

ALCOHOL ESSAY IS WINNER HERE

Robert Strand Writes Outstanding Treatise On Alcohol in W. C. T. U. Contest

The essay written by Robert Strand on "Alcohol" in the W. C. T. U. essay contest was first place winner in Springfield and was outstanding in the entire county. For that reason we publish it in full.

Robert Strand is the grandson of Mayor and Mrs. E. H. Turner, is thirteen years old and is in the seventh grade.

The essay follows:

ALCOHOL

The reason people used alcohol was because it was good as a stimulant when a person was sick, but as time went on people used it when they weren't sick because they didn't know what it did to them. They thought as they were such prominent people it would not hurt them, but they were mistaken because alcohol has no respect for persons. Charles II was a great drinker and so was Charlemagne and Alexander the Great died at the age of 35 by drinking alcohol. In the eastern part of the United States the use of alcohol got so bad the women formed crusades and they closed up saloons and they did this to protect their husbands and children from the use of liquor.

Alcohol is a hindrance to work, even if all the working men that drink it deny the fact.

Dr. Parks, a great doctor, made an experiment to prove this fact. He took two groups of men both of the same weight, height and physical ability and put them separately but both doing the same work though.

One gang he gave beer when ever they wanted it and to the other he gave water. For a time all went fairly well but as time went the gang that drank the beer fell behind in their work and the one that drank water went ahead and then he reversed it. The ones that got beer before got water now and the ones that got water before were given beer and the same thing happened to them, the ones that drank beer fell behind and the ones that drank water went ahead and this proves that it is not good for the system to drink alcohol.

Professor Shaffenburg made an experiment in a German typesetter's shop. He took four men who were skilled typesetters. Two of them he gave alcohol, the other two he did not give it to for four days and they all were being paid,

but the ones that took the alcohol did not do such good work nor nearly so fast and so 10 percent was knocked off their wages. This proves that you can't drink and work efficiently.

A great marathon runner of Australia says, "Alcohol and running won't go hand in hand. I have sometimes won against a better man than I am because he trained upon alcohol and I did not," and this shows you can't use alcohol and be a leader.

During the Boer war the English soldiers under commander Trevis were marching a long distance and he found out that the first 30,000 soldiers that dropped out were drinkers. This would not be so good if all of them drank because then they could not keep their endurance up so as to win the war.

Many of the people of the United States sang "Happy Days Are Here Again," when the 18th amendment was repealed, but now they realize that motor accidents increase during the week-end due to so many drunken drivers. Most of the auto accidents are not caused by care-less driving but by drunken driving. Since then instead of being put out of business the bootleggers are doing a bigger and better industry and they are now selling 50 percent of the alcoholic beverages consumed in this country.

The source of ethyl alcohol is the decomposition of sugar. The dust goes through the air until it finds a good surface to light on and then it decays forming a carbon dioxide liquid called alcohol which in turn is called fermentation alcohols. It takes from 2 to 40 hours to ferment and around 45 degrees it is dormant and as high as 75 degrees it turns to vinegar and above 75 degrees it makes 17 7-10 per cent alcohol. It is made from different fruits and other things such as cherries, rice, corn, grapes, and oats. Light wines which are made out of grapes, fortified brandy is made out of wine and rum is made from molasses and gin from juniper berries. It is easy to take and easy to make, therefore people create a demand for it which they should not.

The good uses of alcohol are for perfumes, and it is also for scientists to keep things from decaying and it also polishes and it is for extracts, perfumes, films, silks, barometers, thermometers, anti-freeze and for heat and fuel such as canned heat and it is also used for antiseptic.

The effect of drinking ethyl alcohol is not seen but it is felt in such ways as in the nervous system because it makes you nervous and upset and affects the mind, first a little alcohol brightens the mind and then a little more makes it dull and still more makes it fade out altogether. It is just the same as opium, nicotine, cocaine or novocaine which is used by dentists to deaden the pain when extracting a tooth and that is the same way it effects the nerves.

