FRIDAY, SEPTEMBER 26, 1919

ECONOMIC LAW ABOVE STATUTE LAW

The complexity of modern business requires some legislation to keep it from working inequalities. But statute laws never can be made to supersede economic laws. As long as a people, flush with money, insist upon buying the best of everything and at the highest prices production will be limited to these standards. As long as production goes along on short time and at less than the maximum of efficiency, prices will be fixed by that condition and will be high in proportion as the supply is low.

No law of congress, no action by the government, can keep prices down in the face of an inflated currency, The government, as the president said in his address to the railroad shopmen, is doing what it can against profiteering. But that is a minor factor. It will take increased production, accompanied by saving, as he pointed out, to materially reduce the high cost of living.

In attacking the high cost of living beefsteak by cooking fish.

means committee says taxes will be higher in the future rather than low- Adding to this vast total the amount er. It takes a lot of money, you received by the producers of the Britknow, to conduct all the government ish West Indies, Santo Domingo and investigations into the high cost of other important sugar-growing sec-

Chamberlain's Cough Remedy

most efficient medicines for coughs, colds, croup and whopping cough, but en to young children. Chamberlain's necessity, instead of a luxury. Cough Remedy has been in use for many years and has met with much favor wherever its good qualities have become known. Many mothers have given it their endorsement. Wm. Scruby, Chillisothe, Mo., writes, "I have raised three children, and always used Chamberlain's Cough Remedy and found it to be the best for coughs, colds and croup. It is pleasant to take. Both adults and children like it. My wife and I have always felt safe from croup with it in the house." Chamberlain's Cough Remedy contains no oplum or other narcotle.

Volcano That Emits Lava. The following is reported by an ob-

server in Hawaii; Tremendous changes are in progress at Kilnuea. and there is no indication whatsoever of any cessation of the monumental rising of the entire vast lava column. Over the southwest brink a wide stream of glistening lava is sluggishly flowing in the direction of the Kain desert, not with the spectacular cascading torrents of the southeastern flows of last March, but with a steady. stealthy gliding, which gains ground slowly at its base, but which plies up into tremendous masses from its source forward.

Dry Lead for Batteries.

A dry battery utilizing red lead, instead of the usual manganese compound, has been patented by H. Czanyl. It is claimed that the red lead battery lasts longer than the type now in vogue, may be kept inactive for months without any deterioration and may be recharged at least ten times, with each recharge as efficient as any presont buttery.

Increased Use of Sugar

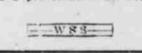
Few persons have any concept of the ory constantly goes up for more the sugar industry. Take all the suglaws, more penalties, more probes, ar used in homes, confectionery more reports, more recommendations shops, ice cream parlors and it is our -and from Se retary Redfield more largest article of diet. There are ateams of demonstrators to teach bout one hundred beet sugar refinerhousekeepers how to get away from lies in the territory west of the Great Lakes. The 1918-19 sugar crops of

The chairman of the ways and the United States and Cuba have a market value of \$800,000,000 or more.

> tions of the western hemisphere, we have a grand total of roundly \$1,000,-000,000 as the money return from the

This is not only one of the best and current sugar crop of the Americas. Substitution of sugar for alcohol as a result of national prohibition is also pleasant to take, which is im- makes sugar consumption in the form portant when a medicine must be giv- of candles and sweets a national

> Financial physicians are warning against the new disease which is appearing in many parts of the country. They have named it "l'mthruenza." Persons attacked by this disease unfformly utter the cabalistic words, "The war is over," and decline to take any further interest in the nation's affairs. No serum has been discovered which can prevent the allment, but investing regularly in War Savings Stamps and Registered Treasury Savings Certificates is a preventative as well as a





DUT it flush up to Prince Albert to produce more smoke happiness than you ever before collected! P. A.'s built to fit your smokeappetite like kids fit your hands! It has the jimdandiest flavor and coolness and fragrance you ever ran againsti

Just what a whale of joy Prince Albert really is you want to find out the double-quickest thing you do next. And, put it down how you could smoke P. A. for hours without tongue bite or parching. Our exclusive patented process cuts out bite and parch.

Realize what it would mean to get set with a joy'us jimmy pipe or the papers every once and a while. And, puff to beat the cards! Without a comeback! Why, P. A. is so good you feel like you'd just have to eat that fragrant smoke!

R. J. Reynolds Tobacco Company, Winston-Salem, N. C.

High Heels Lessen Vitality.

CRIMP CUT

NG PIPE AND

PRINCE ALBER

High heels prevail in spite of the promise of something wiser in build coming into popular favor. Yet, to quote a well-known doctor: "No woman pretends that she is comfortable when wearing high heels nor can she hope to be graceful when wearing them, for the body is thrown out of poise and the action of the feet is restricted. More serious than her awkwardness is the eventual injury to her health. For in the effort to preserve

TESTED RECIPES

Tomatoes with Rice-Two cupfuls of boiled rice, 1 cupful of stewed tomatoes, salt, paprika, onion juice, butter. Season the tomatoes with the butter, salt and dash of paprika. Use onion juice to taste. Have the rice hot and mix it with the tomatoes. Serve hot.

