

# Your Blood

Needs purifying and your whole system renovating in the spring, as pimples, boils, eruptions, loss of appetite and that tired feeling annually prove.

Hood's Sarsaparilla is the most effective medicine ever devised for the complete purification of the blood and the complete renovation of the whole system.

It will make you feel better, look better, eat and sleep better and give you the best possible preparation for the hot days of summer, as over 40,000 people have testified in the last two years. Today buy and begin to take

## Hood's Sarsaparilla

Usual form, liquid, or in tablet form, called Sarsatabs, 100 Doses \$1.

**Buttermilk Yeast.**  
For the best yeast ever made, the day you churn take one pint of fresh buttermilk and put in a steepen to boil. When it boils stir in enough white corn meal to make like thick gruel. Let it boil up well, then remove from fire and let cool. When milkwarms stir into this one cup of good yeast; set in a warm place to rise. In two hours it should be nice and light. Then thicken with corn meal and make into cakes. Do not put one bit of salt, sugar, flour or hops in this yeast; nothing but buttermilk, meal and the yeast you put in to raise it. Make bread the same as with hop yeast. In making new yeast use a cup of this yeast to start with.—Tuzah Smith.

**Preserving strawberries.**  
The quantities given will fill four pint jars. Select fifteen good-sized ripe strawberries; peel and cut them in halves; remove core and drop fruit into a bowl of cold water to which the juice of a lemon has been added. Place a preserving kettle with two pounds of sugar and one pint of water over the fire; stir to partly melt the sugar, boil a few minutes, removing all the black scum; put in the pears, cover and cook until a straw will penetrate them easily. Then fill them with the syrup into the jars; let the syrup overflow, at once, turn upside down until cold, then set aside.

New York, with 4,000,000 population, had been adding to its total in the three years preceding 1905 at the rate of 100,000 a year. Philadelphia, with a little less than 1,500,000 population, had increased at the rate of 30,000 a year.

**Needless Scoldings.**  
Mr. Filippin—Maria, here's that \$25 you say you need for a new hat. By the way, Maria, do I ever talk in my sleep?  
Mrs. Filippin—Thanks, No, John, you never do.—Chicago Tribune.

**Maybe So.**  
Squigg—Why do they call those interurban cars "limited"?  
Squigg—Because such a small number of people who travel on them get to their destination alive.—Toledo Blade.

## Syrup of Figs and Elixir of Senna

acts gently yet promptly on the bowels, cleanses the system effectually, assists one in overcoming habitual constipation permanently. To get its beneficial effects buy the genuine.

Manufactured by the  
**CALIFORNIA FIG SYRUP CO.**  
SOLD BY LEADING DRUGGISTS—50¢ PER BOTTLE

**FREE TO ALL**  
**D.M. FERRY & CO'S**  
ILLUSTRATED SEED PRICED ANNUAL  
OF 1908

Ferry's Seeds are the best known and the most reliable seeds grown. Every package has behind it the reputation of a house whose business standards are the highest in the trade.

Ferry's 1908 Seed Annual will be mailed FREE to all applicants. It contains colored plates, many illustrations, and full descriptions, prices and directions for planting over two thousand of Vegetable and Flower Seeds. Available to all. Send for it.

**D. M. FERRY & CO., Detroit, Mich.**



About 100,000 nets are in use during the herring season by the 800 fishing smacks of the Netherlands. A net lasts about three seasons, but owing to losses from storms and other causes between 40,000 and 50,000 new nets are purchased annually.

**No Clew.**  
Reporter—I suppose you don't know what the Senator thinks about this tariff reform business?  
Senator's Private Secretary—No; no more than you do. I only know what he says about it.

**A Sure Sign.**  
"How do you know Belinda is in love?" asked father.  
"Because," answered mother, "err—err—the telephone rings she thinks it's for her."

**Amateur Advice.**  
Anxious Mother—O, John, I'm afraid baby has the whooping cough! What ought I to do?  
Bachelor Brother—Let him whoop, Miranda. Do you want to take away the only amusement the little fellow has?

**No Need of a Fire.**  
"Wasn't it awful?" exclaimed the apartment house girl. "The furnace was entirely out last night."  
"I never noticed it," replied her landlady.  
"What? Never noticed it? And you sat in the cold parlor for two hours with that young man. Who was it, anyway?"  
"An old flame."