Beer when drunk is readily absorbed in the stomach and therefore ruins the digestion.

Dr. Canton says the reason persons drink is because it seems to make life full of pleasure and worth

living but that is just to the drinker because he is not desired in the society when he drinks because the sober man does not like to be classed with a drunkard.

Drink paralyses the muscles and nerves of the eye; therefore affecting the vision. Hence he can not drive well and should not try. A man who has taken only a drink or two is more dangerous driving a car than a man who is obviously drunk because the man who has taken only a drink or two has no judgment of his self-control but a man who is fully drunk by some reason does not trust himself to drive a car, and so the other is most dangerous to passing people or other drivers. Also the drunkard cannot distinguish colors readily, red is the hardest and green is the easiest. Alcohol makes some drinkers happy and cheerful and some others it effects the reverse also it ruins your digestion because it dries up stomach juices which aid in digesting the food. In your body there are red corpuscles which indicate red blood and the white corpuscles indicate diseases because white corpuscles are formed to fight diseases and the more white ones there are the more disease there is to fight, drinking alcohol makes white corpuscles therefore we should not drink it.

To make a long story short if you want to be a strong, healthy boy or girl, or man or woman do not drink alcohol.

Upper Willamette

A number of young folks from Pleasant Hill went to Corvallis Sunday to attend the 4-H summer school. They were Isabella Mitchell, Jeanne Holcomb, Zona Miller, Cleona Aubrey, Elizabeth Holcomb, Myrna Laird, and Raymond Laird. They will be gone two weeks.

Mrs. P. N. Laird who recently underwent an operation at the Pacific Christian hospital has returned to her home at Pleasant Hill.

Mr. and Mrs. Fairfield came down from Portland Thursday to attend the funeral of the infant twins, a boy and a girl, of Mr. and Mrs. Floyd Fairfield. The babies were buried in the Pleasant Hill cemetery with graveside services. Mrs. Fairfield who was very seriously ill is at the home of her father Mr. McPeck at Coast Fork.

Miss Etta May Wagelin of Phoenix, Arizona, arrived Thursday to spend the summer with her mother Mrs. H. O. Wagelin, at the Tinker ranch.

Thomas Tinker of Redwood City, California a nephew of Mr. Tinker arrived Monday to spend his vacation in Oregon.

Florence Jordan, Lucille Jordan, Nancy Barnum, Ruth and Elva Brabham, Blanche Wheeler, Glover Kelsay, and Howard Parks returned from Monmouth Friday, June 7, where they have been attending Oregon State Normal school.

Bonnie Jeanne Tinker returned from Corvallis Friday, June 7, where she has been attending Oregon State college.

Sheldon Stutz who has been attending Washington state normal at Bellingham will return next week to spend the summer vacation with his parents at Pleasant Hill.

The Pleasant Hill picnic will be held Saturday, June 15. The Pleasant Hill Christian Endeavor will sponsor it this year.

Mrs. Mollie Kabler left Monday for an extended visit with her aged father in Kansas. She has not seen her father for years.

Mr. and Mrs. Roy Johns who teach school at Mayer, have come to spend the summer with Mrs. John's mother, Mrs. Edward Morningstar.

J. W. Fegles and daughter, Mrs. Cross and small son of Yakima, Wash., visited with Mr. Fegles daughter, Mrs. Lawrence Wheeler and family the past two weeks. They also visited with Bert Fegles and wife while here.

Mrs. Joan Eberhart has resigned her position as teacher in the Pleasant Hill high school as Mr. Eberhart has the position as coach at the Southern Oregon State Normal school.

Virginia Hutson is laid up with a sprained ankle.

Bobbie Olson is able to get about again after having an infection in his foot due to a spliver.

Here from Albany—Mrs. Gertrude Dowling of Albany was here Friday visiting with Mr. and Mrs. C. F. Eggimann.

SPRINGFIELD METHODIST
Dean C. Poindexter, Minister
"The Vicarious Bread," is the theme for the communion service at the 11 o'clock hour. The evening service at 7:30 will be on the subject: "How does one get religion?"

