NOVEMBER AILMENTS

THEIR PREVENTION AND CURE

November is the month of falling temperatures. Over all the temperate regions the hot weather has passed and the first rigors of winter have appeared. As the great bulk of civilized nations is located in the temperate zones, the effect of changing seasons is a question of the highest importance. When the weather begins to change from warm to cold, when cool nights succeed hot nights, when clear, cold days follow hot, sultry days, the human body must adjust itself to this changed condition or perish.

The Human System Must Adjust Itself to Changing Temperatures.

The perspiration incident to warm weather has been checked. This detains within the system poisonous materials which have heretofore found escape through the perspiration.

Most of the poisonous materials retained in the system by the checked perspiration find their way out of the body, if at all, through the kidneys. This throws upon the kidneys extra labor. They become charged and overloaded with the poisonous excretory materials. This has a tendency to inflame the kidneys, producing functional diseases of the kidneys and sometimes Bright's disease.

Peruna acts upon the skin by stimulating the emunctory glands and ducts, thus preventing the detention of poisonous materials which should pass out. Peruna invigorates the kidneys and encourages them to fulfill their function in spite of the chills and discouragements of cold weather.

Pe-ru-na is a World-Renowned Remedy for Climatic Diseases.

Peruna is a combination of well tried harmless remedies that have stood the test of time. Many of these remedies have been used by doctors and by the people in Europe and America for a hundred years.

Peruna has been used by Dr. Hartman in his private practice for many years with notable results. Its efficacy has been proven by decades of use by thousands of people and has been substantiated over and over by many thousands of homes.

Advertising Pays.

It was a surprise to the summer boarder to learn that one of the group of graduates from the seminary, to the "farewell exercises" of which she had listened the year before, was married and settled in a home of her own.

"I remember her," said the summer boarder, when the name was mentioned, "but she did not strike me as being as attractive as most of the other girls."

"Um-m!" said her informant. "Well, I guess 'twas her graduating essay that kerried her off so quick, maybe. Her subject was, 'How to Keep House on Six Dollars a Week,' and it fetched most every young fellow in town, they tell me. By what I hear, all she had to do was to sit at home and pick and choose."

A Very Lucky Thing.

"There does seem to be something in the belief about the luck attached to my left hind foot," remarked the rabbit.

"Yes?" asked the robin.

"Yes. At any rate, I'm sure if I hadn't had mine with me this morning I wouldn't have got away from that dog."—Philadelphia Press.

"THE MARRYING SQUIRE."

Justice Geo. E. Law, of Brazil, Ind., Has Married 1,400 Couples.

Justice Geo. E. Law, of Brazil, Ind., has fairly earned the title, "The Marrying Squire," by which he is known far and wide, having already married some 1,400 couples. Ten years ago he was Deputy County Treasurer. "At that time," said Justice Law, "I was suffering from an annoying kidney trouble. My back ached, my rest was broken at night, and the passages of the kidney secretions were too frequent and contained sediment. Three boxes of Doan's Kidney Pills cured me in 1897, and for the past nine years I have been free from kidney complaint and backache."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N.Y.

HOW TO TEACH CHILDREN.

Here Are Some Suggestions by a Writer on Education.

A writer in an American educational journals offers some interesting suggestions for teaching children, says the Dundee Advertiser. It is useless, he suggests, to instruct children by using technical terms or even terms that would be descriptive to a grown-up. The point is illustrated by an ingenious parallel. Instead of telling a child to "sit up straight" it would be better to tell him to "sit up tall." In the same way if a child shouts too loudly in singing, he should be told to "listen" after taking "a long smell," and if he realizes what is meant and does it, this will set the muscles of the waist and check the flow of breath, while the child will be unconscious to its action."

"Such suggestion as the following do far more good than scientific terms in procuring the right tone-production from the child. Do not sing in a growling tone. Do not sing in a scolding tone." "A fish born tone sounds terribly descriptive, but we imagine its vividness would be lost on an English child. Sing with a pleasant face. Sing with a smile. Sing like the sweetest bird you ever heard. Sing a kindly tone. Sing a sweet, loving tone. Make your lips sing to you. Whisper aloud, as though you wanted some friend in the furthest corner of the room to hear you." It is to be hoped that after all this there would be no danger of the children learning to sing in a maudlin tone.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

A Long-Legged Deer.

