Loss of Appetite

Is loss of vitality, vigor or tone, and is often a precursor of prostrating sickness.

This is why it is serious and most serious to people that must keep up and doing or get behindhand.

The best thing you can do for loss of appetite is to take

Hood's Sarsaparilla

It will make you ready to eat, give a relish to your food, and assist in its digestion.

This great medicine cures all stomach troubles and builds up the whole system.

COST OF THE POT WAS HIGH.

Gambler Won It, but Carries a Scar as a Remembrance.

"This scar which you see on the back of my right hand has a history, and whenever I look at it I drift back mentally to the earlier days of my life," said the old gambler, "and cannot suppress a feeling that somehow men are often forced into channels which are not exactly what they would like. While not altogether smothered with regrets I feel that this is true in my own case. When I recall the series of bright things that have happened, the moments and hours and days spent with congenial spirits, the spicy bits of narrative which have marked the progress of many evenings—but why mention all these things now?

"I am drifting on to the closing hours and I guess after all the old man's chief delight is in memories of things and happenings of the earlier times. Coming back to the scar on my hand, I paid rather dearly for it. It is a pity that I cannot weave around this experience a bit of romance which would heighten the color of the yarn and give brilliance to the lines. But this is simply a gambler's story and, while not exactly prosaic, it does not take on any of that prettier coloring such as one finds, for instance, in Conan Doyle's story about how the major lost one of his ears. He gave up his ear to save a woman. I got the scar reaching for an ordinary stake in a game of cards and no large stake at that.

"It was many years ago. That feverish impulse to gamble was just getting into my blood. One night I fell into a game with a crowd of men, all of them but one strangers to me. The game had not progressed far before I became aware of the fact that I was playing against two card sharks. Luck was my way on the last round and my hand called for the stake. But one of the sharpers was bent on getting my last penny, and he threw down a better hand than mine and one which I knew he had faked. A quarrel began and I reached out for the stake, covering the money with my right hand. As I did so one of the sharpers whipped out a long-bladed knife and stabbed at my hand. The blade passed through my hand and into the table. Hand, money and all were pinned to the table, and until my friends came to my rescue I was in a helpless condition. My friend pulled the knife out and released me. I got the stake and the scar which you see on the back of my hand is only a part of the price, and a small part at that, which I made for it. The excitement and novelty of the experience intensified the gambling impulse which had fevered the blood and tissue of my nature, and since that time I have been a helpless and hopeless gambler, enjoying the usual fortunes of the man who spends his life in this strangely fascinating world."—New Orleans Times-Democrat.

Another R.

"Well, talking about names, said the oyster, "I like May better than Mary."

"You do?" replied the plain lobster.

"Of course. Now, if it was the month of Mary it would shorten my vacation fearfully."

In Boston.

Judge—What do you know about the case?

Witness—I seen him bring the stuff upstairs and—

Judge—That will do; step down. I cannot listen to such an abuse of language. Discharge the prisoner.

Always.

"You have been in many fights, I suppose, Pat?" said a landlord to one of his tenants. "Oh, a great many, yer honor!" replied Pat, unaffectedly. "And I suppose you fight grimly—you never give in, I mean?" "I always fight till I die," said Pat.

Storing Coal Under Water.

Certain kinds of coal deteriorate rapidly in the ocean air and Lord Charles Beresford has expressed the belief that the total loss may reach 50 per cent. Store under water is the remedy of an English experimenter, who, noting the fine quality of coal dredged from a harbor, has kept Monmouthshire steam coal under sea water two months with a loss of less than 1 per cent of heating power.

Sanitary Record for Houses.

Paul Strauss, senator for Paris, who is one of the most practical authorities on municipal affairs, is about to propose that a compulsory sanitary record should be attached to every dwelling.

My Hair

"I had a very severe sickness that took off all my hair. I purchased a bottle of Ayer's Hair Vigor and it brought all my hair back again."
W. D. Quinn, Marseilles, Ill.

One thing is certain,—Ayer's Hair Vigor makes the hair grow. This is because it is a hair food. It feeds the hair and the hair grows, that's all there is to it. It stops falling of the hair, too, and always restores color to gray hair.

$1.00 a bottle. All druggists.