**Practical Demonstration.**  
Teacher—As to those old superstitions we have been talking about, are any exploded. Nobody believes now, for instance, that it brings bad luck to walk under a ladder.  
Shaggy Haired Pupil—I do, ma'am. I walked under a ladder once, and it fell on me.

**Not Cutting Prices.**  
Caller—is that the best you can promise me—a wife fifteen years older than I am, with a sharp nose, thin lips, and a sour disposition?  
Fortune Teller—What more do you expect? Did you think you could get a real beauty for a dollar?

**Wedding Cake.**  
Cream a half-pound of sugar with a half-pound of butter, and, when very light, whip in six well-beaten eggs. Stir in a half-teaspoonful each of powdered cinnamon, nutmeg and cloves and a cupful of flour. Have ready prepared and mixed the following fruits—a half-pound each of seeded and chopped raisins and cleaned currants and a quarter-pound of minced citron. Dress these fruit plentifully with flour and fold it into the batter. Last of all, add a tablespoonful of vanilla. Turn into a well-greased tin and bake in a steady oven until well done. Cover for the first half-hour with brown paper. When cold, ice all over with white frosting.

**Toaster and Broiler.**  
In the illustration is shown a toaster or broiler, which contains a simple attachment to make the broiling of meats or the toasting of bread an easy matter. In fact, the broiling can be readily done on a gas stove or on a coal fire. Attached to each side of the frame of the broiler are supports which prevent it from coupling in direct contact with the top of the stove. When placed over the circular opening in the stove the supports keep the frame and its contents extended from the fire. By placing the supports on each side the broiler can be reversed as occasion demands. Every housewife knows that broiling a steak or other piece of meat is the most difficult branch of the cooking art, and success is seldom assured. With the aid of this broiler she would undoubtedly find the feat easy of accomplishment.

## "OUCH" OH, MY BACK

IT IS WONDERFUL HOW QUICKLY THE PAIN AND STIFFNESS GO WHEN YOU USE

# ST. JACOBS OIL

THIS WELL-TRIED, OLD-TIME REMEDY FILLS THE BILL.  
25c.—ALL DRUGGISTS.—50c.

## CONQUERS PAIN

To make an iron run smoothly, get some leaves from evergreen trees. Rub hot iron on them, and they will iron without sticking to starched clothes. Leaves may be dried for use.

Peel fresh cucumbers and cut in thin slices. Sprinkle lightly with salt and let stand for an hour. Drain, sprinkle with lemon juice and paprika, let stand for half an hour or longer, then use for a filling between thin slices of buttered bread.

### FORM BERKSHIRE ASSOCIATION

Marks Important Step in Livestock Industry of Northwest.

By J. L. Ashlock, Washington State College, Pullman.

President E. A. Bryan, of the Washington State college, has just received notice of his appointment as temporary president of the State Berkshire association, which is affiliated with the American Berkshire congress. President Bryan's appointment is the beginning of the organization of the Berkshire association in the state of Washington. This association reaches through nearly all the states of the union, and in the opinion of President Bryan, its coming into the state of Washington marks an important step in the livestock industry of the Northwest. Discussing the matter President Bryan said:

"I believe the Berkshire association is one of the most active and successful livestock associations in the United States, and that its work in the Northwest cannot fail to produce good results. The Berkshire is favored by many of the most prominent stockraisers in America, among whom I might mention Nick Henry, of Sedalia, Missouri, who is the greatest breeder of Berkshire hogs in the country; Reuten Gentry, of Kentucky; Mr. Hood, of 'Hood's Sarsaparilla' fame; and George Vanderbilt, of Asheville, Tennessee. Among the most prominent breeders of Berkshires in the Northwest are the Ladd estate, of Portland, and Mr. Paul Clagstone, of Spokane. I have raised Berkshire hogs on my Pansy Willow ranch near Pullman for the past ten years, and am thoroughly convinced of the desirable qualities of this breed.

"It is proposed by the Berkshire association to conduct an active campaign in the state of Washington, in favor of this breed of hogs, prior to the Alaska-Yukon exposition at Seattle. Then by the time of the exhibit, our state organization will be able to get up a splendid exhibit, and we will show the farmers of the state what sort of an animal the Berkshire is when proper attention is given him. Yes, it is very likely that the state experiment station will have a few Berkshires at the exhibit. At the present time we have some specimens of this breed that have been pronounced by the best Eastern experts as equal to anything in the United States.

