in every respect, my
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C. M. COFFEY

BREATHE FRESH AIR.

Do It Not Only by Day, but During the
Night as Well.

Breathe all the fresh air you can
get, night and day. That's what
fresh air is for. The fearsome
legend about the baleful influences
of "night air" is only another of
the carefully nursed insanitary be-
quests from our ancestors, accord-
ing to the United States public
health service.

Whence this superstition arose
may only be surmised. Perhaps it
is a survival of the primeval cult of
sun worship, which led the ancients
to fear anything outside the sphere
of solar influence. Our forbears
were wont to caution their offspring
to "be careful about the night air"
or children were ordered to "come
in out of the night air."

This idea is generally prevalent
and even one of our well known
flowers is loaded down with the hor-
rible name of "deadly nightshade"
as a sort of verbal relic of this old
notion. The low lying mist or fog
that sometimes gathers about the
surface of the earth under certain
atmospheric conditions, after sun-
set, was held to be "mias-
matic" and pregnant with lethal
possibilities.

The night air, minus the sun, is
no different from the atmosphere of
a sunless day. The atmospheric en-
velope of the earth does not change
from benign to malign in the twin-
kling of an eye after sundown.

Diseases which involve the lungs
can usually be traced to their be-
ginning in poorly ventilated sleep-
ing apartments, inside rooms that
do not have a share of the atmos-
phere.

Those emancipated persons who
open their windows at night will
tell you unanimously that they can-
not breathe in a chamber unless the
window is raised. Their sense of
comfort and vigor demands the life
giving qualities of fresh air.

Chinese Village Names.

The villages of China rejoice in a
choice assortment of names, some

of them very ludicrous. Indeed,
the number of these communities
seems to have been too much even
for the ingenuity of the Chinese.
Wang, for example, is so general
a name for a village that they are
driven to speak of the "Front
Wang," the "Rear Wang," the
"Wang Under the Bank," the
"Smaller Wang," and so on through
every possible adjective or phrase
to which Wang can be tacked.
Among some of the names of vil-
lages may be selected such gems as
"Bitter Water Shop," "Liu With
the Black Eye," "Dropped Tooth,"
"Horse Words," "Duck's Nest" and,
oddest of all, "Where They Wear
Pug Noses."



WOMEN

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