A huge, finely mounted antlered head hung just above the sideboard in the dining-room. This trophy of some huntsman's skill was fastened so firmly to the wall that the glistening neck seemed to be coming right out through the plaster. Robert, who was seeing this decoration for the first time, eyed it with lively curiosity and very evident uneasiness. It looked almost too lifelike for comfort.

Finally the boy, asking to be excused, slipped from his chair, tiptoed into the next room, and then, flushing with embarrassment, returned to his place at the table.

"What's the trouble, Robert?" asked his host.

"I wanted to see," explained candid Robert, sheepishly, "if that animal's legs were really as long as that, or if he were standing on something in another room."

Beware of Ointments for Catarrh that Contain Mercury

as mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally, and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free.

Sold by Druggists, price 75c. per bottle.

Hall's Family Pills are the best.

For American Citizens.

When the visitor approached the diplomatic gallery of the Senate chamber the door-keeper informed him, says a writer in the Philadelphia Public Ledger, that the gallery was reserved for foreign representatives.

"It is, hey?" said the visitor. "Well, I want to tell you right now that this is a free country and this is the Senate of the United States, and I demand admission in the name of American citizenship."

"Oh!" said the doorkeeper. "Why didn't you say at first that you were an American citizen? Just step round to the second door from here. That gallery is reserved for American citizens."

With chest puffed up, the stranger betook himself to the door indicated, and was at once admitted to the public gallery.

Soothing Her.

Miss Jellers.—I'll never speak to her again! She told a friend of mine that I was an old cat.

Miss Capsicum—I wouldn't mind it, dear. She knows as well as I do that you're not 40 yet.

Linguistic Judge.

At the Shoreditch county court, England, recently, Judge Smyly heard a case in French, corrected a Yiddish interpreter and translated an Italian evidence. The same day he chatted fluently with a German.

BUY POSTAL SYSTEM

Syndicate Offers to Come to Aid of Uncle Sam.

REDUCE POSTAL RATES ONE-HALF

Rent Buildings From Government and Share the Profits—Could Save $100,000,000 Annually.

Washington, Nov. 27.—Uncle Sam will be aksed tomorrow to turn over to a syndicate of capitalists the conduct of the postal business. The joint committee of congress investigating postal abuses and intrusted with recommending reforms, which has been in session in New York, resumed its meetings today, and tomorrow W. D. Boyce, of Chicago, will go before the committee with a bonafide offer made by substantial capitalists to take over from the government the postal business and relieve it of all the great expense attached.

The offer has several objects. It is true that capitalists have been found who believe that money can be made by a monopoly of the postal business. Whereas the government has failed to make the Postoffice department a paying institution, the capitalists believe that by the introduction of business methods they can put the department upon a dividend paying basis. Wells-Fargo Express company saw enough money in the monopoly to offer the government a bonus of $1,000,000 a year if permitted to run the postoffice. The proposition is presented in good faith and will serve the double purpose of emphasizing with the public the fact that there are capable business men in the country who believe that they can give the people penny postage and an excellent service, as good as that performed by the government. The offer will have the effect of showing to the people that these business men, who will give satisfactory bond, will guarantee to give the patrons of the postoffice reduced postage rates, which the department officials unite in reporting the government cannot afford to do.

The proposition, broadly stated, is that the government shall withdraw from the field of controlling a public utility and shall place the business of transporting and delivering the mail in private hands, as the express business is today conducted. The capitalists who are willing to assume the burden will pay the government rental for the postoffice buildings all over the country and will charge the government regular rates of postage upon its mail, which is now carried free under frank and penalty stamps.

Mr. Boyce said in part:

"A careful comparison of rates of postage now charged on first and second class matter, with the rates herein proposed to be put in force will readily demonstrate that it means an average saving for the next 20 years to the government and general public of $100,000,000 annually.

