The Stimulus of Pure Blood

That is what is required by every organ of the body, for the proper performance of its functions.

It prevents biliousness, dyspepsia, constipation, kidney complaint, rheumatism, catarrh, nervousness, weakness, faintness, pimples, blotches, and all cutaneous eruptions.

It perfects all the vital processes.

W. P. Keeton, Woodstock, Ala., took Hood's Sarsaparilla to make his blood pure. He writes that he had not felt well but tired for some time. Before he had finished the first bottle of this medicine he felt better and when he had taken the second was like another man—free from that tired feeling and able to do his work.

Hood's Sarsaparilla

Promises to cure and keeps the promise. Accept no substitute, but get Hood's today.

Iron Visiting Cards.

Iron visiting cards are popular in Germany. The name is printed in silver, and 40 of the sheets only measure one-tenth of an inch in thickness.

E. W. Grove

This signature is on every box of the genuine Laxative Bromo-Quinine Tablets the remedy that cures a cold in one day

Concession to Superstition.

On the big steamer Oceanic there is no seat at the table marked No. 13, nor any cabin bearing that number. This is a concession to superstition.

AFTER AN ATTACK OF LA GRIPPE.

If you have had la grippe, a few doses of Garfield Tea will be beneficial, as it will cleanse the system of all impurities.

The Pan-American Floral Display.

The great floral display at the Pan-American Exposition will include 500 beds of popular flowers.

STATE OF OHIO, CITY OF TOLEDO, } ss.
LUCAS COUNTY.

FRANK J. CHENEY makes oath that he is the senior partner of the firm of F. J. CHENEY & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of HALL'S CATARRH CURE.

FRANK J. CHENEY.

Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1886.

{ SEAL } A. W. GLEASON, Notary Public.

Hall's Catarrh Cure is taken internally and acts directly on the blood and mucous surfaces of the system. Send for testimonials, free.

F. J. CHENEY & CO., Toledo, O.

Sold by druggists, 75c.

Hall's Family Pills are the best.

Tower 391 Feet High at Buffalo.

An electric tower 391 feet high will be the centerpiece of the Pan-American Exposition.

YOU KNOW WHAT YOU ARE TAKING When you take Grove's Tasteless Chill Tonic because the formula is plainly printed on every bottle showing that it is simply Iron and Quinine in a tasteless form. No Cure, No Pay. 50c.

Mexico's Exhibit at Buffalo.

The Mexican government exhibit at the Pan-American Exposition will occupy 16,000 square feet of space.

FITS Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for FREE $2.00 trial bottle and treatise. DR. R. H. KLINE, Ltd., 931 Arch St., Philadelphia, Pa.

Fountain Display at Buffalo.

For the fountain display at the Pan-American Exposition 35,000 gallons of water per minute will be required.

Chronic Constipation Cured.

The most important discovery of recent years is the positive remedy for constipation, Cascarets Candy Cathartic. Cure Guaranteed. Druggists, 10c, 25c, 50c.

Sample Room in Constantinople.

Consul Schuman, of Maintz, notes that a German sample room has been opened at Constantinople.

Uncle Sam Aims

to buy the best of everything which is why he uses Carter's Ink. He knows what's good.

The Midway of the Buffalo Exposition.

The midway of the Pan-American exposition at Buffalo costs $3,000,000.

SORES AND ULCERS.

Sores and Ulcers never become chronic unless the blood is in poor condition — is sluggish, weak and unable to throw off the poisons that accumulate in it. The system must be relieved of the unhealthy matter through the sore, and great danger to life would follow should it heal before the blood has been made pure and healthy and all impurities eliminated from the system. S.S.S. begins the cure by first cleansing and invigorating the blood, building up the general health and removing from the system all morbid, effete matter.

A CONSTANT DRAIN UPON THE SYSTEM.

