

Your Weight
Indicates
Your Health

How Much Do You Weigh?

We have just received a physician's scale. Come in and use it whenever you wish to.

We give 12 1-2 vote ticket with each 50c purchase. Ask for your tickets.



Day and Night Phone 31

—Get your early garden seeds at the Feed Store.

—Get a box of Miller's Shoe grease, the best what is, at the Harness Shop.

James Commins of Camp Creek was in Springfield on business Thursday.

Mrs. E. F. Bean, who has been quite ill for several months, is able to be up and about.

—Kyanize, our new varnish, all colors, for inside, or out side work. J. C. Holbrook.

A handsome new sign adorns the side of the delivery wagon of Knox's Sanitary Grocery.

Fred Carter went to Portland this morning and will accept a position in a sawmill there.

—You can get a genuine French Calf work shoe at the Harness Shop, near 4th on Main.

J. R. and W. Howell of Brownsville registered at the Springfield hotel Friday night.

Milton Kintzley and his sister Mrs. Bert Doane, were down from Jasper Saturday and Sunday.

C. A. Hoag, oiler at Booth-Kelly who had an operation a week ago is reported as doing nicely.

Mrs. Edesse Cox returned on Wednesday from Scio, Linn county, where she had been visiting at the home of relatives.

Fred Bressler returned the last of the week from Salem, where he will take charge of a farm owned by his father and himself.

Oregon Power Co. workmen cut the pavement at Sixth and Main streets this morning to make some repairs to the mains there.

Mrs. Ernest Ralston of Douglas Gardens, was admitted to the Springfield hospital Saturday for treatment for an abscess. She will be able to go home in a short time.

Claud Washburne, assistant cashier of the First National bank of Junction City, was in Springfield last week visiting at the home of his parents, Mr. and Mrs. B. A. Washburne.

—Call at Mrs. B. E. Darling's on E between 4th and 5th street, for the Barclay corsets. Made to measure.

If you have a pair of wire stretchers belonging to Beaver-Henderson Hardware Co., kindly return them at once.

Sam Smith, one of the pioneer residents of Coburg, and one of the wealthiest men there, is reported critically ill.

Jack Gorrie sustained painful injuries to his foot Saturday afternoon when a wood saw fell on it, cutting a number of ugly gashes.

The current number of Popular Mechanics contains a picture of the log baul up in the Booth-Kelly mill here, and lists it as one of an unusual type.

—By golly, I think you ought to have those shoes repaired. Look at them. Then bring them over to Hall, the Shoe Doctor, Fifth and Main.

—Good reliable fire insurance. No assessments; no membership fee. Pay once and you are done. H. E. Walker at the City Hall.

—Cupid Best Patent Flour \$1.65 per sack or \$6.40 bbl. Johnson's Best Blend \$1.25 per sack or \$4.75 bbl. Why pay more? Buy it at the Feed Store.

Miss Myrl Arnold, a student of the Springfield High school was injured somewhat this morning when a board in the floor of the assembly room broke through with her.

E. A. Yachey, of Coburg spent Saturday and Sunday in Springfield visiting friends.

Rev. H. C. Ethell went to Donna and Wendling yesterday, and preached at the latter place last evening.

Dr. and Mrs. Eugene Kester went to Portland Saturday on a business trip. The doctor returned Sunday evening, but Mrs. Kester will remain a week or more visiting with her daughter, Mrs. Thurlow.

J. E. McKibben, who is to be superintendent of the Sheridan sawmill, recently purchased by Frank Boutin of the Fischer-Boutin Lbr. Co., is loading a car of household goods today, moving to Sheridan.

Joseph Cyr, father of M. Cyr, and father-in-law of E. F. Herbst, of the Springfield creamery will arrive tomorrow from Everson, Washington, near Bellingham, and will become associated in the operation of the creamery here.

Rev. W. N. Ferris attended the services Sunday afternoon celebrating the opening of the Salvation Army work in Eugene. Lieut. Col. T. W. Scott, the principal speaker at the meeting is a personal friend of the Rev. Mr. Ferris.

Gravel operations out of Springfield for the Willamette-Pacific railroad are expected to be resumed about March 15, according to advices received by railroad men here. Trains to Coos bay are not expected to be in operation much before the Fourth of July.

THE BAPTIST CHURCH

Thursday, Feb. 24, 7:30 P. M., regular monthly Covenant meeting. Request is made that every member be present. Our neighbors and friends are welcome.

What did you get Sunday morning?

Did you hear that sermon from the Baptist pulpit?

