

The SANDMAN STORY

THE SAD PRINCESS

ONCE upon a time there was a beautiful princess named Edna. At her christening party the king announced that he was determined she should never know pain or sorrow. And he told his wise men that he was determined to shield her from all unpleasant sights in order to secure her happiness.

"You are making a mistake, Your Majesty," sighed a wise old man, "and you will regret it. Let her live among her people and know life as it is."

But the king would not listen. He shut Edna up in a lovely palace of crystal. All around were rose gardens, parks and giant trees, lakes with fountains and swans. Only young,

grown wearisome. Maybe out here there is something different."

Then, for the first time in her life, she saw a tumbledown hut on the edge of a marsh. Coming down the road was an old man, hobbling with a crutch. At a turn in the way was a blind beggar asking alms. In the gutter ragged children played and bent mothers carried loads of wood upon their backs. For the first time she saw life with its work, its pains, its misfortunes, its poverty and—its lessons. She had never known that there was pain, sickness or sorrow in the world before. Struck with terror, she galloped home and wept; then, rising with a bright face dawning through tears, she called her maids.

"No more of this," she said. "I am unhappy shut up from the world—I want to share its sorrows as well as its joys. And now that I see there is so much to be done, so much to help, I know I will find my happiness in helping."

So the great estate was turned over to the villagers for a park, the marsh was drained, the huts were replaced with comfortable cottages, the aged were given a home, the sick were sent to a hospital and schools were started.

And the princess was the happiest of all. No longer sad, she went about, busy from morn till night, a smile on her face, helping all who needed aid and seeing that every one in her land got justice, care and kindness.

The old king was surprised. His sad daughter was now a model of happiness and health and her domain a scene of busy comfort.

One evening the same wise old man who had been at the christening of the princess came upon the king as he sat alone.

"I see your young daughter, the princess, has found the right way. In spite of your mistaken efforts," smiled the old man. "You ought to be glad you have not ruined her life. She was a wise girl to take things in her own hands and find happiness as she did. Living for one's self in luxury only begets discontent. And only in doing for others in a busy life can happiness be found."

(Copyright.)



handsome lads and maids waited on her—she never saw anything old, ugly or unhappy; only everything which was beautiful and gay.

But as she grew older she seemed to weary of this luxury. For hours she would sit alone watching the wild geese flying overhead or the twinkling lights in a far-off village. Her face grew sad and in vain her father tried to brighten her life.

One day she mounted her pony, and while her guards were lurching she rode rapidly through the gate and galloped alone outside of her grounds.

"I am tired of my home," she murmured, as strange sights came into view. "The palace, the gardens, the rich robes and constant gaiety have

MOTORISTS IN TROUBLE HELPED

One of the big pleasures of modern motoring lies in the fact that whether the trip is for a hundred miles or a thousand, the motorist has every reason to feel sure that he will finish his journey without having to climb out of his car to undertake the disagreeable job of making repairs on the road.

But now and then some mishap

occurs, and a courtesy of the road that all motorists can extend with little inconvenience to themselves is an offer of help to a fellow motorist whose car has become stranded. Such an offer is particularly timely if the scene of the mishap is some point whose remoteness from a garage would make it difficult to get assistance.

With the number of women drivers rapidly increasing, some of them not

skilled in coping with tire trouble or bad ignition, there is an especial need of chivalrous attitude on the part of experienced drivers.

In order to extend an offer of this sort it is not necessary to go through a lot of formality—a mere wave of the hand will frequently serve the purpose. But it is this spirit of kindly courtesy, says the United States Tire company, that adds to the joy of motoring and increases the pride of motorists in their class.

Beauty Chats

By EDNA KENT FORBES

CRACKED FINGERS

I AM indebted to one of my readers for the following letter, which was sent me after some advice on the cure for cracked nails. The letter came some time ago, and I have saved it to use as the season approaches when nails and fingers split from the change of weather.

Says my correspondent—whose name is withheld by request—"I had cracked fingers for nearly two years before going to our family doctor. He said the condition was due to a generally anemic condition of the blood and that this was partly due



Now is a Good Time to Begin Getting the Hands in Condition to Avoid Chapping.

to constipation. Tonics for the blood and salines for the bowels were necessary in addition to the constant use of olive oil on my fingers."

Olive oil, she added, had afforded her only temporary relief, but her case was a most unusual one. But this advice is excellent, and should be followed by every woman who suffers more or less from this unpleasant affliction. Salines or salts need not be used if some other laxative is used in their place. Salts as a rule are the most effective, though some women cannot keep them on the stomach.

For ordinary cases, the woman should do most of her work wearing rubber gloves, keeping the hands from direct contact with dish or scrub water, especially if the water contains borax or ammonia, or some such drying solution. Ashes stove polish, etc., should be handled with gloved fingers. Then the hands should be rubbed with olive oil or vaseline after the nightly hot water and soap washing, old loose gloves drawn on, if the fingers are badly cracked, and kept on all night. This is as much to protect the bed linen as to keep a supply of oil right against the skin.

(Copyright.)

How It Started

FORKS.

THE table fork is comparatively modern. It was first introduced in Venice by a Byzantine princess, and its use rapidly spread throughout Italy. In an inventory of the court of Charles V of France, dated 1379, there is mention of silver forks; but for some time the use of these instruments was satirized. Certain French and Scottish convents even forbade them as sinful. Their original form was two-tined; the three and four-tined varieties came later.

(Copyright.)

"Isn't Hal a live wire?"
"I should say so! He touched my for a tinner this morning and I tell you, he shocked me."

