

Your Teeth
(By Rea Procter McGee, M.D. D.D.S.) "RACE REGENERATION" As we read history and we notice
the rise and fall of nations, we realize that at certain periods of their greatness, when their governments have had the greatest vigor and their foreign commerce has been pusied to the ends of the known world, and
when the armies have stood victorious in the capitols of their enemies, it ever be able to rise and to overthrow them. has many cases the fall of a nation has been caused by a powerful enemy. sut more frequently has been the re phystcal and mental qualificatione of the people who constitute the country If you consider the glories of an cient Greece and thetr marvelous phyaica development, and their wonderful energy, their active minds and their artistic instincts, and then wonder what brought them to the low last that hey have occupled for the that it was not the you will find of the enemy and that it was not the violation of our present standards of morality, and it was not any of those things that are usually held up as vices. It was a new kind of disease
that did the business for the old Greeks; it was simply mataria. So you see that if a nation shows signs
of decay, one of the first things to do
is see ir there in any extremely active
disease that is attacking the inhabitans in great numbers, and if there in
there you will find the reason lowering of the national tone. In America today neariy every chil that goes to the public wchools, an o the public schools, Is suffering fron decay of the teeth. It would seem that the bacteria of tooth decay, which in Just as much a disease as malaria ver was. is a w'despread attack upon the people of our race. And if
we are unable to check it then we must conform to the physical regula Jons that have been in force since the world began.Every type of animal that has disappeared from the globe
has done so because the change of dimate or environment had been so rapid that the development of th change in food, and consequently became so because their dental appa ratus could no longe do the business And if our dental apparatus is al. owed to become a total wreik, we doomed as a people.
AL PROBLEMS PLANNED
FOR NEW CIVIC COURSES

University of Oregon, Eugene, Dee 3.- In order to better fit the stu neet the ever recurring civic prolems which will confront them in actual iffe, an attempt is being made, hinh sohool courses in civics upone ore practical foundation. This work

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THE ROMANCE OF WORDS
"Fox-Trot"
$\mathbf{V}_{\text {made to }}^{\text {arious efforts }}$ have been for the popular dancestep to the pace or trot of a horse, some
investigators gotng so far investigators gotng so far as to
locate a certatn Mr. Fox whr owned a horse which trotted t a pecullar fashion and, because of which, he referred to one of
the newest of dances (at that the newest of dancess (at that
time) as a "fox-trot." But, whille there named Fox connected with the origin of the term as common-
y used ted Iy used today, he was a raude
ville dancer, not a cler. When this dancer desired to fntroduce a number of new steps into hits vaudeville act.
early to 1014 , he early to 1014, he took certain
portions of the one-step and ndded to them n number of
variations of his ${ }^{\text {nwn }}$ biming variations of his own, billing the entire performance as "The Fox-Trot, a new dance originat-
ed solely by the themselves." Soclety, eager to take up something new in the line of dancing, studled the steps and it was not long be
fore the entire country was fox frotting to the syncopated melo
to dies which precisely fitted this klnd of amusement. The only reward that Fox recelved was thal letter, was spread broad cast over two continents. (Copyright.)
"Have yon Critical. "Have you read that motion ple ic sorrows?"
"I have"
"I have," replled Miss Cayenne.
His pathos is as rough as his comHis pathos is as rough as his com-
dy."

##  <br> (KEROSENE)

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LASA week when saturday night Lueeta work bouta close up and queeta work 1 no feela ver good. I stoppa, one place where sella pep. stoppa one place where selli da flow-
ers for geeva look. Was teetle keed ers for geeva look. Was leetle keed
outside bouta serxa years old. He selis dis paper but he gotta plenta left wot he no sella yet.
He aska me, "Please, meester, you
Uka buy da paper?" I say. "Wot's matUka buy da paper?" I say. "Wot's mat-
ter you no sella tefere dees? Everybody stoppn read for go to bed now., I aska eef he wanta getta rich one day. He say no wanta getta richJusa buy hees mudda buncha flowera
for Sunday. Heen nume Jliminy Brown and he tella mie hees fiutda go dead longa the. Ee say tomorrow wa was when hees mudda gonna hava da
birthday. birthany.
"I lika to buy my mudda some flowers so I try selia more paper," he say,
"Eef I sella every one I gotta plent money. 1 betta. meester, my mudda zure glad eef I geeva her flowers for Ia present Wonta you please buy Jusa one paper?
You know I uada paper longa time Jimmy Brown alla right. I no wanta heem getta wise so 1 say 1 gotta twen-ty-five keeds my family and everyone
wanta newspaper and I buy da whole works. And righta queeck Jimmy smila so beeg and go buy hees mudda some flowers. He say, "Tanka you, Meesplenta nolse weeth wheestle. He sure was glada keed alla right.
Jusa between you and me no for spreada round to Jimmy, I no gotta
twenty-flva keeds and I no wants all twenty-fiva keeds and I no wanta alla
dat paper. But I wanta see Jimmy geeva hees mamma da beega boquet for present. I buy everyone da papor
he gotta and when he ees gooe I trow een da waste can.
Pretty queeck 1 no feela seeck any more maka me feela good alla for sudden. Mebbe was dat tune Jimmy wheestle.
Wot you tink?

> (Copyright)

| A LINE O' CHEER <br> By John Kendrick Bangs. |
| :---: |
| THE NECKLACE. <br> The finest necklace you can wear Is made of beads of fiber rare Strung on a thread of service true For those who atand in need of you, Each shining boad <br> The token of some kindly deed. (Copyright.) |

Judge. - "What brought you here?"
Prisoner.-"Two policemen.
Judge.-"Drunk, I suppose?
Prisoner.-"Yes, both of them."

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