If your druggist cannot supply you, send us one dollar and we will express you a bottle. Be sure and give the name of your nearest express office. Address, J. C. AYER CO., Lowell, Mass.

"If you refuse me I shall commit suicide." "Well, pa says you can't hang around here."—New York Evening Sun.

Bjohnson—Will you lend me your lawn mower? Bjackson—Yes, if you'll cut my grass to pay for the use of it.—Somerville Journal.

Harry—She evidently made an impression with him. George—How do you know? Harry—I saw him developing some snapshots of her.—Yonkers Herald.

Jim—Say! If you'll notice, you'll see that most of these big Wall street men started on a farm. Sam—Yes, and that is where they learned to water stock.—Princeton Tiger.

Teacher (to little 6-year-old)—Now, Freddie, what is a volcano? Freddie (with great confidence)—Oh, I know that! It's a mountain that interrupts all the time!—Life.

"Margaret, I think you cheapen yourself by going so much to the theater with Mr. Jones." "No, mother; on the contrary, I'm making myself very dear."—Harvard Lampoon.

"Van Major has made a fortune in the automobile business." "I didn't know he manufactured that class of vehicles." "He doesn't; he repairs them."—Cincinnati Tribune.

Biggar—How do I know you're blind? Beggar—Do you suppose I'd only ask for a nickel if I could see what a kind, liberal-lookin' gent you be.—New York Evening Sun.

Nell—Maude has suddenly discovered that she needs exercise, so she goes out for a walk every day. Belle—Yes, I heard that she had a lot of new clothes.—Philadelphia Record.

Summer Boarder—I thought your advertisement said something about boating? Farmer—Oh, yes. We have a boat and oars—only sometimes the creek dries up.—Town and Country.

Murphy—Will ye give me yer promise that ye'll love me forivor? Bridget—Sure, an' Oi'd loike to do that same, Murphy, but Oi'm hardly of the opinion that Oi'll lasht as long as that."—Ram's Horn.

He Wasn't Sure: "Stand up, McNutty," said the police magistrate; "are you guilty or not guilty?" "Faith, an' it's mesilf as can't tell thot till Oi hear th' ividince," replied McNutty.—Chicago News.

Not Too Soon: "This is rather an unusual hour for you to be going to lunch. Not hungry so early, are you?" "No, but I will be by the time the waiter condescends to notice me."—Philadelphia Press.

She—Is it really true that the blind can determine color by the sense of touch? He—Sure. I once knew a blind man who was able to tell a red-hot stove by merely putting his finger on it."—Chicago Daily News.

Mademoiselle—By the way, count, it is very awkward, but I do not know your name. Russian Count—Vould you like to hear it. "Most certainly." 'Den, if you haf ten minutes to spare, sit town, and I will tell it to you."

Belle—Married next week? Why, you told us you were booked for a personally conducted tour with a small, select party. Marion—Yes, dear. But George is the personal conductor and I'm the small, select party.—Tit-Bits.

The Physician's Affront: "So you have decided to get another physician." "I have," answered Mrs. Cumrox; "the idea of his prescribing flaxseed tea and mustard plasters for people as rich as we are!"—Washington Star.

"Say!" demanded the ugly individual suddenly appearing from a dark alley, "what time is it?" "You're just about two minutes late," replied the Chicagoan; "that other gentleman you see running away has my watch."—Philadelphia Press.

Qualified: Superintendent (of gas works)—What do you know about laying gas pipes in the street? Applicant (for place as foreman)—I know they hadn't oughter be laid until the street has just been repaved. He got the place.—Judge.

"Well, Jones is certainly a patient man with a temper hard to ruffle." "Patient is no name for him. Why, that man has been known to go out with his wife to select wallpaper and go through the ordeal without losing his temper."—Baltimore Herald.

Cause of the Mirth: "Bridget," said Mrs. Hyflyte, "your lady friend mustn't stay so late hereafter. Her uproarious laughter woke me up at 1 o'clock this morning." "Yis, mum; I was tellin' her about how you tried to make cake wan day."—Indianapolis Sun.

Major Dix—Do you think it's going to rain to-morrow, Uncle Isham? Uncle Isham—I dunno, honey. It's mighty hahd to prognosticate. When de Lawd had charge of de weathah I could tell sumfin' erbout it, but sense dis yere weathah bureau dun bin runnin' it Uncle Isham's had ter gib it up.—Judge.