"We propose to perform all the services now rendered the public by the Postoffice department and carry out all treaty stipulations and contracts and to take the entire receipts arising from the postal service as full compensation for the rendition of all paid services now performed by the Postoffice department and pay all salaries and expenses necessary to carry out the terms of such a detailed contract as will accomplish the objects sought, namely:

"First—The reduction to the public by one-half of all postage to be paid on first and second class matter, or 1 cent per ounce or fraction thereof of first class, and ½ cent per pound on second class matter, except for weeklies, as heretofore.

"Second—The wiping out of the deficit annually in the operating of the postal service as a government department.

"Third—We will pay into the United States treasury all net profits accruing over 7 per cent interest on capital invested."

Lobbyists for Standard.

Guthrie, Okla., Nov. 27.—The mooted rumor that the Standard Oil company is interested in the constitution of the new state and has offered $2,500 for a "first class lobbyist" was the feature of an otherwise uninteresting session of the constitutional convention today. The delegates were told that the Standard has an eye on the oil product in the Osage Nation and Gotebo fields. President Murray today announced the members of the majority of the forty six standing committees. The committee on rules submitted its report.

Print City's Name on Stamps.

Washington, Nov. 27.—Postage stamps of the issue of 1907, at 6,000 presidential postoffices will bear on their face the name of the state and city in which the postoffice is situated. The chief reason for this innovation is said, at the Postoffice department, to be the belief that it will help do away with postoffice robberies and make it much easier to trace criminals. The postoffice robbery at Chicago a few years ago is a good example of the ease with which stolen postage stamps can be disposed of, for no trace of the perpetrators was ever found.

Has Not Refused to Resign.

New York, Nov. 27.—United States Senator Thomas C. Platt said today concerning an alleged interview in which he was quoted as saying that he would not resign his office as senator: "I have not said I would not resign, nor have I said I would not send in my resignation to Governor Higgins. I never said to any newspaper man that I would stay in Washington all winter. In fact, the whole interview about my refusal to resign is untrue."

Great Bridge Over Yalu.

London, Nov. 27.—The Tokio correspondent of the Times telegraphs that the Japanese have decided to bridge the Yalu river at Yongampo. The span will be 3,239 feet long and the bridge will cost $1,000,000. It will be completed at the same time as the Wiju-Mukden & Fusan railroad.

SEEKS GUARANTEE.

Norway Fears Russia May Attempt to Seize One of Her Ports.

St. Petersburg, Nov. 26.—An international compact guaranteeing the inviolability of Norway against territorial aggression by any power whatever, and giving the new kingdom a status somewhat similar to that of Switzerland and Belgium, will soon be inscribed on the records of diplomacy. On account of its extended position, the possession of valuable deep water harbors on the Atlantic and the agreement with Sweden against fortification in the neighborhood of the frontier, Norway is in a peculiarly exposed position and the first efforts of the Norse diplomacy have been directed toward eliminating the danger of being attacked and securing facilities for the peaceful development of the country without the crushing burden of a large army.

With regard to the action of Norway in approaching the powers for the purpose of securing these concessions, it can be stated that Russia, the power most directly concerned and from which Norway apparently had most to fear, in spite of the denial by the Russian foreign office that Russia was endeavoring to secure a Norwegian port, or in any way contemplated infringing on Norwegian territory, had no objection to the conclusion of a convention. Germany already had signified her approval of the movement of which Great Britain is the sponsor, and France will follow suit.

Russia admittedly contemplated securing a deep water harbor, one easily defensible, on the fiord southward of North Cape, but is now willing to disclaim these pretension and make the best use of the present available port of Yokatemina, on the Murmanian coast.

COMPANY PAYS THE FINES.

Law Fails to Punish Railroad Officials for Rebating.

Chicago, Nov. 26.—Railroad officials fined by the government for rebating do not pay the fines themselves. The stockholders pay the bills. Such at least is the case of the Chicago, Burlington & uincy, according to evidence submitted today to F. K. Lane, of the Interstate Commerce commission. The evidence was taken in connection with the punishment of the railroad recently by a $40,000 fine and of First Vice President Darius Miller and Traffic Agent C. C. Burnham by fines of $10,000 each on charges of rebating.

