

**ECONOMIC LAW ABOVE STATUTE LAW**

The complexity of modern business requires some legislation to keep it from working inequalities. But statute laws never can be made to supersede economic laws. As long as a people, flush with money, insist upon buying the best of everything and at the highest prices production will be limited to these standards. As long as production goes along on short time and at less than the maximum of efficiency, prices will be fixed by that condition and will be high in proportion as the supply is low.

No law of congress, no action by the government, can keep prices down in the face of an inflated currency. The government, as the president said in his address to the railroad shopmen, is doing what it can against profiteering. But that is a minor factor. It will take increased production, accompanied by saving, as he pointed out, to materially reduce the high cost of living.

In attacking the high cost of living the cry constantly goes up for more laws, more penalties, more probes, more reports, more recommendations—and from Se rotary Redfield more teams of demonstrators to teach housekeepers how to get away from beefsteak by cooking fish.

The chairman of the ways and means committee says taxes will be higher in the future rather than lower. It takes a lot of money, you know, to conduct all the government investigations into the high cost of

**Chamberlain's Cough Remedy**

This is not only one of the best and most efficient medicines for coughs, colds, croup and whopping cough, but is also pleasant to take, which is important when a medicine must be given to young children. Chamberlain's Cough Remedy has been in use for many years and has met with much favor wherever its good qualities have become known. Many mothers have given it their endorsement. Wm. Scruby, Chillsiotha, Mo., writes, "I have raised three children, and always used Chamberlain's Cough Remedy and found it to be the best for coughs, colds and croup. It is pleasant to take. Both adults and children like it. My wife and I have always felt safe from croup with it in the house." Chamberlain's Cough Remedy contains no opium or other narcotic.

**Volcano That Emits Lava.**  
The following is reported by an observer in Hawaii: Tremendous changes are in progress at Kilauea, and there is no indication whatsoever of any cessation of the monumental rising of the entire vast lava column. Over the southwest brink a wide stream of glistening lava is sluggishly flowing in the direction of the Kain desert, not with the spectacular cascading torrents of the southeastern flows of last March, but with a steady, stealthy gliding, which gains ground slowly at its base, but which piles up into tremendous masses from its source forward.

**Dry Lead for Batteries.**

A dry battery utilizing red lead, instead of the usual manganese compound, has been patented by H. Czanyi. It is claimed that the red lead battery lasts longer than the type now in vogue, may be kept inactive for months without any deterioration and may be recharged at least ten times, with each re-charge as efficient as any present battery.

**Increased Use of Sugar**

Few persons have any concept of the sugar industry. Take all the sugar used in homes, confectionery shops, ice cream parlors and it is our largest article of diet. There are about one hundred beet sugar refineries in the territory west of the Great Lakes. The 1918-19 sugar crops of the United States and Cuba have a market value of \$800,000,000 or more. Adding to this vast total the amount received by the producers of the British West Indies, Santo Domingo and other important sugar-growing sections of the western hemisphere, we have a grand total of roundly \$1,000,000,000 as the money return from the current sugar crop of the Americas. Substitution of sugar for alcohol as a result of national prohibition makes sugar consumption in the form of candies and sweets a national necessity, instead of a luxury.

Financial physicians are warning against the new disease which is appearing in many parts of the country. They have named it "Inthruenza." Persons attacked by this disease uniformly utter the cabalistic words, "The war is over," and decline to take any further interest in the nation's affairs. No serum has been discovered which can prevent the ailment, but investing regularly in War Savings Stamps and Registered Treasury Savings Certificates is a preventative as well as a cure.

—WSS—

**PRINCE ALBERT**  
the national joy smoke



Topsy red bags, tidy red tins, handsome pound and half-pound tin humidors—and that classy, practical pound crystal glass humidor with sponge moistener top that keeps the tobacco in such perfect condition.

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**PUT** it flush up to Prince Albert to produce more smoke happiness than you ever before collected! P. A.'s built to fit your smokeappetite like kids fit your hands! It has the jimdandiest flavor and coolness and fragrance you ever ran against!

Just what a whale of joy Prince Albert really is you want to find out the double-quickest thing you do next. And, put it down how you could smoke P. A. for hours without tongue bite or parching. Our exclusive patented process cuts out bite and parch.

Realize what it would mean to get set with a joy'us jimmy pipe or the papers every once and a while. And, puff to beat the cards! *Without a comeback!* Why, P. A. is so good you feel like you'd just have to eat that fragrant smoke! R. J. Reynolds Tobacco Company, Winston-Salem, N. C.

**High Heels Lessen Vitality.**

High heels prevail in spite of the promise of something wiser in build coming into popular favor. Yet, to quote a well-known doctor: "No woman pretends that she is comfortable when wearing high heels nor can she hope to be graceful when wearing them, for the body is thrown out of poise and the action of the feet is restricted. More serious than her awkwardness is the eventual injury to her health. For in the effort to preserve her equilibrium the shoulders are thrown forward, depressing the chest; breathing is interfered with, and that means poorer blood and a final decrease in vitality. This comes gradually, but it is inevitable when a woman persists in wearing very high heels. Her heels should conform to the arch if her instep."—Exchange.

