

The Home of the Wave Circle



is the home where good cooking is loved, where the family enjoy the finest of biscuits, doughnuts, cakes, and pies and other good things every day. The baking is always delicious and wholesome because

K C Baking Powder
—the baking powder of the wave circle, is used.

Get K C to-day! 25 ounces for 25c. If it isn't that we claim, your grocer refunds your money. Send for "Book of Presents."

JAQUES MFG. CO.
Chicago.

Self-Supporting Park.

Following the example of many European cities, Los Angeles, Cal., will turn Griffith Park, with an area of 5,000 acres of brush land, into a commercial forest. Four experts, with a view to converting this practically waste piece of land into a productive forest, made a comprehensive planting plan for the trees, which will not only pay for its cultivation and care through the sale of mature timber, but will prove a constant source of pleasure and recreation for the citizens of Los Angeles. Los Angeles is the first American city to adopt this plan, but it is predicted that other municipalities in this country will soon follow in its footsteps.

Controlling Nature.

Everybody knows that of late years natural forces have been wonderfully subjected to man's need. We are dazzled by the spectacular achievements in steam and electricity, but are likely to forget the less noisy but no less marvelous conquest of animal and plant life. Horses are swifter, cattle heavier, cows give more milk and sheep finer fleeces than in days gone by. In plants the transformation is even more marked. People now living can remember when the number of edible fruits and vegetables was far less than at present and even those that could be grown were vastly inferior to what we now have. For example, our parents knew nothing of the tomato, except as a curious ornament in the garden. Sweet corn was hardly better than the commonest field sort. All oranges had seeds. Celery was little known and poor in quality. In the flower bed the magnificent pansy has replaced the insignificant heart's ease from which it was developed, and the sweet pea in all its dainty splendor traces its origin to the common garden vegetable.

The Choice of the People.

When things began to go too "fast and loose" in New York, the people rose up in their wrath, got together and elected a district attorney who made life miserable for wrongdoers. Jerome flaunted the banner of no political party; he was the people's choice. Pillsbury's Vitas is the first choice of all people who relish good things for breakfast. It's dainty, delicious and nourishing.

Professional Jealousy.

"Mr. Dustin Star says he isn't going to endow any more libraries." "But I thought he was devoted to literature. He has written books himself." "That's the trouble. The people let the dust lie on his books and stand in line to get 'Mazie's Wooding' and 'When True Love Was in Bloom' and works of that character."—Washington Star.

CATARRH ANNOYING-DANGEROUS

Catarrh is usually regarded as nothing more serious than a bad cold or slight inflammation of the mucous membrane, but a complicated and dangerous one. It is true that Catarrh usually begins with a cold in the head, but when the poisons, which are thrown off through the secretions, find their way into the blood, it becomes a constitutional trouble that affects all parts of the body. It is more annoying and disgusting symptoms than any other disease. There is a sickening and offensive discharge from the nostrils, a constant buzzing noise in the ears, headaches and pains in the eyes are frequent, while filly, tenacious matter drops back into the throat requiring continual hawking and spitting, and in certain stages of the disease the breath has an odor that is very offensive. Catarrh is worse in winter, because the cold weather closes the pores and glands, and the poisons and unhealthy vapors which should pass off that way are thrown back into the unhealthy secretions to be absorbed by the blood. When the blood becomes diseased with this catarrhal matter all kinds of complications may be looked for. As the blood circulates through the body the foul matter finds its way into the stomach, ruining the digestion and producing chronic Dyspepsia, or Catarrh of the stomach. It also affects the kidneys, bladder and other members of the body, while the general health is weakened, appetite lost and the patient feels despondent and half sick all the time. But worst of all, if the trouble is not checked the lungs become diseased from the constant passage of poisoned blood through them, and Catarrh terminates in consumption, the most fatal of all diseases. You cannot get rid of Catarrh by treating it with sprays, washes, inhalations, etc., because they only reach the membranes and tissues, while the real cause of the trouble is in the blood. These relieve the annoying symptoms for a time, but the poison is all the while getting a stronger hold on the system and when they are left off will manifest itself in worse form than before. S. S. S. is the greatest of all blood purifiers, and when it has cleansed the blood, this pure, rich stream circulates through the body, carrying healthful properties to the diseased parts. Then the inflamed membranes and tissues begin to heal, the discharges cease, the general condition of the system is strengthened, every one of the annoying and disgusting symptoms pass away, and the patient is left in perfect health. S. S. S. is the best remedy for Catarrh. It goes right into the blood and removes all effluvia matter and catarrhal poison and cures the disease permanently, and at the same time builds up the entire system by its tonic effect. S. S. S. is a purely vegetable remedy—non-injurious to the system and a certain, reliable cure for Catarrh. Catarrh sufferers will find our free consulting department helpful in advising local treatment to be used with S. S. S.