When this has been accomplished the discharge gradually ceases, and the sore or ulcer heals. It is the tendency of these old indolent sores to grow worse and worse, and eventually to destroy the bones. Local applications, while soothing and to some extent alleviate pain, cannot reach the seat of the trouble. S. S. S. does, and no matter how apparently hopeless your condition, even though your constitution has broken down, it will bring relief when nothing else can. It supplies the rich, pure blood necessary to heal the sore and nourish the debilitated, diseased body.

Mr. J. B. Talbert, Lock Box 245, Winona, Miss., says: "Six years ago my leg from the knee to the foot was one solid sore. Several physicians treated me and I made two trips to Hot Springs, but found no relief. I was induced to try S. S. S., and it made a complete cure. I have been a perfectly well man ever since."

SSS is the only purely vegetable blood purifier known — contains no poisonous minerals to ruin the digestion and add to, rather than relieve your sufferings. If your flesh does not heal readily when scratched, bruised or cut, your blood is in bad condition, and any ordinary sore is apt to become chronic.

Send for our free book and write our physicians about your case. We make no charge for this service.

THE SWIFT SPECIFIC CO., ATLANTA, GA.

25 CTS. PISO'S CURE FOR CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists. CONSUMPTION 25 CTS.

HIGH EXPLOSIVES

Do Not Hurt Armor When They Burst on the Surface.

Experiments undertaken by the United States Government expressly to test the theory that if a sufficiently large amount of high explosive can be detonated against or in close proximity to a battleship, the battleship will be, to use the pet term of promoters, annihilated, have proved that it is absolutely false.

On one occasion, a Harveyized steel plate, representing the side armor of the United States battleship Kearsarge, was tested by the detonation of 307 pounds of guncotton, which was suspended for the purpose immediately in front of the plate. Instead of being blown into theoretical "thousands of fragments," the plate was undisturbed, and a slight and harmless scoring on the face of the plate was the only evidence, so far as the armor was concerned, of the explosion. Of four chickens placed either immediately behind the plate, or within from twenty-five to fifty feet of the guncotton, two survived without the slightest sign of being injured; one was killed by a flying fragment of a shell (a result which does not affect the argument), and only one appeared to have died from shock. Prof. Alger, the greatest expert in this country, or probably in any country, on this very question, says: "This experiment would seem completely to dispose of the theory that a high-explosive shell of very large capacity will blow in the side of an armored vessel if it exploded against it;" and he further says that "the velocity of the shell would add materially nothing to the effect of a detonation, the rush of whose gases is determined by a pressure of hundreds of tons per square inch."

It is the opinion of Prof. Alger and every ordnance expert the world over that for a high explosive to be effective it must be carried by the shell through the armor, and burst within the hull of the ship itself. This conclusion was strikingly borne out by the experiments on the Belleisle, made early in the present year. The high-explosive shells were burst upon contact with the armor, and left no further trace than a harmless star splash on the outside of the ship.—Scientific American.

CHLOROFORM.

Was First Used on a Dentist's Apprentice in Edinburgh.

An apprentice to the Edinburgh surgeon-dentist, Mr. Imlach, named T. D. Morrison, was the first patient in England to take chloroform. It was on the 10th of November, 1847, at 1 p. m., in the house, 55 Queen street, Edinburgh, that Prof. Simpson administered the chloroform to this young man. Six weeks before that Mr. Morrison had taken ether in order to have a tooth extracted, and when he desired to have another tooth pulled he was told of the discovery of a new anaesthetic by Prof. Simpson, and asked if he would submit to the test. Mr. Morrison, after reflecting for a few minutes on the blessings this discovery might bring to suffering humanity, decided to run the risk. This was about 10 in the morning, and the operation was fixed to take place at 1 o'clock in the afternoon in the presence of a number of scientific men. Mr. Morrison wrote a letter to Prof. Simpson freeing him from any responsibility if there should be any accident or in the event of death. The anaesthetic proved efficacious in about one minute, and Mr. Morrison soon recovered, and he is still proud of the fact that he was Simpson's first patient under chloroform. During the fifty odd years since then Mr. Morrison as a dentist has administered chloroform to more than 20,000 cases without a single accident.

Benefit of Pure Air.

