



If you want to relieve your condition easily and quickly; if you want to get rid of that miserable feeling that accompanies a dull headache and disordered stomach, mix two teaspoonfuls of

Penlar LIVER SALINE.

In a half glass of cold water and drink just before breakfast.

Harsh gripping cathartics ruin your system while Penlar Liver Saline gives the desired results without the slightest irritation.

Try this pleasant effervescent cleaner before breakfast, the effects will delight you. Penlar Liver Saline is sold in two sizes at 25c and 50c.



\$100 Reward, \$100
The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.
Address: F. J. CHENEY & CO., Toledo, O. Sold by all Druggists. Take Hall's Family Pills for constipation.

Mr. and Mrs. A. J. Johnson of Creswell were Springfield visitors Tuesday.

Mrs. S. O. Lane of Marcola is critically ill in the Mercy hospital, in Eugene. Her infant son died yesterday.

Roy Nestle of Leaburg, Monday received bounty from the county clerk on 15 gray diggers.

Eggmann's where quality is counted. adv.

Mrs. J. L. Clark of Independence arrived in this city Saturday to make an indefinite visit with her son Joe.

The small son of Mr. and Mrs. Wilmont of West Springfield is quite ill at the family home with pneumonia.

C. A. Brady and C. E. Lyon of this city spent Saturday night and Sunday with friends near Blue river on the upper McKenzie river.

Reliable remedies right reasonable—Rexall.

Harry A. Withers Jr. the three year old son of Mr. and Mrs. H. A. Withers of Douglas Gardens, had his tonsils and adenoids removed yesterday.

Miss Grace Smith, a student in the Oregon Agricultural college visited here last week-end with Miss Mariqn Richmond.

Mr. and Mrs. Jess Seavey of Corvallis spent Sunday at the home of Mrs. Seavey's sister, Mrs. Roland Roberts, in this city.

For sale cheap or trade. Good Springfield house and lot close in. Pay down what you can, balance on time or will take Ford car. This is a bargain. Address, 45, East 13 ave., Eugene, Ore. adv.

Clayton Sheldon of Portland visited Sunday evening at the M. V. Endicott home in this city. He returned to Portland Monday morning.

Ben Yates, who has been working for the Booth-Kelly company here, moved Tuesday to Portland where he and his family will live.

Wolf & Miller are closing out their entire stock. This is an absolutely clean-up sale. We will make repairing a specialty until market conditions improve. adv.

H. H. McDaniel and family moved to Bond Tuesday, where they will make their home. They formerly lived in Marcola.

The Springfield Feed company has received two carloads of alfalfa hay and one of feed from Portland this week.

Mrs. J. M. Shaub of Creswell visited at the home of B. R. Posey in this city Tuesday. Miss Maxine Posey returned home with her for a few days' visit.

For sale or trade, 6 1/2 acres, fine land, 4 acres prunes bearing, 4 room bungalow, near Santa Clara. Will trade for Springfield property. See GORE & ROWE. adv.

The Springfield Mill and Elevator Company shipped two carloads of flour Saturday and one carload Tuesday morning to Portland.

Roy La Mere of Portland spent Sunday at the home of D. W. Roof and family in this city Sunday. Mr. La Mere is a cousin of Mrs. Roof's.

J. A. Walburn of Wendling submitted to a major operation at the Mercy hospital Tuesday morning, a local physician performing the operation.

Mr. and Mrs. Ransom Miller and two children and Mrs. M. A. Rice and little daughter Miriam visited at Thurston Sunday at the home of F. E. Teachout and family.

Some Good Advice.
"Don't think too much of your own methods. Watch other people's ways and learn from them." This is good advice, especially when bilious or constipated. You will find many people who use Chamberlain's Tablets for these ailments with the best results, and will do well to follow their example. adv.

Wendell McKinney, son of Mr. and Mrs. W. B. McKinney, who has been quite ill at his home here is much improved.

Frank Wilson of Creswell was in Springfield yesterday visiting his daughter Mrs. Raymond Bates and family who live between 7th and 8th on B.

