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PRACTICAL BAKING LESSONS

MUFFINS



When properly made, there is nothing more appetizing for breakfast or tea than muffins, or gems, as they are sometimes called. With honey, preserves or marmalade, they readily make the chief feature of the meal, and there are so many ways to vary them, that one can have a different kind about as often as she likes. Below I give a few choice and successful recipes.

Nevada Briggs

A great many housewives have had trouble in making rich, light, moist muffins without their falling, and to overcome this, they have resorted to making the batter so stiff that when baked, the muffins are very dry. A muffin can be made almost as light and just as palatable as a pop-over, but to make a light, moist muffin which is not soggy in the center, a double-raise baking powder such as K C must be used. K C Baking Powder has two separate and distinct raises: one when moisture is added, and the other when heat is applied, so that the raising is sustained until the muffin is baked through, and all danger of falling and becoming soggy is past.

Like biscuits, the softer the dough goes into the oven, the lighter the muffins that come out of it.

One-Egg Muffins

2 cups flour 1 teaspoonful salt
2 slightly rounded teaspoonfuls K C Baking Powder
1/2 cup melted lard or butter
1 cup water or milk
1 egg
Sift dry ingredients together three times. Add to this the unbeaten egg, melted shortening and water or milk. Then beat all together until perfectly smooth. Oil muffin or gem pans and have oven slow until the muffins come to the top of the pan, then increase the heat to bake and brown the muffins. This recipe makes 12 large muffins. Raisins or currants may be added if desired.

Graham Muffins

1 cup graham flour 1 cup pastry flour
2 level teaspoonfuls K C Baking Powder
1 to 2 level tablespoonfuls sugar
1/2 teaspoonful salt 1 egg
1 1/2 cups milk or water
2 to 3 tablespoonfuls melted butter
Mix and bake as One-Egg Muffins. Graham batter should always be quite soft to insure lightness and a moist muffin.

Corn Meal Muffins

1/2 cup butter 1/2 cup sugar
2 eggs, well beaten 1 cup milk or water
1 1/2 cups corn meal 1 1/2 cups flour
1/2 teaspoonful salt
1 level teaspoonful K C Baking Powder
Cream the butter; add the sugar and eggs. Sift together, three times, the meal, flour, salt and baking powder. Add this to the first mixture alternately with the milk. Bake about twenty-five minutes, baking a little slowly to start, then increase heat to bake brown.

Bacon Muffins

2 cups flour 1 teaspoonful salt
3 level teaspoonfuls K C Baking Powder
1/2 cup sugar (if desired)
1/2 cup melted lard or butter
4 or 5 slices of bacon fried crisp and broken into small bits 1 cup milk or water
Mix and bake as One-Egg Muffins above.
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Next Week's Lesson: PUDDINGS

The Unhappy Medium.
A French woman of noble family, who had been unfortunate in her marriage, one day said to a party of friends who were dining at her house:

"I should like to be married in English, in a language in which vows are so faithfully kept."

"What language, I wonder, was she married in before?" one guest remarked.

"Broken English, I suppose," replied the other.—Kansas City Times.

The Way Out.

"The trouble is," said Wilkins as he talked the matter over with his counsel, "that in the excitement of the moment I admitted that I had been going too fast and wasn't paying any attention to the road just before the collision. I'm afraid that admission is going to prove costly."
"Don't worry about that," said his lawyer. "I'll bring seven witnesses to testify that they wouldn't believe you under oath."—Harper's Weekly.

Marriage.

Marriage is a sacred rite by which a man subjects himself to perpetual cross examination.—Philadelphia Ledger.

His Truthful Moments.

"Is Bliggins a man of his word?"
"Only when he sings."—Washington Star

Starting a Row.

"Pa, what did prehistoric monsters look like?"
"Ask your mother."—Houston Post.

Excites Curiosity.

The better kind of a front we put up the more people want to know what is behind it.—Puck.

Caliber.

"Blinks is a man of small caliber."
"Yet he is shunned as a big bore."—Buffalo Express.

A Short One.

Teacher—Now, what is a sentence?
Bright Pupil—Thirty days, miss.—Boston Transcript.

Something New.
"Your snowstorm made a hit."
"I knew it would," declared the proud playwright.

"Yes; they turned it loose in the drawing room scene"—Exchange.

Its Location.

Gladys Boston—And the duke is so brave, papa! Why, he declares he intends to become an aviator. Papa—Um! He does, eh? Wants to visit his nestie, I suppose?—Puck.

The Influence of Clothes.

He—Did you ever observe what a difference clothes make on one's mind? Now, when I am in my riding togs I'm all horse; when I have on my business suit my mind's full of business; when I get into my evening dress my mind takes a purely social turn.

She—And I suppose that when you take a bath your mind's an utter blank?—Stray Stories.

He Was Spurned.

"Believe me," said old Gotrox, "although I'm an old bachelor I'm sure I could learn to be a good husband. You know, a man is never too old to learn."
"Nor too old to learn, perhaps," replied Miss Peechis; "also I'm sorry to say you're not too old to spurn."—Philadelphia Press.

Taking His Meals Out.

"And do you take your meals out?" asks the village probe, who is garnering information from the former resident who is home from the city for a few days.
"Not until after I have eaten them," wearily responds the unwilling victim.—Judge's Library.

Better Kept Quiet.

Patient (angrily)—The size of your bill makes my blood boil. Doctor—Then that will be \$20 more for sterilizing your system.—Boston Transcript.

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