THE GIRL ON THE JOB

How to Succeed—How to Get Ahead—How to Make Good

By JESSIE ROBERTS

JOB AND YOUR HEALTH

IS A WOMAN as strong as a man? Given the same stature and weight, can she do equally hard work and not suffer for it?

Among many other matters that the war proved or disproved, this seems also to be settled—and settled in the negative. She can't!

Woman can do the same work, given a like training. But she breaks down under it where the man remains uninjured.

In France and England women for five years did the work of men. They have not stood up under the strain as men do. In England, physicians' reports show that of two thousand five hundred women examined in one industry, 42 per cent were found to be suffering from severe physical exhaustion or actual ill health, brought on by overwork. Yet men stood up under the same work without difficulty.

We are none of us likely to go into munition factories or to undertake heavy labor. But there is more in this than the fact that a woman ought not to attempt such feats. A girl who is looking about for a job ought to think of it in regard to herself—in regard to her health. The nervous and high-strung girl should not take up telephoning, for instance, nor should she go into a large and noisy office. She won't stand the strain.

A girl I knew who made a success of a small tea and lunch room got ambitious and took the whole house. She rented rooms and served a dinner as well as breakfast and lunch. She gave good meals and good service, had a large force of assistants to manage, and in six months she broke down and had to go to a sanitarium.

What's the use?

Your health is priceless. And once shaken, it isn't easy to get into good shape again. Look at your health as part of your capital, and conserve it. Never let your job borrow from that capital. There are times when you cannot control the thing, and when you do you must do the best you can and hope to get through with it. But most of us are just careless. It doesn't pay.

(Copyright.)

MARGUERITE CLARK



Mrs. H. Palmerson Williams of New Orleans in private life, but universally known as Marguerite Clark, long one of the leading "movie" stars, is regarded by many as the sweetest girl on the screen. This is a recent picture of the little star.

Insanity.

In January, 1910, there were in the United States 62,683 single men insane, and 26,047 married men insane. At the same time there were 37,115 single women insane, and 35,975 married women insane.

SUMMONS

In the Circuit Court of the State of Oregon, for the County of Lane. Myrtle Swanson Plaintiff vs. Arthur Swanson, Defendant.

To Arthur Swanson the above named Defendant:

In the name of the State of Oregon. You are summoned and required to be and appear in the above entitled Court and suit, and answer the complaint of the Plaintiff filed herein against you within six weeks from the date of the first publication of the summons to-wit, January 13th, 1921, and if you so fail to appear and answer said complaint within said

I can please your head,
I can fit your body,
I can give you all wool,
I have no shody.
RAMSEY, The Tailor

DR. EUGENE KESTER
Physician and Surgeon
Office Phone 82
Home Phone 91
Office Hours:
11 to 12 A. M. 1:30 to 5 P. M.

DR. W. H. POLLARD
PHYSICIAN AND SURGEON
Springfield,
OREGON
Phones: Office 20-J; Res. 20-M
Office hours:
9 a. m. to 12 m. 1:30 p. m. to 5 p. m.

DR. S. RALPH DIPPEL
DENTIST
Phone 3
Springfield
Oregon

DR. N. W. EMERY
DENTIST
Sutton Bldg. Phone 20-J
Residence Phone 129-W
Springfield, Oregon

LEMLEY'S PRESSING PARLOR
FRED G. LEMLEY Prop'r.
Cleaning, Pressing, Repairing, Dyeing, Hats blocked, Suits made to measure
Main Street Springfield
between 3rd and 4th Oregon

JOHN E. EDWARDS
REAL ESTATE INSURANCE
Corner Main and Third Springfield
Main and Third Oregon

FOR
INSURANCE
SEE
CHAS. L. SCOTT at
Springfield, Oregon

D. W. ROOF
JEWELER
FINE WATCH REPAIRING A SPECIALTY
Springfield, Oregon

FRANK A. DE PUE
ATTORNEY AT LAW
NOTARY PUBLIC
Sutton Building Springfield
Building Oregon

W. F. WALKER
FUNERAL DIRECTOR
Full Auto Equipment
W. O. W. block
Office phone 62. Res. phone 67J

ROBERT BURNS Lodge, No. 78, A. M. F., Ancient and Accepted Scottish Rite Universal and Symbolic Free Masons meets first and third Monday evening in Morrison's hall. Visiting brothers welcome.
F. L. Snodgrass, W. M. Green,
Secretary, R. W. M.

time, the Plaintiff will apply to the Court for the relief prayed for in said complaint, to-wit: for a decree dissolving the bonds of matrimony now existing by and between you and Plaintiff and for full relief.

This summons is served upon you by publication in the Springfield News, a newspaper of general circulation, published at Springfield, Lane County, Oregon for six consecutive weeks, by order of the Hon. G. F. Skipworth, Judge of above Court; said order being made and entered of record January 7th, 1921

The date of first publication as prescribed by said order is the 13th day of January, 1921, and last date February 24th, 1921.

C. M. KISSINGER,
Attorney for Plaintiff.
Residence Eugene, Oregon.

PAPERING DECORATING



CHAPMAN & DEVORE

AUTO PAINTING
TOPS and TRIMMING

HOODS, WHEELS and FENDERS REPAINTED
Bicycles, Motorcycles and Side Cars Painted
SPRINGFIELD OREGON

Electro-Medicated Inhalatorinm

Goitres removed without the knife
Asthma, Bronchitis, Catarrh, Tonsillitis, Throat
and Lung Diseases
Rheumatism, Pimples and all Skin Diseases
OVER MONARCH CAFETERIA

HAVE YOU A GOITRE?

HAVE YOU A GOITRE?