

Your Teeth

(By Rea Procter McGee, M.D. D.D.S.)

TOOTHACHE

It is true that those who have the greatest dread of having their teeth worked upon are the ones who are the greatest sufferers from toothache.

The primitive laws of man were all based upon "Taboo" or as we call it, "luck". The things that people did that resulted in pain or trouble were forbidden or tabooed.

If you neglect your teeth you will surely get the penalty without a judge or a jury. A tooth aches for two general reasons: first, if the pulp is exposed it becomes inflamed and causes intense sharp pain from the actual irritation of the nerve.

When the pulp is dead there can be no pain within the tooth; the pain is all due to the infection and gas pressure in the bone surrounding the end of the inflamed tooth.

It is this kind of inflammation that is a danger to your general health. It means that you have a point or focus where poison may enter the blood stream.

FARM REMINDERS

Hannchen Barley Best

Farmers of western Oregon are fortunate in having available a considerable supply of Hannchen seed barley, without question the best variety. This barley, which was introduced by the experiment station several years ago, is a good grain to replace damaged stands of fall cereal.

Land Plaster on Legumes

Land plaster may be applied on legumes now after a few days of bright weather, where there is fair drainage. There is no danger of heavy run-off if the land is at all level. Land plaster can be applied with a spreader or by hand at the rate of 50 to 60 pounds per acre.

Found a Cure for Indigestion

"I use Chamberlain's Stomach and Liver Tablets for indigestion and find they suit my case better than any dyspepsia remedy I have ever tried and I have used many different medicines. I am nearly fifty one years of age and have suffered a great deal from indigestion. I can eat almost anything I want to, now," writes George W. Emory, Rock Mills, Al.

SAFETY OF RAILWAY TRAVEL IS PROVEN

Not only is railway travel becoming safer but the average citizen is taking longer trips and more frequently. The foregoing is shown in a circular recently issued by the Safety section of the American Railway association which reads:

"Thirty years ago Mr. Average American, you took eight annual half way journeys, and now you take twelve. Then you rode 24 miles each trip, and now you go 38 miles. Notwithstanding you ride half as many more times now, half again farther each trip and doubtless spend half as much more time in railway travel, yet the danger to your life is less than half as great as it used to be. If you have ridden once in the last 33 years, your chances of being killed were only one in 91,000,000. Or, if you have taken one trip each year during that period, you came as near losing your life as one is near to 2,750,000. One ride taken last year imposed a hazard on your life of only one in 5,673,000 and on your twelve customary journeys you were as far from jeopardy as 173,000 is greater than 1. Altogether the railways of the United States carried in 1920 about 1,300,000,000 passengers with one killed for each group of 5,673,000 carried, while in a total of 472,000,000 people carried in 1889, the death rate was one in 1,523,000. The danger of life of railway travelers in 1920 was therefore less than one-third of what it was in 1889, most of the reduction accruing since 1907.

Illnesses needed should be obtained at once in order to get them on the line early to insure the best results with the crop.—O. A. C. experiment station.

Plant the Smooth Spuds

Many of the potatoes with pointed ends, nobby growths, "bottle necks", pinched middles, or that are otherwise mis-shapen or are very small are affected with wilt. Inspection of fields for certification have shown these to be highly undesirable for seed purposes. The experiment station recommends that only smooth potatoes of marketable size be used for seed. The planting of diseased seed not only reduces the crop but leaves the disease in the soil to reduce future crops.—O. A. C. experiment station.

Spraying Beats the Dust

Dusting for orchard diseases and pest control has not given as good results as spraying, and until improvements are made in both materials and machinery, Oregon orchardists are advised to stick to the old liquid spray outfits. The right liquid sprays, if well applied, cannot be beat as yet.—O. A. C. Experiment station.

MOSES HERBERT HOOVER

As an American have you ever thought what would happen to our country if the great American railway system was irretrievably scrapped? Have you thought how the restoration of this greatest of all our industries would react on all the people if restored to pre-war prosperity? The American railway system has practically got to be rebuilt at least one quarter, at an expense of five billion dollars. This must be done out of earnings or new borrowed capital before there can be any needed extensions for development of new communities and industries.



