

THERE'S A DIME'S WORTH OF DELICIOUSNESS IN A DISH OF OUR

ICE CREAM

TO SAY NOTHING OF ITS FOOD VALUE

There is nothing more delicious and wholesome than pure ice cream. It is relished equally by children and grown folks.

The ice cream which we sell is an honest product made from fine Jersey cream, granulated sugar and pure fruit flavors. Strictly sanitary rules are observed in its making and serving.

FOR HEALTH'S SAKE—EAT A DISH OF ICE CREAM EVERY DAY



Town and Vicinity

Kenso Tooth Paste at Peery's. First-class shoe repairing at the W. A. Hall Shoe store. Bob Blair of Jasper was in Springfield on business last Saturday. Berry Hallacks for sale. COX & COX. Price Lansberry has been appointed as mail carrier on Eugene R. F. D. No. 3. Developing and Printing at Peery's. Mrs. N. C. Nielson and daughter of Wendling spent Sunday at the home of Mr. and Mrs. Lawrence May. Sweet cream can now be obtained at the Springfield Creamery. Mrs. John Parrish is at Waltherville, where she is attending to Mrs. Geo. Straubhauser, who is quite ill. Mr. and Mrs. Charles Nell of Vida were in town last Tuesday on a short business trip. Save 5 to 15 per cent by paying cash for feed for groceries at the Springfield Feed Co's store. KODAK Albums at Peery's. Mrs. William Arnold and daughters left Saturday for Portland, where they will visit with relatives. First-class shoe repairing at the W. A. Hall Shoe store. A marriage license was issued last Tuesday to Raymond E. Hill of Eugene and Cleo Oldham of Thurston. Joe Neal, who has been employed in Portland for the past six months, is back in Springfield. Mrs. Alice Holcomb has arrived home again after spending the summer at her camp at Donna. Mr. and Mrs. J. E. McKibben and family arrived home last Sunday after spending a few days at Linslaw.

See the Jontee line at Peery's. Barbara Boller, Dessie Boller and Henry Fandrem have returned after a short outing at Foley Springs. Rev. and Mrs. S. A. Danford returned from a trip in the Middle West states last Saturday. Mr. and Mrs. Grover Stephens spent Saturday in town on business from their home at Marcola. Miss Myrl Arnold, who has been employed in Portland this summer, arrived home last week. Mr. and Mrs. E. E. Clark left for Portland to attend the national G. A. R. convention last Monday. Mr. C. A. Brady, of the Springfield Feed Co's store, left this morning for a few days outing on the McKenzie. For your convenience we have stocked berry Hallacks. See us about them. COX & COX. N. A. Baker, superintendent of the Springfield schools, has returned home after spending his vacation at Notli. Mr. and Mrs. Harry Brumette and daughter, Mrs. Chas. Huck, and family, spent the week-end at Triang's lake. Mr. and Mrs. Frank Sidwell and Mr. and Mrs. Robert Sidwell left last Saturday for a week's vacation at Newport. Mrs. S. H. Danford has been threatened with an attack of appendicitis, and has been quite ill. She is reported as improving. Carl E. Fischer arrived home last Saturday after attending to business at the Fischer-Boutin camp at Linslaw for the mill here. Miss Margaret Dixon resumed her duties in the Oregon Power plant office last Monday after enjoying her vacation. The rain which has been joyfully received here, but is getting old now, will ruin the prune crop unless it stops immediately. New shipment of fresh Rice Flour just received. COX & COX. Mrs. W. W. Wright and sons, William and Norman, arrived from Louisiana, where they have been visiting, last Saturday. Mr. and Mrs. Chas. Dority and Mr. and Mrs. William Horton left last Saturday for Portland to attend the national convention of the G. A. R. Mr. and Mrs. Newton Emery returned the first of the week from Silcoose bay, where they spent their vacation. Mr. and Mrs. Chester Elspass left last Sunday for Portland, where they will spend their vacation visiting with relatives of Mr. Elspass. Lon Con of the West Side held a dance at the Palmer hop house last Friday evening. There was a good attendance. Mrs. Earl Moore of Springfield has opened a bakery shop at John Seavey's hop yard for the convenience of the hop pickers there. Get our price on fresh Rice Flour, adv. COX & COX. Mrs. Phil Gossler returned to her home at Marcola last Sunday after visiting here for a week with her parents, Mr. and Mrs. T. A. Rathbun. Mr. and Mrs. Elgin Hadley and son of Yarnell spent the week-end at the home of Mrs. Hadley's mother and family, Mrs. Maggie Durvey. Jack Kitzley of Jasper was in Springfield last Saturday. He left Sunday for Portland to attend the national convention of the G. A. R.

