

## Your Birthday Is it this Week?

April 11th—17th

If your birthday is this week you are very aggressive. You are quick in action and in thought, courage and determination are without equal. You go through life, overcoming all obstacles, and invariably reach your goal. Opposition is nothing to you—you feel it your privileged duty to command all those about you, no matter whether it be in the business world, politics, love or religion.

You are an excellent planner, and have deep insight into things. You are not afraid to enter into undertakings, the outcome of which may appear to be dark and doubtful. However, you calculate closely, and count the cost before starting. After that, you are willing to carry the whole responsibility and see the thing through.

Women born during these dates become teachers, welfare workers, writers, modistes and musicians. Men excel at banking, selling, writing, painting, and lecturing.

## Confidence By Flo

### The New-Fashioned Girl.

Dear Miss Flo: What's the matter with this new generation anyway? I can do positively nothing with my young daughter, who is only nineteen years old. She never consults me about anything she wishes to do, and she defies me in everything. She has been away from home, attending a private school, for the last eight years, and I found upon her return that we were utter strangers. I tried to "become acquainted with her," but she was always so frightfully polite and formal, and self confident that I could find nothing to say to her. You are always favoring the young. Will you please tell me whether or not I am old fashioned and unreasonable in maintaining that my daughter should obey her parents?

A Mother.

I favor neither age nor youth. But I'd like to induce a better understanding between parents and children. I'd like parents to know their children, and I want them to realize that the old method of dealing with them will not work in this day of the so-called flapper. I want them to know that they cannot adopt the high-handed methods of the stern parents of older generations.

Children today simply snap their fingers at their parents' faces when they are threatened with the punishment of past generations—the rod, the locked door, even when faced with being turned out of their home. These youngsters of today are not lacking in courage—regardless of what other shortcomings they might have. Some are unutterably sophisticated, and when mother and father make things too unpleasant at home they simply go somewhere else.

But can't you sense the pride and courage in that young defiant voice? Can't you understand that the voice is crying out the love of life in the soul of the reckless, sulky, courageous, independent child of yours? You are seeing only the hard young eyes, the bandolined, sleek bobbed hair, the carmine lips of the modern girl. You cannot see, behind that rebellious exterior, Real Youth—twentieth century model, yes—but underneath it

all, the youth that is as fine and clean and sweet as the youth of any other generation. If you'll look, you'll find it.

Curiously enough—and perhaps it is because they are so wise for their years, you will always find them open to reason. And because being a good sport is virtually their religion—their code—they respond quickly to fair play. So while it is fatal for parents to be too strict with their children, the children will meet them more than half way if they see the parents are willing to come the other half of the way.

Remember that she has spent her most impressionable years of her life away from you, and her tastes, her habits, her points of view, her understanding of life, such as she has, have been formed by her teachers and her school-mates. No doubt she is finding it just as difficult to know you, probably regard her as yet a child, who must obey you implicitly and without question. Perhaps you believe that you must still keep the ridiculous pose of infallibility, and that you should never admit to having been guilty of any of the follies of youth.

Show her by word and by deed that you are trying to know her—and remember, this is 1926—the emancipation that began with the war is going onward and onward. For the past seven years your daughter has been accustomed to much freedom. She can not be expected to slip back into leading strings again, let you rule her existence, with a struggle.

### NORTHWEST EMPLOYMENT GRADUALLY INCREASING

Portland, April 15.—(Special)—Employment in the Pacific Northwest continues to show steady, gradual gains in practically all districts according to reports from various northwestern cities received at 4L headquarters here today. The laying off of fallers and buckers at several logging camps in some coast districts did not perceptibly affect the general trend of employment.

Sawmills and summer logging op-

erations in the Inland Empire are gradually approaching the seasonal stride the 4L report said, and jobs in all lines are now fairly plentiful.

Reports from various centers were as follows:

Portland—All larger logging camps in Columbia district are operating. Sawmills are busy. Highway work slowly getting started.

Raymond-South Bend, Wn.—Most camps and all sawmills on Willapa Harbor are operating. Few unemployed men in this district.

Centralia—Fallers and buckers laid off at three camps. Slight shortage of rigging men.

Aberdeen-Hoquiam—Building construction work increasing. All camps busy. Sawmills cutting, many with two or three shifts. Few unemployed. Clam digging and packing at seasonal peak.

Tacoma—Employment conditions improving. Building work becoming more active with consequent demand for help.

Seattle—Four logging concerns have laid off fallers and buckers. Index-Galena sawmill now cutting after four months close. Number of unemployed gradually decreasing.

Spokane—Two summer logging operations started work last week. Night shifts put on at two large sawmills. Surplus of labor smaller than it has been at any time since November.

### SPRING TONICS DISCUSSED BY STATE HEALTH BOARD

In the good old days many persons thought they needed a spring tonic. Mother made sassafras tea or prepared a mixture of sulfur and molasses and the youngsters were forced to take a dose whether they liked it or not. Today we believe that scarcity of green vegetables has something to do with the lowered vitality at springtime.

The best spring tonic is good-tasting, refreshing and health-giving vegetables and fruits are important parts of the diet. They supply iron, lime and other mineral elements that enrich the blood, nourish the tissues and provide bone-building material. Vegetables and fruits are especially valuable because of their rich vitamin content.

