

At Last—A Reliable Remedy for Constipation

PHYSICIANS everywhere have indorsed the use of Mineral Oil as an effective remedy for constipation. This oil acts as an internal lubricant and does not upset the stomach and other organs like most cathartics and laxatives do. It is slow in action, but gradually overcomes the conditions which cause constipation. SQUIBB'S MINERAL OIL is equal to the famous Russian Oil which was formerly sold in this country. The regular use of Squibb's Mineral Oil will effect a permanent cure. This makes it preferable to mineral waters which must be used regularly. 1 Pint Bottles Price \$1.00



PHONE 31

Town and Vicinity

Charles Dority made a business trip to Eugene Saturday morning. Little Delbert Sikes has the whooping cough. H. E. Walker, recorder of Springfield was in Eugene Thursday on business. Mrs. Ed Eusted of Leona is expected here soon for a visit with her mother, Mrs. D. J. Hill. Stop that cough! with Eggmann's methol cough drops. Charles Elliott is back at work at Dompier's blacksmith shop after a two weeks' slege with the grip. Miss Hearfur, a nurse from McMinnville, is employed at the Springfield hospital on a special case. Mrs. Blanche Smith of Fall Creek came down Saturday to have medical attention for a gangrenous finger. J. P. Robley of Springfield purchased a Ford automobile from the Springfield garage on Thursday. Buy your first class grain hay at J. J. Browning's Feed Store. Miss MaUlida Grunning who has been suffering with the grip, is able to return to school. Miss Ella Kaurin left Saturday for San Francisco where she will join her husband. James Laxton is having all his horses shod during these days while the mill is idle. A number of Springfield folks enjoyed the concert and dance given in the Eugene armory Friday night. Just ask anyone who's been there if you can't get the best home-cooked meals in town at Van Valziah's. "Grandma" Matlock of Goshen has gone to spend a few days at the home of Verne Stewart of Jasper. N. S. Robb, county agricultural agent was at Junction City Friday afternoon. Mrs. G. H. Blakely and daughter, Miss Anna, were down from Marcola Saturday. Mrs. Jack Bentley was over from Eugene for a short visit at the Fandren home on Friday. Good reliable fire insurance. No assessments; no membership fee. Pay once and you are done. H. E. Walker at the City Hall. Mr. and Mrs. Prince motored to Springfield from Marcola the last of the week. F. E. Lenhart is supervising the construction of a garage at his home, which will accommodate his new light Overland, model 1917. The Wolf & Miller repair shop has added to its business facilities by taking the Chicago Tailoring company's agency. Preparations are being made for the entertainment of the Albany orchestra which is to give a performance here tomorrow evening. Just received a supply of extra good harness. Will be sold cheap. Geo. Settle, Fifth street next to Sikes grocery. Mrs. J. J. Bryan and daughter, Miss Crystal, are expected home in a day or so from an extended visit at Caldwell, Idaho. A number of Springfield folks enjoyed the dance held at Thurston Saturday evening. Walter Wilmot took one party. The following were registered at the Elite hotel Friday: W. N. Damon, Brownsville; C. Sutherland, Coburg; Mrs. Upton and daughter, Newburg; and W. J. White.