**Use for Surplus Munitions.**

An interesting suggestion has been made by a prominent Swiss meteorologist and physicist, M. de Quervain of Zurich, to the effect that the vast stores of munitions collected in the belligerent countries during the last four years be utilized to advance the cause of science instead of being merely fired off to make a Roman holiday, or else sunk in deep waters to avoid the latent dangers which reside in them. By detonating these explosives in definite quantities, at definite places, and at definite times whose dates are announced in advance, a possibility would be presented for the solution of many interesting problems in physics and meteorology. The project might advantageously be carried out in this country.

**Cryptic Cable.**

For smartness the following will be hard to beat: A well-known personage in Devonshire, England, received a cable from his soldier son in Mesopotamia containing only three words: "Two John twelve." After much puzzling the meaning dawned upon him. Taking down his Bible he turned up the Second Epistle of St. John and read the twelfth verse, which runs as follows: "Having many things to write unto you, I would not write with paper and ink, but I trust to come unto you and speak face to face, that our joy may be full." His son was on his way home to England.

Say, Mr. Springfield resident, transfer that banking account from Eugene to the First National Bank of Springfield. Boost for Springfield in practice as well as in words. If not, why not?

Dr. S. Ralph Dippel, dentist, Springfield, Oregon.

**TESTED RECIPES**

**Tomatoes with Rice**—Two cupfuls of boiled rice, 1 cupful of stewed tomatoes, salt, paprika, onion juice, butter. Season the tomatoes with the butter, salt and dash of paprika. Use onion juice to taste. Have the rice hot and mix it with the tomatoes. Serve hot.

**Fish Melange**—One cup cold boiled fish, 2 cups diced potatoes, cayenne, 1 cup white sauce (thin), 2 tablespoons drippings, salt and white pepper. Flake the fish, add potato and beat as for mashed potatoes, adding cayenne, fat, salt and white pepper. Mix with white sauce and put into oiled dish. Bake until brown.

**Blackberry Pudding**—Three-fourths cup syrup, two tablespoons shortening, four tablespoons water, yolk of one egg, three-fourths cup rice flour, six teaspoons corn starch, two teaspoons baking powder. Beat to mix and then fold in one cup picked and washed berries. Pour into a well-greased loaf-shaped bread pan and set in a large pan of water. Bake 45 minutes in a moderate oven. Serve with either fruit whip or stewed blackberries. To make the fruit whip, use the white of one egg and one-half glassful of jelly and beat until it will hold its shape.

**Green Celery Stocks**—Save the celery leaves for a soup and cut the green stalk ends into bits and boil with green peas. Thicken the liquor and serve on diamonds of toast as an entree or without the toast as a vegetable.

**Creamed Bermuda Onions**—Select Bermuda onions of uniform size. Boil until tender in salted water. Drain. Place one onion on a round of toast and cover with a white sauce to which grated cheese has been added, the proportion being half a cupful of sauce. Sprinkle the onions with finely-cut parsley.

**To Whom It May Concern**

Notice is hereby given that my wife, Mary E. Green, having left my bed and board, I will not be responsible for any bills contracted by her after this date.

P. W. GREEN

Springfield, Oregon, Sept. 12, 1919

**WOMAN'S STATEMENT WILL HELP SPRINGFIELD**

"I hated cooking because whatever I ate gave me sour stomach and a bloated feeling. I drank hot water and olive oil by the gallon. Nothing helped until I tried simple buckthorn bark, glycerine, etc., as mixed in Adler-i-ka." Because it flushes the ENTIRE bowel tract completely Adler-i-ka relieves ANY CASE sour stomach, gas or constipation and prevents appendicitis. The INSTANT action is surprising. M. M. Peery Drug Company.

Tuberculosis, that dread disease from which 10 per cent of all deaths in Oregon occur, is to be discussed in all of its phases at the Third annual northwestern conference on tuberculosis to be held in Boise, September 29 and 30 and October 1. The sessions will be devoted to a discussion of methods of public health education, the organization of community clinics, tuberculosis sanitarium equipment and management, public health nursing, health education in the schools, and the care of the tuberculo us soldiers.

**\$100 Reward, \$100**

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address: F. J. CHENEY & CO., Toledo, O. Sold by all Druggists, 75c. Take Hall's Family Pills for constipation.

**TO THE FARMERS OF SPRINGFIELD DISTRICT**

The importance and value of a silo on your farm can hardly be over estimated. We are not agents for any silo but we do want to help you in every way we can, and if you own your farm or are in a position to justify the expense, we will be glad to aid you financially in adding a silo to your equipment. SPRINGFIELD FIRST NATIONAL BANK.

**THE BEST OF MOTOR OILS**

Correct lubricants are the most economical—sometimes in the beginning, always in the end. The engine of your car is the propelling power. It is the most important part. And it is highly probable that the oils you use exert a larger influence on your engine than any other feature.

**Protection for Your Engine**

Keep your car out of the repair shop by keeping the right oil in your engine. The right oil need not be the most expensive, but it is oil that has been tested. It has been proved by its action on many cars in many kinds of service. That is the kind of oil we sell. You can make no mistake in filling up here always.

PROMPT SERVICE—CERTAIN SATISFACTION.

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