Barnes—I'm afraid I'm losing my mind. When I borrow money from any of my friends, I'm sure to forget all about it. Howes—Why, that is no sign of mental decline. On the contrary, it shows a fine business capacity. Barnes—But I also forget when a friend owes me something. Howes—That's all right. That's tact.—Boston Transcript.

At a Stage Rehearsal.

"You do not inject enough contempt, spite and venom into that word."

"I can do no better."

"Nonsense! Speak it just as you say 'plush' when you meet a rival in a sealskin sacque.—Life.

Afraid to Go Himself.

Householder—There's something wrong with this bill. It's too big.

Grocer's clerk—That's why the boss sent me to collect it.—Brooklyn Life.

Many a man has a great head from other than intellectual causes.

U. S. SENATOR FROM SOUTH CAROLINA

Recommends Pe-ru-na

For Dyspepsia and Stomach Trouble

Ex-Senator M. C. Butler.

Catarrh of the Stomach is Generally Called Dyspepsia—Something to Produce Artificial Digestion is Generally Taken.

Hence Pepsin, Pancreatin and a Host of Other Digestive Demedies Has Been Invented.

These Remedies Do Not Reach the Seat of Difficulty, Which Is Really Catarrh.

Ex-U. S. Senator M. C. Butler from South Carolina, was senator from that state for two terms. In a recent letter to The Peruna Medicine Co., from Washington, D. C., says:

"I can recommend Peruna for dyspepsia and stomach trouble. I have been using your medicine for a short period and I feel very much relieved. It is indeed a wonderful medicine besides a good tonic."—M. C. Butler.

The only rational way to cure dyspepsia is to remove the catarrh. Peruna cures catarrh. Peruna does not produce artificial digestion. It cures catarrh and leaves the stomach to perform digestion in a natural way. This is vastly better and safer than resorting to artificial methods.

Peruna has cured more cases of dyspepsia than all other remedies combined, simply because it cures catarrh wherever located. If catarrh is located in the head, Peruna cures it. If catarrh has fastened itself in the throat or bronchial tubes, Peruna cures it. When catarrh becomes settled in the stomach, Peruna cures it, as well in this location as in any other.

Peruna is not simply a remedy for dyspepsia. Peruna is a catarrh remedy. Peruna cures dyspepsia because it is generally dependent upon catarrh.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitraium, Columbus, Ohio.

A Prophecy.

Critic—That actor doesn't seem at home in his work.

Theatrical Manager—No, he isn't but he will be unless business gets better pretty soon.—Chicago News.

FITS Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for FREE $2.00 trial bottle and treatise. Dr. R. H. Kline, Ltd., 931 Arch St., Philadelphia, Pa.

Both to Blame.

John—You are always busy when I come in!

Charles—Well, you always come in when I'm busy.

For forty year's Piso's Cure for Consumption has cured coughs and colds. At druggists. Price 25 cents.

The Making of Him.

"It's ridiculous" remarked the tailor, "to say 'clothes don't make the man.'"

"Think so?"

"Sure," replied the tailor; "why, they've made me."

You Can Get Allen's Foot-Ease FREE.

Write Allen S. Olmsted, Le Roy, N. Y., for a free sample of Allen's Foot-Ease. It cures sweating, hot swollen, aching feet. It makes new or tight shoes easy. A certain cure for corns, ingrowing nails and bunions. All druggists sell it. 25c. Don't accept any substitute.

An Explanation.

Askett—Why are they building so many "skyscrapers?"

Knoitt—Oh, real estate costs nothing up in the air.

Lost His Identity.

"So you want to get married?"

"Yes, sah—I'm resigned ter it."

"Ever been married before?"

"Two or three times sah."

"Don't you know for certain?"

"No, sah; atter de third one got me I never knowed who I wuz, or how I come here."—Atlanta Constitution.

HOW'S THIS?

We offer One Hundred Dollars Reward for any case of Catarrh that can not be cured by Hall's Catarrh Cure.

F. J. CHENEY & Co., Props., Toledo, O.

We the undersigned, have known F. J. Cheney for the past 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by their firm.

WEST & TRUAX, Wholesale Druggists, Toledo, O.