President Bryan today announced his appointment of the officers and directors of the state association who will work with him in getting the Berkshire association established in Washington. They follow:

Vice president, Paul Clagstone, Spokane; secretary, J. H. Smith, Pullman; treasurer, W. D. Goodrich, Waukena; Directors: A. M. Stevens, Ellensburg; A. A. Somerville, Centralia; Pliny Sheppardson, Castle Rock; W. W. Shields, Sprague; D. C. Dilworth, Spokane.

**Of Interest to Farmers.**  
The following publications of interest to farmers and others have been issued by the Agricultural department of the Federal government and will be furnished free, so long as they are available, except where otherwise noted, upon application to the Superintendent of Documents, Government Printing Office, Washington, D. C.:

Bulletin No. 108.—Irrigation Practice Among Fruit Growers on the Pacific Coast. By E. J. Wickson, M. A., professor of agriculture practice, University of California, and horticulturist of the California agricultural experiment station. Pp. 54, pls. 10, figs. 7. Price 15 cents. This bulletin gives the results of a special investigation into the conditions, extent and methods of irrigation as practiced among fruit growers of the Pacific coast.

Bulletin No. 131.—Plans of Structures in Use on Irrigation Canals in the United States, prepared under the direction of Elwood Mead, chief of irrigation investigations, office of experiment stations. Pp. 51, pls. 22. Price 60 cents. This is a series of plans for irrigation structures, designed by leading irrigation engineers of the West, made from drawings exhibited at Paris in 1900 and at Buffalo in 1901.

Bulletin No. 158.—Annual Report of Irrigation and Drainage Investigations under the direction of Elwood Mead, chief of irrigation and drainage investigations, office of experiment stations. Pp. 785, pls. 12, figs. 129. This is the general report of irrigation and drainage investigations in 1904. The complete report was issued in limited edition, which is now exhausted, but it has been reprinted in form of nine separate for free distribution.

Bulletin No. 177.—Evaporation Losses in Irrigation and Water Requirements of crops. By S. Fortier. Pp. 64, pls. 2, figs. 19. Price 10 cents. This contains the results of tank experiments to determine the quantities of water evaporated from soils which receive various cultural treatments and to which the water was applied at different depths; it contains also a few experiments on the quantities of water consumed by plants.

Bulletin No. 188.—Irrigation in the Yakima Valley, Washington. By S. O. Jayne. Pp. 89, pls. 2, figs. 4. Price 15 cents. This bulletin describes the irrigation works in the Yakima valley, Washington, and discusses the water supply, water rights, crops, and opportunities for settlement.

To make an iron run smoothly, get some leaves from evergreen trees. Rub hot iron on them, and they will iron without sticking to starched clothes. Leaves may be dried for use.

Impossible.  
"Do you find it difficult to dictate to your stenographer?"  
"No, I find it impossible."  
"Why, has she left you?"  
"No, she has married me."—Houston Post.

**His Great Opportunity.**  
"If Burbank wants to be a philanthropist as well as a wizard," said Rivers, making a wry face over his medicine, "why in thunder doesn't he evolve a cinchona tree that will produce a bark from which a tasteless quinine can be made?"

**Their Real Handicap.**  
"Isn't it wonderful to note the progress the Japanese have made in acquiring our western civilization?"  
"Yes—until you hear what a wretched botch they make of it when they try to swear."

**Modesty.**  
Whispering Customer (producing watch)—I came here because I have been told that you are an honest pawbroker.  
Avaricious Patriarch (with a deprecating smile)—My friend, somebody has been trying to have fun with you.

**A Substitute.**  
Customer—Will you give me a copy of "The Art of Being Happy at Home"?  
Librarian—I'm afraid it's out, but I have here a little treatise on Jiu Jitsu, which makes an excellent substitute for it.—Pole Mole.

**Respectfully.**  
"Does your husband hold any civil office, madam?" asked the canvasser.  
"I should say he did!" answered the young matron. "He's the majestic grand high killeenack of the Ancient and Illustrious Order of Spinalinstruments!"