Fit your own eyes with spectacles at Peery's.

Mr. and Mrs. Ed. Anderson, Mrs. John Scott and Miss Maude Giffrey, all of Creswell were in Springfield Wednesday having made the trip in Mr. Anderson's automobile.

Captain Dodd and wife, formerly of this city but now living in Eugene visited in this city Tuesday. This is the first time for several months that this couple has visited here.

Ralph Rychard left here Sunday for Portland where he will seek employment. At harvest time he expects to go from there and work through Washington and Montana.

Re-cleaned Barley three kinds for Spring sowing. Also Canadian Field Peas, Fancy Seed Corn, etc. Buy re-cleaned seed from a seed store—you get both dependable quality and service. Springfield Feed company, adv.

Theron Cowgill, who has been driving the Sutton truck, left Sunday for Portland where he expects to work. He is the son of Mr. and Mrs. Frank Cowgill of this city.

Mrs. George Crawford came up today from Cottage Grove to assist in housekeeping at the home of her father-in-law E. M. Crawford of West Springfield.

Particular people prefer purchasing perfectly pure potent pills, powders, potions, plasters, patents, peas, paper, and pleasing perfumes at Peery's Painstaking Pill Parlor.

George W. Lamer of Weed California stopped here this morning enroute to Joseph, Oregon where he will engage in the Mercantile business. Mr. Lamer formerly lived in Springfield.

The Christian Endeavor of the Christian church are going to hold an afternoon and evening picnic Saturday at Hayden Bridge. They will make the trip in cars.

Onion sets are about all gone. Have you all you need? Remember we carry all kinds of garden seed in bulk and you get more for your money and don't forget a sack of Gromore Fertilizer. Springfield Feed company, adv.

ATTENTION, NEIGHBORS.
The M. W. A meet the third Thursday of each month in W. O. W. Hall. Visiting members welcome.
N. O. NETTLETON, Acting Clerk. adv.

Mrs. R. P. Mortenson, wife of Dr. R. P. Mortenson, submitted to an operation in Eugene April 17. She is improving as rapidly as can be expected.

Mrs. R. Gates of Junction City underwent a major operation at the Mercy hospital Tuesday morning. A local physician performed the operation.

GREAT CONCERTO PROGRAM
Pacific Conservatory of Music presents student violinist Robert Haney in the greatest concerto program ever given in Oregon by a single person. Baptist church, Eighth and Pearl streets, Eugene, Monday evening April 29 at 8 o'clock. Admission free. adv.

Home From Extended Trip.
Mrs. W. J. Billings of A and Mill streets returned to her home here Sunday evening from an extended trip east. She left Springfield November 7th and visited a daughter, Mrs. Martha Lewman, who lives near Haxtum, Col., for two months, when she went from there to Kansas, where she has a son living near Reamsville in that state, visiting there for the same length of time. On her return home from the east she visited her brother, M. Hull, and family, at Boise City.

Constipation and Indigestion.
These are twin evils. Persons suffering from indigestion are often troubled with constipation. Mrs. Robert Allison, Mattoon, Ill., writes that when she first moved to Mattoon she was a great sufferer from indigestion and constipation. Food distressed her and there was a feeling like a heavy weight pressing on her stomach and chest. She did not rest well at night, and felt worn out a good part of the time. One bottle of Chamberlain's Tablets corrected this trouble so that she has since felt like a different person. adv.

HARRY LAUDER'S ADVICE

Harry Lauder is being serious these days. The famous Scotch comedian is subordinating his comedy to the all-embracing demands of war. Along with his work for his Injured Soldiers' fund and the Y. M. C. A., Lauder is making an earnest appeal to Americans to prepare for the next Liberty Loan. General subscription is the theme of Lauder's message. Here is what he says:

Liberty is the dearest word in any language. It is the thing the Germans are fighting to take away. It is the one big thing we must fight to keep.

What have you done to help win the war? What are you doing to preserve liberty?

Every Sunday 500,000 Germans in the United States sing songs of pulling the trigger; they are talking of you—of the United States. What are you doing to do about them?

