

To have pretended to myself that I was unmoved by the devotion and that his promptness in plunes have a laxative effect. In admusician's ardent wooing would have been untrue, for his sincer-replying should have warmed my dition to this, fruit furnishes a cerity and devotion, expressed in such persuasive language, had re-heart. assured me that, in spite of Curtiss' painful indifferences, I was "And now, Barry, if you please, I which tends to retain water in the not entirely without charm. Then, too, I had been uttehly lonely want to be alone. I think he under-intestines and thus helps to regulate for so many months and had felt for such a long time that I was stood my mood for this time he only the bowels. not an essential factor in Curtiss' life, that, althought Barry was kissed my hand, and, as radiant as a Children's physicians recommend not consious of the fact, his greatest appeal to me was the youngster on Chrismas morning, left that all babies of the age of six thought that I would be able to help him in his musical career. the soom.

Mrs. Browning had written, in the fullness of her great love, Long afer he had gone I compared amount of mild fruit juice or tomato for the Florentine poet that "a woman's greatest need is just the his cold matter-of-fact engagement, juice cally. This is particularly necneed of being needed," or words of similar sentiment, and cer- with the way I had felt when Curtiss essary in cases of infants fed on tainly no truer words have ever benn penned. I had begun to had proposed. Then the world had cows' milk or prepared milk foods. realize, too, that a woman must be necessary to someone else's been transformed into a garden spot Unless some of these juices are given happiness or usefulness, be it children, parents, husband or friend, in the midst of rosate clouds and we a disease known as scurvy may devotherwies her motherly instinct becomes a bothersome complex the only two beings in a beautiful clop. The mild form of this disease

one evening not long after Ellie and couldn't marry Barry! I couldn't! I making successful wives and gaining the growth of the child later on. I had had our talk, I had made up had not realized until now all that it a certain seasure of contentment and Fruit is one of so-called protective my mind to tell him that I would be would mean. I had only thought of joy, but, for me, I was sure that the foods and it should be used in some come his wife. Ellie, with her usual going to him as a comarde, a friend thrilling exuberance of first-love form daily. Fresh fruits, because of diplomacy, had seen to it that she to help him and inspire him in his would never again be mind. and Carmen had both disappeared great work, but with the intimate Anyway if Curtiss didn't want me ways cooling, refreshing, and appetizwith their 'dates' before he arrived. picture he had drawn of our honey- what difference did it make? If I ing. Fruit that is not thoroughly ripe



Then confused, disordered thoughts came pounding in on me and a strenueus mental conflict ensued while I disengaged myself from his embrace.

down-cushioned divan. He ook both kisses still warm against my mouth my hands in his, and I thought he the whole situation stood revealed. would discuss his concert but, with A wave of terror swept over me at his usual impetuosity, he came direct the thought of dissolving my matri- trips has been announced by the to the subject which was always up monial ties and becoming the wife of Southern Pacific company to go into paign to place the new McKenzie someone else.

"am I to have my answer tonight? its sunshine and its joy. are an unbroken bed of white nar- until finally I returned to the resolu. McCredie Springs \$2.60, and to Cas-Caux being famous, really, you know, cruel word she had employed in tell. week end trips will come into effect. for its winter sports and," he went on, his eyes bright with his plans, "in me or wanted me for his wife. I the Springtime the air is so delicious. flung up my head, brushed the refireplaces at either end of the lounge, spurred on by that age-old impulse more than \$12. the sides of which are made of innumerable windows throught which from sheer pique, I said: one always gets a matchless view of dancing, sun-kissed water and snow, that you're sorter' strange to me you finished, "and from there we can go is very, very new. I've told you, on prices on plate and other work. If to other places that are sure to fill you with delight."

"But what about your music Barry?" I asked tentatively for it was his art that I was most interested in and not the lover's paradise he had so charmingly painted in picturesque terms.

"Later, Adoree, we shall return to Paris to live, or perhaps you would like a pretty chateau in Fontainbeau!" with fervent enthusiasm he continued making his plans, "we'll have such jolly times, Sallie-dear, won't you please tell that you'll

marry me soon?" "Are you sure that you love me so much?" I finally asked in an effort to gain further time before my final

My silence and the question which followed gave Barry hope. He took me in his arms: "Oh, my beloved." he murmured with lips against my hair, "why will you tantalize me so?" and before I realized it his lips had found my mouth and he kissed me with tender yearning again and again. I, who had longed so for Curtiss and his carresses, found myself as rigid and unresponsive as a piece of ice in the arms of another man. Then confused, disorderly thoughts came pounding in on me and a strenous mental conflict ensued while I dis-

wonderful place we can spend our matter?" Barry asked, "how sorry I day and return the same day. This honeymoon. High up in the Swiss am! Forgive me, won't you precious, rate enables one to make short trips Alps at the beautiful little village of for being a boor. Not for all the world Caux. It overlooks Lac Leman—the would I have brought tears to your from the regular price. Under the bluest of all the lakes in the world— beautiful eyes." With gentle words new schedule, the fare to Oakridge is and in May the hillside and valleys and gestures he tried to comfort me \$2, to Westfir \$1.90, to Lowell .80, to cissi. There's a splendid hotel and at tion I had made before he came, I cade Summit \$4.35. that season there are very few guests, recalled Ellie's conversation and each. On the same day, reduced rates on ly sharp that the huge logs roar in maining tears from my eyes and, ed the regular one way fare is not which drives lovers to drastic action

