#### SCHOOL DAYS



ambition.

statues.

into realities.

It is the one means of satisfying

It is the one way to turn dreams

It is the ONLY way by which a

man can prove his right to existence

and establish the wisdom of the Cre-

The best part of the story of Alad-

din and his lamp was that he had to

rub the lamp to get results. He had

to work to accomplish what he sought.

And that was much more satisfying

than ever marrying the Sultan's daugh-

THE GIRL ON THE JOB

How to Succeed-How to Get Ahead-How to Make Good

By JESSIE ROBERTS

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LECTURE-TEACHING

I N PARIS, when our soldier boys were on leave and seeing the sights

of the great city, it was common to

Anna Curtis Chandler is doing some-

thing of the same sort in her Sunday

Story Hour for children in the Metro-

politan museum in New York city. She

confines her work to the lecture hall,

however, and lilustrates what she says

with stereopticon slides. But there

is an idea here that might be carried

out in many of our smaller cities and

towns. There are often excellent lit-

tle museums in such towns whose con-

tents, if they were brought to the at-

tention of the young people, and the

older ones, too, would add immensely

to the appreciation and understanding

of art and beauty in a community, as

well as to the knowledge of the his-

tory of art. A clever girl who wished

to do this sort of work would have to

take a course in art history. She

would need to understand the different

periods, to know the masters. She

would be able to find much interest-

ing material on which to build her

stories, much human interest, too.

Working with the co-operation of the

curator, and advertising her talks in

a way that would attract her fellow-

townsmen, she might make a real suc-

cess of this now little-worked form of

(Copyright.)

WITH THAT VOICE

She; How you must hate it.

youthful life.-Boston Transcript,

-0-

That's Right.

A measure which aims to teach the

singing at my work.

He: I have formed the habit of

lecture-teaching.

ter and living happily ever after,

ator in having made him.

#### Something to Think About By F. A. WALKER

#### RUBBING THE LAMP

F ALL the stories that out of a O F ALL the stores the far-distant past have come down to entertain and teach us none is more compelling in its interest than that of Aladdin and his wonderful lamp.

There are several versions of the fact, but one feature remains the same in all the variations-in order to get the benefits which the lamp had power to confer the possessor had to rub

In other words, it took WORK to get the desired results and to enjoy the benefits.

The greatest disgrace in this life is to be idle. To produce nothing, to feed upon the mental or physical labors of others, reduces man to a meet an American girl taking a rank lower than the animals, for they strive at least for their food.

"He is not only idle who does nothing," says Seneca, "but he is idle trips interesting by telling stories rolled oats, one tenspoonful of salt who might be better employed."

The thing to do is to find that task for which you are best fitted, which you can do with the greatest efficiency and the greatest pleasure, and do that task with all your might.

Count your efforts by results. The punch that does not land never overcomes your opponent.

The bullet that spends its energy in the air never helped to win a battle. Production, RESULTS, is what truly measures endeavor and fixes its value. Idleness is emptiness. Emptiness as to the present, emptiness as to the

One of the most indefatigable workers in America, a man whose accomplishments are known the world over and whose name is a synonym for accomplishment in his profession said in a lecture to a group of young men recently: "The man who works only with the purpose of self-preservation;

future.

whose only object in life is to satisfy his hunger, cover his nakedness and provide himself a shelter, may be good but he won't be good for much." A man WITH A BRAIN nught to have something that the machine cannot have. He ought to have aspiration

and ambition and a vision of a better future. If he has not how is he better than the combination of belts and gears

beside which he works? I could never quite see why Adam was very severely punished when as a result of his infraction of the rules of Eden he was told, "In the sweat of thy face shalt thou eat bread." I cannot believe that the Creator looked upon work as a curse, a punishment.

. . . Work has brought more joy into the world, cured more sorrows, mended more broken Learts and built more happiness than any other function of mankind.