House air, with its many impurities, overheated condition and general lifelessness is one of the principal predisposing causes to colds and catarrhal affections. Elderly people and others who may be temporarily house-bound and prevented from enjoying a regular daily stroll outdoors can devise a fair substitute as follows. Bundle up as if for the usual constitutional, select a large sunny room, preferably at the top of the house, open wide the windows, shut off the heat and move around briskly, going to the window and inhaling the fresh air deeply through the nostrils. Deep inhalations of air at the open window, taken gently through the nose, impart an enlivening and tonic influence to the whole nervous system, which can soon be demonstrated by a personal experiment.

A Novel Form of Gaming.

One of the amusements of the Belgian artisan is rather curious. He keeps a special cock for crowing, and the bird which can outcrow its fellows has reached the highest pinnacle of perfection. The mode of operation is to place the cages containing the roosters in long rows, for it appears that one bird sets the other off crowing. A marker appointed by the organizers of the show is told off for each bird, his duty being to note carefully the number of crows for which it is responsible in the same fashion as the laps are recorded in a bicycle race. The customary duration of the match is one hour, the winner being the bird which scores the highest number of crows in the allotted time.

Russian Barbarity Nerves Japan.

We Japanese should derive a lesson from the stories of Russian barbarity. We sincerely hope that no such untoward event will come to pass, but we must always be prepared for a conflict with Russia. None can positively say that a Russian war is a nightmare of the weak. Who knows? It may occur at any time. If it really occurs we Japanese one and all must prepare ourselves to conquer or die. It is far better for us to perish as a nation by our own hands than to be tortured and then slaughtered in a wholesale manner by our savage enemy.—Tokio Yorodzu Cleoho.

Mineral Wealth in Great Britain.

Wales is the richest part of Great Britain in mineral wealth. England produces annually about £2 to each acre, Scotland a little less than £2, but the product of Wales amounts to over £4 per acre.

How a woman lies about the man she is going to marry!

TRADE IS SATISFACTORY.

Pacific Coast and the South Show Up Best—Slight Diminution of Exports.

Bradstreet's says: Despite some irregularities in reports from different sections and industries, trade as a whole is of satisfactory volume for this time of year. Relatively the best reports come from the Pacific coast, the South and the Southwest, where the spring demand is opening well. Unseasonable weather in some sections, notably the East, has been a bar to activity in retail trade. Special activity has been noted in some branches of the iron trade and sentiment has been, on the whole, helped by a clearer view of the possibilities contained in the recent "war talk." The quieting down of business abroad naturally points to some diminution of our export trade, in the cruder forms of iron and steel, copper and lumber, but for finished products of these and other staples, the outlook is declared to be still satisfactory. A feature in the export line this week was the shipment of 3,000 tons of steel billets to Glasgow from Birmingham, Ala., the largest shipment of this material ever sent abroad from the South. Heavy quantities of railway material to replace that destroyed in China may be placed in this country. Among the metals copper is weak and fractionally lower, in sympathy with a break in prices abroad, but tin is higher, on news of excited markets and higher prices in London.

Wheat, including flour, shipments for the week aggregate 4,838,678 bushels, against 3,336,054 last week.

Business failures in the United States for the week number 281, against 290 last week.

Canadian failures number 34, a decrease of 16 from last week.

PACIFIC COAST TRADE.

Seattle Market.

Onions, new yellow, 2c.

Lettuce, hot house, $1.60 per case.

Potatoes, new, $18.

Beets, per sack, $1@1.25.

Turnips, per sack, 75c.

Squash—2c.

Carrots, per sack, 75c

Parsnips, per sack, $1.00@1.25.

Celery—50c doz.

Cabbage, native and California, 2c per pounds.

Butter—Creamery, 30c; dairy, 16@18c; ranch, 16c@18c pound.

Cheese—14c.

Eggs—Ranch, 28c; Eastern 23c.

Poultry—14c; dressed, native chickens, 15c; turkey, 16c.

Hay—Puget Sound timothy, $15.00; choice Eastern Washington timothy, $19.00.

