

Who Doesn't Like Hot Biscuits

By Mrs. Belle DeGraf, Director, Home Service Bureau, Sperry Flour Co.

Probably your family is fond of hot breads in most any form. Most families are. Tuck these variations of the Muffin Master recipe in your cook book and treat the family often.

Muffins are the easiest quick breads in the world to make. Just mix and sift the dry ingredients, adding the liquid and melted fat to the beaten eggs, then combine the mixtures. The less stirring and mixing, the lighter and finer the grain of the quick bread will be.

Heavy muffin pans such as cast iron, aluminum, or custard cups should always be heated well. Grease after heating. Tin muffin pans do not need previous heating.

These really take little time and there are many tasty breads which can be made from the one Master recipe.

Master Recipe.

Note: All measurements are level and flour is sifted once before measuring. One-half pift measuring cup is used.

Muffins.

2 cups flour.
4 teaspoons baking powder.
1 teaspoon salt.
2 tablespoons sugar.
1 well-beaten egg.
1 cup milk.
2 tablespoons melted shortening.
Sift dry ingredients together; beat egg, add milk then combine mixtures; add melted shortening and mix until smooth—about 2 minutes. Fill well greased hot muffin pans half full and bake in a hot oven (400 degrees F.) about 20 minutes.

Quick Sandwich Bread.

Prepare master recipe. Add 1 cupful of finely chopped walnuts and pour mixture into a greased bread pan. Bake in a moderate oven (350 degrees F.) for about 45 minutes. Cool before cutting. Raisins or dates or a combination of nuts and raisins may be used.

Bacon Fritters.

Prepare one-half Master recipe, omitting the melted shortening. Cut four or five thin slices of bacon into inch pieces. Place in a cold frying pan and fry until crisp. Add to the muffin batter. Drop spoonfuls into deep hot fat; turn often. To test

fat drop a cube of bread in fat; it should become golden brown in 90 seconds, when it is ready for the fritters. Serve as a garnish for the meat course.

Sally Lunn.

Prepare Master recipe. Pour the batter into a well greased shallow baking pan. Sprinkle the top generously with sugar and cinnamon. Bake in a hot (400 degrees F.) oven about 20 minutes. Serve hot with jam or marmalade.

Golden Corn Bread.

Make this change in Master recipe: omit 1 cup of flour and substitute 1 cup of Sperry's corn meal. Pour into a well greased baking pan and bake in a hot oven (425 degrees F.) about 20 minutes.

If you are interested in these Master recipes, Mrs. DeGraf will be glad to send you her free booklet, "50 Food Delights from 8 Master Recipes." A request to Mrs. Belle DeGraf, Director, Home Service Bureau, Sperry Flour Co., San Francisco, Calif., will bring it to you.

Thurston Man Here—C. F. Haney, Thurston resident, spent a part of Friday shopping in this city.

Visits Friend—Mrs. Lillian Allen, of Klamath Falls, stopped here Friday on her way to Portland to visit her old friend, Mrs. M. B. Huntly. Mrs. Allen, who is well-known here, was motoring north.

Cheap Clothing.

"It must cost less to clothe a woman than it used to," suggested the bachelor.

"How do you dope that out?" demanded the married man. "Well," explained the bachelor, "there was a time when a woman would put everything she had on her back and now she puts nothing on it but a little powder."

Then the Deluge.

Johnny (at poultry show): "Ma, let's stay until they let the animals out."

Mother: "They don't let them out, dear."

Johnny: "Yes, they do, Ma, 'cause last night I heard pa tel Uncle Bill that they would stick around after the show and pick up a couple of chickens."

Atlantic Coast Highway Now Open From Maine to Miami, Florida



Automobile Tourists Southward Bound This Season Will Find Big Gaps of Bad Roads Now Smooth New Highway. Millions Spent on This Work in 1925.

The Atlantic Coastal highway, Maine to Miami, Florida, is now virtually completed—a great ribbon of highway which threads the Atlantic seaboard as does the Pacific Coastal highway Seattle to San Diego and Tia Juana.

This early completion of the Atlantic highway is due, in a great measure, to the unusual development in Florida during the last two years, that commonwealth living up to her reputation of progressiveness by spending more than \$10,000,000 on this highway during 1925. Practically all of the Florida portion of this new coast highway is now ready for the army of sun-hunters which will wend its way palward during the next three months.

Eventually the Coastal highway will not end at Miami, Florida, but will bend around in a graceful curve over the Connors highway and Tamiami trail through the Everglades, and to the west coast. Thence it will join with the Gulf Coastal highway and proceed up the west coast to Pensacola, the metropolis of western Florida and terminus of the Frico lines southern branch. This highway will join with the Old Spanish trail at Pensacola.

