

A. G. PRILL, M. D.
Physician & Surgeon
Telephone, Exchange No. 11
SCIO : : : OREGON

E. H. HOBSON, M. D.
PHYSICIAN AND SURGEON
Office two doors south of
Scio State Bank
Telephones: Office, 27-7; Res. 27x

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Centrally located, good
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Scio Livery and Feed Stable
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Hacks connect with all trains
at West Scio and at Munkers
Our rigs first class and
our horses good drivers
Prices Reasonable.

T. J. Munkers, Pres. A. E. Randall, Vice Pres.
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The Scio State Bank
Does a general banking business and
can assist you in the transfer of money
by issuing drafts to the different parts
of the United States, and its services
are available for the transaction of
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For Dyspepsia
If you suffer Stomach Trouble,
and you try our remedy, it won't
cost you a cent if it fails.
To prove to you that indigestion
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Tablets will do it, we will furnish
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The remarkable success of Rexall
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We are so certain that there is
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You can buy Rexall's Dyspepsia Tablets
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Scio The Rexall Store Oregon
There is a Rexall Store in nearly every town
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Remedy for nearly every ordinary human ill—
each especially designed for the particular ill
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The Rexall Stores are America's Greatest
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PRACTICAL BAKING LESSONS



This is the first of a series of lessons which will
appear on this page every week. There is a grow-
ing interest in home baking, as women are coming to
realize that their own baking is far superior to the prod-
uct of the bag shop and costs much less. In this
department I will show you how always to have "good
luck" with your baking. This is altogether a matter of
having the right materials, putting them together the
right way, and properly controlling the oven.

Nevada Briggs

Bread Flour and Pastry Flour

OUR mills make two kinds of flour: one from hard Spring wheat called bread flour, the other from soft Winter wheat called pastry flour. The bread flour has a larger percentage of gluten which dissolves slowly and makes the flour harder to mix, so that it is less desirable than the soft wheat or pastry flour for quick baking. Pastry flour when pressed tightly in the closed hand, should feel soft and pack closely, retaining its form after the hand is opened, and showing the imprints of the fingers. If, on the other hand, the flour seems dry and harsh to the touch, and cannot be pressed dry into a form, it is bread flour, and will give good results only when a slow working leaven like yeast is used. Pastry flour costs no more than bread flour and it is so much better for cakes, biscuits, muffins and all kinds of pastry that it should be kept on hand and regularly used. Please do not confuse pastry flour with the expensive packages of cake flour or the self-raising flour, which are sometimes called "Pastry Flour" and "Biscuit Flour." If you will remember that bread flour is a Spring wheat flour and pastry flour is a Winter wheat flour, and make it clear to your grocer which you want, you will be sure of getting it.

How to Make Delicious Biscuits

For biscuits let us select pastry flour, a good sweet shortening, a double-raise baking powder and sweet milk or water. Milk is to be preferred, as it browns the biscuits better. First, measure correctly and sift together at least three times, the flour, salt and baking powder. It is important to blend the baking powder thoroughly with the flour. Then with a fork or the finger tips work the shortening thoroughly into the flour and mix to a soft dough with the milk or water—just as soft as can be handled. Roll out very lightly, or better, spread and pat the dough out thin with the hands. Handle as little as possible after wetting. Then cut in small shapes for the oven, for small biscuits are very much better than large ones. If baked quickly, as biscuits should be, a large biscuit does not get the proper heat to raise and bake the center of the biscuit. A small biscuit raises perfectly, bakes better, is more palatable, and is easier to digest.

Biscuits should always be baked on a sheet or in a very shallow pan, as the biscuits should be above the sides of the pan in order to have the heat get to them quickly. If baked in a deep pan the sides shut off the heat, and the biscuits are likely to flatten out and run together and have heavy centers. Never

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Next Week's Lesson: "CAKES."

crowd biscuits in a pan, but keep them well apart, allowing a passage between them for heat. The oven should be very hot, so that the biscuits may raise, bake and brown nicely in about 15 minutes.

I mentioned above that a double-raise baking powder should be used. This is of especial importance with biscuits. With the old-fashioned single acting baking powder it was necessary to have the oven ready so that the biscuits could be put in the moment they were mixed, but with K. C. Baking Powder you can mix your biscuits hours in advance if you like, letting them stand, and still have perfect biscuit when raised. In fact, it is entirely practical to mix a batch of biscuits before supper, bake what you want for that meal, and set the remainder of the dough away in the ice box until morning, when you can have freshly baked biscuits for breakfast without the loss of a moment's time in mixing. That you can do this with K. C. Baking Powder is due to the fact that it is virtually a blend of two baking powders, one of which commences to act as soon as the dough is mixed, the other commencing as soon as it is reached by heat. The dough after being mixed, will stay in a partly leavened condition for hours. When the heat is applied it will finish raising.

