After the Cooling Process.

Don't cool off too quickly after being in an overheated room. If you do, you will need St. Jacobs Oil to cure Lumbago, which sets in very often after the cooling process. It relaxes the stiffened muscles.

An Immune.

Biggs—How is your daughter coming on with her music?

Boggs—I don't know whetehr she is improving or whether I am getting used to it, but I can stay in the house now while she is practicing.—Puck.

"Evil Dispositions Are Early Shown."

Just so evil in the blood comes out in shape of scrofula, pimples, etc., in children and young people. Taken in time it can be eradicated by using Hood's Sarsaparilla. In older people, the aftermath of irregular living shows itself in bilious conditions, a heavy head, a foul mouth, a general bad feeling.

It is the blood, the impure blood, friends, which is the real cause. Purify that with Hood's Sarsaparilla and happiness will reign in your family.

Blood Poison—"I lived in a bed of fire for years owing to blood poisoning that followed small pox. It broke out all over my body, itching intensely. Tried doctors and hospitals in vain. I tried Hood's Sarsaparilla. It helped. I kept at it and was entirely cured. I could go on the housetops and shout about it."—Mrs. J. T. WILLIAMS, Carbondale, Pa.

Scrofula Sores—"My baby at two months had scrofula sores on cheek and arm. Local applications and physicians' medicine did little or no good. Hood's Sarsaparilla cured him permanently. He is now four, with smooth, fair skin."—Mrs. S. S. WROTEN, Farmington, Del.

Hood's Sarsaparilla
Never Disappoints

Hood's Pills cure liver ills, the non-irritating and only cathartic to take with Hood's Sarsaparilla.

Rice Cultivation in Russia.

While rice has long been grown in Persia and the Trans-Caucasus, it was almost unknown in the interiors of Russia up to 1888, the supply being imported from India, and, as it was subjected to high duty, its use was naturally confined to the wealthier classes. Russia first commenced the cultivation of rice in the early 80s, and in 1888 the first steam rice-cleaning factory was opneed at Baku, and 1,612 tons were produced the first year. There has been a steady increase in the production of rice, and there are now five rice-cleaning factories in operation, and the annual product is more than 48,000 tons. The demand for rice has increased, and it is now generally used by the peasants throughout the empire. The quality of the native product is equal to that of the imported article. The residue is utilized, the broken grain being made into starch and the flour is given to hogs.—Scientific American.

A handy hitching post has a spring drum inserted in the top, on which is wound a cord with a snap hook at the outer end for attachment to the bridle, the spring pulling the rope into the post when not in use.

Milan has a curiosity in a clock which is made entirely of bread. The maker is a native of India and he has devoted three years of his time to the construction of this curiosity. The clock is of respectable size and goes well.

AN OPERATION AVOIDED.

Mrs. Rosa Gaum Writes to Mrs. Pinkham About it. She Says:

DEAR MRS. PINKHAM:—I take pleasure in writing you a few lines to inform you of the good your Vegetable Compound has done me. I cannot thank you enough for what your medicine has done for me; it has, indeed, helped me wonderfully.

For years I was troubled with an ovarian tumor, each year growing worse, until at last I was compelled to consult with a physician.

He said nothing could be done for me but to go under an operation

In speaking with a friend of mine about it, she recommended Lydia E. Pinkham's Vegetable Compound, saying she knew it would cure me. I then sent for your medicine, and after taking three bottles of it, the tumor disappeared. Oh! you do not know how much good your medicine has done me. I shall recommend it to all suffering women.—Mrs. ROSA GAUM, 720 Wall St., Los Angeles, Cal.

The great and unvarying success of Lydia E. Pinkham's Vegetable Compound in relieving every derangement of the female organs, demonstrates it to be the modern safeguard of woman's happiness and bodily strength. More than a million women have been benefited by it.

Every woman who needs advice about her health is invited to write to Mrs. Pinkham, at Lynn, Mass.

MACHINERY

For Mills, Mines, Shops and Farms; Steel Logging and Hoisting Engines; Hoe Chisel Tooth Saws, Albany Grease, etc.

TATUM & BOWEN

27 to 35 First Street Portland, Or.
24-26 Fremont Street, San Francisco.