**Sure to Have Them.**  
Milkmaid—It is said that aggressive, impulsive people usually have black eyes.  
Milkman—That's right. If they haven't got them at first they get them later.

**Deafness Cannot Be Cured**  
By local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian tube. When this tube is inflamed, it causes a rumbling sound and imperfect hearing, and when it is entirely closed, deafness is the result, and unless the inflammation can be taken out and the tube restored to its normal condition, hearing will be destroyed forever. It is not until the inflammation is removed that the hearing can be restored. Deafness is caused by catarrh of the Eustachian tube, which is nothing but an inflamed condition of the mucous surface.

Will give you One Hundred Dollars for any case of deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.

F. J. CHENEY & CO., Toledo, O.  
Sold by Druggists.

**Singular Effect.**  
First Cook—What makes Prof. Crank high over that curious dialect?  
Second Cook—That isn't a dialect. It's his way of trying to convey the idea that he uses the simplified spelling.

**Has Hopes.**  
Skittleson—You won't mind this stock yard smell when you get used to it.  
Reece—Oh, well, then I'll live in hope. You see, I've been breathing it only about nine or ten years.—Chicago Tribune.

They have made bread from peanut meal for many years in Spain. The bread is light and porous, but rather unpalatable, and it is eaten only by the lower classes.

**A Legislative Paradox.**  
"The representative part of the British Parliament is a practical paradox."  
"Why?"  
"Because it is a house of commons and yet peerless among legislatures."—Baltimore American.

There are, altogether, foreign and native, 25,700 persons that are actively engaged in bringing the gospel to India, while ten years ago there were only 10,150—a gain of nearly 60 per cent.

**Local Color.**  
"George, I shall need some money to-day."  
"What for?"  
"There's a white sale at one of the stores, and I want to attend it."  
"A white sale? All right, Laura. A few silver dollars will do for that, won't they?"

**Spread of Knowledge.**  
Teacher (at night school)—What is a sacred cow, and why is it so called?  
Shaggy Haired Pupil—"Sacred cow" is a corruption of "sick red cow," its sickness being caused by a large hump on its shoulders.—Chicago Tribune.

The jaws of a wasp are so powerful that the insect can cut its way through shells.

## The Taking Cold Habit

The old cold goes; a new one quickly comes. It's the story of a weak throat, weak lungs, a tendency to consumption. Ayer's Cherry Pectoral breaks up the taking-cold habit. It strengthens, soothes, heals. Ask your doctor about it.

I had a terrible cold, and nothing relieved me. I tried Ayer's Cherry Pectoral and it promptly broke up the cold, and I coughed and sneezed every part of my body. It did wonderful work for me.—Miss J. F. LEVY, Toledo, Ohio.

Made by J. C. Ayer Co., Lowell, Mass. Also manufactured at  
**AYER'S**  
SARSAPARILLA.  
HAIR VIGOR.

Keep the bowels regular with Ayer's Pills. Just one pill each night.

## PUTNAM FADELESS DYES

Color more goods brighter and faster colors than any other dye. One 10c package colors silk, wool and cotton equally well and is guaranteed to give perfect results. Ask dealer, or we will send post paid at 10c a package. Write for free how to dye, bleach and mix colors.

# SKIN DISEASES

## HUMORS IN THE BLOOD

When the blood is pure, fresh and healthy, the skin will be soft, smooth and free from blemishes, but when some acid humor takes root in the circulation its presence is manifested by a skin eruption or disease. These humors get into the blood, generally because of an inactive or sluggish condition of the members of the body whose duty it is to collect and carry off the waste and refuse matter of the system. This unhealthy matter is left to sour and ferment and soon the circulation becomes charged with the acid poison. The blood begins to throw off the humors and acids through the pores and glands of the skin, producing Eczema, Acne, Tetter, Psoriasis, Salt Rheum and skin eruptions of various kinds. Eczema appears, usually with a slight redness of the skin followed by pustules from which there flows a sticky fluid that dries and forms a crust, and the itching is intense. It is generally on the back, breast, face, arms and legs, though other parts of the body may be affected. In Tetter the skin dries, cracks and bleeds; the acid in the blood dries up the natural oils of the skin, which are intended to keep it soft and pliant, causing a dry, feverish condition and giving it a hard, leathery appearance. Acne makes its appearance on the face in the form of pimples and black heads, while Psoriasis comes in scaly patches on different parts of the body. One of the worst forms of skin trouble is Salt Rheum; its favorite point of attack is the scalp, sometimes causing baldness. Poison Oak and Ivy are also disagreeable types of skin disease. The humor producing the trouble lies dormant in the blood through the winter to break out and torment the sufferer with the return of Spring. The best treatment for all skin diseases is S. S. S. It neutralizes the acids and removes the humors so that the skin instead of being irritated and diseased, is nourished by a supply of fresh, healthy blood. External applications of salves, washes, lotions, etc., while they soothe the itching caused by skin affections, can never cure the trouble because they do not reach the blood. S. S. S. goes down into the circulation and forces out every particle of foreign matter and restores the blood to its normal, pure condition, thereby permanently curing every form of skin affection. Book on Skin Diseases and any medical advice desired sent free to all who write. S. S. S. is for sale at all first class drug stores.