WALDING KINNAN & MARVIN, Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly on the blood and mucous surfaces of the system. Price 75c per bottle. Sold by all druggists. Testimonials free.

Hall's Family Pills are the best.

There Was a Difference.

Sockson Buskin—How do you like my Hamlet?

Old Stager—Oh, it was your Hamlet, was it? Well, I didn't recognize it as Shakespeare's.—Brooklyn Life.

Evening Shings Up.

Boggs—They say that, after a time, the engineer of a limited flyer loses his nerve.

Joggs—The engineer does, but not the Pullman porter.

CASTORIA

The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, Imitations and "Just-as-good" are but Experiments, and endanger the health of Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhœa and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

The Kind You Have Always Bought

Bears the Signature of

Chas. H. Fletcher.

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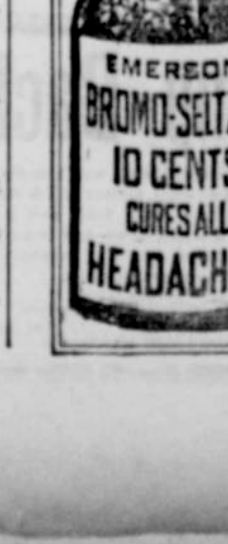

QUICKLY CURED BY

BROMO-SELTZER

SOLD EVERYWHERE. 10¢

HOLLAND CHARITABLE WORK.

Church and Private Institutions Excel in the Aid Granted.

A recent report of the minister of the interior of the Netherlands is of particular interest, giving complete statistics of the amount expended in charitable work in Holland, says the Revue Scientifique. This matter is regulated in Holland by the law of June 28, 1854, which recognizes four sorts of charitable institutions—those which are administered by the state, the provinces or the communes; those which belong to a church and are for the purpose of assisting the poor of the parish; the institutions founded by lay bodies or private individuals, and mixed institutions which are directed by the public authorities, together with the church or private individuals. In all of these cases there is a distinction made between assistance given to those who ask it of their own will and those who are ashamed to ask and are sought out.

In an average year the assistance at the homes of the indigent amounts to a little more than 14,000,000 francs, of which 9,000,000 is in money and the rest in provisions, the whole being distributed among about 185,000 poor. In this total of expenditures the part played by public funds is 5,000,000 francs, the rest being almost entirely furnished by the churches, the private institutions distributing hardly 500,000 francs. The churches distribute more money than the public institutions. The poor who do not apply for assistance are almost exclusively cared for either by the churches or private institutions, as the public officials do not possess sufficient initiative to seek out the sufferers. The amount distributed to these "ashamed" poor represents an expenditure of some 1,300,000 francs, which is divided almost equally between the private and lay institutions and the churches.

The distribution of provisions and fuel reaches the modest total of 270,000 francs distributed among 15,000 poor. The source of most of this assistance is the private institutions, the public granting but little more than 13,000 francs to 500 poor. The explanation of the relatively modest part played by the government lies in the specification in the law mentioned above that public assistance shall be granted only when other agencies are inadequate. The charitable institutions of Holland are public, 3,400 supported by the number about 5,000, of which 1,900 church and 450 are private.

QUEER STORIES

Kerosene was first used for lighting in 1826.

The highest mountain in the moon is at least thirty-five thousand feet; that is six thousand feet higher than Mt. Everest.

Goose-quill pens and drying powders are still used in English law courts and the House of Lords, and in the French Chamber of Deputies.

Striking resemblance has been pointed out between the remarkable ancient ruins at Zimbabwe, in Rhodesia, and antiquities in Cornwall, England.

Kite hawks have become so bold about the garrison in Burmah that they swoop down on the mess tables and seize food from the soldeirs' plates.

A traveler has made the observation that coffee-drinking people are very seldom given to drunkenness. In Brazil for instance, where coffee is grown extensively and all the inhabitants drink it many times a day, intoxication is rarely seen. The effect is not only noticeable among the natives, but the foreigner who settles there, though possessed of ever such a passion for strong drink, gradually loses his liking for alcohol as he acquires the coffee-drinking habit of the Brazilian.

Germany has a pay wedding, at which the bride receives her guests with a basin before her in which each person entering deposits a jewel, a silver spoon or a piece of money. In some parts of Germany the rule is that the expenses of the marriage feast shall be met by each guest paying for what he eats or drinks. The prices paid for viands and drinks are high, and the young couple often make a handsome profit out of their wedding realizing a sum quite sufficient to start them nicely in life.