Recipes Worth Saving

Baking Powder Biscuits

3 cups pastry flour,
2 level teaspoons K. C. Baking Powder,
About 1 cup of milk or water,
1 teaspoonful salt.

Graham Biscuits

1½ cups white flour,
¼ cup graham flour,
3 level teaspoons K. C. Baking Powder,
2½ level teaspoons shortening,
1 level teaspoonful salt.

One cup milk or more if needed. (Graham usually requires more milk.)

Dixie Biscuits

3 cups flour,
3 level teaspoons K. C. Baking Powder,
1 level tablespoonful shortening,
1 cup milk.

Hot Biscuits

3 cups flour,
1 level teaspoonful salt,
2 level tablespoons K. C. Baking Powder,
2 level tablespoons shortening,
½ cup milk,
½ cup chopped nuts.

Things to Remember

Use pastry flour and a double-raise baking powder, such as K. C.
Measure materials correctly.
Mix lightly.
Roll in small shapes.
Use a sheet or very shallow pan.
Have the oven very hot.
If baking on gas, oil or gasoline stove, bake on upper grate; if using a wood or coal range, on the back of the oven.

Thomas Topics

Will Mespelt made a business trip to Albany Wednesday.

Mrs. Charles Baum left Tuesday for a visit with friends and relatives in Minnesota.

Mr. Braden and John Plotts spent Sunday at Albany.

John Clark visited with home folks Tuesday, returning to Albany Wednesday evening accompanied by his sister, Miss Lilliar.

Dora Reiley and daughter, Golda visited over Sunday with Mrs. Smith.

Henry Prieuer made a business trip to Scio Tuesday.

Charles Baum and Lee Vin-sant played for a dance at the Lone Star Grange near Millersburg Friday.

Mrs. J. N. Jones spent Sunday with relatives in Albany.

Wm. Peed who spent a few weeks with friends in this neighborhood, returned to Albany Friday.

Work on the Kelly bridge was begun last week. Owing to the number working, the bridge will soon be completed. The work is being done under the management of Mr. Wade who is time-keeper as Com. Butler cannot be with them all the time.

The pupils of the Riverside school have been practicing the fire drill. One day last week the fire alarm was given and when every one had gotten out of the building the fire was put out without any damage being done. It was learned afterwards

that it was a "put up" job, however it proved to be good practice for the pupils.

B. R. L. C.

Mill City Items

Mr. Stitts will move the Davis saw mill to his ranch and cut his timber.

A big sawmill will be started at Gates this year. It is said the Schroeder mill will be moved there and enlarged and they have 20,000,000 feet of lumber to cut. Dr. Mett of Salem seems to be the main man in the company. He is a brother-in-law of Dr. Brown, of Sumpter, formerly of Scio.

The man who came to Mill City to work and was taken with small pox died. No other cases have developed. The school stopped for two weeks on account of scarlet fever but is running again now.

The new rock crusher has arrived and its melodious tune will soon be heard.

The electric power plant at Niagara is evidently to be built on the Linn county side of the river.

John Goodwin, an elderly man, committed suicide at Gates by putting his throat with a razor. He sharpened the razor and said, "I am going to shave." His wife soon after heard him fall. He was a delightful man, always courteous and gentlemanly. He told the writer about a month ago that he knew he was not right minded at times. He recently moved to Gates from Mill City where he had been working.

The Cemetery association have been compelled to enlarge the same. The surrounding view and outlook is grand beyond description, high mountains on three sides. It is worthy of being painted by a master hand.

If the croaking of the frogs, the twitter of the birds and the gossip of the wise ones are any sign, there will be a wedding to report soon.

Mr. Dean has sold his farm and will leave for California soon.

NICK

WE ARE Headquarters for

Juicy Steaks and Tender Roasts,
Pork, Lard, Etc.

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SQUIRREL POISON

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Squirrel Poison
Every Can
Guaranteed

E. C. PEERY
THE REXALL STORE

SCIO

OREGON

Come in and take advantage of
the News \$1 subscription offer.

CLOSING OUT SALE

From April 7 to April 21, I will make you a special price of \$1.75 on paint as I am bound to clean up a large amount of my big stock of paint during the week. If you are interested in paint it will be worth your while to investigate. The quality is right and my prices are more than right during this sale. All colors at Morrison the paint man's.

N. I. MORRISON
SCIO, OREGON

You will look for a good while before you find a better medicine for coughs and colds than Chamberlain's Cough Remedy. It not only gives relief—it cures. Try it when you have a cough or cold and you are certain to be pleased with the prompt cure which it will effect. For sale by all dealers.

Booster envelopes 10c a package at the News office.

Don't stay away from the picture show tonight just because there will be another show Saturday night or you may regret it the rest of your life.