Corn—Whole, $24.00; cracked, $25; feed meal, $24.

Barley—Rolled or ground, per ton, $20.

Flour—Patent, per barrel, $3.40; blended straights, $3.25; California, $3.25; buckwheat flour, $6.00; graham, per barrel, $3.25; whole wheat flour, $3.25; rye flour, $3.80@4.00.

Millstuffs—Bran, per ton, $15.00; shorts, per ton, $16.00.

Feed—Chopped feed, $19.00 per ton; middlings, per ton, $23; oil cake meal, per ton, $29.00.

Fresh Meats—Choice dressed beef steers, price 7½c; cows, 7c; mutton 7¾; pork, 7¾c; trimmed, 9c; veal, 11@12c.

Hams—Large, 11¾c; small, 11½; breakfast bacon, 13¾c; dry salt sides, 8½c.

Portland Market.

Wheat—Walla Walla, 56@56½c; Valley, nominal; Bluestem, 58½c per bushel.

Flour—Best grades, $3.40; graham, $2.60.

Oats—Choice white, 42c; choice gray, 41c per bushel.

Barley—Feed barley, $15.50 brewing, $16.50 per ton.

Millstuffs—Bran, $15.50 ton; middlings, $21; shorts, $18; chop, $16 per ton.

Hay—Timothy, $12@12.50; clover, $7@9.50; Oregon wild hay, $6@7 per ton.

Butter—Fancy creamery, 50@55c; store, 32½c.

Eggs—25c per dozen.

Cheese—Oregon full cream, 13c; Young America, 14c; new cheese 10c per pound.

Poultry—Chickens, mixed, $2.75 per dozen; hens, $3.75; springs, $2.00@3.50; geese, $6.00@8.00 doz; ducks, $5.00@6.50 per dozen; turkeys, live, 11c per pound.

Potatoes—50@60c per sack; sweets, 1½c per pound.

Vegetables—Beets, $1; turnips, 75c; per sack; garlic, 7c per pound; cabbage, 1½c per pound; parsnips, 85c; onions, $1.50@2; carrots, 75c.

Hops—New crop, 12@14c per pound.

Wool—Valley, 13@14c per pound; Eastern Oregon, 10@12c; mohair, 25 per pound.

Mutton—Gross, best sheep, wethers and ewes, 3½c; dressed mutton, 6½@7c per pound.

Hogs—Gross, choice heavy, $5.75; light and feeders, $5.00; dressed, $5.50@6.50 per 100 pounds.

Beef—Gross, top steers, $3.50@4.00; cows, $3.00@3.50; dressed beef, 6@7c per pound.

Veal—Large, 7@7½c; small, 8½@9c per pound.

San Francisco Market.

Wool—Spring—Nevada, 11@13c per pound; Eastern Oregon, 10@14c; Valley, 15@17c; Northern, 9@10c.

Hops—Crop, 1900, 14@17½c.

Butter — Fancy creamery 20c; do seconds, 17c; fancy dairy, 17 do seconds, 14c per pound.

Eggs—Store, 22c; fancy ranch, 26c.

Millstuffs — Middlings, $17.00 @ 20.00; bran, $14.50@15.00.

Hay—Wheat $9@13½; wheat and oat $9.00@12.50; best barley $9.50 alfalfa, $7.00@10.00 per ton; straw, 35@47½c per bale.

Potatoes—Oregon Burbanks, $1.00; Salinas Burbanks, 75c@$1.05; river Burbanks, 35@60c; sweets, 50@$1

Citrus Fruit—Oranges, Valencia, $2.75@3.25; Mexican limes, $4.00@5.00; California lemons 75c@$1.50; do choice $1.75@2.00 per box.

Tropical Fruits—Bananas, $1.50@2.50 per bunch; pineapples, nominal; Persian dates, 6@6½c per pound.

MYSTERY OF SHOE SIZES.

English and French Standards of Measurements Are Used.

Although every one has his feet measured for shoes, there are very few persons who know what the sizes marked upon the shoe stick mean. There are two shoe sticks in use in America and Europe. The stick used in the United States was originally English, and is still used in England. The rest of Europe uses the French stick.

