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PRACTICAL BAKING LESSONS

PUDDINGS

In this lesson we will treat on puddings, both baked and steamed. The secret of getting light, palatable pudding is in not baking or steaming too fast. The pudding must have a slow even heat until it has become light and porous. If directions below are followed failure is impossible.

Nevada Briggs

Marble Pudding

2 cups sifted pastry flour
2 level teaspoonfuls K C Baking Powder
½ teaspoonful cinnamon
¼ teaspoonful salt ⅔ cup sugar
Yolks of 2 eggs, beaten light
4 tablespoonfuls melted butter
½ cup cold water
Whites of 2 eggs, beaten dry
1½ ounces melted chocolate

Sift together, three times, the flour, baking powder, salt and cinnamon. To the yolks add the sugar, butter and water, and stir into the dry ingredients. Add the whites of the eggs. Divide the mixture into two parts and add the chocolate to one part. Dispose the two parts in a buttered mold to give a marbled appearance. Steam forty-five minutes.

In mixing egg and sugar, use a rotary egg beater making a light creamy mixture of egg yolks and sugar. In steaming pudding have low blaze under the water for at least the first 15 minutes, giving the pudding time to rise before cooking.

Serve with Vanilla Sauce.

Vanilla Sauce

Boil 1 cup of sugar and ½ cup of water six minutes; add 2 teaspoonfuls of butter and a teaspoonful of vanilla extract.

Cherry Pudding

2 cups sifted pastry flour
2 level teaspoonfuls K C Baking Powder
½ teaspoonful salt ¼ cup butter
2 eggs ¾ cup milk (scant)
Cherries
Salt or 1 tablespoon butter

Sift together three times, the flour, baking powder, and salt and work in the butter; beat eggs, add milk to eggs and stir into the flour. Half fill a baking pan with cherries, add bits of butter and pour batter over top of cherries, and bake slowly for fifteen minutes, then increase heat and bake until pastry is done. Turn on a plate with cherries uppermost, serve with hard sauce or very sweet cherry juice. Other fruits, such as apples, peaches, apricots, berries or bananas may be used.

Hard Sauce

Cream ¼ cup butter with ½ cup sugar and flavor to suit, putting over pudding when pudding is still warm.

Prune Kuchen

2 cups sifted pastry flour
2 tablespoonfuls granulated sugar
¼ teaspoonful salt ¼ cup butter
2 level teaspoonfuls K C Baking Powder
Cinnamon to taste 1 egg
¾ cup milk ½ pound prunes
3 tablespoonfuls melted butter and 3 tablespoonfuls sugar for top of Kuchen.

Sift together, three times, the flour, sugar, salt and baking powder, and work in the butter. Beat the egg; add the milk, and stir into the dry ingredients. Turn into a shallow buttered pan and spread the dough evenly in the pan. Have the prunes cooked tender and remove the stones. Press the prunes skin side down, into the top of the dough.

Brush over with melted butter, dredge with sugar and cinnamon, and bake twenty-five minutes. Serve hot, cut into squares, with hard sauce or stewed prunes.

Baking Helps

Select materials with great care. The best of everything is always the cheapest. To have a perfect finished product we must first have good material for our foundation. In selecting materials for baking, first get a high grade baking powder, for unless properly leavened, food is not palatable. A high grade baking powder is not necessarily a high priced one. K C Baking Powder is medium in price, but of the highest quality, made of the best and purest of materials properly combined to produce the best possible results.

For cakes and pastries a soft wheat pastry flour is preferable. To determine a soft wheat from a bread, or hard wheat flour, press it tightly in the hand; if the flour stays packed in a mass showing the imprints of the fingers, it is a pastry flour; if it falls through the fingers sandy, it is a bread flour, and should be used only with yeast.

Shortening must be fresh and sweet.

Sugar should always be cane sugar.

Water is equally good as milk in all articles where a large amount of sugar is used, except for cookies.

Larger masses of dough require longer time for rising and baking.

Bear in mind that baking rules are as important as measuring rules. Do not bake cakes, pudding and such pastries as short cake, dumplings and meat rolls with a hot fire at the start. Have a slow oven until the dough doubles in bulk; then increase heat to bake and brown.

Biscuits, cut cookies and pie pastry require a hot oven.

Have food thoroughly cooked. Half cooked pastries are hard to digest and injurious, better to over-bake than under-bake.

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Next Week—SHORT CAKES and APPLE DUMPLINGS.

Country Clippings

Miss Lulu Clark spent Saturday and Sunday with home folks.

Mrs Clyde Rogers of Lebanon is visiting her parents, Mr and Mrs G C Westenhouse, for a few days.

Mike Bilyeu made a business trip to Scio Tuesday.

Mrs Anna Bartlett of Arizona, is visiting her parents, E Wendt and wife. As her mother is very ill with catarrh of the stomach, she will probably stay all summer.

Mrs Fred Pepperling of Bilyeu Den called on Mrs G C Westenhouse Tuesday.

Mr and Mrs Herbert Waln of Thomas spent Sunday with the latter's parents, Henry Burmester and wife.

Henry Phillips of Jordan is suffering with a severe attack of pneumonia.

Miss Laura Westenhouse who is assisting Mrs W A White of West Scio, with the house work spent Sunday with home folks.

A number of the young people of this vicinity attended the dance at the T J S Hall Saturday night. All report a very pleasant time.

We are glad to say that Early Phillips who has been ill with pneumonia, is now able to be up.

Mrs Jim Brown who was on the sick list last week, is able to be up again.

O E Eichinger made a business trip to Scio Friday.

Mr Hobson of Portland is visiting at the home of his daughter, Mrs Bert Hollis.

Mr and Mrs S B Cole spent Sunday with their daughter, Mrs Perry Bilyeu of Crabtree.

Mrs Westenhouse has been trying her hand at nursing, having put in good time the last week caring for Mrs Wendt, who is still in a critical condition.

Jim Brown made a business trip to Albany Monday.

Adolph Kraynik has employed several teams to haul ties from his mill to West Scio.

Bert Hollis made a business trip to scio Sunday morning.

Johnie Lee and Wilbur Fleming visiting Conard Westenhouse Sunday evening.

Miss Burnice McDonald closed a very successful term of school in district 83 last Wednesday.

Among those taking the 8th grade examination in school district 83 were Elva Shindler, Oda, Clark and Conard Westenhouse.

We are sorry to say that Aunt Ollie Shelton is no better and her recovery is doubtful.

Miss Anna Hannah was a caller at the Wendt home Monday.

Sheep and cattle buyers are quite numerous in this vicinity this week, several sales being made.

Mrs Clara Smith is reported to be convalescing.

Mr and Mrs Newt Thomas visited their daughter, Mrs Carleton Merry at Lebanon last week.

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