Edited by the Pupils of Springfield High School

Cooking Class Visits Eggmann's

Miss Williamson took one of her cooking classes to visit Eggmann's bakery Tuesday morning. They were shown all the equipment of the bakery and candy kitchen. The girls were so interested that another similar trip for the three freshmen cooking classes and the boys cooking class is planned for Wednesday afternoon. They will be shown the actual process in the making of all-day suckers and chocolate dipping.

Mrs. Eggmann presented Miss Williamson with a loaf of Mighty-Nice bread, for demonstrating purposes. This is a new bread which this bakery is putting out and all those who have sampled it claim that one slice calls for another.

We appreciate the fact that we have had the opportunity to visit and see the actual processes in Mr. Eggmann's bakery.

The domestic art girls are in the process of making gingham dresses. They probably will have a style show or gingham dress day before school closes if the weather ever changes.

Taking the play up to Thurston seemed to upset things in general. People who were supposed to have dates didn't, others who were not supposed to, did. Alfred T. and Mabel Mc. were quite contented.

Between Hutch and Spores, poor Charlotte didn't get to go to Thurston Friday.

We were glad to see Marion back to school today even though it was difficult for her to see us.

Mrs. Carpenter says the play "The Irish Rose" is progressing rapidly, but Eileen hasn't fallen very hard for Ralph as yet.

Poor Chic, he looks like the last rose of summer. We wonder why?

Hoover, secretary of commerce, had got squared away to become the Moses of the situation in bringing this about. He shows that different from all other industries, whether it pays or not a railroad must continue to operate in bankruptcy as in prosperity.

But the awful effect of inadequate railroad equipment is stagnation of production on the one hand and robbing the consumer on the other. Before the interstate commerce commission, Hoover showed that our country must have more railroad facilities or farmers will be strangled. The overhead operation must be reduced, the reverse of increasing operating costs on a declining traffic as was the case under federal rule.

Railroad stock is still short 4000 locomotives and 200,000 cars, and new mileage is 10,000 miles short of what it should be naturally. With an enormous crop this year based on past experience, car and transportation shortage means a billion dollar loss to the American people. Instead of this inevitable loss Hoover pleads with the government that it help the railroads put a billion dollars into track betterment and equipment. He says:

"There is nothing that is so irrecoverable a loss to the nation as idle shops and idle men. Today we have both. There is nothing that will so quickly start the springs of business and employment as an immediate resumption of construction and equipment of the railroads.

When business does resume, we shall need all of our capacity for the production of consumable goods.

Our transportation facilities are below the needs of our country, and unless we have a quick resumption of construction, the whole community—agricultural, commercial and industrial—will be gasping and a strangulation caused by insufficient transportation the moment that our business activities resume.

Car shortages in 1916, and four years following, ran as high as 160,000 cars, with corresponding short age of locomotives, costing hundreds of millions in farm and commercial losses and consequent unemployment.

We laid it onto the war. We should lay it onto our lack of foresight and antagonism to railroads. Few people seem to realize the amount of expansion in our transportation machine necessary to keep pace with the growth of the country.

Our country is more dependent upon railway transport than any other. All others have comparatively greater coast lines and internal waterways. The experience of the twenty years

Eileen seems to be happy now, Mrs. Myers having assigned Herbert Taylor a seat beside her in English IV.

Charlotte and a few others not mentioned were told by the doctor not to stay out nights. We wonder if this holds true in other things besides "Campfire".

Putting shades on the doors makes good hiding places for many people (but not all in the same room). Some people wish they would put a shade on the library door.

Mr. McFadden is fond of the girls. Specially one who now has curls. Every noon around them he lingers, telling stories and counting his fingers.

Thick ones, thin ones, lean ones and tall. Mac certainly does make pets of them all. Around each one he's full of joy. But oh my! What of the "High School boy"?

During the noon hour, Tuesday, two of the S. H. S. girls went for a hike on Emerald Heights. On the west side of the hill three cows were sighted. They were very close at hand before the girls saw them. The old cows raised their heads and regarded the girls very seriously. Then started leisurely to find out what the intruders were about. But the girls had the down hill start. They were never considered very good for races but if they could have been seen racing toward the fence at the bottom of the hill most any of us would have given them a gold medal. When near the fence one of them fell down and completed the race in a manner that cannot be described here. When the frightened girls reached the fence they saw to their surprise that the cows were standing near the top of the hill regarding them coolly at the end of their picket ropes.

before the war has shown that we must build an extension of lines, including terminal facilities, additional siding, etc., every year equal to the construction of a new railway from New York to San Francisco. We must add at least 120,000 cars and 2500 locomotives annually to our equipment.