Today's hearing came on a charge that $20,000 of the road's funds had been used to pay Miller's and Burnham's fines. "Solicitor Dawes, of the road, paid the fines to Clerk MacMillan of the United States court," testified General Auditor Sturgis. "He tendered a $60,000 check signed by Cashier W. F. Fabian. It was accepted in payment of all three fines. The amount of the check was not entered as a single amount on the books. It was placed in the 'correction of freight earnings' account and spread over two months, April and May. The account contained entries necessary in errors in accounts of freight earnings—claims arising through demands on overcharges and the like. The $60,000 was spread over two months that the monthly report of the road that carried the freight might not show too large a reduction for a single month."

ISSUES WORTHLESS PAPER.

Stensland's Crime Brings On Another Crash in Chicago.

Chicago, Nov. 26.—Chauncey L. Graham, vice president of the Steel Ball company, was arrested last night at his residence in Evanston by detectives from the office of State's Attorney Healy on a bench warrant issued by Judge Kersten, the charge being uttering fictitious paper. The accusation grows out of the Milwaukee Avenue State Bank failure. The Steel Ball concern owes the bank approximately $270,000, and most of the notes it gave are considered worthless.

The receiver said he has been unable to find the makers, endorsers or guarantors of certain notes, and that he does not believe they can be located. He thinks they are all fictitious.

Railroad Man Hard on Rebates.

Kansas City, Mo., Nov. 26.—Arthur E. Stillwell, president of the Kansas City, Mexico & Orient railroad, addressing the Railroad club here last night, denounced the practice of rebating. He said: "Of all crimes in the whole category, the rebatting crime is the most unjust. Rebating strikes at the people—the fountainhead of the rights delegated to the average railroads. The hired assassin of old may be pictured as a white robed saint compared with the rebater. I'd like to see the rebater get 20—yes, 50—years."

Means $2,000,000 More Wages.

Pittsburg, Nov. 26.—Two million dollars additional each year will be distributed through the Pitstburg steel district by reason of the increase in wages of the labor force of the United States Steel corporation, which goes into effect January 1. The notice of advance will be posted in the steel mills about December 1. A conservative estimate of the total number of laborers employed by the subsidiary companies of the United States Steel corporation in what is known as the Pittsburg district, is 50,000.

Witte Hopes to Dominate.

Rome, Nov. 26.—Private reports discredit the rumor that there is a possibility that Count Witte may become the Russian minister of finance. The animosity against Witte is being increased so greatly that it will not be surprising if an attempt were made to assassinate him. This advice adds that it seems to be Witte's intention to be appointed president of the council of the empire, thinking that in that post he would again be able to dominate.

Italy Admits American Pork.

Rome, Nov. 26.—The board of health has decided to admit American pork into Italy without other requirement than the regular certificate of the American department of Agriculture. A microscopic inspection will not be made, it being considered that the hygienic measures taken in the United States are sufficient to warrant the purity of the meat.

His Visits to the Earl.

There is a well known English bishop who writes a very bad hand. This bad hand caused a sad error to happen some years ago. A young clergyman had written to the bishop to inquire about a vacant curacy, and the reply that the young man got informed him that the salary was small and the work difficult. But there was one mitigating circumstance. The incumbent, among his other duties, would visit the earl every morning and spend two hours there. The curate would have rejected the post but for the daily visit to the earl. That attracted him. There would, no doubt, be told himself, be many fashionable dinners to which he would naturally be invited. He would make many friends among the rich and powerful. These friends would be able to help him in his career. The earl, perhaps, had daughters. One of them—who knows?—stranger things had happened. And so the curate accepted the difficult and poorly paid curacy to discover on his first visit to the town that he had misread the bishop's letter and that his daily two hours' visit was not to the earl, but to the jail.

Cheerfully Admitted.

Miss Gabbell—I'm stronger than you are, anyway. I can step up to a horizontal bar and chin it sixteen times.

Miss Chillicon—I have no doubt of it. I believe you could step up to that or anything else and chin it all day long.