Miss Ruby Cook, who has been visiting her sister, Mr. Frank Fischer, for a few days, returned to her home at Harrisburg Saturday. Mr. and Mrs. Floyd Booth of Eugene spent Wednesday evening in this city, visiting at the home of Mr. and Mrs. Edgar E. Martin. Mrs. Anna Morse of Thurston was down Thursday evening and was an over-night guest of her cousin, Mrs. Charles Dority. Ed Dompier and his daughters, Evelyn Faith and Violet Leona, are about recovering from bad attacks of the grip. Miss Lidia Bell of Coos Bay underwent an operation for the removal of an appendix at the Springfield hospital Saturday morning. For Men's and Boys' work, dress or hi cut shoes, or first class repairing see W. A. Hall, the shoe doctor, Main between 5th and 6th. Mr. and Mrs. H. Kuni and two babies of Bellfield, North Eskota, are visiting at the home of Mr. Kuni's aunt, Mrs. J. P. Sheppard. T. H. Ellise, Eugene contractor, has been busy in Springfield for the past several days with work at the new Methodist church. Miss Eunice Parker made a trip to Wendling Friday in the interest of the Springfield News' subscription contest. Street Commissioner J. E. Edwards was busy supervising the road grader working on North Second Street Friday. Two men and four horses were used in doing the work. On Wednesday evening Walter Herndon was given the third degree in the I. O. O. F. Light refreshments were served following the business meeting. Mrs. Ralph Smith of Lowell with her three children, spent a few hours in town yesterday en route to Fairmount to visit Mrs. J. C. Smith who is quite ill. We are going to help you reduce the high cost of living. Good Beef, 8, 10, and 12 1/2 cents. Good Bacon, the new pack from 16 to 30 cents. Picnic hams and they are fine 15 cents pound Swarts & Washburne. Walter Saffley, of Florence, accompanied by his family, is visiting at the home of his brother, William Saffley, who is now engaged in the meat business here. Mrs. Mabel Campbell, a step-daughter of Ed Dompier of this city, is recovering from a recent operation at the Mercy hospital in Eugene. Mrs. Campbell lives in Fairmont. The Long and Cross Plumbing company is getting ready to install furnaces in the two residences being reconstructed from the old Methodist church. Richard Kern left yesterday for his home in Portland, after having spent several days here supervising the installing of ventilators in the new Methodist church. A good deal of "pep" was shown by a serpentine and rally pulled off by the Springfield high school students Friday afternoon. Bill Hill, student body president, Elbe Signor and Frank De Pue, yell leaders, were in charge. Mrs. Ann Huntley is quite ill at her home on South Second and D streets, suffering from complications resulting from a recent attack of the grip. Since Mrs. Huntley is 75 years old, friends are quite concerned about her condition. The county clerk on Wednesday paid bounties for wild animal pelts as follows: To H. C. Meybe, of Leaburg, for four bobcats; to F. X. Dompier, of Oakridge, for ten bobcats; to S. A. McMullin, of Harrisburg, rural route No. 1 one bobcat.

Mrs. Georgia Nettleton has a slight attack of the grippe. W. J. Graves is moving to his farm at Waterville. W. F. Howell was dismissed from the Eugene hospital on Saturday. Frank Goddard is down with a severe case of tonsillitis. Fred Montgomery of Wheeler, Oregon, spent Sunday here with his family. Grand Warden W. F. Walker paid an official visit to the Odd Fellows at Crow last Saturday night. Buy your groceries at Sneed's. They give 5% cash discount. Mayor E. E. Morrison made a business trip to Coburg in his car this morning. Chas. Kingwell, the west Springfield florist has recently purchased a Ford machine. J. W. Holmes, teacher at Dexter, was a business visitor in Springfield yesterday. W. A. Jack and family of Camp were in town on business Saturday. Miss Gertrude Williams went to Coburg today in the interest of the Springfield News' subscription contest. Miss Pearl Snook, who is attending the Eugene business college and living in Springfield this winter, spent the week-end at her home in Fall Creek. Mrs. M. J. McKlin returned this morning from a few days' visit with her sister, Mrs. Roy Edminston and Mrs. Ira Gray at Thurston. Vance Cagley returned from Albany Saturday evening, and is now employed as extra linotype operator on the Eugene Daily Guard. The following were guests at the Springfield hotel yesterday: Wm. Bellaso, Mrs. Ethel Smeed, Waterville; Henry Holmes, Walker; Cook; W. C. Miller and J. B. Stafford, Mohawk. The following persons were registered at the Elite hotel yesterday: Roy Reynolds, Brownsville; Hans Ivanson, Frank Adams, Marshfield; and W. J. White. Miss Hazel Bailey, of West Springfield, who has been quite ill with diphtheria for the past several weeks, is now getting along nicely, the attending physician states. A tentative list of Eighth grade students who passed the recent state examination includes the names of Mary Chase, District number 19; Frank S. Pattison, Bernice Sappingfield, and Rosa Bailey, district number 160. Are you taking advantage of that 5% discount at Sneed's? Eggmann's candy kitchen has just installed a new silver-plated electric drink mixer, which will be operated in addition to the one which has been in use in the past. J. H. Cox, of Portland, and his family have arrived with a carload of household goods. They are moving from Portland to Springfield, as Mr. Cox will be employed in the saw mill here. Jack Howell, a son of W. F. Howell of this city fell with a glass bottle he was carrying this morning and cut a gash in the right wrist on the broken pieces of glass. The cut required five stitches. Mr. and Mrs. W. Echlin of Portland have moved into the Staniger rooms on the corner of Sixth and B streets. Mr. Echlin is employed as fireman with the steam shovel gang at work at Natron. The following persons were registered at the Springfield hotel Friday: R. W. Drake, Brownsville; D. A. Wade, Brownsville; Dan Seibel, Portland; C. R. Githews, Portland; Ed Post, and W. C. Miller. Mr. and Mrs. A. E. Wilmsen of Hecla, South Dakota, were here Saturday and Sunday as guests of superintendent and Mrs. R. L. Kirk. The visitors were on their way to California where they expect to spend the remainder of the winter. Mr. and Mrs. Ed Dupont of Marcola stopped over in Springfield Friday evening on their way home after a business trip to Vida. While here they were registered at the American hotel. Mr. and Mrs. Earl Kelley of Deer Horn The Cook, J. D. McDaniel of Marcola, P. A. Bell of Mabel, J. Fisher of Springfield, H. D. Fountain of Waterville, A. A. Johnson of Waterville, W. C. Miller and Walter Conrad, were registered at the Springfield hotel on Saturday. Word has been received here of the marriage of Austin M. Platt of Cleveland, Ohio, to Miss Geogie Cone of that place. Mr. Platt is the son of Mare Platt, of Douglas Gardens. For several years Mr. Platt was employed by the Booth-Kelly Lumber company in Wendling and at this place. He left for the east four years ago.