A marriage license was issued last Monday to James Albert Cowden, of Seattle, and Mrs. Grace A. Cowden, of Springfield. Read our list of specials for Friday and Saturday. Five per cent off regular prices in our grocery department. Feed at cut prices. Springfield Feed Co. Mrs. Lillian Gibson, traveling saleswoman for a Portland firm, and formerly of this city, spent the week-end at the home of her sister, Mrs. Artie Sneed. Mr. and Mrs. A. J. Cowart, who moved to Elmira a few weeks ago, have come back to Springfield and will leave for Junction City the latter part of the week. Mrs. C. F. Eggmann left Monday for Portland, where she spent a few days visiting and attending the national convention of the L. of G. A. R. Mr. and Mrs. Carl Swanson of Vida were in Springfield last Tuesday on business. Mr. Swanson is a fire warden at Vida and a prominent cattle man. Mrs. Lula Lester arrived from her home at Portland with her three sons last week to spend some time at the home of her mother, Mrs. Mary Magill. Mr. and Mrs. B. B. McKinney and family passed through Springfield last Friday on their way to their home in Eugene after an outing at Foley Springs. Earl Lepley has arrived home from a motor trip in California. He was accompanied home by Mr. and Mrs. Lepley and daughter, Hazel, formerly of this city. Mr. and Mrs. Guy Lester and family left Monday morning for Sodaville, where they will visit with relatives for a few days and then return to their home at Portland. Gilbert Miller left last Saturday for Oregon City, where he will join his family, who moved there some time ago. Mr. Miller remained here to close out his business. Miss Vera Senseney left last Sunday for Oregon City, where she has employment in a woollen mill there. She will be back to attend school at the local high school. State Fair, Salem, Oregon, September 23-28. Splendid exhibits, excellent music, high class entertainment and a superb racing card. For particulars write A. H. Lea, Secretary, Salem, Oregon. Mr. and Mrs. C. L. Scott returned last Sunday from Sodaville, where they spent their vacation, and Mr. Scott has resumed his duties at the First National Bank of Springfield. Misses Freda and Mayble Fandrem and Mrs. Jack Bentley left last Thursday for a vacation at Newport. Miss Mayble Fandrem is employed in the McDowell store. Mr. and Mrs. H. E. Cox left last Thursday for Portland, where they spent a few days visiting. Mr. Cox, who is bookkeeper for the Booth-Kelly mill, is taking his vacation. Miss Elsie Weddle has resigned her position as bookkeeper at the First National Bank to accept a similar position for Schaffers Bros. in the AX Billy Department Store in Eugene. Mrs. Minnie Bentley and sisters, Freda and Mayble Fandrem, returned from Newport after a short outing there last Wednesday, and Miss Mayble has resumed her duties at the McDowell store here. The Southern Pacific company has employed a construction crew to renew the steel span on the bridge over the Willamette river on the west side of town. The work will be completed in about six weeks. Mrs. Drucilla Howard underwent an operation for appendicitis at the Mercy hospital in Eugene Monday morning. Her condition is reported as being quite low at present and her recovery is very uncertain. Mrs. Iva Hill Pengra has returned from Fort Stevens, where she has been living with her husband, Norton Pengra. He has been stationed elsewhere and she will reside at the home of her parents here until he returns.