Carlyle paid a splendid tribute to work when he wrote, "There is a nobleness and even a sacredness in work. There is always hope in a man who actually and earnestly works. The latest gospel in the world is, know thy work and do it."

Work will make us love life.

### wander'd lonely as a cloud

Mother's Cook Book

That floats on high o'er vales and hills. When all at once I saw a crowd, A host, of golden daffedlis; Beside the lake, beneath the trees, Fluttering and dancing in the breeze.
-Wordsworth.

#### WHAT TO HAVE FOR DINNER

PLANNING the family meals is not a task to be spoken of lightly, for it means much thinking, planning and economy. A nice dish which will be liked by the family and will be asked for again is:

#### Codfish Chowder,

Take two thick slices of sait pork, cut into small cubes and fry until brown; add one-half dozen potatoes sliced, three small onlons also sliced. cover with boiling water and cook until the vegetables are tender. Add two cupfuls of shredded salt codfish and one quart of hot milk; cook for five minutes, add one-half dozen milk crackers softened in boiling water and serve at once.

Soup From Bones of Fowls.

Remove all bits of meat from the bones of a fowl. Separate the bones at the joints and crush with a hammer; add all the bits of skin, pieces of neck and the feet which have been scalded and skinned. Cover with cold water and set over the fire. Melt three tablespoonfuls of chicken fat, slice into it an onion, three stalks of celery and a scraped carrot, add three sprigs of parsley, a blade of mace, cover and let cook, stirring occasionally until softened and yellowed slightly. By covering the dish the vegetables will steam in the fat and their own moisture. Add to the bones with a cupful of left-over canned corn and simmer partly for an hour; remove the bones and strain through a fine sieve. This broth may be used in making almost any variety of soup. By the addition of salt, pepper and a small can of tomato soup, a particularly good tomato soup results.

#### Banana Salad.

Silce one-half dozen bananas and chop one cupful of walnuts fine; add a little salt and mix with enough mayonnaise dressing to make the salad of the right consistency; add one cupful of freshly-roasted peanuts, and serve on lettuce.

Young cooked beets hollowed out and filled with peas, peanuts and chopped pickles makes, with a good well-seasoned dressing, a most tasty salad.

#### Ham Loaf.

Chop one and one-half pounds of uncooked ham, add one and onefourth pounds of round steak chopped, bunch of the boys through one or one-half pound of lean fresh pork the other of the museums that make chopped. Mix well, add two wellpart of its glories. They made these beaten eggs, one cupful of oatmeal or about many of the famous pictures and and one tenspoonful of pepper (level). Mix and bake in a loaf one hour.

### 1921, Western Newspaper Union.)

#### THE WOODS

By DOUGLAS MALLOCH

THE PASSENGER PIGEONS.

THERE roam ye now, ye nomads of the nir? The old-time heralds of our oldtime Springs?

Once, when we heard the thunder of your wings, We looked upon the world-and Spring

One time your armies swept across

was there.

the sky, Your feathered millions in a mighty

march Filling with life and music all the

arch Where now a lonely swallow flutters by.

Where roam ye now, ye nomads of the nir? what far land? What undiscov-

ered place? may have found the refuge of the race

That mortals visit but in dream and prayer.

Perhaps in some blest land ye wing your flight, Now undisturbed by murder and by greed.

And there awaft the coming of the freed Who shall emerge, like ye, from earth

and night. (Copyright.)

Preserve Scottish Phrases, The Scotch origin of many north of children how to play appears to be Ireland families is shown by the comnot without merit when the schools mon words in use. Both speak of a are being urged to do so much that burn, but in both Scotland and Ulster probably does not add to the joy of the phrase wee stream is much more likely to be heard.



# The Star Spanbled Banner

early light,

What so proudly we hailed at the twilight's last gleaming, Whose broad stripes and bright stars, thro' the perilous fight,

O'er the ramparts we watched were so gallantly streaming? And the rockets' red glare, the bombs bursting in air,

Gave proof thro' the night that our flag was still there. Oh, say, does that star-spangled ban-

ner yet wave O'er the land of the free and the home of the brave?