PISO'S CURE FOR
CURES WHERE ALL ELSE FAILS.
Best Cough Syrup. Tastes Good. Use in time. Sold by druggists.
CONSUMPTION

NEWS OF NORTHWEST

A Budget of General News Gathered in Several Pacific Coast States.

Abandoned by Their Guides.

Francis A. Holterman, who has arrived at Seattle from Copper river, Alaska, tells a story of the fortunate rescue of himself and son by a missionary after they had been abandoned by Indians whom they had employed to guide them to the coast. Holterman, with his son, Bernard, James Morris and Anglo Jenkins, were prospecting on the Altsek river. Their provisions were reduced to a six days' supply, and they arranged with a party of Indians to guide them to Yakutat, about 50 miles down the coast. The Indians compelled them to leave their baggage behind. It was appropriated by the Indians. After taking Holterman and his party down the coast a short distance the Indian guides deserted them in the expectation that they would perish.

Mementos of Manila Bay.

The Spanish battle-flag and pennant presented to Olympia, Wash., by the United States cruiser Olympia have at length arrived at Washington's capital city. The flag is made of heavy bunting, and is 10x7 feet in dimensions. In the center is the coat-of-arms of Spain. It formerly flew from the mast of one of the Spanish vessels sunk in the harbor of Manila, on May 1 last by Admiral Dewey's fleet, and bears a card with the inscription: "Compliments of the gunners of the United States flagship Olympia, May 1, 1898, to G. B. Lane, mayor, from T. P. Toohey." The pennant is 30 feet in length, and varies in width from half an inch to seven inches.

Invalid Warrant Indebtedness.

Recently the local city officials and property-owners of Cheney, Wash., were greatly stirred up over threats made by owners of Cheney warrants to ask that a receiver be appointed for the city. Attorney F. C Robertson, of Spokane, has been engaged to furnish an opinion concerning the validity of the city's obligations. His report was made to the city officials. He contends that the $10,000 bonded debt and about $5,000 of the $34,000 warrant debt is valid. He further asserts that under the constituton of the state the $29,000 invalid warrant indebtedness cannot be validated at a special election, as it would be beyond the constitutional limit.

Bluestem vs. Fife Wheat.

Some years ago, says the Walla Walla Statesman, the raising of Fife wheat was all the rage among farmers, and many carloads were imported from Dakota, as No. 1 Fife always held the top price in the market, as it contained a larger percentage of gluten than our wheat. But of late years millers do not care for it, and winter Fife is quoted 1 cent below club or bluestem; still it is a good winter wheat, as there is little danger of its freezing out. Scotch Fife is still used as a mixture for export.

To Receive Baptists.

Tacoma, Wash., Baptists are making preparations to receive the returning delegates to the San Francisco meeting in May. A reception committee has been named and an effort is to be made to induce a large portion of the Eastern delegations to return by way of Tacoma. E. E. Rosling and Rev. William E. Randall, who are named on the reception committee, will go to San Francisco and will endeavor to induce the delegates to come home by way of the Sound. It is believed many of them will do so.

Close Season on the Columbia.

Fish Commissioner McGuire, of Oregon, has received a letter from Commissioner Little, of Washington, stating that he had reconsidered his intention not to aid in enforcing the closed season law on the Columbia river, and would use every possible means to see that the provisions of the law were carried out. This undoubtedly means that he will put a patrol-boat on the river. If not, Mr. McGuire, whose authority under the decisions of the courts extends from shore to shore, will enforce the law on both sides of the river.

A Washington Invention.

L. Harding, of Colfax, Wash., inventor of the Harding differential rolls system, has been successful in interesting the big machinery firm of Edward P. Allis Company in his patent. A 2,000-barrel mill is being manufactured using these rolls, for which a good royalty is paid. The system has had a thorough and successful test in the Colfax mills, of which Mr. Harding is head miller, and the prospects are bright for the success of the process.

Last Note Paid.

The last of many long-standing promisory notes against the First Methodist church of Spokane, has been settled. Within 15 minutes during a Sunday morning service, recently, $200 was collected with which to meet the obligation. With the exception of the church mortgage and a few trifling current accounts the church is now entirely out of debt.