Those registered at the Springfield hotel last Monday were Fred Emond and wife, Wendling; F. P. Thurman, Camp Creek; T. F. Davis, Halley; F. E. Whittaker, Thurston; R. Hauerget, Portland; A. Hurgat, Cornelius; P. E. Laiteau, Portland. Those registered at the Springfield hotel last Wednesday and Thursday were C. C. McNeely and family, Bend; McNeel Bros., Clark C. Crocker and wife, Glenn Rice and wife, Mabel; C. C. Fox and wife, Mill City; Arthur McDaniel, Brownsville; Silas Yarnell, Donna; Dah McKay, Leaburg. Miss Lucy Copenhaver left last Monday for Joseph, Ore., where she will visit with Mrs. George Lamar, formerly Edna Nickerson, of this city. She will go to The Dalles about the first of September, where she has a position as teacher in the school there. Miss Daisy Tomseth has been visiting at the home of P. Tomseth for some time from her home at Weed, Calif. She was formerly a Springfield girl and well known here. She is en route to Portland, where she will take up training in the nurses school. Mrs. L. M. Cagley and family left last Thursday for Delta, Col., where they will join Mr. Cagley, who left here some time ago. Bernice Cagley will go to San Francisco, where she will keep house for her brother, Vance, who is in the hospital service at San Francisco. J. M. Phillippi of Bermudgie, Wis., who is a delegate for the convention of the G. A. R. to be held at Portland, spent a few days the latter part of last week at the home of his sister, Mrs. Mary Magill, who he has not seen for thirty years. He was accompanied by his brother, J. J. Phillippi, of Portland. Mrs. Charles William of Waltherville, who has been staying at the home of her sister-in-law, Mrs. M. J. Drury for the last two weeks, after having an operation for a felon on her hand, has returned to her home. She will come down to Springfield every other day to have her hand dressed by a local physician. Guests at the Springfield hotel last week-end were Mrs. Lizzie Foust, E. C. Dunal, Ralph Rice, Mabel; Bruce Pettijohn, J. A. Crabtree, J. A. London, Wendling; Harry Lee, H. E. Garden, Ltona; Albert Jackerson, Wendling; F. P. Thurman, Camp Creek; Ralph Daway, Donna; Mrs. E. Rogers, Waltherville; Herbert Sneed and wife, Mrs. F. A. Weed, Hillsboro; M. S. Grant Green, Roseburg.

The Women's Service League will begin canning fruit in the Methodist church basement on Tuesday, August 27. All of the product will be sent to the military hospitals in Pacific Coast states. Donations of both fruit and jars are earnestly solicited. Parties desiring to make donations are requested to phone Mrs. Van Valsah and a car will be sent after the goods. Edward Harris, who came here from Oklahoma two weeks ago, has purchased the fine 35-acre tract of river bottom land owned by J. D. West. The place is well located at the Coast Fork bridge, improved with modern buildings, and has many varieties of fruit. N. Rowe of Springfield brought the parties together and completed the negotiations for the deal. Those registered at the Elite hotel last week-end were Chas. Gayall, Alice K. Doane, Belvin Doane, Jasper; H. E. Dagrell, Bend; E. E. Shiltz, Albany; M. Peery, C. N. Nelson, Dorena; Mile Thompson, Vila; Harry Carsaw, Marcola; Amy Coffey, Wendling; Q. S. Green and wife, Burns; R. E. Wilhelm, A. Phillippi, Seattle; R. E. Lesley, J. S. Smith, Portland; William Devine, P. Berg. Mr. and Mrs. William Rodenbaugh returned to their home here after a vacation spent at Astoria and other points in Oregon, last Thursday. They visited with Mrs. Rodenbaugh's parents, Mr. and Mrs. T. J. McCracken at Astoria, and Mr. Rodenbaugh's brother, Elmer Rodenbaugh and family also of Astoria. A short time was spent at Seaside and they went to Portland to see Roy McCracken, brother of Mrs. Rodenbaugh, on the return trip before coming home.

THE TRUTH ABOUT CANDY

Candy Taking the Place of Alcohol.