S. S. S.
PURELY VEGETABLE.

THE SWIFT SPECIFIC CO., ATLANTA, GA.

CHRONOLOGY OF 1905.

BRIEF RECORD OF YEAR'S PRINCIPAL EVENTS.

Internal Disturbances in Russia and Independence in Norway—Close of the War in the East—Many Great Names in List of Dead.

Most significant of the events of 1905, because it indicates unmistakably the inexorable advance of mankind toward high ideals of liberty, justice and perfect civilization, is the political and economic upheaval now taking place in Russia. Wearing under a load of taxation, rendered well-nigh unbearable by added burdens imposed by the prosecution of a disastrous war, the peasantry and common people started a revolt against the tyrannical aristocracy, and have been able to force from their unwilling ruler many concessions tending toward a free citizenship. Massacre and rapine, in which the Jews were the chief sufferers, are part of the price paid for the advance of civilization's advance is the bloodless revolution by which Norway has dissolved its political connection with Sweden and started a king upon its long unshaken throne. The recent exposure of graft and fraud in high financial circles and last summer's labor troubles in Chicago are only incidents of the constant conflict being waged for the establishment of justice and fair treatment between man and man.

The Russo-Japanese war, after a brilliant series of land campaigns, during which one after another of the strongholds of the Russians in Manchuria fell into the hands of their opponents, and a decisive battle on the Sea of Japan, that is said to have been one of the greatest naval contests of all history, has been brought to a close, and largely, we believe, by American influence.

The completion of the great Simplon tunnel was the accomplishment of another great engineering feat, and the Lewis and Clark Exposition in Portland, Ore., presented to the world a record of achievement in all lines.

Great disasters have been fewer than usual, though tornadoes in Oklahoma and Kansas destroyed more than five hundred lives, and earthquakes, fire and railway wrecks have done their dread work.

The year's list of famous dead contains the names of many men and women noted in the arts, statecraft, philanthropy and business.

The principal events of 1905 are briefly summarized below:

January.
1—Surrender of Port Arthur.
2—Towboat Defender blown up on Ohio river.
3—Death of Theodore Thomas, orchestra leader.
4—Admiral Rojestrensky's flagship Khasaouff sunk off Madagascar.
5—Death of Louise Michel, French anarchist.
6—Combes' ministry in France resigns.
7—Death of John H. Hanley, U. S. senator.
8—Earthquake at Shekhaba, Russia, buries hundreds of people.
9—Death of John P. Felt, U. S. senator.
10—Attempt to assassinate Carr and Russ in royal family.
11—Massacre of workmen by Carr's troops in St. Petersburg.
12—Revolt spreads through Russian cities.
13—Liberals defeated in Ontario general elections.
14—Carr issues proclamation promising reforms.
15—Kourpatinsky's army driven back from Bender by Gen. Skobelev.
16—Carr signs document granting great reforms to Russian people.