CALL FOR WARRANTS
Notice is hereby given that School District No. 19, in Lane county, Oregon, will pay at the office of clerk of said district, all warrants to and including number 4140, dated January 25, 1935. Interest ceases after June 14, 1935.
SEVERT JACOBSON, Clerk.

Stomach Gas

One dose of ADLERIKA quickly relieves gas bloating, cleans out bowels, and lowers bowels, allows you to eat and sleep good. Quick, thorough action, yet entirely gentle and safe.

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TOWN AND VICINITY

Ill at Home—Mrs. Horiae Nolte is reported to be ill at her home here this week.

Business at Albany—Jack Henderson made a business trip to Albany Tuesday.

Visitor from Camp Creek—Jesse Gates of Camp Creek was a visitor in Springfield Tuesday.

Breaks Arm in Fall—Mrs. Paul Hadley broke her arm Wednesday when she fell at her home.

To Portland—Harry Wright made a business trip to Portland Wednesday.

Leave for Klamath Falls—Merle Carr and Harold Geiger left Wednesday for Klamath Falls.

Westfir Folk Here—Mr. and Mrs. Reuben Shultz of Westfir were business visitors in Springfield Monday.

Visiting Parents—Mrs. Otis Spores of Yachata is here visiting with her parents, Mr. and Mrs. Guy Halsey.

Assisting Mother—Mrs. George Petersen of Irving is here this week assisting her mother, Mrs. H. E. Gerber.

Visit in Portland—Mr. and Mrs. W. E. Buell, Miss Evelyn Buell and Clayton Kirkland were visitors in Portland the first of the week.

Son Born—Mr. and Mrs. Howard Olson of Westfir are the parents of a son born to them at the Eugene hospital in Eugene on Monday, June 10, 1935.

Visits Parents—Miss Maxine Snodgrass came up from Albany to spend the week-end with her parents, Mr. and Mrs. Riley Snodgrass.

Major Operation—Richard Mason, son of Mr. and Mrs. C. C. Mason, underwent a major operation at the Pacific hospital in Eugene on Monday.

Noti Folk Visit—Mr. and Mrs. George Flynn, formerly of Noti, visited here Monday with Mr. and Mrs. Ted Lenhart while enroute north to British Columbia.

In from Camp Creek—Mrs. Almeda Steinmetz and four children are visiting at the home of Mrs. Steinmetz's sister, Mrs. Melvin Rainey, at Lacombe, Oregon.

Returns from Portland—Mrs. I. D. Larimer returned Sunday from Portland where she has been visiting with her daughter and son-in-law, Mr. and Mrs. Don Prairie.

Tonsils Out Today—Arnold and Gerald Proctor, sons of Mr. and Mrs. Stephen W. Proctor, had their tonsils taken out this morning at the office of a local physician.

Daughter Born Here—Mr. and Mrs. T. S. Russell of Leona are the parents of a baby daughter, Betty Jean, born to them at 320 "E" street, Springfield, Monday, June 10, 1935.

McKenzie Valley

A friendship shower at the Leaburg school was a complete surprise Wednesday evening to the honor guest, Mrs. L. S. Brown. This was also the last meeting of the year for the Leaburg school mothers club with Mrs. Carlson announced as hostess.

Mrs. Adaline Allingham, houseguest of Miss Belle Millican the past year left recently for Arizona.

Several family groups and close friends picnicked Sunday in the Deerhorn neighborhood, including more than 40 at the O. L. Stacy home, complimenting Janet Stacy's seventh birthday.

The Potter-Hucka families gathered at the C. E. Potter home.

A group of about 20 gathered at the home of Mr. and Mrs. Raymond Jack Sunday to picnic.