There was a time when the army and navy supplied their men with rum and whisky. But today, while recognizing the need of supplying heat for the system, it is known that alcohol is not the thing—that, on the contrary, sugar supplies the system with carbohydrates. So candy is supplied liberally to soldiers. Leading American officers endorse chocolate candy as an essential food for soldiers. The various quartermasters' departments draw large supplies of candy for the soldiers to eat. These requirements run into the hundreds of thousands of pounds. On a recent cruise, for example, the Atlantic squadron, carrying NO LIQUOR aboard, had on its various ships 40,000 pounds of candy—because it recognized candy as a nutritious food for the sailors. The acid test of war is putting candy down as a FOOD—a food which supplies the body with fuel. Many physicians and scientists claim that candy will supplant the taste for alcoholic beverages. This is probably one reason why, as candy is becoming more and more firmly established and recognized, alcoholic drinks are declining. Right along with the decrease in whisky drinking, one notes the tremendous increase in the recognition of candy as a food. Men who once thought that whisky would bolster them up, now find that in candy they get a real source of bodily fuel and energy. Many people used to wonder what would be the substitute for drinking to supply heat for the system. People have found that sugar is the real source of bodily fuel, supplying carbohydrates—sugar is most enjoyed by many people when made up into a food product, mixed with fruit, nuts, etc.—all high in food value. We recognize sugar as a food product—and milk as a food product—and cocoa as a food product—and nuts and fruits and raisins as food products—these are the chief ingredients of candy—then, logically, is not the combination of all these products bound to be a wholesome, nutritious food?

In normal times the candy industry uses only 2% of the sugar used per capita in this country. Right now this amount has been cut squarely in two.

AUTHORIZED BY The Candy Manufacturers of Oregon EGGIMANN'S MANUFACTURERS OF PURE AND NUTRITIOUS CANDY



Gas Service for Canning Fruits and Vegetables

Food Administrator Hoover calls upon the housewives of the nation to can all surplus fruits and vegetables that the nation's food supply may equal the demands of war conditions.

Cooking With Gas

gives the most satisfactory results. All kinds of fruits—apples, pears, peaches, plums, apricots, pineapples, etc.—as well as vegetables, such as tomatoes, beans, corn, peas, cabbage, etc.—are most easily and satisfactorily canned on a Gas Range.

The Gas Range is of especial advantage for canning, because of its ready adjustment of heat, economy of fuel consumption, reliability, cleanliness and marked convenience.

OREGON POWER CO. For Service

His Mother's Part. They marvelled at the lad— So young, so strong, so radiant of cheer That he, from his soft life, could grapple death. Could sing and laugh and with exultant breath Could die—and know no fear. They marvelled, but guessed not That far beyond the west horizon's rim, Through long, still hours of sleepless, holy nights, Wrestling with God, up to the starlit heights, His mother prayed for him! —By Hattie Wells Boynton.

THE BUGLE CALL. Summons all the forces and resources of the Republic to the defense of Freedom. THE OREGON AGRICULTURAL COLLEGE which the United States authorities have ranked as one of the fifteen distinguished institutions of the country for excellence in military training, has responded to the call. The College is distinguished not only for its military instruction, but DISTINGUISHED ALSO FOR: Its strong industrial courses for men and for women: In Agriculture, Commerce, Engineering, Forestry, Home Economics, Mining, Pharmacy, and Vocational Education. Its wholesome, purposeful student life. Its democratic college spirit. Its successful graduates. Students enrolled last year, 3,453; stars on its service flags, 1258, over forty percent representing officers. College opens September 23, 1918. For details, see Illustrated Booklet, and other information write to the Registrar, Corvallis, Oregon.

GROCERY BARGAIN DAYS

FRIDAY AND SATURDAY

Our Friday and Saturday special prices of Groceries last week was a great success. This week we include feed at bargain prices. It's easier to save your money by buying here than to work and earn over again what you have unnecessarily lost. Read this list:

- Schilling's 40c can of Coffee 33c
Schilling's \$1 can of Coffee 87c
Schilling's Soda, four for 25c
Bananas, per dozen 40c
Scratch Feed, 100-lb. sack \$4.50
Mill Feed, 80-lb. sack \$1.50

SPRINGFIELD FEED CO.