A writer in Power tells us that in the best steam engines only six to fifteen per cent. of the coal burned actually produces power that can be used; the rest is a dead loss. Where does it go? To begin with, twenty-two per cent. flies up the chimney in smoke, five per cent. is wasted by radiant heat from the boiler; one per cent. drops through the grate; ten per cent. is consumed in pumping water into the boiler, while fifty-seven per cent. goes off in steam after passing through the engine. The rest is accounted for by leaks and waste heat.

The centre of the mother-of-pearl industry is Singapore. The shell oyster is six to ten inches long, the larger ones weighing as much as ten pounds. It is found on hard-bottom channels between islands, where the current is strong. In gathering it a diver takes with him a bag of coir rope one-fourth of an inch in diameter, made in large meshes, which, while suited for holding the shell, does not impede his traveling along the bottom. The apparatus for diving has not been introduced in the Philippines, although Manila shell brings the high price of a dollar a pound.

Giving Definite Information.

Next door to Alderman Kling's office in the Ninth ward is an Italian shoemaker. A lawyer called at the alderman's office the other day. The alderman was not in. The lawyer went to the Italian.

"Do you know," asked the attorney, "where Alderman Kling is?"

"Yes," said the Italian.

"Then where is he?" asked the attorney.

"He is out," was the reply.—Indianapolis News.

It is a good plan for a wife to entertain friends of her husband occasionally, so that the children may not grow up thinking their father doesn't know how to carry on a conversation.

Miss Alice Bailey, of Atlanta, Ga., tells how she was permanently cured of inflammation of the ovaries, escaped surgeon's knife, by taking Lydia E. Pinkham's Vegetable Compound.

"I had suffered for three years with terrible pains at the time of menstruation, and did not know what the trouble was until the doctor pronounced it **inflammation of the ovaries**, and proposed an operation.

"I felt so weak and sick that I felt sure that I could not survive the ordeal. The following week I read an advertisement in the paper of **Lydia E. Pinkham's Vegetable Compound** in such an emergency, and so I decided to try it. Great was my joy to find that I actually improved after taking two bottles, and in the end I was cured by it. I had gained eighteen pounds and was in excellent health."—Miss ALICE BAILEY, 50 North Boulevard, Atlanta, Ga.—*$5000 forfeit if original of above letter proving genuineness cannot be produced.*

The symptoms of inflammation and disease of the ovaries are a dull throbbing pain, accompanied by a sense of tenderness and heat low down in the side, with occasional shooting pains. The region of pain sometimes shows some swelling.

OLD INDIAN BATTLE GROUND.

Tokens of Peace and War Found in the Kennewick Valley, Washington.

Where the great steel bridge of the Northern Pacific railway spans the Columbia river, half way between Spokane and Seattle, Washington, and near the confluence of the Snake and Columbia rivers there was fought sixty years ago a battle to the death between two Indian tribes, probably the Cayuses and the Wallahwallhs or the Cholilhs, which latter tribe was a reckless and thieving one.

Great Irrigating Ditch Completed.

The railway company has recently completed a great irrigating ditch 25 miles long and 20 feet wide that is turning this valley adjacent to the west bank of the Columbia from a sage brush plane into what a few years hence will be an orchard and garden spot 20 miles square, with a climate peculiarly adapted, it is said, to raising all sorts of vegetables, berries, peaches, apples, plums, cherries and alfalfa. In the tearing up process an old Indian battle ground has been found on the same spot where Lewis and Clark, the pioneer explorers, pitched their camp and from which they pushed their way up stream to the mouth of the Yakima river in the year 1805.

Famous Generals Fought There.

This is all historic ground as at a later date Grant and Sheridan and other noted army officers were stationed in this vicinity—Grant in 1852-3, Sheridan in 1855-6, both of them taking part in repelling Indian uprisings. In this old battle ground, and first by means of a well, there was unearthed recently, skeletons, flint lock rifles, Indian beads, brass badges bearing date of 1846, broken hatchets, spear heads, elks teeth and a piece of cloth or matting spun from threads of weeds or hemp. Everything went to show that this part of the Kennewick valley was at one and the same time an old Indian battle and burying ground, as it is now known that the Indians congregated here in great numbers on account of the mild climate, especially during the winter months when the inclement weather of the higher altitudes drove them into more hospitable regions.