February.
1—Extreme cold wave sweeps Northern States and Canada. Glendive, Mont., has temperature of degrees below zero.
2—Death of John H. Hanley, U. S. senator.
3—Senate passes Statehood bill.
4—House of Representatives declares election after count of electoral votes in Connecticut.
5—House passes Townsend each railway rate bill.
6—Death of Gen. Lewis Wallace.
7—Death of Jay Cooke, noted financier.
8—Death of John P. Felt, U. S. senator.
9—Francis Willard statue dedicated in Statuary Hall, Washington.
10—Explosion in Virginia City coal mines, near Bessemer, Ala., entombs 152 miners.
11—Fire destroys piers and ships at Charles town, Mass.
12—Boring of Simplon tunnel under the Alps completed.
13—\$1,000,000 fire in Hot Springs, Ark.
14—North Sea Commission announces decision against Russia.
15—Illinois Central terminals in New Orleans burn with loss of \$2,000,000.
16—Five miners killed by explosion at Wilcox, W. Va.
17—Death of Gen. Joseph R. Hawley of Connecticut.
18—Twenty-four miners killed by explosion in mines near Thurmond, W. Va.
19—Explosion and fire in Brockton, Mass., shoe factory causes 103 deaths.
20—Death of Julie Verne.

April.
1—President Roosevelt leaves Washington on vacation trip.
2—Explosion in Letter mine at Zelwood, Ill., kills thirty-five men.
3—Russian artillery depot in Harbin blown up and seventy-five men killed.

Botanical.
We must condone Milady's fads, and dumbly own That Lily paid.

—P. G.

Would Cover It.
"Lovely sleeping nymph, isn't it?"
"Yes."
"Do you notice the glamour the artist has thrown over it?"
"No, I don't. But if it was mine I would throw a horse blanket over it."

Getting Along.
"Let's see; Willymus was married a little before your age, wasn't he? How does he and his wife get along?"
"Splendid."
"That's good."
"Yes, they're divorced now."

My Hair is Extra Long



Feed your hair; nourish it; give it something to live on. Then it will stop falling, and will grow long and heavy. Ayer's Hair Vigor is the only hair-food you can buy. For 60 years it has been doing just what we claim it will do. It will not disappoint you.

"Are you hungry?" "Yes, Sam." "Well, come along; I'll fix it." "Downtown—How did Binkers, the architect, become so poor? Uptown—He built a house for himself." "Dressmaker—And would you have leg-of-mutton sleeves, madam? Customer—Most certainly not. I am a vegetarian."—Punch.

Teacher—Can you tell me the difference between "like" and "love"? Small Boy—Yes, ma'am. I like my father and mother, but I love pie.

Conductor—Why don't you get up and give that lady a seat? Passenger—She might say, "Thank you," and I have a weak heart.—Pittsburg Dispatch.

Ethel—And are you sure you love me, George? George—Sure? Ask my boss. He says if I don't stop this dreaming all day long he'll discharge me.—Puck.

"Yes, old man, we're fixing to go to housekeeping; what has been your experience with servant girls?" "Hush! Come over here where my wife can't hear."—Houston Post.

"Papa, said Ruth after her first day at school, 'I don't want to go to school until I learn more, for to-day the teacher asked me ever so many things I didn't know.'"

Neil—Oh, my! Here's a telegram from Jack of the football team. Holl—What does it say? Neil—it says: "Nose broken. How do you prefer it set—Greek or Roman?"

Fond Wife—You'll think of me sometimes while you are away, dear? Fond Hubby—Not likely. Didn't the doctor say I was to go away for my health and avoid all worry?—Scraps.

"Cholly Callow—At any rate the fortune-teller said I had the make-up of a gentleman about my eyes." Snapper—About you? Then why in the world don't you put the make-up on?—Chicago News.

"Wonderful thing—this education," said the old man. "In what way?" "In this way: John knows just enough Latin, a Greek, an French to know 'nothin' at all about makin' a livin'!"—Atlanta Constitution.