Do you like the ring of it? Rev. Ferris said in part, To be developed next to the worlds misunderstanding, misrepresentation, and rejection of Christianity, is the fact that God's own children comprehend so little the practicality and importance of its doctrines. There is world wide difference between Conversion and Regeneration.

A person may be converted many times and go straight to hell, and stay there. But there is no such thing as to Hell and back again. Hell's gates are closed to the child of God. The regenerated are high born. Born from above and hid with

Carl Sensensy is suffering from a badly sprained ankle.

Members of the G. T. club enjoyed a hike a few miles east of town Sunday.

Mrs. Bertha Baughn was able to be taken from the hospital today to the home of Mrs. Rice.

B. D. Smith, of Corvallis, is moving his family in the house on 5th and D streets, recently vacated by Harry Bird.

Mrs. Carl Baker of Eugene, who has been in the Springfield hospital for some time was taken to her home today.

Mrs. French of Wendling, was brought down this morning to the Springfield hospital and is in a very critical condition.

Mrs. Baxter Young has recovered somewhat from the effect of her recent operation, and is now doing as well as could be expected.

—The ladies of the G. A. R. will have a chicken dinner and everything else good to eat, on Tuesday, February 22, at the hall. Come everybody. Dinner 25c.

Clyde B. Atchinson, chairman of the Oregon Public Service commission, with Manager A. Norman of Eugene, paid an unofficial visit to the power plant here this forenoon. Mr. Atchinson delivered an address this morning before the school of commerce.

J. E. Lindstrom who lives thirteen miles west of Eugene, traded his ranch to C. W. Keller, of Payette, Idaho, for 100 acres of improved alfalfa land near that place. The consideration was \$24,000. Mr. Keller expects to move his family to Lane county in the spring. The deal was made through the Bean & Allen Realty company.

Rev. and Mrs. J. T. Moore, Miss Margaret Morris and Chas. L. Scott, members of the Methodist building committee, returned Saturday from a trip to Portland and Forest Grove to inspect church building plans and materials. The general outlines of the church to be erected here have been determined, and work is to be pushed as fast as possible. Rev. Mr. Moore returned to Lebanon today for another view of the church at that place.

Councilman M. Fenwick and Mrs. Fenwick returned Sunday evening from San Diego, California, where they have been for the past six weeks for Mr. Fenwick's health. They came by steamer as far as San Francisco, because the floods last month damaged the railroad to such an extent that trains will not be in operation until the first of the month. The damage done by the flood in some of the valleys was complete. Mr. Fenwick states.

The Frances E. Willard memorial exercises held at the Baptist church Thursday evening under the auspices of the Springfield W. C. T. U. attracted one of the largest crowds that has been seen in this city for some time. The church was filled, even the standing room being occupied, and at least 50 people were turned away.

Several addresses were delivered by prominent speakers, followed by exercises by the children. Dr. Keeney-Ferris gave a reading which was very pleasing. After the exercises the ladies of the Baptist church served refreshments.

Christ in God, for every such one is exercising repentance towards God and faith in Jesus Christ.

Repentance said, the preacher is a mighty good and safe road to travel—but a poor place to take up one's residence. We heed the Heroics—the Dynamics of the Gospel if ever we expect to magnify Christ whether it be by life or by death.

Personal Christianity involves two things—Acceptance and Impartation. Believe and receive ye the Lord Jesus. "Go ye into all the world—go home to thy friends and tell them how great things the Lord hath done for thee."

Many gave the message joyful reception and commendation. Did you?

In the evening, the reading, "Billy Sunday in action," by Dr. Keeney Ferris and the sermon that followed, "Why God Hates Sin," were most attentively listened to by a filled house.

Press Committee.

SPORTS

Tennis and baseball are fast becoming the favorite pastimes.

The Goshen Athletic club basketball team defeated the Springfield first team here Saturday evening by the score of 29 to 14. At the end of the first half the score stood 14 to 10 in Goshen's favor.

Springfield's second team evened matters up by winning from the Goshen seconds. The final score was 16 to 10.

Mrs. I. Casteel who underwent an operation at the local hospital a short time ago, will be able to be taken to her home in a few days.

Earl and Floyd Thompson who have been at the home of their parents, Mr. and Mrs. L. E. Thompson, since Christmas expect to leave tonight for Montrose, Colorado. Arthur Roberts expects to accompany them.