I wish to emphasize that unless we can have an immediate resumption of construction and equipment, our commercial community will pay tribute the cost of the whole of them in their losses of a single season."

TOWN AND VICINITY

Mrs. O. H. Starr, who lives north of Springfield, was operated on for appendicitis, at Mercy hospital, Eugene, March 3.

Joseph Fulop, the senior partner of the Farmer's Exchange firm, has been quite seriously sick since last Saturday night. It can hardly be determined yet whether he is gaining or not. The trouble is a peculiar kind of heart affection, which came on him suddenly about a year and a half ago. It was on account of this that the two brothers left Portland and come to Springfield.

If it's a shoe repair job, take it to Hall the Shoe Doctor.

Sherman Spang, who is an assistant supervisor at the state hospital, was down visiting his people here for a couple of days this week.

John Fitzgerald has been having a hard tussle with the flu for the past five weeks. He began to get about once, and took a backset. He was up town Monday, for the first time.

Prof's F. M. Roth and C. E. Lamberg and perhaps some others of our teaching force will attend a teacher's institute at Cottage Grove next Saturday. There will be an institute here two weeks later.

Mrs. C. E. Prairie and daughter, of Shrewsbury, Mass., visited at the home of Mr. and Mrs. H. P. Casten old friends, just west of the American hotel for about three weeks. They returned to their home last Saturday.

O. H. Smith is moving into the house on east Main, recently built by Denn's Coy. Barney Williams and family are moving into the house left vacant by O. H. Smith.

INCOME TAX FACTS

To avoid penalty, income-tax returns must be in the hands of collectors of internal revenue on or be

INDUSTRIAL REVIEW

Salem—The state prison has started the manufacture of wooden ware. The number of convicts surpasses all former records, 133 having been committed in 1921, and the majority for crimes not subject to parole.

Portland—Contracts let for grading the last two miles of the Mt. Hood loop.

Pendleton union painters have reduced wages.

Marshfield—Big logging camp opening on Cunningham creek.

Seaside is building a new pier for summer resorters.

Kamela—Blue Mountain tavern to be built here.

Lebanon cannery to be refinanced and operated for 1922.

West Salem seeking a postoffice.

Medford—\$100 a ton gold strike made in Pick and Carr mine.

Chemawa—Congress gives \$60,000 for a new dormitory.

Oregon ranks second in potential water power.

A \$30,000 road to be built from Powatka to Troy, Willowa county.

Gold Hill Cement company gets a 10,000 barrel order from power company.

Klamath Falls lumber companies have adopted a 9-hour day.

Astoria has a factory to make comfort stools for auto campers.

Ecola—New sawmill and box factory to be erected near here soon.

Bandon—Crude oil found on the beach between Floras lake and Cape Arago.

Sheridan—New company organized here to manufacture furniture.

Ashland is to have a new foundry soon.

Warrenton—Clay products plant here to build more kilns.

North Bend—Street improvements to cost about \$75,000 ordered.

Redmond to have a fire-proof theatre building.

Scio—Work has begun on the new high school gymnasium.

Cottage Grove—Latham district to build a \$4000 school house.

Baker—Plans are being made for a \$50,000 milk condenser.

Sweet Home votes to build a new \$5500 grade school house.

Astoria—150,000 site purchased by a tool factory firm.

Dallas—Willamette Valley Flax and Hemp Growers association investigating desirability of establishing a flax retting plant here.

Tillamook—Bids opened for road from Happy Camp to Oceanside.

Brownsville—Woolen mill to open when the new machinery is installed.

Cottage Grove—Work to begin soon on the Pacific highway south.

Corvallis—Newport highway to be completed this year.

Portland—Local company to erect a \$200,000 furnace to manufacture pig iron.

Pendleton—Shell Oil company planning construction of a \$15,000 building here.

Klamath Falls votes on \$500,000 highway bond issue.

Linn county strongly for tax reduction program.

McClellan sawmill of St. Helens ship cargo of lumber direct to New York.

Riddle—Survey made for wagon road to Silver Peak.

Electric power rates in north Marion county have been reduced.

Rufus Holman favors the consolidation of Portland and Multnomah county government under one commission.

Mountain States Power company to build into upper Willamette valley.

