



THE HOSTESS SERVES PINEAPPLE

ALMOST any woman can be a charming hostess, given a day in advance to study her role. But the real hostess is the one who can prepare an attractive luncheon or dinner in a jiffy and make the unexpected guest, whom she husband has a habit of bringing along, feel as if he were expected.

And nine times out of ten, the hostess who has spent only a little time in preparing the dinner, finds that she is enjoying the dinner event far more than if she had spent the day in the kitchen fussing, cooking, and preparing the dishes with elaborate care.

A very real aid to the hostess who must be prepared at all times for friends at meal time is a shelf full of canned Hawaiian pineapple. First because it can be used in such a variety of attractive forms and is so tasty and wholesome, and second, because it can be prepared with the least possible expenditure of time. It takes only one minute to open a can of pineapple and pour the golden slices in a fruit bowl, which is the simplest way of serving it. And it takes only half an hour, if one is skillful, to make a criss-cross pineapple pie which is a work of art.

The meat often constitutes the most serious problem, when one has ordered, say, chops for the family, and the arrival of guests suddenly doubles the size of the family. Probably there is plenty of bacon in the ice-box, and if so, the hostess may put away the chops and in a few moments have a platter of crisp bacon with pineapple served on curly lettuce leaves that has all of the earmarks of a very special occasion.

It is prepared by first frying 12 strips of bacon, pouring off the fat as it forms in order that the bacon may be dry and crisp. Remove to a hot platter and keep hot. Season a little flour with salt and pepper. Dip the luscious slices of Hawaiian Pineapple, (or the contents of a large can) into the flour and cover both sides. Brown in a very little hot bacon fat. This may be served with crisp cold lettuce.

A pretty fruit cup is quickly prepared and often adds a touch of festivity to a meal that is otherwise not unusual. The hostess who enjoys arranging something both artistic and delicious to taste will resort to Grapefruit Hawaiian. The grapefruit is cut in halves crosswise, then the center membrane removed and the sections loosened with a sharp knife. Notch the top edge of the fruit. Sprinkle the grapefruit with powdered sugar and fill the centers with the contents of a medium size can of crushed pineapple. Chill before serving and top with a maraschino cherry.

Marshmallow and Pineapple Dainty is a light and delectable dessert if the meal has been a hearty one. Whip 1 cupful of thick cream, add 1/4 pound of marshmallows cut in quarters, and the contents of 1 can of Hawaiian sliced pineapple cut in small pieces.

A similar individual dessert is pineapple syllabub. Beat up the whites of 3 eggs stiffly, add gradually 2 tablespoonfuls of sugar and a teaspoonful of vanilla extract. Whip up 2 cupfuls of thick cream to a stiff froth and fold in, a spoonful at a time, the eggs and sugar. Add gradually one med-

ium size can of crushed Hawaiian pineapple. Chill and serve.

But probably, if the meal were somewhat hastily prepared, it has not been an over-heavy one, in which case it will be well-balanced by a pie for dessert. Pineapple pie is fast becoming the universal favorite which old-fashioned lemon pie has always been, because it has that tart flavor so desirable in pastry, and many prefer the unusual taste of pineapple in pie to lemon.

Prize-pineapple Pie, so-called because it was awarded first prize at a Cleveland food show, is made in the following way: Mix 1/2 cup sugar, 1/2 teaspoon salt and 2 tablespoon cornstarch and slowly add hot milk. Cook in double boiler until thick and cornstarch is thoroughly cooked, or about 40 minutes. Pour on two egg yolks, return to double boiler and cook until the eggs thicken, or about 3 minutes. Cool and add contents of buffet size can of Hawaiian Crushed Pineapple and 1/2 teaspoon vanilla. Pour into a baked crust and cover with a meringue made of 2 stiffly-beaten egg whites and 2 tablespoon powdered sugar. Brown quickly in a hot oven.

If one likes, strips of the pastry may be used criss-cross fashion over the top of the pie, instead of making meringue.

With at least one of these dishes on her menu, the hostess may sit down with the assurance that her guests are going to have something that will be good to see, good to eat, and good for health, and it is easy then to devote herself to the business of being charming.

About Your Health

Things You Should Know



by John Joseph Gaines, M. D.

COFFEE.

My readers doubtless feel that, all has been said about the national morning beverage, that can be said. There is an old adage, I recall distinctly—"If you can't say anything good, say nothing." Discussing my old friend, I shall mention only the virtues.

Who has not found relief from distressing headaches in the amber cup—especially on extended journeys? Ask the soldier on the strenuous march, or after the hard-fought battle; ask the laborer in whatever field his endeavor is expended; ask the excursionist, the vacationist on his camping trip, if coffee isn't a genuine blessing undisguised.

Most everybody knows that caffeine is the alkaloid of coffee—a heart and nerve stimulant of exceedingly dependable action. The physician prescribes caffeine with absolute confidence, in neuralgia conditions, to offset the depressing influence of more powerful pain-relievers; there is no more reliable drug.

People that have high blood-pressures from other causes, should always proceed under the advice of the capable physician; here, coffee may be prohibited; but, that coffee is a cause of high blood-pressure, I cannot believe; if it were, there would be nothing easier of cure than the tension produced by the drug—simply by abandoning the cause. I do not believe there is a "coffee habit" any more than I believe in a milk habit, or a meat habit, or a bread habit.

Coffee for breakfast only, is a good rule for users. One cup is quite sufficient for the adult. Children do not need stimulants. Mild, black coffee is easier for the stomach than when creamed and sugared.

