

the province of an educational insti- from which he comes.

After the roturn of the representa-The intention is that the man who meet the business men of the state will come here from South America through the Portland Chamber of Co. will be conversant with the commer- merce, to give them the benefit of his

Bend that he has just finished pleasure drive is enough to convert the merce is to further the prosperity of Commerce of that Chamber in matters the construction of 12 houses most stubborn opponent of "new-fan- the state in every way that is within pertaining to trade in the territory and has the contract to build 48 gled notions." more in the Spring. He says

game.

folce

weather is now interfering with Coming home from the daily race,

Bringing little of gold or fame

these people. Supplies may be increase of interest in good roads. ieft at I. D. Larimer's or at Nice Every farmer who buys an auto be & Miller's. Comes forthwith a champion of better Composition of the way President Composition of the matter of the beginning of trade as well as of come here will be asked to meet the friendship," is the way President Composition of the the beginning of trade as well as of come here will be asked to meet the friendship," is the way President Composition of the the beginning of trade as well as of come here will be asked to meet the friendship," is the way President Composition of the the beginning of trade as well as of come here will be asked to meet the friendship, " is the way President the the beginning of trade as well as of trade in the beginning of trade as well as of the b highways. One experience of getting Campbell puts it, realizing that one Oregon through the Chamber of Com-George Perkins writes from stalled in the mud when out for a of the duties of the School of Com-

tion of this kind.



# **Nothing Stops** This Man

The man with vigorous, virile health, and a clear mind, who brushes away obstacles, and rejoices in overcoming difficulties, is bound to succeed. His is the joyous outlook on life.

Physical and mental conditions like these come largely through proper eating-"Food makes the man."

Now it is a fact-attested by food experts-that the modern dietary is woefully lacking in the very elements that put success into a man. . They are the mineral salts -Phosphate of Potash, etc. .White bread is almost wholly lacking in them .. But there is one food that richly supplies these vital elements, and that food is

**Grape-Nuts** 

Made from whole wheat and barley, Grape-Nuts contains all the nutriment of the grain, including the valuable mineral salts. . It is easily digested, is concentrated and has delicious taste. A daily ration of Grape-Nuts along with other foods helps build vigorous bodies and keen brains.

## "There's a Reason" Sold by Grocers Everywhere

construction work. \* \* \*

Harry Caldwell came up from Salem and spent Sunday at the home of Mrs. A. S. Walker, remother, Mrs. Alice Caldwell, who has been visiting the past. One of ten million men or more, who has been visiting the past Plodding along in the daily strife, iting here, returned with Mrs. For the sake of those who at home Caldwell.

ADVERTISED LETTERS

Springfield, Ore., Nov. 8, 1915. Mr. Wesley Ward. Mrs. Myrtle Johnson. Mr. C. W. Bragg.

Mrs. Delilah Adams. One cent due on all advertised

letters HARRY M. STEWART,

await, Cnly a dad, neither rich nor proud, Merely one of the surging crowd, Tolling, striving from day to day, Facing whatever may come his way; Silent, whenever the harsh condemn.

And bearing it all for the love of them. Only a dad, but he gives his all To smooth the way for his children small

Doing with courage set and grim, The deeds that his father did for him. This, is a line for him, I pen,

Postmaster. Only a dad, but the best of men

Social Notes

The first mask ball of the Mrs. H. W. Stewart, Mr. and Mrs. Springfield Fire Department, W. L. McCulloch, Mr. and Mrs. held at the Reapers hall Satur- M. M. Peery, Mr. and Mrs. J. E. day evening, was a most pleas-ant social affair The hall was ant social affair. The hall was Wheaton, Mr. and Mrs. A. P. Mccrowded, and all enjoyed the oc- Kinzey, Mr. and Mrs. M. G. Bally, casion to the utmost. Prizes Mrs. Thurlow (Portland), Mrs. were awarded to Mr. and Mrs. Eddesse Cox, Miss Edna Swarts, Faul McKey for the best sustain- Mrs. C. E. Fischer and Mr. A. D. Springfield Garage ed characters and to Mr. J. J. Williams.

Bryan and Mrs. Ronald Roberts The Priscilla club held a most for the most comical characters. The judges were Mrs. S. Young, enjoyable session Friday after-Harry Stewart and B. A. Wash- noon at the hom of Mrs. W. C. bnrne. Arrangements for the Rebhan. Chrysanthemums and was composed of J. C. Mullen, the/club wer present, together Harry Keifer, and P. S. Chase.

dance were made by Dale Mum- autumn leaves were used freely mey, Milton Bally and Harry in decorations. All members of SPRINGFIELD Keifer while the floor committee the club were present, together

with these guests: Mrs. B. A. Office Ninth and Pearl Sis Washburne, Mrs. W. L. McCul-

Members of the Five Hundred loch, Mrs. A. M. Beaver, Mrs. club and their husbands were Walter Herndon, Mrs. N. W. Ementertained Thursday evening ery, Mrs. W. H. Pollard, Mrs. J. by Mr. and Mrs. Howard Woods S. Holbrook and Mrs. S. H. Bak-Suite 2. Phone 858, EUGENE, ORE

at Eugene. Those who attended er. The hostess served a dainty Residence over Dodge's Store from Springfield were: Mr. and two-course luncheon.

To show how well he has played the cial trade and possibilities of trade and investigations. the natural resources and manufac-But glad in his heart that his own retured product of his part of the world. with special reference to the demands turning home today with his To see him come and to hear his voice. of the Pacific Northwest and particu-call for it and give your money larly of Oregon, and that he shall instruct the students of the School of who has been visiting the has. Plodding along in the data of life suster of Mrs. Bearing the whips and scars of life tween Oregon and South America. In With never a whimper of pain or hate suddition he will teach business Spanaddition he will teach business Span- grain at the Springfield Feed sh, the more or less technical phraseology of trade and trading.

Conversely, the man who will go from the School of Commerce of the lowest possible. University of Oregon will have made a detailed study of all those products of The Youth's Companion Calen-Oregon for which a South American trade can be developed. This knowledge he will transmit to the university to which he is credited, as well as teach commercial English there. this exchange of instructors to be one is paid for 1916, a Calendar for of the most practical and efficient the new year. It is a gem of methods of developing commercial re- calendar-making. The decoralations with other countries. The tive mounting is rich, but the man sent from the School of Com- main purpose has been to promerces to South America first will go duce a calendar that is useful, on a trip throughout the state to make and that purpose has been aa detailed study of the lumber, paper, chieved, box-making and furniture factories. fruit canneries and dryers, flour mills,

meat packing plants and other of the leading industries, that he may be prepared to call the attention of the importers and business men of the

..... The .....

H. SANDGATHE

Proprietor

AND DENTIST

-Try a sack of Booster Flour. If you are not satisfied we will back. \$1.20 per sack, \$4.70 a COX & COX. barrel.

. . . -Get your re-cleaned seed

Store. Cheat, Winter Oats, Vetch and Field grasses. Prices

### dar for 1916

The publishers of The Youth's Companion will, as always at this season, present to every The School of Commerce believes subscriber whose subscription

#### **Card** of Thanks

We wish to thank our neighbors and friends that were so kind during the sickness and death of our dear one.

> S. W. CRANMER, MRS. T. J. MCCRACKEN AND FAMILY.