Klamath's Means of Transportation.

Klamath county, Or., has three steamboats and one naptha launch and no railroad, except a logging road.

Decrease in Registration.

The Tacoma registrations book show a total registration of 4,354, a notable decrease over the total for 1898 and 1897. A year ago there were 5,454 voters registered for the spring election, and at the councilmanic election two years ago, the total vote was 4,559.

A mountain lion was killed recently four miles from Prairie City, Grant county, Or., the savage beast measuring 7½ feet from the nose to tip of the tail.

A Smelter Near Bossburg.

It is announced that a small smelter is soon to be erected on the Uncle Sam mine, near Bossburg, Wash. This smelter is to be built by the capitalists owning and operating the mine, and probably will cost between $15,000 and $20,000. The smelter will be of sufficient capacity to handle 100 tons per day. It is suggested by the owners that the day is coming when every mine will have a smelter.

Smallpox has made its appearance in Spokane, but it is thought that the disease can be held in check.

Kicked Against the Price.

A license to marry was issued to David Hull and Mrs. Ella Young, at Colfax. Mr. Hull is a farmer, and has undoubtedly passed "three score years and ten." He created much amusement among the clerks in the auditor's office when told that he would have to have a witness to testify to his age, and that of the prospective bride, by declaring: "They didn't have to do that 50 years ago." When called upon to pay $3 for the license he kicked and declared: "They only cost $2.50 years ago."

To Guard National Parks.

At the request of the secretary of the interior, the secretary of war has directed General Shafter, commanding the department of California, to send one troop of cavalry to the Yosemite park and one to the Sequoia and General Grant parks in California, to protect from destruction or injury by preventing trespassing either by cattle or sheep herders or timber thieves. Two troops of the Fourth cavalry, now at the Presidio, San Francisco, have been selected for this duty.

Old Alaskan Boundary.

News has reached Seattle that five Finlanders claim to have discovered evidences of the original Russian boundary line inscribed on a series of old mounds, which, if established, will place the Klondike country within the United States. It is stated that United States Consul McCook, at Dawson, will communicate with the Washington authorities regarding the matter.

Fruit and Hops All Right.

Fruit inspector A. H. Brown, of Washington, has returned to Seattle from a tour made in various parts of the county. He reports splendid prospects for fruit and hops. So far, nothing has been hurt by frosts, and the lateness of the season makes it pretty sure that no damage will result from this cause.

PACIFIC COAST TRADE.

Seattle Markets.

Onions, 80c@$1.10 per 100 pounds.
Potatoes, $28@30.
Beets, per sack, $1.
Turnips, per sack, 50@75c.
Carrots, per sack, 40@60c.
Parsnips, per sack, 75@85c.
Cauliflower, 90c@$1.00 per doz.
Celery, 35@40c.
Cabbage, native and California $2 per 100 pounds.
Apples, 60c@$1 per box.
Pears, 50c@$1.50 per box.
Prunes, 50c per box.
Butter—Creamery, 26c per pound; dairy and ranch, 15@20c per pound.
Eggs, 15c.
Cheese—Native, 12½@13c.
Poultry—Old hens, 14c per pound; spring chickens, 14c; turkeys, 16c.
Fresh meats—Choice dressed beef steers, prime, 8½c; cows, prime, 8c; mution, 9c; pork, 7c; veal, 6@8c.
Wheat—Feed wheat, $20.
Oats—Choice, per ton, $25.
Hay—Puget Sound mixed, $7.00@8; choice Eastern Washington timothy, $12.00.
Corn—Whole, $23.50; cracked, $24; feed meal, $23.50.
Barley—Rolled or ground, per ton, $25@26; whole, $23.
Flour—Patent, per barrel, $3.50; straights, $3.25; California brands, $3.25; buckwheat flour, $3.50; graham, per barrel, $3.60; whole wheat flour, $3.75; rye flour, $4.50.
Millstuffs—Bran, per ton, $15; shorts, per ton, $16.
Feed—Chopped feed, $21@22 per ton; middlings, per ton, $17; oil cake meal, per ton, $35.