Beware of Ointments for Catarrh that Contain Mercury as mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free. Sold by Druggists. Price 75c per bottle. Take Hall's Family Pills for constipation.

SCHOOL NEWS. By RUTH SCOTT.

Very little new work is being taken in the classes now. Reviews are being held in preparation for the examinations. The design for the senior rings and pins was decided upon at a meeting held Friday noon. This is the first senior class to order rings; however, the majority of the members selected pins. New batteries for the bells were installed Tuesday. Billy Machen acted in the capacity of bell hop while the bells were out of order. The schedule for the final examinations has been made, they will be held Thursday and Friday of this week. The second semester begins next Monday. An excellent program is anticipated at the appearance of the Albany high school orchestra next Tuesday evening. Eighteen students are members of the orchestra. Lillian Mulligan was elected girls' yell leader at a meeting held last Wednesday afternoon. "Irish" was initiated into her new duties last Friday evening at the game between the Junction City and Springfield high schools. Sunday School teacher to Freshie? "From what land did Moses come?" Bright Freshie: "Albany." An enthusiastic school rally was held by the students Friday afternoon. We certainly feel proud of our basketball boys. They are fighters, every one of them. Junction City will not feel so "fresh" now, although we must admit that they did pretty well. Our students are again tasting the joys of childhood. Such games as Felling Dutchman and Farmer-in-the-Dell are being played at noons. Who wants a boy? Girls, you may have one for the asking! A must clean—and good looking at that. You can only have him one evening though because he belongs to the Albany high school orchestra. Bill Hill wishes to find more homes that will entertain the members of the orchestra. Found a Sure Thing. L. B. Wixon, Farmers Mills, N. Y. has used Chamberlain's Tablets for years for disorders of the stomach and liver and says, "Chamberlain's Tablets are the best I have ever used." Obtainable everywhere.

