THE SPRINGFIELD NEWS
highways and motor vehicles
Slowly but surely we are maling progress in the effort mobile and the paved r

May which makes it unlawful for anybody to drive so slowly as to impede or block the normal movement of traffic. The prudent, is increased to 45 miles an hour. Slowly legisla-
tors are learning that it is carelessness, not speed, which is dangerous.
$\qquad$
$\qquad$ the value of highways and motor vehicles in the United
States is now around thirty billion dollars. We spend, as a people, eight billion dollars a year for the operation and $27,000,000$ autos. We buy 14 billion gallons of "gas" and dred million dollars. Outside of that, the cost of maintain-
ing improved highways is about $\$ 200,000,000$, to the taxpayers at large. But everybody benefits by good roads and motor transportation, whether he runs a car or not.

Many Bend people are buying cherries and berries from the residents of the McKenzie valley, according to a news relamette roads as commercial highways connecting easte
and western Oregon is generally overlooked. This state divided by a mountain barrier which the completion two roads will partially
tween the two sections.

Bankers whom we have talked to about the Commercial State Bank closing express the belief that the bank has an
excellent chance of paying out nearly 100 per cent to depositors. Stockholders, however, it is the opinion, will pro-
bably receive little or nothing. While there is inconvenience of having ones funds tied up there is a likelihood that
depositors will not suffer a great loss. This should b heartening to the community

A trip through the commercial gardens along the M
Kenzie and Willamette rivers in this vicinity will do Kenzie and Willamette rivers in this vicinity will do any
bodys heart good who enjoys seeing things grow. Lettuce bodys heart good who enjoys seeing things grow. Lettuce,
radishes, beets, cabbage, potatoes and several other crops ly no place on earth is better blessed for growing food stuff
than our river bottom lands, both for quality and quantity. If we had half as many school districts and twice as good Meier wants to do some probing and saving money for th is room for much great
$\qquad$
$\qquad$ this country

## up in Washington

Portland's building inspector reports that there is about
500,000 worth of construction work going on in that

[^0]
seven lane youths
to atteno


GOOD ICE CREAM

EGGIMANN'S


Balanced Diet
Is Not a Rule to be Suspended in Summer

Make Meat the Center of the Balanced Meal

INDEPENDENT MEAT CO
PRATT Holvere 63
A big health secret in
Electrical Refrigeration

blbctric refrigeration bureau


[^0]:    I have frequently had patients assure me, "no, doctor,
    haven't any blood-pressure," meaning that they have no
    high tension in that department. I generally correct them
    gently, by saying that gently, by saying $t$
    For all beings with

    ## The condition-high

    its cause
    the cure
    impossible
    So, if blood-pressur
    look after the kidney
    look after the kidney
    The "change of
    times accompanied
    gard this sort of manife
    hat is, before a brain he
    as set up. This possib
    as set up.
    bring low tension. Weakened, relaxed muscles usualy ly respond to treatmeth, and should not cause alarm. The
    hardened arteries of the aged cause what may be termed normal high tension,
    alarming symptoms.
    in the matter of $h$
    ately, rather than
    are of too much importance in the human disorder. Meats
    at least twic regardless of "your dentist.