Portland Market.

Wheat—Walla Walla, 57c; Valley, 59c; Bluestem, 60c per bushel.
Flour—Best grades, $3.20; graham, $2.65; superfine, $2.15 per barrel.
Oats—Choice white, 43@44c; choice gray, 41@42c per bushel.
Barley—Feed barley, $22.50; brewing, $24.00 per ton.
Millstuffs—Bran, $17 per ton; middlings, $22; shorts, $18; chop, $16.00 per ton.
Hay—Timothy, $8@9; clover, $7@8; Oregon wild hay, $6 per ton.
Butter—Fancy creamery, 50@55c; seconds, 45@50c; dairy, 40@45c store, 25@30c.
Cheese—Oregon full cream, 12½c; Young America, 13c; new cheese, 10c per pound.
Poultry—Chickens, mixed, $3@4 per dozen; hens, $4.00@5.00; springs, $1.25@3; geese, $6.00@7.00 for old, $4.50@5 for young; ducks, $5.00@5.50 per dozen; turkeys, live, 15@16c per pound.
Potatoes—$1@1.25 per sack; sweets, 2c per pound.
Vegetables—Beets, 90c; turnips, 75c per sack; garlic, 7c per pound; cabbage, $1@1.25 per 100 pounds; cauliflower, 75c per dozen; parsnips, 75c per sack; beans, 3c per pound; celery, 70@75c per dozen; cucumbers, 50c per box; peas, 3@3½c per pound.
Onions—Oregon, 50@70c per sack.
Hops—8@14c; 1897 crop, 4c.
Wool—Valley, 10@12c per pound; Eastern Oregon, 8@12c; mohair, 20c per pound.
Mutton—Gross, best sheep, wethers and ewes, 4c; dressed mutton, 7½c; spring lambs, 7½c per lb.
Hogs—Gross, choice heavy, $4.25; light and feeders, $2.50@3.00; dressed, $5.00@5.50 per 100 pounds.
Beef—Gross, top steers, 3.50@3.75; cows, $2.50@3.00; dressed beef, 5@6½c per pound.

San Francisco Market.

Wool—Spring—Nevada, 10@12c per pound; Oregon, Eastern, 10@12c; Valley, 15@17c; Northern, 9@11c.
Millstuffs—Middlings, $21@23.00; bran, $20.00@21.00 per ton.
Onions—Silverskin, 50@90c per sack.
Butter — Fancy creamery, 21@22c; do seconds, 20@21c; fancy dairy, 19c; do seconds, 16@17c per pound.
Eggs — Store, 14c; fancy ranch, 15c.
Hops—1898 crop, 15@16c.
Citrus Fruit—Oranges, Valencia, $2@2.50; Mexican limes, $5.50@6; California lemons, 75c@$1.25; do choice, $2.50 per box.
Hay—Wheat, $15@18.50; wheat and oat, $15@18; oat, $14@16; best barley, $12@13; alfalfa, $11@12 per ton; straw, 40@70c per bale.
Potatoes—Early Rose, $1.00@1.10; Oregon Burkanks, $1@$1.80; river Burbanks, 75c@$1; Salinas Burbanks, $1@1.10 per sack.
Tropical fruits—Bananas, $1.50@3.50 per bunch; pineapples, $2.50@4.50; Persian dates, 6@6½c per pound.

ADDRESS TO THE FILIPINOS

They Are Asked to Trust the United States.

HOME RULE PROMISED THEM

Protection of the United States Is Not to Be Exercised in a Spirit of Tyranny—America's Obligations.

New York, March 24.—The Journal's Manila correspondent cables to-day that the address to the natives of the Philippine islands, drafted by the American commission, in behalf of the United States government, and embodying the views of the president, has been made public. After being translated into all the native dialects, it is to be disseminated throughout the archipelago.

The address assures the Filipinos of the intention of the Americans to develop powers of self-government in the people. It explains that the Americans have assumed international obligations which would make them responsible to the whole civilized world for the stable government of the Philippines.

