

Students Win Prizes in Narcotics Contest Conducted by W.C.T.U.

The first prize of two dollars for the best paper written on the perils of narcotics in the contest conducted among the students of the Springfield schools by the Women's Christian Temperance Union was awarded to Donald Hawke, student in the eighth grade at the Lincoln school. Melba Lowery, of the seventh B and Lella Clark of the eighth A tied for second place and were awarded one dollar each.

The essays written by the students were sent to Portland and judged at the state headquarters of the Union. Honorable mention was given to the essays written by Juanita Seamens, Mack Smith, Lella Peterson, Margaret Dyer, Milton Doane, Melba Harris, and Marceline Seavey.

Donald Hawke's essay is being entered in the state-wide contest for a prize of ten dollars. It will be printed as soon as the state contest is over and it is returned to Springfield. Melba Lowery's and Lella Clark's stories are printed below:

Smoking and Preparation for Life's Work.

By Lella Clark, 8A.
The most important thing in our lives is to keep our bodies in a healthful condition. I am getting plenty of fresh air and sunshine, and outdoor exercise. I am doing this so I will be a strong, healthy woman when I grow up and will be able to make a good living and be a comfort to others. I eat nourishing foods and wear the right kind of clothing each day so that I will be strong and healthy in the years to come.

My education will help me to become successful in whatever business I may choose. I am developing my brain by thinking things out for myself instead of being dependent upon some one else.

I am trying to form good habits and to associate with a good class of people so that I may be useful to others as well as myself.

Boys who begin to smoke cigarettes think it is very manly, but if they would only realize the harm they are doing themselves, they would never begin such a habit. They then begin to associate with bad company, commit crime, and cause misery to a great number of people.

They become careless and that is the cause of so many forest fires and the loss of many lives of people. A person who smokes becomes filthy and does not care how he looks. Teachers of institutions of learning say that the students that smoke are dull and stupid and never rake good grades in school. People who smoke do not smoke the smoke the same number each day, they smoke more every day. The smoking of a single cigarette will increase the pulse from ten to fifteen beats. Tobacco hardens the arteries, causes cancer, and insanity. It causes diseases of the digestive organs, lungs, nervous system, head, eyes and brain.

Every fifty cents that is spent for a pupil's education, one dollar is spent for tobacco. If tobacco was not used, three billion dollars would go into the homes of the United States each year. It is estimated that over two hundred billion cigarettes are smoked in a year, and more than three billion dollars is spent for tobacco each year in the United States. Is it any wonder that we have hard times when that money is thrown away annually for tobacco.

I am going to set a good example by not getting into the filthy habit of smoking cigarettes, for they tear down my body as I build it up.

Smoking and Preparation for Life's Work.

By Melba Lowery, 7B.
I am not thinking of just today but for the future. Health means so much to you and to me that I cannot explain it. It is better any day to have a good strong healthy body than all the money in the world, of course, you or I could buy a number of things in the world with the money, but that is not the point. If you want to be a good citizen, what do you need? An old shriveled up body is not going to do the world any good at all. To have a clean healthy body means a great deal more to us than we think it does.

Another thing in life which helps us is a good education. If we want to be in good health we must have a good education to know what health is and what it means.

One reason why I want to have a good education is when I have to support myself I want a position that is worth while.

Besides having a clean healthy body and a good education I must possess good habits. Kindness, cleanliness, thoughtfulness and truthfulness. All these things are important. Employers want someone they can depend upon. Good habits are necessary. Even in everyday life, at home, at school, or on the street.

Any good habit is a habit worth while.

There are also many things that tear down the body. One of the worst is the cigaret. Do you know worst is the cigaret. Do you know dirty cigaret.

Young men and women sometimes think it is smart to smoke. They say "Oh, I can quit any time I want to" and so they go on. It soon becomes a habit. A habit which makes you become a slave. Just think, a little bunch of rolled tobacco with a little paper around and it becomes your worst enemy. It doesn't seem possible, but it's true. It dulls the brain, it makes the heart beat faster, and the arteries become hard. In fact, it affects all parts of the body in time. Smoking leads you to stealing, and a life of crime. Then all the pleasure of life is gone.

I am not going to let that cigaret get the best of me.

Do you know that about three-fifths of the deaths are caused by smoking? Did you ever notice that people who smoke cannot stand sickness or hardships as well as non-smokers? If they have any serious disease they rarely recover.

What are the boys and girls going to school for? One reason is to learn what a harmful thing it is to smoke. Then they turn right around and do it.

One cigaret firm scatters cigaret around a school building in Rochester, New York. They do that so some young boys or girls will start the habit. If they cannot get them to smoke in grade school, they will try to get them in high school. If it is not a success there, they will go to the universities. They often send out a young man to get the names, addresses and birthdays of the non-smokers. When their birthday arrives they send them a carton of cigarets.

Ninety per cent of the smokers in high school get discouraged and quit, for they cannot keep up in their work. Their highest average is 78 per cent.

Some of the men who work in a tobacco firm offer a great sum of money to their sons if they do not smoke until they are thirty. They know then if they wait so long they will never form the habit of smoking. No great athletic champion of any kind will smoke, so you see if even the champions do not smoke it must be and is the wisest plan to pay no attention to that dirty cigaret.

UNIVERSITY HI GIRLS TO ENTERTAIN LOCALS AT DANCE TOMORROW

Twenty-five members of the Springfield high school girls' league have been invited to attend a matinee dance given in their honor by the girls' league of the University high school at Eugene tomorrow afternoon at 3 o'clock. Some time ago the Springfield girls' league entertained the representatives of the Eugene and University high school girls' leagues, and two weeks ago, the girls of Eugene high school entertained the locals.