Sent to Jail

Jack Jennings, who pleaded guilty of driving while intoxicated, thus causing a collision of his automobile and the Eugene-Springfield bus in West Springfield, Tuesday was sentenced to serve 60 days in the county jail and pay a fine of \$100. Jennings was tried in Justice Wells' court in Eugene.

Divorce Filed

Suit for divorce was filed in circuit court yesterday by George H. Borderick against Ethel Borderick. Borderick asserts desertion. Mrs. Clara Sprenger began suit against Clate Sprenger for a divorce and \$100 a month alimony for the support of her two minor children. Mrs. Sprenger charges cruel and inhuman treatment.

NOTICE

Notice is hereby given, that School District No. 19, of Lane County, Oregon, will pay at the Office of the Clerk, City Hall, Springfield, Oregon, Warrants No. 1225, to 1246 inclusive. Interest ceases after Nov. 20th, 1926. R. W. SMITH, District Clerk. N 18

NOTICE is hereby given that the State Land Board of the State of Oregon will receive sealed bids at its office in the Capitol building at Salem, Oregon, up to 11:00 o'clock A. M., February 15, 1927, for all the State's interest in the hereinafter described shore lands, giving however, to the owner or owners of any lands abutting thereon, the preference right to purchase said shore lands at the highest price offered, provided such offer is made in good faith, also reserving to the Board the right to reject any and all bids.

Said lands are situated in Lane County, Oregon, and described as follows:

Beginning at the corner to fractional Sections 19 and 20, on the West shore of Triangle Lake, in T. 16 S. R. 7 W. Willamette Meridian, and running thence along U. S. Government Line,
N. 59° W. 8.00 chains
N. 34°00' W. 2.00 chains
N. 57°00' W. 8.00 chains
N. 28°00' W. 1.50 chains
East 4.96 chains to present lake shore.

S. 60°00' E. 5.16 chains along present lake shore.

S. 83° E. 3.06 chains along present lake shore.

S. 62° 45' E. 4.50 chains along present lake shore.

S. 41°54' E. 3.92 chains along present lake shore.

S. 49°26' W. 147 chains along present lake shore to place of beginning containing 5.14 acres.

Applications should be accompanied by check or draft for the amount of bid and should be addressed to G. G. Brown, Clerk of State Land Board, Salem, Oregon, and marked "Application and bid to purchase shore lands."

Dated at Salem, Oregon, November 15, 1926.

G. G. BROWN, Clerk of State Land Board.

N 18-25: D 2-9-16-23-39: J 6-13-20

Pass Still Open
Private cars are still negotiating the McKenzie Pass successfully, according to word received from the upper McKenzie country. The Pass for time has been closed or stages, but is not impassible.

Benefit Concert
Arah Hoyt Rae, contralto, assisted by Mila Barger, soprano, and Gwendolen Hayden, violinist, will be heard in a benefit concert at the First Baptist church, Eugene, November 23 at 8 o'clock. Proceeds to go to the Baptist church building fund.
Admission: Students and children 35c. Adults 50c.

CALL AND SEE Dr. N. W. Emery on prices on plate and other work. If

The Medford city council has decided to sell \$425,000 more bonds of the \$975,000 issue on December 14 next, as this sum, in addition to the \$500,000 in bonds sold a year ago, will be found ample to complete the new waterworks system, which will be a saving of \$50,000 over the original estimate of cost.

Fourth class postmasters in Oregon have been named by Postmaster-General Harry S. New as follows: Thomas Bracken, Crescent, Klamath county, vice Mrs. Myrtle Tyler, removed; Kinzie Albert, Lena, Morrow county, vice Waldo L. Vincent, resigned; David R. Crow, Narrows, Harney county, vice Joe Morris, resigned.

Two Injured Hands
Charles Myers and F. M. Mulligan sustained injuries to their hands while working at the Booth-Kelly mill this week. Myers was hurt yesterday and Mulligan on Tuesday.

O. E. S. Members Visit
Twenty-five members of the Cottage Grove chapter of the Order of the Eastern Star visited the Springfield lodge at Tuesday night's meeting. A supper and program were enjoyed. Mrs. W. C. Wright and Mrs. Paul Basford being in charge.

P. T. A. To Meet
The Parent-Teachers Association will meet tomorrow afternoon at the Brattain school. The playshed built by the association on the school grounds is now complete, and will be inspected at the Friday meeting.

Wife and Husband Both Ill With Gas

"For years I had gas on the stomach. The first dose of Adierka helped. I now sleep well and all gas is gone. It also helped my husband (signed) Mrs. B. Brinkley. ONE spoonful Adierka removes GAS and often brings astonishing relief to the stomach. Stops that full, bloated feeling. Brings out old, waste matter you never thought was in your system. This excellent intestinal evacuant is wonderful for constipation. Flanery's Drug store.



Thanksgiving Delicacies

"Course you know—just as well as we know—that a fine Turkey doesn't always make a fine Thanksgiving dinner. While it plays a very important part—without the trimmings it wouldn't be particularly appetizing. And if the dinner is to be a big success—they must be just right. To be sure they will be let us supply them.

SPECIALS

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| CRANBERRIES | SOUP |
| MINCE MEAT | FRUIT SALAD |
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| CELERY | PICKLES |
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The Willamette Press

Opposite P. O. Springfield Phone 2

Special Combination Offer

75c Jiffy Oil Mop
60c Bottle Liquid Veneer **\$1.00**

Jiffy Mop—the mop with the washable swab—off and on in a jiffy. All yarn center making it impossible to scratch or mar floors and fine furniture. Cleans and polishes—never sticky. Keeps floors new and shiny and protected.

Friday and Saturday you can buy the jiffy mop and a large bottle of Liquid Veneer for one dollar. \$1.35 value!

On Sale in the Basement Store.