ABERTAL

WOMAN'S STATEMENT WILL HELP SPRINGFIELD

"I hated cooking because whatever I ate gave me sour stomach and a bloated feeling. I drank hot water and olive oil by the gallon. Nothing helped until I tried simple buckthorn bark, glycerine, etc., as mixed in Adler-i-fka." Because it flushes the EN-TIRE bowel tract completely Adler-i-

Fish Melange-One cup cold boiled ka relieves ANY CASE sour stomach, her equilibrium the shoulders are fish, 2 cups diced potatoes, cayenne, 1 gas or constipation and prevents apthrown forward, depressing the chest; cup white sauce (thin), 2 tablespoons pendicitis. The INSTANT action is breathing is interfered with, and that drippings, salt and white pepper, surprising, M. M. Peery Drug Com-Tuberculosis, that dread from which 10 per cent of all deaths in Oregon occur, is to be discussed in all of its phases at the Third annual northwestern conference cup syrup, two tablespoons shorten. on tuberculosis to be held in Boise, ing, four tablespoons water, yolk of September 29 and 30 and October 1 one egg, three-fourths cup rice flour. The sessions will be devoted to a dissix teaspoons corn starch, two tea- cussion of methods of public health spoons baking powder. Beat to mix education, the organization of comand then fold in one cup picked and munity clinics, tuberculosis sanitarwashed berries. Pour into a well, ium equipment and management, pubgreased loaf-shaped bread pan and lic health nursing, health education set in a large pan of water. Bake 45 in the schools, and the care of the minutes in a moderate oven. Serve tuberculo us soldiers.

THE BEST OF **MOTOR OILS**

cure.

Correct lubricants are the most economical-sometimes in the beginning, always in the end. The engine of your car is the propelling power. It is the most important part. And it is highly probable that the oils you use exert a larger influence on your engine than any other feature.

Protection for Your Engine

Keep your car out of the repair shop by keeping the right oil in your engine. The right oil need not be the most expensive, but it is oil that has been tested. It has been proved by its action on many cars in many kinds of service. That is the kind of oil we sell. You can make no mistake in filling up here always.

PROMPT SERVICE-CERTAIN SATISFACTION.



poorer blood and a final demeans crease in vitality. This comes gradually, but it is inevitable when a woman persists in wearing very high heels. Her heels should conform to the arch if her instep."-Exchange.

Use for Surplus Munitions.

An interesting suggestion has been made by a prominent Swiss meteorologist and physicist. M. de Quervain of Zurich, to the effect that the vast stores of munitions collected in the belligerent countries during the last four years be utilized to advance the cause of science instead of being merely fired off to make a Roman holiday, or else sunk in deep waters to avoid the latent dangers which reside in them. By detoning these explosives in definite quantities, at definite places, and at definite times whose dates are announced in advance, a possibility would be presented for the solution of many interesting problems in physics and meteorology. The project might advantageously be carried out in this country.

Cryptic Cable.

For smartness the following will be hard to beat: A well-known personage in Devonshire, England, received a cable from his soldier son in Meso potamia containing only three words: "Two John twelve." After much puz-

zling the meaning dawned upon him. Taking down his Bible he turned up the Second Epistle of St. John and read the twelfth verse, which runs as fellows: "Having many things to write unto you, I would not write with paper and ink, but I trust to come unto you and speak face to face, that our joy may be full." His son was on his way home to England.

Say, Mr. Springfield resident, transfer that banking account from Eugene to the First National Bank of Springtice as well as in words. If not, why not *

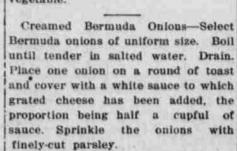
Dr. S. Ralph Dippel, dentist; Springfield, Oregon.

Flake the fish, add potato and heat as pany. for mashed potatoes, adding cayenne, fat, salt and yhite pepper. Mix with white sauce and put into oiled dish. Bake until brown.

Blackberry Pudding-Three-fourths

with either fruit whip or stewed blackberries. To make the fruit whip. use the white of one egg and one-half glassful of jelly and beat until it will hold its shape.

Green Celery Stocks-Save the celery leaves for a soup and cut the green stalk ends into bits and boil with green peas. Thicken the liquor and serve on diamonds of toast as an entree or without the toast as a vegetable.



To Whom It May Concern

Notice is hereby given that my wife, Mary E. Green, having left my field. Boost for Springfield in prac- bed and board. I will not be responsible for any bills contracted by her after this date.

Springfield, Oregon, Sept. 12, 1919

P. W. GREEN

\$100 Reward, \$100

The readers of this paper will be pleased to learn that there is at least on dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only celling ours how known to the medice Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being s constitutional disease, requires a constitutional treat-ment. Hall's Catarrh Cure is taken in-ternally, acting directly upon the blood and mucous surfaces of the system, there-by destroying the foundation of the dis-ease, find giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative pow-ers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address: F. J. CHENEY & CO., Toledo, O. Bold by all Druggists, Te.

Sold by all Druggists, 75c. Take Hall's Family Pills for constip

. TO THE FARMERS OF SPRINGFIELD DISTRICT The importance and value of a silo on your farm can hardly be over estimated. We are not agents for any silo but we do want to help you in every way we can, and if you own your farm or are in a position to

justify the expense, we will be glad to aid you financially in adding a silo to your equipment.

SPRINGFIELD FIRST NA-TIONAL BANK.

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