"Haven't you ever thought of going to school?" asked the farmer's wife of Sauntering Sam. "Yes'm," replied the veteran tramp; "I thought of it once—but I was dejected by it at de time."—Cleveland Plain Dealer.

Meeks—My wife called me up on the phone six times to-day. Weeks—What for? Meeks—The last five times were for the purpose of calling me down because I didn't answer the first time she called me up.—Philadelphia Inquirer.

"Have you 'The Art of Making Up?' asked the lady of the clerk in the book store. "I don't think I have, madam," replied the clerk, "but I have a paper containing an account of the Smoot case. I don't either," said Mr. Eueck fervently. It must have been the way he said it that made Mrs. Eueck so mad.—Louisville Courier-Journal.

"There are great things in store for you," said the fortune-teller to the young man; "but there will be many obstacles to overcome. There is a woman continually crossing your path, a large woman with dark hair and eyes. She will dog your footsteps untiringly." "Yes—I know who that is." "Ah, you have seen her?" "Yes; she's my washwoman."—Milwaukee Sentinel.

It was the wedding day, and the unfortunate bridegroom was making his exit with the usual accompaniment of rice and old boots. He scented his hat from a pea, seized an umbrella from the hall stand, and was going out of the door, when the bride's father called after him: "You've taken my umbrella, Henry. Bring it back at once. I've six daughters, but only one good umbrella."

"Doctor," said the patient, "I believe there's something wrong with my stomach." "Not a bit of it," replied the doctor. "God made your stomach, and He knows how to make stomachs. There's something wrong with the stuff you put into it, maybe, and with the way you stuff it in and stamp it down; but your stomach is all right." And immediately the patient discharged him.

Honesty of the Modern Kind.
"And now, my son," said the bank president, "on this the threshold of your business life I desire to impress one thought upon you. Honesty, ever and always, is the policy that is best." "Yes, father," said the young man. "And, by the way," appended the graybeard, "I would urge you to read up a little corporation law. It will amaze you to find how many things you can do in a business way and still be honest."—Minneapolis Journal.

Careful of Mother's Health.
"Harry, did you not hear your mother calling you?" "Course I did." "Then why don't you go to her?" "She's nervous. If I should go too quick she'd drop dead, and Harry went on with his paying as if nothing disturbed his mind.—Albany, N. Y. Journal.

A woman who never travels and never expects to recently bought a book of a book agent, entitled, "How to Behave When on a Sleeping Car."

PISO'S CURE FOR CONSUMPTION

These Rapid Times.
"We are certainly going the pace."
"How so?"
"I only packed my linen suit away yesterday and to-day the Christmas numbers of the magazines are out."—Louisville Courier-Journal.

For bronchial troubles try Piso's Cure for Consumption. It is a good cough medicine. At druggists, price 25 cents.

Reckless Courage.
"I talked real easy to the hotel telegraph operator."
"My goodness! You didn't dare?"
"Yes, I did."
"Gee! I'd like to have a picture of a man doing that."
"What would you call it?"
"Ajar Drying the Lightning!"—Cleveland Leader.

MALLEABLE IRON STUMP PULLERS

Patent, Improved, Strong, Stands Firm on the market. 115 Horse power on the sweep and 100 on the rollers. Write for descriptive catalog and price.

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Foot of Morrison Street Portland, Oregon

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BLACK OR YELLOW
WILL KEEP YOU DRY
NOTHING ELSE WILL
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This wonderful Chinese Doctor is called great because he cures people without operating. He cures what is given up to die. He cures with those who are given up to die. He cures with those who are given up to die. He cures with those who are given up to die.

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Ayer's


Value of Elephants.
An African elephant is of value only for its ivory, of which a full-grown animal yields from \$250 to \$300 worth. On the other hand, a working Indian elephant cannot be bought for less than \$2,500 to \$3,500.