## S.S.S. PURELY VEGETABLE

because they do not reach the blood. S. S. S. goes down into the circulation and forces out every particle of foreign matter and restores the blood to its normal, pure condition, thereby permanently curing every form of skin affection. Book on Skin Diseases and any medical advice desired sent free to all who write. S. S. S. is for sale at all first class drug stores.

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THE SUPERIOR QUALITIES OF  
**TOWERS**  
**SLICKERS, SUITS AND HATS**  
are the men who have put them to the hardest tests in the roughest weather.  
Get the original Towers Fish Brand made since 1836.  
CATALOG FREE FOR THE ASKING  
A. TOWERS CO. BOSTON, U.S.A.

**Unpardonable.**  
Mrs. Droppin—It's a wonder your kitchen girl doesn't insist on using the piano.  
Mrs. Stayham—Let the impudent thing do it if she dares! I've found out that she can play it better than my girls can!

Mothers will find Mrs. Winstow's Soothing Syrup the best remedy to use for their children during the teething period.

**A Good Fisherman.**  
A small boy who lives near a lake was fishing and his mother had to call him five times to make him hear, says the Philadelphia Telegraph. Finally, she landed on him, and shaking him in a terrible manner, wanted to know why he did not answer. This was the reply: "I didn't hear you for the first three times, and the last time I had a bite."

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When writing to advertisers please mention this paper.

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\$3.00 SHOES \$3.50  
SHOES AT ALL PRICES, FOR EVERY MEMBER OF THE FAMILY.  
MEN, BOYS, WOMEN, MISSES AND CHILDREN.  
W. L. Douglas makes and sells more men's \$2.50, \$3.00 and \$3.50 shoes than any other manufacturer in the world, because they hold their shape so better, wear longer, and are of greater value than any other shoes in the world to-day.  
W. L. Douglas \$4 and \$5 Gilt Edge Shoes Cannot Be Equalled At Any Price.  
CAUTION: W. L. Douglas shoes and prices are stamped on bottom. Take No Substitute. Only the best shoe dealers everywhere. Shoes mailed from factory to save part of the world. Illustrations free to all who address: W. L. DOUGLAS, Brockton, Mass.

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Reliable Painless Dentists.—Our reputation for reliability and thoroughness is well established. Cleanliness, Good Work and Quick Service.  
"AND IT DIDN'T HURT A BIT!"  
Painless Extractions, 50 cents. Extractions Free when patients are referred. Plans \$1 and up.  
Best Plate Work.—Perhaps your teeth have become so untrue that it is impossible to strain set a bridge. Then the old ways are removed without causing you the slightest pain, and a plate is fitted. If the plate is properly fitted it will keep you in work of manufacturing your food satisfactorily. With my 20 years' experience in this work will guarantee satisfaction in every case.  
Crown and Bridge Work.—It's a shame to spoil your personal appearance and ruin your digestion from the lack of teeth to properly masticate your food, when a bridge can be supplied that will cause no discomfort whatever.  
**W. A. WISE PAINLESS DENTIST**  
TALING BUILDING, THIRD AND WASHINGTON, PORTLAND, OREGON

**NO PLATES REQUIRED**

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Color more goods brighter and faster colors than any other dye. One 10c package colors silk, wool and cotton equally well and is guaranteed to give perfect results. Ask dealer, or we will send post paid at 10c a package. Write for free how to dye, bleach and mix colors.