Once a Strong Trading Post.

How many residents of Washington state know that the junction of the Wallawalla and Columbia rivers was, prior to the visit of Lewis and Clark, the site of a Hudson Bay company post, Ft. Wallawalla, now known as Wallula, and that on their eastbound trip on April 29, 16, Lewis and Clark crossed the Columbia river here and encamped about a mile from the Columbia, at the mouth of the "Wallawollah" river.

What Englands Navy Costs.

The navy which gives England the supremacy of the seas costs $155,000,000 a year, or a little more than the United States pays in pensions.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children the teething season.

Suspicious.

"I'm afraid my husband doesn't love me any more," said the bride of six months, with an overgrown sigh.

"When did you discover the change?"

"When I discovered that he had quit leaving any change in his pockets," replied the young wife sadly.—Exchange.

PISO'S CURE FOR CONSUMPTION
CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists.
25 CTS. 25 CTS.

The Cut Direct.

The Fork—What would you do if a man should eat with you?

The Knife—I should feel incline I to cut him.

LOWEST RATES

To Chicago, Dubuque and the East; to Des Moines, Kansas City and the Southeast, via Chicago Great Western railway. Electric lighted trains. Unequalled service. Write to J. P. Elmer, G. P. A., Chicago, for information.

Where They Go Lame.

Mrs. Naggs—Pshaw! Women do just as much thinking as men.

Naggs—Possibly; but they spoil their thoughts by diluting them with words.

Reierson Machine Co.

SUCCESSORS TO JOHN POOLE.

Foot of Morrison St., Portland, Oregon.

Parsons Hawkeye, Automatic, Self Feeding, Faultless Stump Puller, 100 horsepower with two horses. Buckeye Sawmill Machinery, Engines and Boilers. Eli and Stickney Gasoline Engines. Write us when in want of anything in machinery line.

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AN ENGLISH AND CLASSICAL SCHOOL FOR BOYS AND GIRLS

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"CASCARETS do all claimed for them and are a truly wonderful medicine. I have often wished for a medicine pleasant to take and at last have found it in Cascarets. Since taking them, my blood has been purified and my complexion has improved wonderfully and I feel much better in every way." MRS. SALLIE E. SELLARS, Luttrell, Tenn.

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Pleasant. Palatable. Potent. Taste Good. Do Good. Never Sicken, Weaken, or Gripe. 10c, 25c, 50c.

... CURE CONSTIPATION. ...

Sterling Remedy Company, Chicago, Montreal, New York. 318

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Dr. C. Gee Wo

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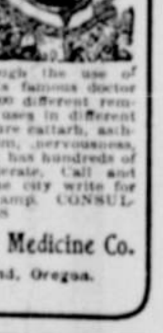

This wonderful Chinese doctor is called great because he cures people without operation that are given up to die. He cures with those wonderful Chinese herbs, roots, buds, barks and vegetables that are entirely unknown to medical science in this country. Through the use of those harmless remedies this famous doctor knows the action of over 500 different remedies, which he successfully uses in different diseases. He guarantees to cure catarrh, asthma, lung, throat, rheumatism, nervousness, stomach, liver, kidneys, etc.; has hundreds of testimonials. Charges moderate. Call and see him. Patients out of the city write for blanks and circulars. Send stamp. CONSULTATION FREE. ADDRESS

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253 Alder St., Portland, Oregon.

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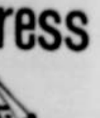

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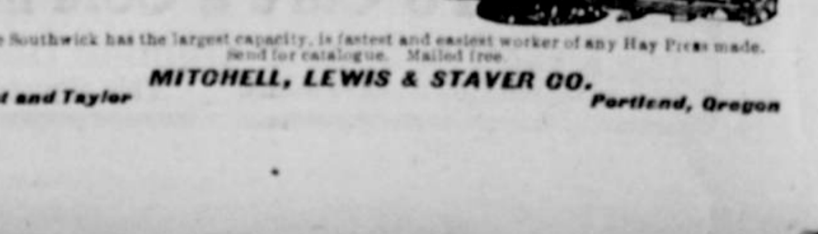

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