Another extension of the Coastal highway will be the highway over the keys from Miami to Key West. Another year will see work started.

While the upper end of the Atlantic Coastal highway passes through the territory which made the first history of the United States, touching at Salem, staid old Boston, New York, Washington, Fredericksburg and the cities made prominent in the war between the states, it has nothing to offer of more historic value than Florida.

Duval county, of which Jacksonville is the seat and the gateway to the South, has just spent \$2,000,000 on its roads, is spending another appropriation of \$1,500,000, and is considering bonding itself for \$50,000,000 more. The Atlantic Coastal highway will have an optional route through Duval county with the completion of the proposed ocean-side highway from Jacksonville beach to the St. Johns county line. This highway allows travel on the ocean beach for thirty miles. It affords southbound tourists their first opportunity to drive upon a beach which at low tide is more than 700 feet wide. Jacksonville is the first point at which access is given to the only beach of its kind in the world.

Then the Coastal highway enters into the land of Ponce de Leon and, approaching St. Augustine, passes what is advertised as the "Fountain of Youth." It is about at this point where the Spaniard explorer landed on the peninsula. A little further on the Coastal highway passes the historic gates of St. Augustine, swings to the left, and the tourist finds himself gazing upon Ft. Marion, the oldest fort in America. This stronghold was completed by the Spanish in about 1750. A distinction of Ft. Marion is that it never was taken by an enemy. In St. Augustine also is found the oldest house in the United States.

Going into Flagler county the Coastal highway tourist strikes, at Bunnell, one of the finest roads in the state, and through the first densely growing semi-tropical vegetation, passing the home of John D. Rockefeller, and the residences of many other kings of industry and finance.

Daytona, Seabreeze and Ormond, lying within a few miles of each other, recently combined themselves into one municipality which has taken the name of Daytona beach. It is on Daytona beach where the world's speed records for automobiles have been made since automotive vehicles were first manufactured.

After passing through New Smyrna where the Atlantic Coastal highway is swept by ocean breezes until it reaches Miami, the tourist is well into the

furnishes a junction point for those who wish to leave the Coastal highway for points on the west coast.

Long before he reaches Stuart the motorist will sight the lighthouse at Jupiter and find the highway taking him up and down dale as the vegetation changes from semi-tropic to tropical. Crossing Jupiter inlet the scenery becomes more and more pleasing and 15 more miles of it carries the car into West Palm Beach. West Palm Beach and Palm Beach are separated by Lake Worth, a body of water surrounded almost entirely by parks, lagoons and hostleries. The winter tourist traveling in search of pleasure will be in the center of activities here.

From West Palm Beach on down to Miami tourists on the Atlantic Coastal highway find themselves traveling through a series of small towns. Dade county, at the extremity of the Atlantic Coast highway, is one of the chief contributors to good roads in Florida, having spent \$1,240,000 during the last year.

Although the Atlantic Coastal highway will be the main thoroughfare of the east coast of Florida, there are many lateral roads which provide for side trips from the main highway. One of these junction points is Jacksonville, where the Old Spanish trail may be taken to the western part of the state. This trail extends all the way to Pensacola in Florida and on to New Orleans.



Blue Goose, or Indian river, country, from where comes the famous Blue Goose orange, the pineapple, and almost every kind of vegetable and fruit.

Melbourne is equidistant between Jacksonville and Miami, because of this it is known as Midway city. It is the Atlantic coast terminus of the cross state highway from Tampa and



Some Folks Won't Come Down Our Side of the Street

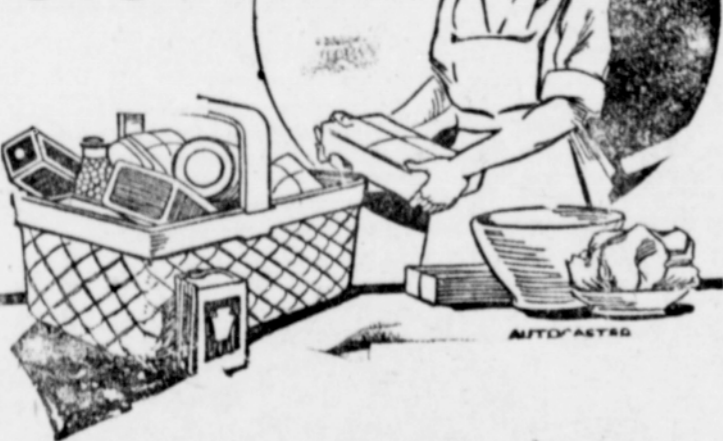
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