Right now our answer must be—BUY LIBERTY BONDS! We have given that answer once, twice already. But we must make it again and again as need is. We must turn our dollars into silver bullets. That is the way we can become shareholders in the Bank of Humanity. Our part is to provide the wherewithal, since we can't do what the boys out there are doing.

Back in France I saw battalions of young fighters marching along and chanting a song—any old song—right into the mouth of death. They knew where they were going. They were fighting to save LIBERTY. And they are calling on you to help them, you back here.

Our part is easy compared with theirs—but it is OUR PART and it must be done. Put your money into Liberty supports. Sign up as shareholders in humanity's bank.

Wheatless Breads That Win Approval

Combinations of Cereal and Potato Products That Are Palatable and Satisfying

Whether in jest or earnest many husbands have been reported as finding fault with their wife's conservation measures as applied to the family food. Since the work of preparing the foods without some of the standard ingredients has not always been understood, results have not always been promising. Without help, it is as difficult for a housewife to make bread without wheat as it was for the children of Israel to make bricks without straw.

All such housewives now have the opportunity to get the benefit of the experimental work done by the State College—if the editor of their paper allows this to get by—in which some excellent wheatless war breads were developed. Here are two recommended by Dean Milan as being adapted to average home conditions, and as being satisfactory conservation food:

- Steamed Rice Bread**
 1/4 cup corn meal
 1/2 cup rice flour
 2/3 cup oat flour
 1 t salt
 1 teaspoon soda
 1-3 cup molasses
 1 cup sour milk
 Mix dry ingredients. Mix molasses and sour milk. Combine, put in a greased mold and steam two hours. Makes one loaf.
 Oat Flour Muffins

- 3 1/2 cups oat flour
 1 1/2 cup milk
 4 tablespoons corn sirup (Karo)
 8 teaspoons baking powder
 1 teaspoon salt
 2 tablespoons crisco
 2 eggs, beat whites light.

Papers Are Returned.
The several hundred copies of "Kingdom News," the Russellite publication confiscated by Sheriff Elkins and his deputies a few days ago, were returned to E. M. Parsons of this city Monday because, in the opinion of the United States district attorney in Portland there was no violation of the federal law in distributing them. "Able legal talent must have taken part in preparing this literature," says the district attorney. "It goes right up to the limit of the law, but keeps inside." The issue was mainly devoted to upholding "The Finished Mystery," the sale of which has been prohibited in the United States and Canada.

Soldier Visits Here
Glen Woolley arrived from Fort Stevens this morning to visit his parents Mr. and Mrs. P. A. Woolley who live in this city. He left here last July with the 3rd company of Coast Artillery but has since been transferred to the 15th company and is a second-class gunner. He is home on a four-day furlough.

To Address I. O. O. F.
W. F. Walker of this city is going to Creswell this evening to address a meeting of Giffrey Lodge, I. O. O. F. there. There will be several addresses and musical numbers on the program, which is to celebrate the 99th anniversary of the order in America.

OUT OF DOORS DAYS ARE HERE---

And With Them You'll Need—
Tennis Rackets, Tennis Balls, Tennis Shoes, Tennis Nets, Baseballs, Baseball Gloves, Bats, Shoes, Mitts, Etc., Fishing Tackle, Rods, Lines, Reels, Leaders, Spoons, Baskets, Flybooks, Hooks.

HERMAN'S U. S. ARMY SHOES.
BICYCLES \$30.00 TO \$40.00.

HAUSER BROS.
EUGENE, OREGON

Homes Completely Furnished

And you'll know better what you need and ought to have for your home after you've paid us a visit, for we have a big store full of

Furniture, Rugs, Linoleum Draperies, Ranges, Etc.

You cannot find **Better Values** Or a more complete stock to select from.

Brauer & Conley
COR. NINTH AND OAK STS. EUGENE, ORE

The Copeland & Ryder Shoes for Men
at
The W. A. HALL Shoe Store
Main Between Fourth and Fifth
Also First-Class Shoe Repairing