Blood Humors

Commonly cause pimples, boils, hives, eczema or salt rheum, or some other form of eruption; but sometimes they exist in the system, indicated by feelings of weakness, languor, loss of appetite, or general debility, without causing any breaking out.

Hood's Sarsaparilla expels them, renovates, strengthens and tones the whole system. This is the testimony of thousands annually. Accept no substitute, but insist on having

Hood's Sarsaparilla

In usual liquid form or in chocolated tablets known as Sarsatabs. 100 doses $1.

A Lofty Death.

Asama is a volcano in Japan. A young man of that country grew despondent the other day and threw himself into the crater, leaving this letter: "Suffering a feeling of despair impels me to throw myself into the crater of vehement Asama, thus winning a splendid death and ascending the mountain's smoke to a lofty life above the sky."

A Well Known Remedy.

One of the oldest safest and most favorabl known remedies in the world today is Brandreth's Pills—a blood purifier and laxative. Being purely vegetable they can be used by old or young with perfect safety and while other remedies require increased doses and finally cease acting altogether, with Brandreth's Pills the same dose always has the same effect, no matter how long they are taken. One or two pills taken each night for a while is the best thing known for any one troubled with constipation, indigestion, dyspepsia or any trouble arising from an impure state of the blood.

Brandreth's Pills have been in use for over a century and are sold in every drug and medicine store, plain or sugar-coated.

Portuguese Bullfights.

At Portuguese bull fights not only are the points of the bulls' horns sawed off, but the stumps that remain are carefully padded. The horses also are ridden with consummate skill, and every precaution is taken to prevent the bull touching them. Banderillas are used by the men on foot and on horseback and are planted in the neck of the bull, which irritates the bull, but cannot be described as torture. Just as much skill is shown as in a Spanish bull fight, and there may be just as beautiful a display of costumes, but there is no killing either of the bull or of the horses.

To Break in New Shoes.

Always shake in Allen's Foot-Ease, a powder. It cures hot, sweating, aching, swollen feet. Cures corns, ingrowing nails and bunions. At all druggists and shoe stores, 25c. Don't accept any substitute. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

Logical Inference.

Mrs. A.'s little son suddenly asked, in a rather startled voice: "Mamma, is there bay rum in this bottle?"

"Mercy, no dear. That's mucilage."

"Oh!" said the boy. Then after a minute of silence, "perhaps that's the reason I can't get my hat off."—Pittsburg Press.

FITS St. Vitus' Dance and all Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. Send for FREE $2 trial bottle and treatise. Dr. R. H. Kline, Ld. 931 Arch St., Phila., Pa.

Sinister.

"Mr. Jeekill," said the man with the heavy gold watch chain, "this is my friend, Col. Bunker. He is Senator Lotsmun's right hand man."

"Delighted to meet you, Col. Bunker," said the other. "By the way—er—Senator Lotsmun happens to be left handed, you know."—Chicago Tribune.

Weak Lungs Bronchitis

For over sixty years doctors have endorsed Ayer's Cherry Pectoral for coughs, colds, weak lungs, bronchitis, consumption. You can trust a medicine the best doctors approve. Then trust this the next time you have a hard cough.

"I had an awful cough for over a year, and nothing seemed to do me any good. I tried Ayer's Cherry Pectoral and was soon cured. I recommend it to all my friends whenever they have a cough."—Miss M. Meyers, Washington, D. C.

Made by J. C. Ayer Co., Lowell, Mass. Also manufacturers of

Ayer's SARSAPARILLA. PILLS. HAIR VIGOR.

Ayer's Pills keep the bowels regular. All vegetable and gently laxative.

WISE BROS DENTISTS. MAIN 2029. FAILING BLDG. 3D & WASH. PORTLAND, ORE. PAINLESS EXTRACTION 50¢. PLATES $5.

FREE LOT AT OCEANSIDE (North Beach) and Beautiful Oak Book Case to every purchaser of the Special Edition of the "Library of the World's Best Literature," 46 volumes, silk bound, $2.50 per volume; $5 on delivery of set and $5 per month; case and books delivered free. Particulars by writing J. D. MILLAR & CO., Columbia Bldg., Portland, Ore.