NOTICE OF FINAL SETTLEMENT
Notice is hereby given that the undersigned, Rika deBroekert, Administratrix of the estate of G. M. deBroekert, deceased, has filed her Final Report and Account as such Administratrix with the Clerk of the County Court of Lane County, Oregon; and that Saturday, the 13th day of July, 1935, at 10:00 o'clock in the forenoon of said day, in the County Court Room in the Court House at Eugene, has been set by the Hon. Fred Fisk, Judge of said Court, as the time and place for hearing objections to the same, if any, and for the final settlement of said estate.

RIKA deBROEKERT, Administratrix
WELLS & WELLS, Attorneys.
(Je 13-20-27-J 4-11)

NOTICE TO CREDITORS
Notice is hereby given that the undersigned has been duly appointed Executor of the estate of Hannah O'Neil, by the County Court of Lane County, Oregon; and all persons having claims against the said estate are hereby required to present said claims, duly verified as by law required to the undersigned, at the office of Wells & Wells, Attorneys, 203 Bank of Commerce Bldg., Eugene, in Lane County, Oregon, within six months from the date of this notice.

Dated and first published June 13, 1935.
EVERETT C. O'NEEL, Executor of the estate of Hannah O'Neil, deceased.
WELLS & WELLS, Attorneys for Estate.
(Je 13-20-27-J 4-11)

Ill at Home—Miss Sadie Leath is ill at her home this week.

Fish Sunday—Mr. and Mrs. Al Pohl and family spent Sunday on Fall creek. Fishing was enjoyed.

Return from Portland—Mrs. Olive Rebhan and daughter, Joy and Roberta, spent the week-end in Portland.

Visitors from Camp Creek—R. R. and M. J. Chase of Camp Creek were here Friday transacting business.

Here for Summer—Mr. and Mrs. C. L. Inman have returned home from Rainbow and will spend the summer here.

Recovering from Mumps—Miss Florence Fish is reported to be recovering now at her home following an attack of mumps.

Visits in Portland—Miss June Clover left Tuesday for Portland to spend a few days visiting with friends.

Take Out Tonsils—Gerald Roberts had his tonsils taken out Friday at the office of a local physician.

Cuts Foot—Miss Altie Manning severely cut her foot with an axe at the C. E. Campsite near Florence Saturday night.

GIRLS TAKE OVERNIGHT HIKE TO RIVER FRIDAY

Springfield Girl Scouts hiked to the Willamette river in the Garden Way district Friday evening for a picnic supper and then returned to Springfield and slept out on the lawn at the Gerber home. The outing was a part of their regular Scout work.

MARRIAGE LICENSES

During the past week marriage licenses have been granted by the county clerk to the following: Eli Delp and Athrea Baughman both of Goshen; Kenneth Ford and Hallie Brown, both of Lebanon; Richard Thomas, Junction City, and Edith Whitaker, Elmira; Myron Griffin and Elinor Fitch, both of Eugene; Laurence Buell, Marshfield, and Hilta Griffin, Eugene; Harry Wright, Springfield, and Ann Mildred Jacobson, Eugene.

BANKERS' ASSOCIATION STIMULATES ADVERTISING

The American Bankers Association's Advertising Department reports rapid progress of the use by banks of the informative bank newspaper advertising prepared by it for members to assist them in rebuilding public confidence and good will in their communities. The central theme of this advertising service deals with the "essential line of economic and social service that all sound banking inherently renders the depositor and the public," the report says, showing that "it is not banking laws which make banking useful and safe, but that it is honesty and skill in management under private initiative." The Advertising Department is supplying about a thousand members of the association with newspaper and other advertising material. The newspaper material totals about 50,000 advertisements annually. The growth of the work of the department is shown by the following figures: On September 1, 1934, the number of banks being served regularly each month was 623. The total number on April 1, 1935, was 924, an increase of 301 regular subscribers, or 49 per cent.

WAR ON BANK BANDITS

National Bankers Association Pressing Active Measures to Protect Members—Losses Cut

Imprisonment or death of many desperate bank criminals the past year has brought no appreciable reduction in attacks on banks, James E. Baum, in charge of the American Bankers Association Protective Department, has reported to his organization. In the six months ended February 25, 1935, he says, banks were targets for 169 daylight holdups and 40 night burglaries. He added that although banks that are not members number only about half those enrolled in the association, they suffered a far greater rate of attack, namely, 51 per cent of all the bank robberies.