The sizes on the English shoe stick were derived from the length of a barley corn, and they run three to the inch. The first mark on the stick, or size 1, is made arbitrarily, just four and one-half inches from the upright. Why this distance was fixed upon does not appear to be known. For some other reason which can only be guessed at the graduated part of the stick is again divided into two sets of numbers. These numbers begin at 1 and run up to 13, and then they begin again at 1 and run up to 13. The first numbers from 1 to 5 are known as infants' sizes, those from 6 to 10 as children's, from 11 to 2 as misses' sizes, from 2½ to 6½ as women's, and from 7 to 13 as men's sizes.

The French shoe stick is divided into a great many more sizes than the English, and the French shoemaker subdivides these again, as is done with the English sticks, into half sizes. There is no exact relationship between the markings on the two sticks, but the French size 16 corresponds to the English infants' 1, and their size 44 is the same as the English size 10 for men. A woman who wears a 2½ shoe by English measure would get a 34 or 35 by the French measure, and a man with a 7 foot by English measure would wear a 40 shoe in France. Over here the width of the shoe is designated by a letter, while the French use figures. The width AAA is the French 000. B is the French 1 and EE is the French 5 width.—New York Sun.

The Boy Who Lives Next Door.

The boy who lives next door
Has freckles on his face;
His ears are red and hang
Away out into space.
And when I hear a dog ki-yi
And see it flee in terror, I
Can quickly guess the cause—
'Tis merely that one more
Poor little victim knows
A boy resides next door!

He runs across the lawn
I've nursed with jealous care,
And, in the summer time,
Knocks down the flowers there!
It seems to give him pure delight
To yell around with all his might,
And every week or so
A pebble finds its way
Against a light of glass
For which I have to pay!

He has no teeth in front,
His hands are cracked and brown,
Twice he has nearly burned
Our summer kitchen down!
He calls to people: "Hey! Watch out!"
And when they jump he whoops about—
I used to think it God
Would take him from below
Up to the sky I'd try
To bravely bear the blow!

The little child whose love
Is all to me, one day
Was stricken suddenly
When I was far away—
The boy who lives next door forgot
To yell around, but ran and brought
The doctor to the bed,
And when I came, at last,
Shrank from me with a look
Of pity as I passed!

The boy who lives next door
Brought in his tops and gun,
And pocketfuls of trash
To please our little one;
He played beside my darling's bed,
Turned cartwheels and stood on his head,
And God was good to me—
Let's wait awhile before
We utterly condemn
"The boy who lives next door!"
—S. E. Kiser, in Chicago Times-Herald.

Not Unlucky in History.

Friday, which is regarded as a day of ill-luck by the rest of the world, ought to be considered the luckiest of all days for the Americans. Among the historic events that occurred on Friday are the discovery of America, Oct. 12, 1492, by Christopher Columbus, who had sailed on Friday, Aug. 3, 1492. He returned on Friday, and made the discovery of South America on Friday, June 12, 1494. John Cabot received his commission from Henry VIII. on Friday, March 6, 1496, which resulted in finding North America. Mendez founded St. Augustine on Friday, Sept. 7, 1505. The Mayflower landed on Friday, Dec. 22, 1620; George Washington was born on Friday, Feb. 22, 1732; on Friday, June 16, 1775, Bunker Hill was seized and fortified; on Friday, Oct. 17, 1777, Burgoyne surrendered at Saratoga, and on Friday, Sept. 22, 1780, Arnold's treason was discovered. Then came the surrender of Cornwallis, also on a Friday; and last, on Friday, July 7, 1776, John Adams moved in the Continental Congress that the United States "are and ought to be independent."—London Express.

Antiquated Law.

The militia laws of the United States were passed between 1792 and 1862, and many of the provisions now in force are a bit antiquated. For instance, it is still the law of the land that each militiaman "shall be constantly provided with a good musket or firelock, of a bore sufficient for balls of the eighteenth part of a pound, a sufficient bayonet, two spare flints, a box and not less than twenty-four cartridges," "or else with a good rifle, shot pouch and powder horn."