The commission, it is explained, is to interpret to the natives the purposes and intentions of the president toward them, and also suggests the establishment of such government as shall suit the capacity and requirements of the Filipinos and be consistent with the interests of the United States. The protection of the United States is not to be exercised in any spirit of tyranny or vengeance; but, having destroyed the Spanish power and accepted the sovereignty of the islands, the United States is bound to restore peace in the Philippines. To this end all insurgents are invited to lay down their arms and place their trust in the government that emancipated them from the oppression of Spain.

The majority of the commissioners incline toward giving the Filipinos a sort of tribal or provincial local autonomy, under a central government, which shall be military until a purely civil system is proved to be feasible.

NEWS OF HAVANA.

Cuban Assembly Will Probably Dissolve—Other News.

Havana, March 24.—The military assembly, owing to the absence of a quorum, held no meeting today. The feeling is now that, as it is clearly impossible for the assembly to raise funds for the use of the army, the most logical course, all things considered, would be to disband the army and dissolve. A motion to this effect will undoubtedly be made soon, and will provoke a hot contest. The Cuban generals, Diaz, Monteaguedo, Robau, Nodarse, Betancourt and Peraza, held another secret meeting tonight. It is supposed that, having consulted their commands, they are now ready to take the side of General Gomez against the assembly.

Orders have been issued to the police to confiscate all revolvers carried by civilians, and already the results are a large collection of miscellaneous arms.

At 8 o'clock this afternoon the temperature in Havana was 81 degrees.

General Weyler's decree suspending executions upon judgments will expire with the present month, and the situation, especially regarding mortgages, is somewhat complicated. Creditors and debtors alike, in anticipation of the expiration of the decree, have been petitioning Governor-General Brooke for weeks to take action with a view to an equitable adjustment. The form of a new decree has been carefully considered by General Brooke and his advisory cabinet, and the decree will be issued on or before March 31.

POWDER WORKS BLEW UP.

Three Men Killed and Several Hurt at the Dupont Plant.

Penn Grove, N. J., March 24.—Over 8,000 pounds of smokeless powder exploded today at the E. I. Dupont powder works, instantly killing three workmen and injuring a number of others slightly.

The shock from the explosion shook the country for miles around, and in this town heavy panes of glass were broken in many houses. The drying house and the storehouse were demolished, and other small buildings about the works damaged. Francis Dupont and his nephew were at work in the laboratory at the time of the explosion and were slightly injured by pieces of glass, but personally directed the care of the other injured and the recovery of the dead. The works have been running on large government orders for smokeless powder. The cause of the explosion has not been determined.

Fate of the Spanish Prisoners.

New York, March 24.—A special to the Herald from Washington says: Major-General Otis and the other members of the Philippine commission will decide whether or not the ransom of the Spanish prisoners held by Aguinaldo is to be permitted. As a result of representation by Ambassador Cambon and the National Red Cross Society, showing the deplorable condition of the prisoners, General Otis will be given power to act after advising with his associates on the commission.

Conference at Rome.

Rome, March 24.—The Chinese ambassador, Sir Chih Tehen, had a prolonged interview today with Admiral Canevaro, minister of foreign affairs, presumably regarding the Italian demand for a concession at San Mun bay.

Rome, March 24.—It is understood that the Chinese minister has informed the Italian government that China absolutely refuses to grant the demands of Italy for concessions at San Mun bay.

Berlin, March 24.—A petition was received at the foreign office here today, signed by all the Germans in Samoa, protesting vehemently against the retention of Chief Justice Chambers and the further maintenance of the Berlin treaty, which is characterized as no longer bearable.

Chicago, March 24.—A special committee appointed to confer with the Great Northern leaves for St. Paul tomorrow. The result, it is said, will largely determine the question of peace or war in transcontinental and Western passenger rates.

Summer and Winter Clouds.

Many must have noticed that in winter time the sky seems to lack the roominess and lofty arching of summer. It appears only cloudy, or partially cloudy, days to be nearer the earth than is the case on similar days during the summer months. That this appearance is no figment of the imagination is shown by recent investigations made at the Upsala observatory on the elevation of clouds. It is found that all varities of clouds float at a much greater altitude in summer than in winetr. The months of great elevation, at least in Sweden, are June and July.—Youth's Companion.