"Oh, it's all right, Barry, it's just day Night. Garrett's Orechestra, tf. capped Alps. You'll love Caux!" he know and the idea of marrying you

'that my heart belongs to Curtisa Wright. I still want to impress you with that, in all fairness to yourself. The benefits derived from eating dent of the Lions. past." There was no breaking down, advantage of containing acids and of no hysterics, or uncertain delay but appealing to the aesthetic sense. the words were uttered with such Some people look on fruit as a luxury, dreadful calm that they rang through but there are very good reasons why sound of a funeral dirge.

stances," Barry replied, and I sup- ing effect on the kidneys, and some pose I should have appreciated his of them, such as pears, figs and

and makes of her existance a highly unsatisfactory affair.

Eden of dreams. I had heard of often stands unrecognized for a time, heard so when Barry came to call engaged myself from his embrace. I women marrying the second time, being noted only in the slowing up of

We seated ourselves on Ellie's moon dancing in my brain and his refused Barry I would probable stay or is decomposed should not be eaten. sociationss with Curtiss would for known to require comment. ever keep me away from my father 3. When we chew fibrous food, such home—the place where we had first as raw fruit, it is said that we exert met. And too, as I grew older 1 a pressure of 100 to 150 pounds on the would long for empanionship and cer- teeth. This insures a good ventilatainly Barry could give me that. I tion of the lungs, and in children, recalled a fragment of one of Edna particularly, tends to develop better St. Vincent Millay's charming little teeth and jaws. Raw fruit, again, songs and for hours it spun itself in leaves the teeth freer from adhering and out of my mind:

"You might as well be calling yours

What never will be his, And one of us be happy There's few enough as is."-

(To be continued) of her past.

NEW ROUND TRIP

A reduction in fares for week end Then I bowed my face in my hands agents are authorized to begin selling people this fall by selecting a comused French in his tenderer moods, and sobbed as if my heart had lost round trip tickets good on Sunday mittee to work in conjunction with a only for any place at one and a tenth similar committee from the Chamber I've been thinking all day of a "Why, dearest, what on earth is the fare. The trip must be made on Sun. of Commerce. Hr. E. Maxey, Herry on Sunday at a substantial reduction

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to make you happy and to bury the tables, but they have the additional Ellie's beautiful room, with the weird we should eat fruit daily. All fruits contain certain saits or organic acids "I want you under ANY circum which have a more or less stimulattain indigestible bulk of roughage

their large content of water, are alon in New York and become harden. Apples are a staple fruit, low in price ed to the aimless pleasure-loving ex and easy to prepare. They are the istance led by Ellie and Carmen in most abundant market fruit. Their their ultra-modern set, and, old as- many and varied uses are too well

matter than soft foods. It also stimulates the secretion of a strongly alkaline saliva which coats the teeth and counteracts the action of particles of food which would otherwise remain. It is wise, therefore, to end a At any rate I had made my decision meal with raw fruits, since it not only and my fate was on the lap of the adds to the cleansing of the teeth, but it also helps to preserve them. Fruit juices are invaluable as restoratives Next-Saille has an interview with to health, since they tax the digestive Lemoyne who reveals many secrets organs very little and are quickly assimilated-State Board of Health.

RATES ANNOUNCED LIONS NAME BRIDGE COMMITTEE FRIDAY

The Lions club started their cameffect October 1. On that date, ticket highway bridge proposition before the

Barry, time and again," I hurried on, EATING FRUIT BENEFICIAL Stewart, V. D. Bain, G. G. Bushman, bridge is backed by the county court SAYS HEALTH BOARD and Dr. W. C. Rebhan were named on and favored by Eugene and Springhe committee by John Ketels, presi-field people, it is thought that some of the other parts of the country not

also to tell you frankly that I do not fruits are undoubted. Fruits are a This committee and the one from directly interested in the bridge might love you as you deserve to be loved, natural and healthy stimulant to di- the Chamber of Commerce will handle find objections to the bond issue if but," I concluded, "if you still want gestion. They act upon the digestive all the necessary publicity in connect he necessity for the new bridge were me, knowing all this, I'll try my best organs somewhat like green vege- tion with the new bridge. While the not placed before them.



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