Hill Lines to spend \$2,500,000 on Northwest properties in 1922.

fore midnight, March 15, 1922.

Every taxable return must be accompanied by a payment of at least one-fourth of the total tax due. Extensions of time for filing returns are allowed only in exceptional cases, illness, absence, etc. Applications for extensions under these circumstances should be addressed to the collector of internal revenue for the district in which the taxpayer lives. No extensions beyond thirty days can be granted by a collector. Requests for further extensions must be addressed to the commissioner of internal revenue, Washington, D. C.

For failure to make a return on time the penalty is a fine of not more than \$1,000 plus 25 per cent of the tax due.

For failure to pay tax when due or for under-statement of the tax through negligence there is a penalty of 5 per cent of the tax plus interest at 1 per cent a month until paid. For making a false or fraudulent return the penalty is a fine of not more than \$10,000, or not exceeding one year's imprisonment, or both, together with the cost of prosecution and an additional assessment of 50 per cent of the amount of tax paid.

It helps.—"In time of trial," said the preacher, "what brings us the greatest comfort?"

"An acquittal," responded a person who should never have been admitted.—Stanford Chaparral.

Hot Point Irons and Grills

House Wiring at Pre-War Prices

Henderer's Electric Supply Phone 103-W 456 Main St.

Tires

UNITED STATES GOODYEAR GOODRICH PENNSYLVANIA

All sizes at reasonable Prices. Buy now before the raise.

Springfield Garage

Phone 11 4th & Main

'HEARS' TELEPHONE

THROUGH FINGERS

"Hearing" a telephone message through her finger tips is one of the remarkable accomplishments of Willetta Huggins, sixteen-year old pupil at the state school for the blind at Janesville, Wis. Totally blind and deaf, this child has a nervous sensibility so highly developed that she "hears" by the sense of smell and "hears" by the sense of touch.

Recently she astounded a group of physicians and psychologists at Madison, Wis., when she accurately repeated a telephone message received by placing the tips of her fingers on the diaphragm of the receiver. No special apparatus was used, the instrument being an ordinary telephone desk set. Miss Huggins can also carry on a conversation through the vibrations of a wooden pole placed upon the head of a person with whom she is talking.

When the girl is brought into a room where there are a number of persons, she picks out those she knows by the sense of smell. She can also distinguish the colors of cloth in the same way, according to a statement of the Wisconsin state health board.

Springfield News \$1.50 per year.

Excellent Remedy for Constipation

It would be hard to find a better remedy for constipation than Chamberlain's Tablets. They are easy to take and mild and gentle in effect. Give them a trial when you have need.

NOTICE FOR PUBLICATION

U. S. Land office, at Roseburg Oregon January 19, 1922.

Notice is hereby given that Taylor D. Archer, of Leaburg, Oregon, on August 31, 1920, made additional Homestead Entry, Serial No. 013199, under the Act of April 28, 1904, and Act of June 9, 1906, for the NE 1/4 of NW 1/4 of NE 1/4 of section 7, township 17S, range 2E, Willamette Meridian, as additional to Homestead Entry, Serial No. 010450, patented, for Lots 10 and 11 of section 6, township 17S, range 2E, Willamette Meridian, and that upon completion of publication of this notice and payment of commissions and purchase price of the land, final certificate and patent will issue for the land embraced in the additional entry.

The purpose of this notice is to allow all persons claiming the land adversely, or desiring to show it to be mineral in character, an opportunity to file objection to the application with the Register and Receiver of the United States Land office at Roseburg, Oregon, and to establish their interest therein or mineral character thereof.

W. H. CANNON, Register.

IT ALWAYS PAYS TO TRADE AT GRAY'S

Watch our ads. Prices the same every day in the week.

Ginger Snaps per lb. 20c; 2 lbs.	35c
McKenzie Blend Flour, 49s	\$1.60
Dalles Diamond Flour, 49s	2.10
Armour's Varibest cheese, per lb.	30c
Crystal White Soap, bar	5c
Luna White Soap, 7 bars	25c
Lennox White Soap, 10 bars	25c
Dandy Good Broom	49c

Just the Syrup for those hot cakes. Liberty Bell Cane and Maple

No. 2 1/2 tins	47c
No. 5 tins	74c
No. 10 tins	\$1.45

Extra special Crystal White soap deal Friday and Saturday

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