"Was Beatrice weeping because her husband had appendicitis?"

"No, she wept because he didn't get it until it was out of style."—Chicago Evening News.

Days of the Horse Numbered.

The greatest electrician in the world declares that the days of the horse are numbered, and that in a short time electricity will completely supplant man's most useful animal. In 20 years, he asserts, the horse will be a curiosity. Diseases of the stomach, liver, kidneys and blood would also be a curiosity if all sufferers would take Hostetter's Stomach Bitters. There would then be practically no dyspepsia, nervousness, sleeplessness, indigestion, constipation, malarial fever or ague.

In three years the progeny of a pair of rats, under favorable conditions, will number 1,000.

Piso's Cure for Consumption has been a family medicine with us since 1865.—J. R. Madison, 2409 42d Ave., Chicago, Ill.

A whale's weight has been estimated by Nilsson at 100 tons, equal to that of 38 elephants.

Make Your Liver Lively.

A lazy, languid liver keeps you in bad health all the time. Wake it up to lively action with Cascarets Candy Cathartic. All druggists, 10c, 25c, 50c.

Calhoun county, Ill., enjoys the peculiar distinction of not having a railroad, a telegraph or a telephone line.

He Attends to Business.

He attends to business who goes straight to work to cure Neuralgia by the use of St. Jacobs Oil, and saves time and money and gets out of misery quickly. He's all right.

The Indians of Paraguay eradicate their eyebrows and eyelashes, saying that they do not wish to look like horses.

To Cure a Cold in One Day

Take Laxative Bromo Quinine Tablets. All druggists refund money if it fails to cure. 25c.

Football was a crime in England during the reign of Henry VIII.

FITS Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for FREE $2.00 trial bottle and treatise. DR. R. H. KLINE, Ltd., 931 Arch street, Philadelphia, Pa.

Some of the stars move with a velocity of 50 miles a second.

When coming to San Francisco go to Brooklyn Hotel, 208-212 Bush street, American or European plan. Room and board $1.00 to $1.50 per day; rooms 50 cents to $1.00 per day; single meals 25 cents. Free coach. Chas. Montgomery.

Female fish of all species are considerably more numerous than males, with two exceptions—the angler and the catfish.

No household is complete without a bottle of the famous Jesse Moore Whiskey. It is a pure and wholesome stimulant recommended by all physicians. Don't neglect this necessity.

At Swedish weddings, among the middle classes, the bridegroom carries a whip. This is an emblem of his authority in the domestic circle.

SHAKE INTO YOUR SHOES.

Allen's Foot-Ease, a powder for the feet. It cures painful, swollen, smarting feet and instantly takes the sting out of corns and bunions. It's the greatest comfort discovery of the age. Allen's Foot-Ease makes tight-fitting or new shoes feel easy. It is a certain cure for chilblains, sweating, damp, callous and hot, tired, aching feet. We have over 10,000 testimonials of cures. Try it today. Sold by all druggists and shoe stores. By mail for 25c in stamps. Trial package FREE. Address Allen S. Olmsted, Le Roy, N. Y.

A Berliner has asked the permission of the local authorities to establish a public cemetery for pet animals. He believes it would meet a long-felt want.

JOHN POOLE, PORTLAND, OREGON, can give you the best bargains in general machinery, engines, boilers, tanks, pumps, plows, belts and windmills. The new steel I X L windmill, sold by him, is unequalled.

Both the czar and czarina are enthusiastic pedestrians.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Andrew Lang's favorite pastime is fishing.

FOR MEN ONLY.
DR. FOOTE & STAFF
161 ADAMS ST., CHICAGO.