PRINTING PLATES AS NEAR PERFECTION AS MODERN FACILITIES CAN PRODUCE. HICKS-CHATTEN ENGRAVING CO.

MY DEAR FRIEND — THIS MEANS YOU

Consider the postage stamp; its usefulness lies in its ability to stick to one thing till it gets there. Write for particulars

528 Lumber Exchange, Portland, Oregon

GET OUT OF THE RUT

I am designer of book, magazine and catalogue covers, business cards, letter heads, bill heads and advertising cuts; can make the print of your store look entirely different by removing poles, etc., from print.

CHARLES SCHRAM, 245½ Morrison St. PORTLAND, OREGON

WANTED

In this locality (or elsewhere) a hustler to sell our trees, etc. (Experience not necessary for success.) Address

OREGON NURSERY COMPANY, Salem, Oregon.

When you buy WET WEATHER CLOTHING you want complete protection and long service. These and many other good points are combined in TOWER'S FISH BRAND OILED CLOTHING. You can't afford to buy any other. A. J. TOWER CO. BOSTON U.S.A. TOWER CANADIAN CO. LTD. TORONTO, CAN.

CLASSIFIED ADVERTISING

Portland Trade Directory

Names and Addresses in Portland of Representative Business Firms.

CREAM SEPARATORS—We guarantee the U.S. Separator to be the best. Write for free catalog. Hazelwood Co., Fifth and Oak.

Sculptors' Potboilers.

They were walking past a beautiful pink-and-white house in New York whose door cap was most exquisitely carved. The sculptor pointed to it. "My work," he said. "That's the potboiling I do while I work on my masterpiece. It is nothing unusual with sculptors to do such work. Two of the finest pieces that were sold to the Metropolitan Museum last winter were done by a man whose regular business is to make door caps.

Powdered codfish is sometimes used in Iceland to make bread, in place of flour.

HOWARD E. BURTON.—Assayer and Chemist, Leadville, Colorado. Specimen prices: Gold, Silver, Lead, $1; Gold, Silver, 75c; Gold, 50c; Zinc or Copper, $1. Cyanide tests. Mailing envelopes and full price list sent on application. Control and Umpire work solicited. Reference: Carbonate National Bank.

SHIP US YOUR FRUIT, VEGETABLES

Poultry, eggs, veal, dressed pork, etc. Established 7 years. Fine location; large trade; competent salesman; prompt returns. Ship, or write. Reference: Scandinavian American Bank.

FERGUSON, KLYCE & CO., Commission Merchants. Wholesale Merchants. SEATTLE, WASH.

RUBBER STAMPS Best in America. We make them

We do not take orders and peddle our Rubber Stamps, Seals, Etc. We manufacture our own goods. Our equipment is the newest and best money can buy. Write today for our "Rubber Stamp Catalogue."

THE IRWIN-HODSON CO., Portland, Oregon

NO PLATES REQUIRED

LILY DENTAL CO. THE PAINLESS DENTISTS

We remove your bad teeth and broken off old roots absolutely without pain. Examination and Estimates Free. Work the Best. Prices the Lowest. Solid gold Crown, $4; bridge work, $3.50 per tooth; Gold and Enamel Filling, $1 and up; Best Rubber Plates, $5 per set; good set, $5. Painless Extraction, 50c. Third and Couch Streets, Portland, Oregon.

Why be content with 4 per cent for your money when you can keep it under your own control and have it earn

20% PER YEAR

Principal guaranteed by Bank Certificate of Deposit. You select the Bank. Fullest investigation invited. Write today for particulars.

Pacific Coast Securities Company, Portland, Oregon

DR. C. GEE WO

Wonderful Home Treatment

This wonderful Chinese Doctor is called great because he cures people without operation that are given up to die. He cures with those wonderful Chinese herbs, roots, buds, barks and vegetables that are entirely unknown to medical science in this country through the use of those harmless remedies. This famous doctor knows the action of over 500 different remedies, which he uses successfully in different diseases. He guarantees to cure catarrh, asthma, lung, throat rheumatism, nervousness, stomach, liver, kidneys, etc.; has hundreds of testimonials. Charges moderate. Call and see him. Patients out of the city write for blanks and circulars. Send stamp. CONSULTATION FREE. Address

The C. Gee Wo Chinese Medicine Co. 162½ First St., S. E. Cor. Morrison. Mention paper. Portland, Oregon

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WE PAY 4% INTEREST

On savings deposits of a dollar or more, compounded twice every year. It is just as easy to open a Savings Account with us by Mail as if you lived next door. Send for our free booklet, "Banking by Mail," and learn full particulars. Address

Oregon Trust & Savings Bank, Portland, Oregon. Sixth and Washington Sts.

