

## Another Royal Suggestion MUFFINS and POPOVERS

From the NEW ROYAL COOK BOOK

**B**REAKFAST is too often eaten as a duty rather than a joy. The success of the day may depend upon the spirit of breakfast. The Royal Educational Department presents some breakfast dishes that will send the children to school with a hip hip hurrah and his majesty man to his daily duties with the "up and doing" feeling which knows no discouragement.

**Muffins**

- 2 cups flour
- 2 teaspoons Royal Baking Powder
- 1 tablespoon sugar
- 1/2 teaspoon salt
- 1 cup milk
- 2 eggs
- 1 tablespoon shortening

Sift together flour, baking powder, sugar and salt; add milk, well-beaten eggs and melted shortening; mix well. Grease muffin tins and put two tablespoons of batter into each. Bake in hot oven 20 to 25 minutes.

**Eggless Muffins**

- 2 cups flour
- 4 teaspoons Royal Baking Powder
- 2 tablespoons sugar
- 1 teaspoon salt
- 1 cup milk
- 2 tablespoons shortening

Mix and sift dry ingredients, add milk and melted shorten-

ing and beat until smooth. Bake in greased muffin tins in hot oven 20 to 25 minutes.

**Corn Muffins**

- 1/2 cup corn meal
- 1 1/4 cups flour
- 4 teaspoons Royal Baking Powder
- 1/2 teaspoon salt
- 2 tablespoons sugar
- 1 cup milk
- 2 tablespoons shortening
- 2 eggs

Sift together corn meal, flour, baking powder, salt and sugar; add milk, melted shortening and well-beaten egg; mix well. Grease muffin tins and drop two tablespoons of mixture into each. Bake about 35 minutes in hot oven.

**Popovers**

- 2 cups flour
- 1/2 teaspoon salt
- 2 eggs
- 2 cups milk

Sift together flour and salt. Make a well in flour, break eggs into well, add milk and stir until smooth. Pour into hot greased pan and bake 25 to 35 minutes in a very hot oven. If taken out of oven too soon they will fall.

# ROYAL BAKING POWDER

*Absolutely Pure*

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Binding twine, standard, per lb. . . . . \$ .18

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## Springfield Feed Company

constipation off and on for the past ten years. I have never seen their equal yet. They strengthened my digestion, relieved me of headaches and had a mild pleasant action on my bowels. I take pleasure in recommending them" writes H. D. F. Parmenter, Criderville, Ohio.

Charles Adams, of Marcola, Oregon.  
W. H. CANON,  
Register.

Jly 29-Ag 26, 20.

**NOTICE FOR PUBLICATION.**

Department of the Interior, U. S. Land Office at Roseburg, Oregon, July 21, 1920.

Notice is hereby given that Matt Huller, of Elmira, Oregon, who, on May 7, 1920, made Homestead Entry Serial No. 012591, for SW 1/4, Section 3, Township 17 S., Range 6 W., Willamette Meridian, has filed notice of intention to make final three year proof, to establish claim to the land above described, before E. O. Immel, U. S. Commissioner, at Eugene, Oregon, on the 2nd day of September, 1920.

Claimant names as witnesses Robert Allison, of Elmira, Oregon; May Allison, of Elmira, Oregon; James Cook, of Elmira, Oregon; Lizzie Cook, of Elmira, Oregon.  
W. H. CANON,  
Register.

Jly 29-Ag 26, 20.

**NOTICE FOR PUBLICATION.**

Department of the Interior, U. S. Land Office at Roseburg, Oregon, July 21, 1920.

Notice is hereby given that Nelson Bush, of Marcola, Oregon, son and one of the heirs at law of Flora H. Bush, deceased, who, on June 5, 1916, made Homestead Entry Serial No. 010599, for Lot 1, Section 8, Township 16 South, Range 1 West, Willamette Meridian, has filed notice of intention to make final three year proof, to establish claim to the land above described, before E. O. Immel, United States Commissioner, at Eugene, Oregon, on the 1st day of September, 1920.

Claimant names as witnesses: Clayton Arnel, of Marcola, Oregon; Amy Polley, of Marcola, Oregon; Herman Ritter, of Marcola, Oregon;

# AUCTION

and  
**General Sale Saturday, Aug. 7**

**Auction Sale Starts 1 p. m. Sharp**  
CORNER SECOND and MAIN STREETS, SPRINGFIELD, ORE.  
M. M. PEERY, Auctioneer.

- |   |   |                             |
|---|---|-----------------------------|
| 2 Heater Stoves                         | Some good Linoleum                        | 1 Cross Cut Saw             |
| 1 Cook Stove                            | Some second hand Carpet                   | Churns, Milk Bottles        |
| 1 Bureau                                | Some Window Shades                        | 1 50-gal. Copper Kettle     |
| 1 Kitchen Queen                         | Some Granite Pots and Kettles             | 1 one-man Saw               |
| 1 Kitchen Table                         | Some Cups and Saucers                     | Some Harness, Bridles, etc. |
| 1 or more Library Tables                | Plate, Butter Dishes                      | Picks, Shovels, Hoes,       |
| 1 Baby Buggy                            | Vegetable Dishes                          | Rakes, Cow Bells,           |
| 1 Victor Talking Machine and 20 Records | Cream Pitchers                            | Pitch Forks                 |
| 1 Water Power Washer                    | Number of Picture Frames, Different Sizes | <b>FRUIT JARS—</b>          |
| 1 High Chair                            | Some Dining Chairs                        | Ball Masons, Atlas Masons,  |
| 1 Nursery Chair                         | 1 Settee                                  | Eazy Seals, Wide Mouths,    |
| 1 Rocking Chair                         | Some Earthen Jars                         | Kers, etc., all sizes.      |
| 1 Wood Bed Stead                        | 1 Iron Baby Crib                          | Some new Potatoes           |
| 1 or more Iron Bed Steads               | 1 Commode                                 | 1 set Flat Irons            |
| 1 or more Bed Springs                   | 1 Gas Range                               | 50 Potato Sacks             |
| 1 or more Mattresses                    | 1 Post Hole Digger                        | 1 Screen Door               |
| 1 good Tub                              | 1 pair new Pruning Shears                 | 1 Faultless Sprayer         |
| 1 good Boiler                           |   | <b>AND DOZENS OF OTHER</b>  |
| 1 Baby Bath Tub                         |   | <b>USEFUL ARTICLES</b>      |

### NOTICE! Special Sale at Our Store

SATURDAY ONLY

- |  |  |
|--|--|
| SOLID COPPER BOILERS . . . . . \$6.75  | 50-lb. COTTON LINTEN Mattress . . \$15.50  |
| COMMON BOILERS . . . . . \$2.00        | \$17.50 BEDS for . . . . . \$16.00         |
| DUST PANS . . . . . .13                | GENUINE LINOLEUM, yard . . . . . \$1.25    |
| CUPS and SAUCERS, SET . . . . . \$1.35 | 50 feet WIRE CLOTHES LINE . . . . . .30    |
| PLATES, per set . . . . . \$1.35       | \$1.50 DISH PANS . . . . . \$1.30          |
| HEAVY GALVANIZED TUBS . . . . . \$1.65 | \$47.50 KITCHEN CABINETS . . . . . \$39.75 |
| GOOD BROOMS . . . . . .80              | \$32.50 CHIFFONIER . . . . . \$29.50       |
| PURE SILK FLOSS MATTRESS . . \$17.50   | \$14.00 HERKULES BED SPRINGS. \$10.00      |

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| Best bulk coffee . . . . . per lb. | .35     |
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| Brooms . . . . .                   | .69     |

## Farmers Exchange

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