Men requiring unsurpassed treatment should consult personally or by letter "Free" with the pioneer and only exclusive men's specialists in the United States. Diseases of men made the study of a life-time. Unfortunates everywhere should immediately communicate with Dr. Foote, of Chicago. Everything confidential. Remedies sent everywhere in sealed packages and letters in plain envelopes. Correspondence solicited. Latest Surgical, Medical and Electrical methods adopted. Defiguring the stomach with drugs abandoned. All such drugs recognized by the unauthorized and self-styled specialists in Western towns. Few genuine specialists locate outside of New York or Chicago. In these cities your private affairs are safe. Unequaled treatment for all diseases and weaknesses of the Genito-Urinary, Sexual, Reproductive and Nervous Systems. Impediments to marriage removed. "Syphalo" positively purifies the blood, cures syphilis and removes all white ulcers in throat or mouth, copper colored spots on body and eruptions on skin, also catarrh and rheumatism. "Vigorala," the only permanent restorer and invigorator, gives vigor to vital organs and nerves, prevents and cures grip. $1 per bottle, 6 for $5. Trial bottles, either remedy, half price.

The first woman has just received her degree of doctor from the university of Berlin. She is Miss Elsa Neumann and gained it "cum laude."

TAPE WORMS

"A tape worm eighteen feet long at least came on the scene after my taking two CASCARETS. This I am sure has caused my bad breath for the past three years. I am still taking Cascarets, the only cathartic worthy of notice by sensible people."
GEO. W. BOWLES, Baird, Miss.

CANDY CATHARTIC
Cascarets
TRADE MARK REGISTERED
REGULATE THE LIVER

Pleasant. Palatable. Potent. Taste Good. Do Good. Never Sicken, Weaken, or Gripe. 10c. 25c. 50c.
... CURE CONSTIPATION. ...
Sterling Remedy Company, Chicago, Montreal, New York. 313

NO-TO-BAC Sold and guaranteed by all druggists to CURE Tobacco Habit.

Way Up in It.

The fair young girl looked at the gilded clock on the mantel.

"I don't want to hurry you, Mr. Slowgo," she sweetly explained, as she met his questioning look, "but the fact is it is almost time for ma to come home from the club. And I just want to say this: If ma says, 'I move we adjourn,' don't you attempt to lay it on the table, or to raise a point of order, or anything else that's foolish, because you might as well understand, right here and now, that ma's simply a howling Jim-dandy when it comes to rules of parliamentary procedure, and don't you hesitate to recollect it!"—Cleveland Plaindealer.

Without Knowing It.

While sitting in a draft, without knowing it we may become sore and stiff from cold. We feel soreness and stiffness all gone after using St. Jacobs Oil, hardly knowing when.

He Invited It.

He—The thing I most admire in this world is perfect frankness.

She—Then let me tell you that you ought to shave off your goatee before you ever eat another soft-boiled egg.

Somehow the world seemed dark and dreary to him after that.—Chicago Evening News.

Little Courtesies.

There is something luminous about a child's definition. Every American will agree with the little lad in a board school in England, who, in an examination on Scripture subjects, gave an original answer to the question: "What can you tell me about Moses?"

"Please, sir, he was a gentleman," replied the little fellow.

"A gentleman?" repeated the inspector, "what do you mean by that?"

"Please, sir, when the daughters of Jethro went to the well to draw water, the shepherds came and drove them away, and Moses helped the daughters of Jethro, and said to the shepherds, 'Ladies first, please, gentlemen.'"

Judging the Man.

"They say Jobson has inherited $10,000."

"That must be a mistake."

"What makes you think so?"

"I saw him less than an hour ago and he was perfectly sober."—Chicago Evening News.

In Doubt.

Ethel—Did Will seem to be nervous when he proposed to you?

Frances—I don't know. The janitor had let the steam go down, and I couldn't tell whether he was nervous or merely shivering because it had got so cold.—Chicago Evening News.

THE BEST SPRING TONIC.

As winter passes away it leaves many people feeling weak, depressed and easily tired. This means that the blood needs attention and sensible people always take a tonic at this time of year. Purgatives are not the right medicine — they weaken instead of strengthening.

Dr. Williams' Pink Pills for Pale People are the best tonic medicine in the world and do not act on the bowels. They stimulate the appetite, enrich the blood, strengthen the nerves and make people feel bright, active and strong.

No one is better able to speak of this fact than Miss Hazel Snider, a charming young woman of Arlington, Ind. To-day she has rosy cheeks, sparkling eyes and a plump form, which prove that she is in good health. A year ago Miss Snider was very thin, her cheeks pale, eyes sunken and dull. She was troubled with nervousness and general debility. She says:

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