Vitamins are life-giving substances in the food, without which, no matter how much food one eats, disorders of nutrition occur and protection against disease is lowered or lost. Vitamins are a means of keeping up the health of the individual. They are known as vitamins "A," "B," and "C" and each has a nutritional value.

Spinach contains a lot of vitamin "C" and this vitamin aids in preventing and curing rickets, malnutrition and bad teeth. Cabbage, tomatoes, spinach and beans contain a wealth of vitamin "B"; this vitamin promotes growth and improves the appetite. Lettuce and tomatoes are rich in vitamin "C"; this vitamin aids in

the prevention and cure of scurvy. A child who gets all the necessary vitamins in proportion to his needs, is bright, active and happy. His eyes sparkle, his skin is rosy and he has a lively expression. His muscles are firm and his body is wellrounded. At no time does he need to be tortured with sulfur and molasses.

Vegetables are excellent spring tonics and have taken the place of disagreeable home remedies formerly thought necessary to health. Equally important is the wonderful outdoors with lots of fresh air. There is nothing just like the exhilaration and thrill of out-of-doors.

Walk for health, it is the best exercise. Eat your tonic with a fork instead of a spoon. This is the new idea for a spring tonic—fresh vegetables and fruit. Green leafy vegetables and fruit are available the year around. Plenty of oxygen plus a liberal diet of green vegetables will provide the energy and vitality necessary to insure health and happiness.—State Board of Health.

### Organizes Salesmen



The salesmen of America will soon be well organized if the plans of Hal P. Denton of Chicago mature. Mr. Denton, pioneer of the Kiwanis International Clubs is an experienced organizer and believes that his new movement to bring salesmen together into one large family will better this great profession.

### 4L DISTRICT BOARD MEETINGS ANNOUNCED

Portland, April 7.—The first district board meeting of the 4L organization this year will be held at Wendling, April 13, at the 4L hall there, according to information given out at 4L headquarters here today. Other district meetings will be held during the next thirty days as follows: Baker, April 15; Silverton, April 17; Raymond, Wn., April 20; Hoquiam, Wn., April 21; Seattle, April 22; Bellingham, Wn., April 23; Spokane, April 27; Bend, April 30; Portland, May 4,

and Tacoma, May 6.  
board will hold its fifteenth semi-annual meeting in Portland, May 17-18.

The purpose of the various district meetings is to consider organization business of a local or district nature, and to initiate business for action by the 4L board of directors, composed of 12 employes and 12 employers representing the 12 4L districts of Oregon, Washington and Idaho. The

Visits Sister Here—Miss Lillie Schewe, and Sam Montgomery, of Notti, were visitors in Springfield Sunday. Miss Schewe visited at the home of her sister, Mrs. Fred Fresse.

## Your Money Comes Back

Every dollar you put into building a good home comes back to you with interest. Rent paid to the landlord never returns. Why not make your money work for you? See a good home builder today and depend upon Booth-Kelly for good Lumber, Lath and Shingles.

### "Our Forests Are Our Greatest Asset"

Don't Burn Them

American Forest Week

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Successors to Schaefer Bros.



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## FOUR REMARKABLE SHOE ARRIVALS JUST RECEIVED PRICED SPECIAL

AT, PAIR

\$5<sup>65</sup>

—Women are keen observers of what is being worn in a glance you may take in every detail of dress from the crown of a chic chapeau to the tip of a dainty shoe. What you see, other women can see, too! And how often do you see a woman's eyes linger for a second on another's well-shod feet; that glance measures the supreme importance of footwear. You know and they know that the right footwear often makes the success of a woman's mode of dress.

—The most satisfying Pumps, yet priced so that you can afford them! Here is where these Pumps for women and young women achieve distinction. We are ready to serve you. Will you let us have the opportunity of showing these to you—now?

For a Trim Looking Ankle  
"Bobolink" Guaranteed Silk Hose

THE PAIR

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CHOICE OF 30 FASHIONABLE COLORS

—If you would have your Summer Pumps fit comfortably and your ankle neat and trim looking, you must wear a pair of silk stockings such as Bobolink's. The silk is of high quality, fits the foot smooth and has the richest appearance.

—A new pair without conservation if they do not give you satisfaction in every way. A real guarantee with "Our Store" to make the replacement. No waiting.

Mail Orders Promptly and Carefully Filled



## Time to Drop the Fish Line

They're biting, and all the lovers of the piscatorial pastime are flocking in for rods, hooks and lines.

Rods, Reels, Baskets, Landing Nets, and Linen and Taper Lines.

A Complete Stock of Imported Halford Dry Flies.

## Henderer Electric Supply

4th and Main St.

# MOVED

The Jolliff-Scaiefe Motor Company will occupy new quarters in the Stevens Building on Main Street Saturday. In our new place of business we will be able to serve the public still better.

## A General Service Garage

will be conducted in the new place the same as in our old location on Second Street.

In addition Special Chevrolet Service will be handled in conjunction with the GANNETT MOTOR COMPANY.

A full and up-to-date stock of tires, tubes, accessories, gas and oil will be on hand.

We are Expert Mechanics and Personally see that every job is done right

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