LOCAL MAN WRITES DECRYING VALUE OF S. P. GRANT LANDS

M. M. Peery, Says in Letter to Journal, That Country is of Little Worth. In a communication to the Oregon Journal, M. M. Peery, local druggist, decries the value of the Southern Pacific grant lands, saying that the statement that there are numerous tracts suitable for homestead entry is absolutely untrue. Since Mr. Peery is well acquainted with the grant land country, his statement should be worthy of consideration. His letter follows: A good many of the papers of the state continue when discussing the Southern Pacific land grant, to make the statement that a considerable portion of it is suitable for agricultural purposes and settlement. This error has been so persistently circulated and is so far from the truth that I do not understand why it is not more often disputed. The writer has spent his life in the Willamette valley and has been over the greater part of the grant lands now held by the Southern Pacific in Marion, Linn, Lane and Douglas counties and knows, first hand, that the statement that there are numerous tracts suitable for homestead entry to be absolutely untrue. The continued circulation of this fallacy will cause a great many to make sacrifices they cannot afford and has already helped to make possible the recent land frauds. Every spot of ground containing even a few acres of the west side of the Cascades was homesteaded, or if in the land grant was sold by the railroad company, years ago, and if there is in this grant now anywhere a few acres that might be cultivated it is inaccessible or so remote that it would be the height

of folly to attempt to make a home on it. This grant is valuable almost entirely for its timber. It contains a lot of waste land of little value for grazing, but absolutely nothing for the home seeker. When the timber is removed there may be a few spots here and there, on which a man might make a home after a lifetime of hard work, but they are few and far between. I think the people ought to know the facts. A few timber syndicates may profit by this grant reverting to the government but let no man be deceived into withholding a lot of land from settlement; for the agricultural land in the grant, in all the four counties mentioned, all put together would not make one good farm. The Habit of Taking Cold. With many people taking cold is a habit, but fortunately one that is easily broken. Take a cold sponge bath every morning when you first get out of bed—not too cold, but a temperature of about 90° F. Also sleep with your window up. Do this and you will seldom take cold. When you do take cold take Chamberlain's Cough Remedy and get rid of it as quickly as possible. Obtainable everywhere. NOTICE FOR PUBLICATION. Department of the Interior, U. S. Land Office at Roseburg, Oregon. January 15, 1917. NOTICE is hereby given that Walter J. Brown, of Vida, Oregon, who, on July 29, 1914, made Homestead Entry, Serial No. 99659, for the SE 1/4 of Section 12, Township 17S, Range 2E, Willamette Meridian, has filed notice of intention to make Final Commutation Proof, to establish claim to the land above described, before L. P. Hewitt, U. S. Commissioner, at his office, at Eugene, Oregon, on the 20th day of February 1917. Claimant names as witnesses: Milo Thompson, of Vida Oregon; Clyde A. Wendel, of Vida Oregon; Alden Lowe, of Vida, Oregon; Carey Thomson, of Vida, Oregon. W. H. CANON, Register. Jan. 15, 22, 25, 29; Feb. 1, 5, 8, 12, 15.

Good Travel Insurance. Every foot of the Union Pacific System between Portland and Chicago is protected by Automatic Electric "Safety" Signals. Go EAST via the famous Columbia River Route and enjoy the security from delay and annoyance these sentinels assure. WM. McMURRAY, General Passenger Agent, PORTLAND

Made in Springfield. A DIRECTORY OF MERCHANTS AND BUSINESS MEN WHO WANT YOUR BUSINESS AND WILL GIVE YOU GOOD VALUES. The House of Quality. STOP that cough with EGGIMANN'S Menthol Cough Drops. EGGIMANN'S CANDY KITCHEN PHONE 51. ELECTRICITY For light, heat and power. "Made in Springfield." Oregon Power Co. Shoes, Harness, Socks and Overalls. Miller's Shoe Grease. Wolf & Miller Harness Shop. SPRINGFIELD, OREGON. "THE FARMER'S FRIEND" ED. DOMPIER. Buggies, Wagons, Hacks, Harness, Saddles, Horses and Cattle for sale. I buy and sell all kinds of junk. Phone 29 South 2 and A Streets. SEE The Booth Kelly Lumber Co. FOR 4 foot Slab Wood. \$2.00 per Cord at the Mill. Springfield Flour Mills. BAKORE Hard Wheat Patent. Try me. Get acquainted. You will like me. Best value for your money of any flour in Springfield. NOXALL. You know I am well liked by all bread makers. We give you more for your money in flour and feed of all kinds than any other place in town.