In Serious Danger.

"I'm willing to give a hundred dollars to find the man that started the story that I threatened to kill my boy," said the citizen with the red neck.

"I'll take the money," said his friend. "You started it yourself."

"What!"

"Just what I said. I don't know whether you remember it, but one day last week you told your boy you were going to civilize him. And then he told the other kids."—Indianapolis Press.

The coat of a horse is the gift of nature. The coat of a donkey is often the work of a tailor.

Something Out of Life.

It is not to be denied that each one is getting something out of life. The man who lives for mere dollars and cents is not getting the most out of life; nor he who lives for the indulgence of the bodily appetites, or pleasure only. No one can get the most out of life except by contact with his fellows.—Rev. T. B. Payne.

The Power of the Press

Is a common expression, but few realize its actual power. Great as is the influence of the press, it cannot begin to equal the power of Hostetter's Stomach Bitters over disease. The Bitters strengthens the stomach, purifies the blood, and cures dyspepsia, indigestion and constipation. It will tone up the nerves, stimulate inactive kidneys, and as an appetizer, it is unequalled. If you want to get well, and keep well, use Hostetter's Stomach Bitters.

Charity.

"There's a beggar at the door; shall I give him anything?"

"Give him our bath tickets that are left over. It's too cold now, anyhow."

The Best Prescription for Malaria Chills and Fever is a bottle of Grove's Tasteless Chill Tonic. It is simply iron and quinine in a tasteless form, No Cure, No Pay. Price 50c.

Traveling Libraries in Wisconsin.

There are 238 traveling libraries in Wisconsin, and the number is constantly increasing.

LIFE OF QUEEN VICTORIA.

Complete life of Queen Victoria. Best book, best terms. Outfit mailed free. Address S. C. Miller & Co., Portland, Or.

Origin of the River Jordan.

The river Jordan has its origin in one of the largest springs in the world.

ABSOLUTE SECURITY.

Genuine

Carter's Little Liver Pills.

Must Bear Signature of

Brent Good

See Fac-Simile Wrapper Below.

Very small and as easy to take as sugar.

CARTER'S LITTLE LIVER PILLS.

FOR HEADACHE.
FOR DIZZINESS.
FOR BILIOUSNESS.
FOR TORPID LIVER.
FOR CONSTIPATION.
FOR SALLOW SKIN.
FOR THE COMPLEXION

GENUINE MUST HAVE SIGNATURE.

Price 25 Cents. Purely Vegetable. Brent Good

CURE SICK HEADACHE.

Ohio's School Expense.

The state of Ohio expends $14,000,000 annually on its 1,200,000 school children. Of this fund Cincinnati pays $1,000,000.

Piso's Cure is the best medicine we ever used for all affections of the throat and lungs.—Wm. O. Endsley, Vanburen, Ind., Feb. 10, 1900.

Pointer for Liars.

A man who can tell a lie the same way twice is entitled to some credit.

TO CURE A COLD IN ONE DAY Take Laxative Bromo Quinine Tablets. All druggists refund the money if it fails to cure. E. W. Grove's signature is on each box. 25c.

Copper Deposits of Alaska.

The rich copper deposits of Alaska are beginning to be developed, the first shipment from the White Horse belt having been dispatched to Tacoma already. This belt, traversing a tributary of the Yukon, is 25 miles long and four miles wide. The ore is said to range from 25 to 75 per cent. copper and carries $6 to $10 per ton gold.

PREVENT AN ATTACK OF GRIPPE.

As a safeguard against la grippe it is well to cleanse the system with Garfield Tea, the Wonderful Herb Medicine.

No Typhoid in West Africa.

Inquiry made in Polynesian Islands, in New Guinea, and West Africa indicate that typhoid fever does not occur in those regions, but seems to be a by-product of civilization.

WOMAN'S DUTY.

In Justice to Herself, Her Husband and Her Children, Her Health Should Be Her First Consideration.

