

The Santiam News

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L. W. CHARLES

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AND DON'T MAKE YOUR ONLY STOP IN PORTLAND

WHEN TO EAT THE BANANA.

Tropical Natives Never Let the Fruit
Ripen on the Tree.

According to Frederick Upham Adams in his book, "The Conquest of the Tropics," there is a popular misunderstanding concerning when the banana is ripe. Mr. Adams asserts:

The banana will never enjoy the popularity it deserves until the people of the temperate zones learn to know when it is ripe and learn not to eat it in its raw state. There is popular delusion that the banana has ripened when it turns from its original green to a golden yellow, and those thus deluded decline to touch this fruit when dark spots appear in the yellow skin of the banana.

The banana is not fully ripe when it is yellow. This change from green to yellow is the first outward appearance of a chemical process incidental to the ripening process. Not until a considerable portion of the skin has turned to a deep brown has this ripening process sufficiently developed to give the fruit its greatest value as a delicious and healthful food.

The natives of the tropics do not permit a banana to ripen on its stem for the good and sufficient reason that such a banana is hardly fit to eat. A chemical process sets in which partially disintegrates the pulp, destroys the fine flavor and renders it insipid and almost tasteless. More than that, the rind cracks when the banana starts to ripen on the plant, and insects burrow in the pulp and thus mar or spoil the fruit. The natives pluck the bunches from the stem at about the same period of their development that the leading importers do, and there is so little difference between an exported banana and one sold in the native markets that even an expert could not be sure which is which.

The same thing is true of most other tropical fruits. As a rule they are picked green by the natives and allowed to ripen artificially. The fecundity of the tropical soil and the forcing powers of the humidity and the sun are so great that most tropical fruits are likely to break their envelopes under the pressure of an accelerated ripening process.

Therefore do not think you are getting the worst of it because the bananas which you eat at home come here green. Nature knows how to grow bananas. Man had to learn how to ripen them.

No farmer can afford to buy a thing he can raise, no matter how cheap it is.

Co-operation is the force that keeps the wolf from the door.

Is your farm declaring dividends, or are you in the tenant class?

A farm is a business establishment and should be so operated.

A farm should be operated for net, not for gross results.

The net results of good farming are profits, success, a growing business and a good living.

The farmer should take all uncertainty out of securities before applying for a loan.

Loggers and Dry Sox shoes sold at the People's Store cheaper than elsewhere.

Mr. and Mrs. Frank Irvine of Galloway are visiting at the home of the latter's parents, Mr. and Mrs. A. F. Beard. Mr. Irvine also visited in Lebanon with his father, Ben Irvine, who has been seriously ill.

Mrs. F. C. Houser returned home from Albany last Friday after a few days' visit with friends at that place.

FOR SALE—Pure-bred Brown Leghorn S. C. cockerels, March hatch, fine ones for 50c. Also hens. Mrs. Ed. Smith, R. 1, Box 72, Scio, Ore.

All of our subscribers who have received the magazines seem to like them. Some have told us they don't see how we can do it. When renewing your subscription to the News don't forget to ask about the magazines.

Picture show Sunday night, 10c and 15 cents.

Old papers 5 cents a bundle at the News office.

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Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of HALL'S CATARRH CURE.

Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1906.

A. W. GLEASON,
Notary Public.

Hall's Catarrh Cure is taken internally and acts directly upon the blood and mucous surfaces of the system. Send for testimonials, free.