The girls who will go to Eugene are Esther McPherson, Elsie Cooper, Irene Jeter, Bernice Cline, Lena Frizell, Ethel Spencer, Ruth Bettis, Lucile Richmond, Audrey Moskap, Beth Johns, Maxine Snodgrass, Margaret Swartz, Louisa McDowell, Nellie Wright, Maude Brattain, Evelyn Manley, Irene Manley, Bessie Stewaar, Angeline Severson, Tress Mattison, Faye Fisher, Audrey Smith, Iris Harper and Frances Frizell. Miss Frances Hodge, advisor of the girls' league, will accompany the group to Eugene.

NAME SUMMER LEADERS FOR GIRL SCOUT GROUP

Plans for summer work of the Springfield girl scouts were discussed at a meeting of women interested in the organization at the home of Mrs. Clayton Barber Friday afternoon. Mrs. O. H. Jarrett is the president of the group in charge of the girl scouts, and the others include Mrs. Carl Olson, Mrs. W. K. Barnes, Mrs. C. O. Wilson, Mrs. Clayton Barber and Mrs. Clark Wheaton.

The girls of the organization are now working on exhibits of wild flowers to be shown in Eugene soon. The girls and their mothers have been invited to attend a tea given in Eugene Mothers' Day, May 12.

The leaders for the Springfield girl scouts during the summer will be Mrs. Austin Lesselle, Mrs. Clifford Wilson and Miss Audrey Danner. Miss Alta Manning, their present leader will not be here during the summer.

Girls to Play Baseball

The Springfield high school girls' baseball team is practicing in preparation for its first game against Pleasant Hill school here next Tuesday. The girls have a number of games scheduled with Willamette valley high schools. They are being coached by Miss Maurine Lombard.

VERY LATEST

By CECILE.

Since it is the vogue to be coated regardless of the weather—summer developed in a number of interesting fabrics.

A new note is the coat of matching taffeta worn over georgette or chiffon. And extremely new and chic—and as practical as it is decorative—is the coat of braid illustrated. Here, upon a foundation of sheer white rayon crepe, rows and rows and rows of fine rayon braid are stitched on diagonally—and we have the perfect ensemble coat for the black, white or black-and-white frock, as well as a smart separate coat for wear over any spring or summer costume.

Another novelty of the season is the short cardigan jacket of printed velvet worn over a sleeveless frock of plain chiffon.

Needs Two Cots

New Orleans, La., Apr. 9.—Harry Baudot, weighing 346 pounds, claimed he was too fat and unsteady on his legs to be a bootlegger, but a verdict of guilty was returned anyway. The attorney for Baudot arranged for two cots at the jail for his client.

Capelet Motif a Favorite

Often and in many different forms you will see the becoming little capelet this season, for this youthful theme has stamped itself upon coats and frocks with equal favor.

Coats of silk of creponette, of tweed, of satiny broadcloth all welcome the capelet. Likewise frocks of chiffon, flat crepe or cloth. Sometimes the cane is little more than a large circular collar, or it may divide itself into three little circular flaps. Again it comes well down around the shoulders. If slim and youthful—you will make the most of the capelet motif.

Light weight velour in the softest, loveliest pastel shades is used for the more luxurious dress coats of spring. Usually these models are fur-trimmed, preferably with flat, pliable furs that are not warm-looking or cumbersome.

The coat illustrated is one of Henri Bendel's own designs in mauve velour, with a white astrakan collar cut on the Vionnet lines. The hat of matching felt has the flat coque feather trimming which is a motif of the moment.

Squirrel a Popular Summer Fur—Squirrel—both natural gray and bleached squirrel which resembles the more expensive summer ermine—is

Juvenile Circle Meets—The Juvenile Circle of the Neighbors of Woodcraft held its regular meeting last Saturday afternoon in the W. O. W. hall. The youngsters spent the period in practicing drills for the convention of the Neighbors of Woodcraft, which will be held here next month. Refreshments were served.



extremely popular for use with light-weight woollens. Gray lends itself charmingly to the new shades of blue and black; the soft, creamy-tan skins are used with darker blues, black and certain of the beige tones.

Sun-Tan Colors in Hose

Sunworshippers truly are the followers of fashion today—for gloves and hose are supposed to match one's "sunburn"; new shades in silks run to the suntan tints and summer flesh tints are accentuated in every conceivable way in fabrics and accessories.

Especially do the sun shades find themselves popular in hosiery. From palest rose tints to deep copper-colored shades—according to the way YOU tan—should be the color range of your hosiery. Unless, of course, you happen to be what is known as "stout." Then sun-tans are too robust; heiges with a strong accent of gray are preferable.

Portland Man Here — Theron B. Sausser and small son of Portland visited last Saturday at the home of Harry B. Stewart.

To Visit in Los Angeles—Mrs. M. T. Smith leaves today for Los Angeles, where she will spend two months visiting with her daughter, Mrs. Faye Johnson.



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Kennett at Medford—G. W. Kennett left Wednesday on a business trip to Medford.
Mrs. Peplot in—Mrs. Elmer Peplot and baby of Leaburg were Springfield visitors Wednesday.
Eggmann Goes Fishing—C. F. Eggman spent Wednesday on a fishing trip to Cushman Lake.
Here From Waltherville — Mr. and Mrs. Lawrence Milligan of Waltherville were visitors in Springfield Wednesday.
L. ST.—\$20 bill Wednesday afternoon between Cash and Carry and Mill street. Leave at News Office. Reward. It

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