W. L. DOUGLAS $3.50 & $3.00 Shoes BEST IN THE WORLD

W. L. Douglas $4 Gilt Edge line cannot be equalled at any price

SHOES FOR EVERYBODY AT ALL PRICES.

Men's Shoes, $5 to $1.50. Boys' Shoes, $3 to $1.25. Women's Shoes, $4.00 to $1.50. Misses' & Children's Shoes, $2.25 to $1.00. Try W. L. Douglas Women's, Misses and Children's shoes; for style, fit and wear they excel other makes.

If I could take you into my large factories at Brockton, Mass., and show you how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better, wear longer, and are of greater value than any other make.

Wherever you live, you can obtain W. L. Douglas shoes. His name and price is stamped on the bottom, which protects you against high prices and inferior shoes. Take no substitute. Ask your dealer for W. L. Douglas shoes and insist upon having them.

Fast Color Eyelets used; they will not wear brassy. Write for Illustrated Catalog of Fall Styles. W. L. DOUGLAS, Dept. 13, Brockton, Mass.

RHEUMATISM

CAN NOT BE RUBBED AWAY

It is perfectly natural to rub the spot that hurts, and when the muscles, nerves, joints and bones are throbbing and twitching with the pains of Rheumatism the sufferer is apt to turn to the liniment bottle, or some other external application, in an effort to get relief from the disease, by producing counter-irritation on the flesh. Such treatment will quiet the pain temporarily, but can have no direct curative effect on the real disease because it does not reach the blood, where the cause is located. Rheumatism is more than skin deep—it is rooted and grounded in the blood and can only be reached by constitutional treatment—IT CANNOT BE RUBBED AWAY. Rheumatism is due to an excess of uric acid in the blood, brought about by the accumulation in the system of refuse matter which the natural avenues of bodily waste, the Bowels and Kidneys, have failed to carry off. This refuse matter, coming in contact with the different acids of the body, forms uric acid which is absorbed into the blood and distributed to all parts of the body, and Rheumatism gets possession of the system. The aches and pains are only symptoms, and though they may be scattered or relieved for a time by surface treatment, they will reappear at the first exposure to cold or dampness, or after an attack of indigestion or other irregularity. Rheumatism can never be permanently cured while the circulation remains saturated with irritating, pain-producing uric acid poison. The disease will shift from muscle to muscle or joint to joint, settling on the nerves, causing inflammation and swelling and such terrible pains that the nervous system is often shattered, the health undermined, and perhaps the patient becomes deformed and crippled for life. S. S. S. thoroughly cleanses the blood and renovates the circulation by neutralizing the acids and expelling all foreign matter from the system. It warms and invigorates the blood so that instead of a weak, sour stream, constantly depositing acrid and corrosive matter in the muscles, nerves, joints and bones, the body is fed and nourished by rich, health-sustaining blood which completely and permanently cures Rheumatism. S. S. S. is composed of both purifying and tonic properties—just what is needed in every case of Rheumatism. It contains no potash, alkali or other mineral ingredient, but is made entirely of purifying, healing extracts and juices of roots, herbs and barks. If you are suffering from Rheumatism do not waste valuable time trying to rub a blood disease away, but begin the use of S. S. S. and write about your case and our physicians will give you any information or advice desired free of charge and will send our special treatise on Rheumatism.

S.S.S. PURELY VEGETABLE

THE SWIFT SPECIFIC CO., ATLANTA, GA.

CASTORIA

The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, Imitations and "Just-as-good" are but Experiments, and endanger the health of Children—Experience against Experiment.

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