FITS Permanently Cured. No fits or nervousness after first use of Dr. J. C. Ayer's Sarsaparilla. Send for Free \$2 trial bottle and treatise. Dr. J. C. Ayer, Lowell, Mass., U.S.A.

Anxiety.
Tramp (outside the gate)—Does your dog bite?
Mrs. Weptonish (on the porch)—Yes, he does, and—O, please don't come in! We are so particular about what we feed him on!—Somerville Journal.

How's This?
We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.
F. J. CLEGG & CO., Prop., Toledo, O.
We, the undersigned, have known F. J. Clegg for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out all obligations made by him.
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THE OLD-MONK-CURE



St. Jacobs Oil

has traveled the world, and everywhere human

Aches and Pains

have welcomed it and blessed it for a cure.

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WISE BROS. DENTISTS

We do crown and bridge work without pain. Our 15 years' experience in plate work enables us to fit your mouth comfortably. Dr. W. A. Wise has found a safe way to extract teeth absolutely without pain. Dr. T. F. Wise is an expert at gold filling and crown and bridge work. Extracting teeth when plates or bridges are out.

Falling Bluffs, Third and Washington Sts.
Open evenings till 10 o'clock. Sundays from 9 to 12. Or Main 2028.

Start the New Year Right!

START the new year with a clean mind and a clean body!

Most people are very neat and clean in their outward appearance, but how about the inside? Are you clean inside?

And if not, how can you face the New Year with clean thoughts, clear intelligence, a fair, just, and bright mind, and your full share of capacity for work and enjoyment?

The holidays are over and everybody's had a good time—perhaps a little too much of a good time. Over-eating and over-drinking have been the rule ever since Thanksgiving Day.

Many people get little exercise in winter and breathe much stuffy, over-heated inside air.

At the same time they eat too much rich and indigestible food, while fresh fruit and fresh vegetables are scarce in the market. So stomach and bowels are liable to be over-taxed.

Clog up, stretch and paralyze the large intestine by over-stuffing it with undigested food, so it can not carry off the useless refuse, and it "backs up" the sewage, and compels the small intestine to absorb the poison of decaying matter, instead of wholesome nourishment.

That's what must happen. Isn't it plain as day?

What's the result?

Nearly everybody "gains in flesh" in the winter time, but it's puffy fat—not healthy flesh and muscle. The liver gets inactive; the bile doesn't "work off"; the eyes get yellow; the skin gets dead like lumpy and pale like dough, with boils, pimples, blackheads, liver-spots to break the monotony.

Dizziness, headaches, blurred vision, foul breath, sleeplessness and a temper that will cut make such persons very

pleasant company to themselves and others.

But, you say—"I'll take a course of Spring medicine to clean me out next April."

Not considering your duty to yourself and family, isn't it certain that to leave the body full of poison all winter, and then suddenly attempt to force out all impurities by one violent attack is dangerous, absurd and unreasonable?

Keep clean inside all the time. That's the simple solution.

If you can not diet, or keep your mechanism going by proper exercise, the self-evident alternative is to take Cascarets, the sweet, fragrant, harmless little vegetable tablets, that "act like exercise" on your bowels, and gently but powerfully clean out and disinfect the whole digestive canal.

A Cascarets every night before going to bed will "work while you sleep" and make you "feel fine in the morning."

If you have been neglecting yourself for some time, take a Cascarets night and morning and break up the "constipated habit" without acquiring a "cathartic habit."

Cascarets are sold by all druggists, 10c, 25c and 50c. The 10c size trial box is a neat fit for the vest pocket or lady's purse.

Be sure to get the genuine, with the "long-tailed cat" on the box and the letters "C.C.C." on each tablet. They are never sold in bulk.

FREE TO OUR FRIENDS!
We want to send to our friends a beautiful "Long-tailed Cat" and a box of Cascarets. It is a beautiful and healthy measure of good faith and to cover cost of Cascarets with which this quality printer is loaded. 711 Send today, enclosing this offer. Address Sterling Remedy Company, Chicago or New York.