On the shore dimly seen thro' the mists of the deep,

Where the foe's haughty host in dread silence reposes,

the towering steep, As it fitfully blows, half conceals, half discloses?

it catches the gleam of the morning's first beam, In full glory reflected, now shines on

the stream; the star-spangled banner; oh,

long may it wave the land of the free and the home of the brave!

Oh, say, can you see, by the dawn's | And where are the foes that so vauntingly swore

That the havoc of war and the battle's confusion A home and country should leave us

no more? Their blood has washed out their

foul footsteps' pollution. No refuge could save the hireling and

From the terror of flight or the gloom of the grave; the star-spangled banner in tri-

umph doth wave O'er the land of the free and the home of the brave.

Oh, thus be it ever when freemen shall stand

Between their loved homes and the war's desolation, What is that which the breeze, o'er Blest with victory and peace, may the heaven rescued land

Praise the Power that hath made and preserved us a nation. Then conquer we must, when our

cause it is just, And this be our motto-"In God is our trust!"

the star-spangled banner in triumph shall wave O'er the land of the free and the

## Remembered Lafayette

Whether you have been there or are planning to go, here's a story of Valley Forge you will want to remember. I give it as it was told by a writer in Our Dumb Animals:

The incident I am about to relate occurred in 1824, during Lafayette's last ton to return as his guest. He was try as in those earlier days when he had fought for its liberties.

A brilliant reception was under way. A slowly moving line of stately guests with courtly grace. Presently there approached an old soldler, clad in a worn Continental uniform. In his hand was an ancient musket, and across his or rather a piece of a blanket.

On reaching the marquis the veteran drew himself up in the stiff fashlon of the old-time drill and gave the military salute. As Lafayette made the return signal, tears started to his eyes. The tattered uniform, the ancient flintlock, the silver-haired soldier, even older than himself, recalled the dear past.

"Do you know me?" asked the sol-

"No, I cannot say that I do," was the frank reply. "Do you remember the frosts and

snows of Valley Forge?" "I shall never forget them," an-

swerd Lafayette. "One bitter night, general, you were

going the rounds at Valley Forge. You came upon a sentry in thin clothing and without stockings. He was slowly freezing to death. You took his gun, saying: 'Go to my hut. There you will' find stockings, a blanket and a fire. After warming yourself bring the blanket to me. Meanwhile I will keep guard.'

"The soldier obeyed. When he returned to his post, you, General Lafayette, cut the blanket in two. Onehalf you kept; the other you presented to the sentry. Here, general, is onehalf of that blanket, for I am the sentry whose life you saved."

#### Historic Yorktown.

Yorktown, Va., one of the oldest settlements in the United States, has been the scene of decisive events both in visit to this country. Forty years had the War of the Revolution and in the passed since his promise to Washing- Civil war, consecrating its soil to the memory of great deeds. Naturally, now nearly 70 years old, but his heart | Yorktown contains many places of hisheat as warmly for his adopted coun- toric interest, not the least of which is the rulns of the old fort which played a significant part in the surrender of Cornwallis and his army to Washington. It was the battle which passed by Lafayette, who greeted each closed the War of the Revolution and created the United States as a nation. A monument marks the spot where the sword of Cornwallis was handed to Washington's representative, shoulder was thrown a small blanket, General Benjamin Lincoln. In the National cemetery maintained at Yorktown lie the bodies of many French and American soldiers who fell in the battle.

#### Should Be Commemorated.

Independence day lives in the hearts of the people, rather than in spectacles. It is recognized and observed in spirit, whether there are parades or fireworks or pageants of any kind. It requires no noisy demonstration to keep it active as an influence for good citizenship. And yet it is good for the people to get together on that day and commemorate it in some fashion, to utilize it as a stimulus to their best sentiment.