LUMBER YARD PURCHASED

The Mohawk Lumber company's lumber yard on High street, between Fifth and Sixth avenues east, in Eugene, has been purchased by Carl E. Fischer of the Fischer Lumber company, at Springfield, and the yard will hereafter be conducted by J. H. McDonald, who has been connected with the Parks Soules Lumber company, but who has resigned his position to take the new one. The change took place last week.

Mr. Fischer will resume operations at his mill at Springfield at once and the lumber for restocking the local yards will be shipped from the plant there.

There are prospects for a betterment in the retail lumber business in Eugene immediately, say the dealers, and Mr. Fischer intends to be prepared to meet all demands in that line.—Register.

WILL OBSERVE WASHINGTON'S DAY

The following program has been prepared for Tuesday, Feb. 22, at the Lincoln school:

- Song, America
- School Recitation, "Our County"
- Ethel Mulligan Duet
- Two Girls Reading, Selected
- Thelma Crouch Song, "Columbia"
- School Address, Lincoln's
- Clifford Fandrem Reading, "Our Flag"
- Helen Stevenson Song
- School Recessional
- Ada Renne Trio
- Girls Song, "Friendly Hand"
- Boys Song
- Boys Speech, Duties of Citizens
- Sidney Warner

In addition to the program above each room and department has prepared an exhibit of the year's work. Every parent, old and young, should not fail to visit the school on this day, as it will be the last of the kind this year. Come. Bring your neighbors. Stay as long as you like.

Stanfield—Swift Packing Co. makes 230,000 acre land purchase near here.

Large industry locating at Grants Pass brings new residents and business. Ashland—\$15,000 mineral water bottling plant to be erected here.

Harriman—Union Pacific system has 200 men putting on finishing touches on branch into Harney County.

Astoria—County road master will build 2 1/2 miles Nchalem highway.

Tales of the Town

—Spray in any quantity. J. C. Holbrook.

Ransom Miller has purchased a Ford automobile.

C. Wendell of Vida was in Springfield Saturday.

G. Sanderson of Camp Creek was at the Springfield hotel on Friday.

Mr. and Mrs. Bert Reimenschneider were down from Wendling Saturday.

Mr. and Mrs. Tom Swarts of Natron were in Springfield on business Thursday.

Mr. and Mrs. Lonzo Mosier, who have been visiting at the home of their daughter, Mrs. L. May, returned to their home at Oregon City Thursday.



In Building A Highway

you would build for efficient service now and for generations to come.

The "Road to Wellville" is built that way. And the passport to that road is "right living," in which food and drink play such a big part.

More and more people are waking up to the need of banishing from the dietary heavy, indigestible foods, and food deficient in the vitalizing mineral salts. Food scientists now hold that the lack of these elements is one of the chief causes of a long list of ills, including anemia, constipation, nervous prostration, kidney trouble, and so on.

Long ago a food—now famous—was devised to make up for this lack, and it does it admirably.

That food is

Grape-Nuts

Made of whole wheat and barley, it contains all the nutrition of the grain, including those vital elements—phosphate of potash, etc.—which are indispensable for perfect balance of body, brain and nerves, and for warding off disease.

This food comes ready to eat, is economical, and delicious. Digests quickly—generally in about one hour—and is full of health-making goodness.

A ration of Grape-nuts along with other food has started thousands on the "Road to Wellville."

"There's a Reason"

Social Notes

The Kensington club held a most enjoyable session Friday afternoon at the home of Mrs. L. May at Ninth and C streets.

Sewing was the diversion of the afternoon, after which the hostess served refreshments. As guests of the club there attended Mrs. O. H. Jarrett, Mrs. W. L. Dunlap, Mrs. J. C. Parker, Mrs. W. C. Cofer, Miss Laura Tryon (Crescent City, Calif.), and the members present were: Mrs. J. W. Coffin, Mrs. O. B. Kessey, Mrs. H. A. Korf, Mrs. W. A. Herndon, Mrs. F. E. Lenhart, Mrs. W. F. Walker, Mrs. N. W. Emery and Mrs. May. The next meeting of the club will be held at the home of Mrs. C. E. Swarts on March 3.

Byron H. Smith was the recipient of a very pleasant surprise party Monday evening upon the eve of his departure for Detroit to enter school. Members of the Ekklesian class of the Methodist church gathered at the Smith home, and spent the evening with music and games. The guests were: Mr. and Mrs. J. E. Goddard, Mr. and Mrs. H. F. Parsons, Miss Chloie Wooley, Miss Grace Walker, Miss Jeessie Walker, Miss Theda Perkins, Miss Edna Swarts, Miss Frances Bartlett, Miss Nora Olson, Miss Florence Coffin, Miss Olive Smith, Bruce Lansbery, Randall Scott, Paul Scott, Orson Vaughn, Lynn Grandy, Joy Walker, Herbert Hansen, Vance Cagley, Leland Parsons, Ed. Olson, Oswald Olson and Byron Smith.