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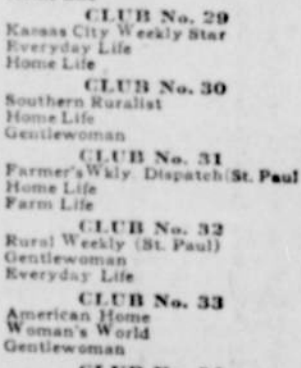
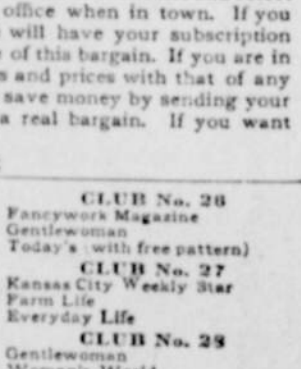
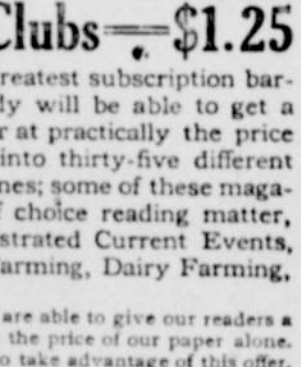
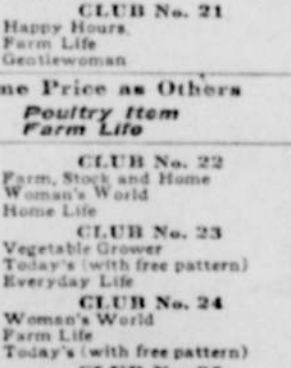
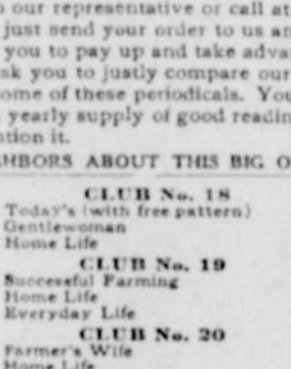
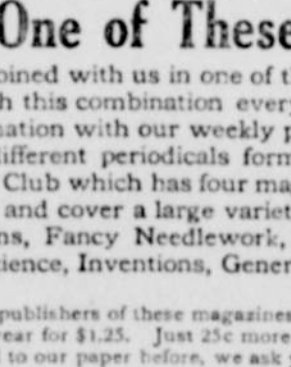
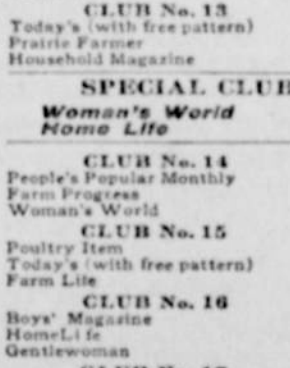
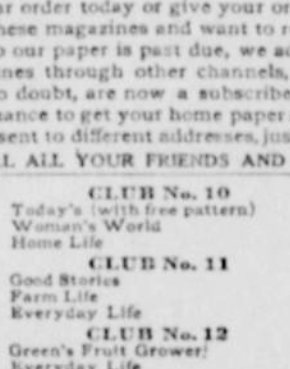
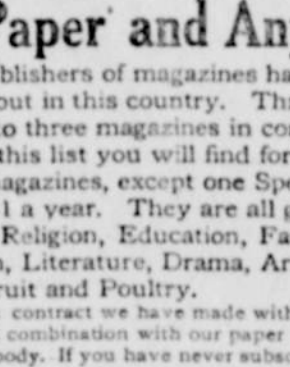
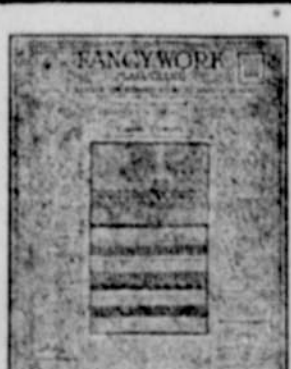
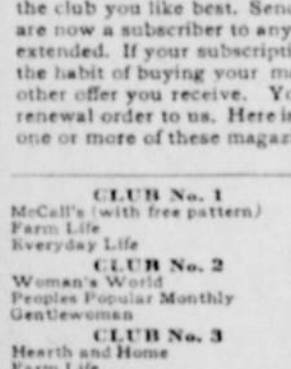
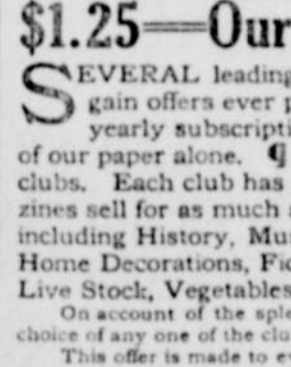
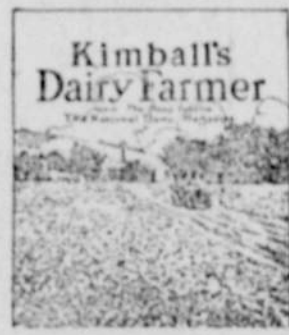
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