Losses Show Decrease
During the period under report, bank burglars and bandits exacted tribute amounting to \$943,551 compared with losses totaling \$1,257,000 a year ago, he said. This reduction in losses is attributed to the time-locking restrictions and other limitations in the exposure of surplus cash imposed last year by underwriters and bank supervisory authorities. The sharp reduction in the material loss of money and securities resulting from bank robbery this year was "overshadowed by the killing of 2 bank employees, one bystander and 5 arresting officers," and since last August bank robbery also cost the lives of 15 criminals and caused physical injuries to 10 bank employees, 12 bystanders, 9 arresting officers and 8 bandits, a total of 62 casualties. Investigations by the association's agents resulted in the arrest of 36 fugitives, 42 bandits and one burglar, or 79 of the 141 bank criminals reported as being apprehended during the period.

Attend Rose Show—Mrs. M. R. Adams and Mrs. W. A. Taylor spent all day Thursday in Portland attending the Rose show, land attending the Rose show.

Assists at Postoffice—Ira Nice is replacing Walter Goslar at the postoffice while the latter is attending the annual encampment of the Oregon National Guard near Tacoma.

Attends Family Reunion—Mrs. M. B. Huntly spent the week-end at Corvallis and on Sunday attended a large family reunion gathering near McMinnville. Three hundred persons were present.

Returns to Work—Wallace Bradley has returned to his work at Enterprise in Eastern Oregon after spending the week-end here with his parents, Mr. and Mrs. Cyrus Bradley.

Home for Encampment—Dalton Thurman returned home from eastern Oregon during the week-end to accompany the National Guard company to their summer camp near Tacoma.

Parents of Son—Mr. and Mrs. Mike Dutchuk, former Springfield residents, are the parents of a son born to them at the Pacific hospital in Eugene on Friday, June 7, 1935.

Mother, Sister Visit—Mrs. Mabel Thygsen, mother, and Mrs. Louis Rosick, sister of H. O. Dibblee, and here daughter, Norma, were here over the week-end visiting at the Dibblee home. They have gone on to Los Angeles.

Here from California—Miss Era Dell Murphy, daughter of Mr. and Mrs. I. E. Murphy of Eugene, is here from Los Angeles visiting with her parents, and her brother and sister-in-law, Mr. and Mrs. D. B. Murphy, in Springfield.

Test Winners—The trio, Ned Simpson, Eugene, Ruth McClain, Hood River; and Fred Colvig, Medford, have alternated in first place in the four contemporary affairs tests given to senior students in journalism at the University of Oregon this year.

Leave for Grange—Mr. and Mrs. H. H. Myers and daughter, Lois, and Mrs. C. L. Inman, left Monday for McMinnville to attend the state convention of the Grange. Mr. Myers is master of the Mohawk-McKenzie grange and a delegate to the state meeting which opened Tuesday for four days.

Announcing

The purchase of the Practice, Instruments and Equipment of the late Dr. W. C. Rebhan by
Dr. Milton V. Walker
of Springfield.

The offices of the late Dr. Rebhan have been leased by Dr. Walker and will be occupied by him in the Fall.

Irish-Murphy Co.

Meat Delivery 8:30 A.M.

We have added to our service with early morning meat delivery at 8:30 a. m. to all parts of the town. Other deliveries will be along with the regular grocery delivery.

Our meat department is becoming more popular all the time and has gained a reputation for high quality meats.

CARNATION Rose Ware OATS Premium. Per Pkg. 29c	KERR'S Hot Cake FLOUR 9 Lb. Sack 39c
Post Toasties Package 6c	EAGLE WHITE SOAP 10 Bars 19c
ARMOUR'S Corn Beef 12 Oz. Can 13c	DIAMOND "A" Tomato Juice 2 for 23c Dozen 79c

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The Willamette Press

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