A pleasant evening was spent informally at cards at the A. J. Perkins home Wednesday. Five Hundred prevailed. The guests of Mr. and Mrs. Perkins were: Mr. and Mrs. L. M. Beebe, Mr. and Mrs. C. E. Wheaton, Mr. and Mrs. J. A. Seavey, Mr. and Mrs. Welby Stevens, Mr. and Mrs. J. J. Bryan.

The High school friends of Miss Helen McKibben formed a merry party that gathered at the McKibben home Friday evening to bid their classmate good by before her departure to Sheridan, Ore.

The bi-weekly session of the Whist club was most pleasantly entertained Thursday evening at the home of Mr. and Mrs. J. C. Mullen, at Seventh and B streets. There were six tables, and honors of the evening fell to Mr. J. A. Seavey. Mrs. Seavey was awarded consolation. Club members present were Mr. and Mrs. Mullen, Mr. and Mrs. B. A. Washburne, Mr. and Mrs. J. A. Seavey, Mr. and Mrs. Welby Stevens, Mr. and Mrs. L. M. Beebe, Mr. and Mrs. J. A. Perkins, Mr. and Mrs. J. W. Machen, Mr. and Mrs. J. J. Bryan, Mr. and Mrs. A. Middleton, Mr. and Mrs. I. D. Lari-

mer, Mr. and Mrs. C. E. Wheaton, and Mr. and Mrs. J. B. Bell (Eugene.) Guests of the club were Miss Marjorie Machen and Mr. John Ketels.

A score or more of friends of Mr. and Mrs. J. E. McKibben gathered at their home Saturday evening to bid them farewell before their departure to Sheridan where they will reside. Those present were: Mr. and Mrs. J. Earler, Mr. and Mrs. Ed. Collins, Mr. and Mrs. N. Griffin, Mr. and Mrs. J. E. Staniger, Mr. and Mrs. L. E. Durrin, Mr. and Mrs. E. J. Reynolds, Mr. and Mrs. Harry Brumette, Mr. and Mrs. Sam Richmond, Mr. and Mrs. Geo. Barnard, Mrs. Gladys Smith, Mrs. D. Crouch, Miss Grace Collins, Miss Laura Griffin, S. W. Cranmer, Claud Valher, Cal Burns.

Mrs. F. A. DePue was hostess of the N. G. O. sewing club last Tuesday afternoon. Following an afternoon of needlework, the hostess served a delicious two-course luncheon. The club members present were Mrs. J. E. Stewart, Mrs. L. M. Beebe, Mrs. J. J. Bryan, Mrs. W. L. McCulloch, Mrs. A. J. Perkins, Mrs. Welby Stevens, Mrs. J. A. Seavey, Mrs. B. A. Washburne, Mrs. H. B. Woods (Eugene).

Mrs. R. H. Miller, known to her many friends as Grandma Miller, gave a very enjoyable dinner Friday evening to a number of her friends. Music, singing and games followed the dinner.

Mrs. J. E. Richmond was the charming hostess of the Needlecraft Thursday afternoon, when she was assisted in serving by her two little daughter. Mrs. R. P. Mortensen and Dr. Keeney Ferris were guests of the club. The members present were: Mrs. M. G. Bally, Mrs. R. L. Kirk, Mrs. Aldred Beaver, Mrs. H. E. Walker, Mrs. Mae Stevenson and Mrs. George Catching.

Last Friday evening at the home of Mr. and Mrs. Al Montgomery was the scene of a surprise party in honor of the birthday anniversaries of J. P. Fry and Al Montgomery. The guests of the evening were the members of the Progressive Five Hundred club. Cards were enjoyed until a late hour when a two course luncheon was served. The head prize of the evening was won by Gilbert Davis and the consolation by Wm. Donaldson. The guests of the evening were: Mr. and Mrs. Wm. Donaldson, Mr. and Mrs. Gilbert Davis, Mr. and Mrs. L. E. Durrin, Mr. and Mrs. Geo. Catching, Mr. and Mrs. J. E. Edwards, Mr. and Mrs. Al Montgomery, Mrs. Zella Cantrell, Mrs. B. A. Washburne, Mrs. Jessie Newman.