Thousands of women endure the tortures of living death and at last succumb to the diseases peculiar to their sex without knowing of the life and health which might be theirs if proper treatment had been used. How pathetic is the story of thousands of young mothers who every year are carried to their graves leaving little children to struggle alone in the world without the tender care and wise counsel of a mother. And how deplorable when it is known that there is a remedy so exactly suited to the needs of suffering women that it cures the most stubborn of their diseases.

Immediately after the birth of her first child in 1896, Mrs. Grace Campbell, of No. 391 Logan street, Grand Rapids, Mich., now 28 years of age, was afflicted with a complication of diseases. Her story, as told in her own words, follows:

"The birth of my first child left me in a deplorable condition. My system was broken down and I suffered from general debility. I was exceedingly nervous and rheumatism also troubled me. My appetite failed and the most delicate and inviting food failed to tempt me. I was thin and pale, and had neither energy nor ambition. My case had been growing steadily worse for two years. I had used several so-called remedies but found no curative qualities in them.

"In the summer of 1898 I was visiting my grandmother in Ludington, Mich., and there learned of the wonderful cures effected by Dr. Williams' Pink Pills for Pale People. I tried the pills and had not finished one box before I felt much better. I continued taking them through the year and the result was a perfect cure. I am no longer nervous or rheumatic and have more than regained my lost flesh. I certainly recommend the pills to all who need them and their results have always been beneficial."

MRS. GRACE CAMPBELL.

Subscribed and sworn to before me this 26th day of July, 1900.

B. F. BARENDSEN,
Seal. Notary Public.

At all druggists or direct from Dr. Williams Medicine Co., Schenectady, N. Y., on receipt of price, 50 cents per box; six boxes for $2.50.

Silken Garments in Ancient Days.

Silken raiment has a standing among the oldest garments in the world. Robes of that material were worn by men and women alike 2,500 years before the birth of Christ.

Stops the Cough and Works Off the Cold.

Laxative Bromo-Quinine Tablets cure a cold in one day. No cure, No Pay. Price 25 cents.

Will be as Light as Day.

More than 200,000 electric lights will be used to illuminate the Pan-American exposition.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Perfume as a Preventive of Cholera.

The cholera repeatedly during the last century visited London and Paris, but at no time was there a death from that disease among the operatives of the perfume factories.

BEST FOR THE BOWELS

If you haven't a regular, healthy movement of the bowels every day, you're sick, or will be. Keep your bowels open, and be well. Force, in the shape of violent physic or pill poison, is dangerous. The smoothest, easiest, most perfect way of keeping the bowels clear and clean is to take

CANDY CATHARTIC Cascarets TRADE MARK REGISTERED REGULATE THE LIVER

Pleasant, Palatable, Potent, Taste Good, Do Good, Never Sicken, Weaken, or Gripe, 10c. 25c. 50c. Write for free sample, and booklet on health. Address Sterling Remedy Company, Chicago, Montreal, New York. 322

KEEP YOUR BLOOD CLEAN

IF YOU WANT TO SELL YOUR RANCH List it with us. We are constantly increasing our number of Eastern and Alaska buyers. Address ALASKA-YUKON PROPERTY EXCHANGE CO., Tacoma, Wash.

CASTORIA

The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, Imitations and "Just-as-good" are but Experiments, and endanger the health of Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhœa and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

The Kind You Have Always Bought

Bears the Signature of

Chas. H. Fletcher.

In Use For Over 30 Years.

THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

SEED DEALERS.

SEEDS SEEDS

Send for Free Catalogue.

PORTLAND SEED CO., 135 Front St., Portland, Or.

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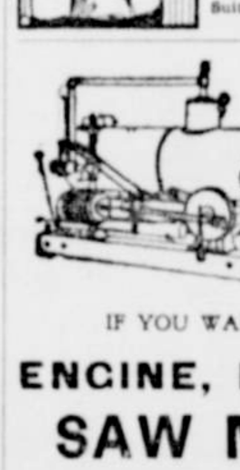

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