THE LANE NEWS COUNTY

W. A. DILL

Editor and Manager

Published Every Monday and Thursday by the Lane County Publishing Association.

RATES OF SUBSCRIPTION.

Advertising Rates Furnished on Application.

Member of the State Editorial Association. Member of the Willamette Valley Editorial Association.



And Remember to Get a Stop-Over for Springfield.

SPRINGFIELD, OREGON, MONDAY, JUNE 14, 1915.

SIMPLE ADVICE AND SOUND

"Walk," says an expert from the United States health department. "Walk for the sake of walking."

Commenting on this advice, the Telegram says: "The federal health department has much else to say about walking that is more easily epitomized than quoted. It is at pains to show that despite the more sanitary ways of living which have obtained of late years, the death rate above the age of 40 is increasing. The greater number of people who find sedentary employment, and from middle age on cease to walk altogether, or nearly so, is assigned as the chief reason for this. We do not propose to discuss whether this is theory or fact; whether it is a proper deduction or just scientific fancy. It will occur to most people, however, as a matter of common knowledge that walking is fast becoming a lost art and an abandoned enjoyment.

"The average man of affairs feels that it is rather beneath his dignity to walk to or from his business. Indeed, the chances are that if he has an errand during the day which takes him a few blocks from his office, he will jump on a car, hail a jitney, or call a taxicab. The average business man's excuse for all that sort of thing is that it saves him time, and time with him is money.

In the long run this is all a mistake, for the pleasure and beneficial effects of walking, when the practice is once cultivated as it should be, will add years of time that are lost to the average life. For walking in the open as a daily exercise is a tonic that tends to insure good health and bodily vigor and prolong life.

"Nor is the very joy of it the least of it. The morning walk from the suburban home to the office is a tonic that serves invigoratingly throughout the day. It is a tonic that with the novice has to be taken cautiously at first; indulged perhaps with something of an effort. But the fine effect of the crisp morning air as it fills the lungs with oxygen and sends the blood racing through the veins is not long delayed. It produces delight. It makes you feel that you are alive. Itgives you a touch of exhileration that puts you in finest fettle for the day's work.

"Try it. Walk until you begin to like it, and you soon will wonder how it is that all these years you have not been walking simply for the pleasure there is in it."

TOWNS THAT ARE ACTIVE AND OTHERWISE

Commenting on a note in The News last week about the forthcoming business men's banquet for the farmers,

the Canby Herald says: "The town nowadays that does not have a live, active commercial organization and that does not manifest an interest in the problems of the farmer and show a spirit of co-operation in the solution of these problems is rapidly becoming a back number. As we said some time ago, the farmer has a better feeling in his heart for the town that lays aside the pursuit of its own interests for a day and devotes itself to doing something for his interest and benefit, outside of trying to sell him something and get his money.

"A town that is not awake to the interests of its rural districts; that is not interested in the welfare and development of its surrounding country, aside from the interest arising from the prospect of direct commercial gain; that does not display a spirit of genuine co-operation and helpfulness towards the farmers of its vicinity; that does not make itself the center of community leadership, development and good will; that lives solely off the fat of the land, or as much of it as it can induce within its confines, giving nothing in return but the bare necessities which the farmers' dollar will purchase;-the town that is and does this cannot expect to receive the good will and patronage of its rural populace to such an extent as does the town whose merchants and business men take a day off occasionally, invite the farmers in as their guests, give them a free luncheon, and have some speakers from the state agricultural college on hand to discuss with them questions that are of interest to them and concern their welfare.

KEEP OREGON FREE OF SMOKE

Pive thousand members of the Portland Chamber of Commerce have enthusiastically joined in a movement to keep Oregon's atmosphere clear of smoke during the season of 1915. The Chamber itself is sending letters to all correspondents in urging co-operation in a movement in this direction.

With the dry season just beginning, it is considered that calling attention to the large number of tourists coming into Oregon this year will be sufficient to arouse the interest of the people of the state to the grave situation. Last year thousands of tourists were disappointed. They came to Oregon expecting to see the splendid scenery so widely advertised, and on their arrival found the brush heaps on fire from the Cascade to the Coast range, the atmosphere resembling a San Francisco fog. Those tourists left Oregon in disgust.

The Cottage Grove Sentinel and the Portland Spectator are having a sharp war over the rules of grammar, the use of words and of punctuation marks. When they have gone into the subject a bit further they will discover, perhaps, that words and punctuation marks are designed to express thought -they are the tools by which ideas are communicated. If a comma gives a shade of meaning that the writer wants, and the reader will understand, then the comma should be used irrespective of what the "rules" say. A true master of English invokes the referendum on a law of grammar that hampers his free and full expression of ideas.

Oregon is spending hundreds of thousands of dollars in building good roads in many sections of the state, and the work is being pushed with vigor at this time in order that the roads may be in readiness for the tourists. All this investment will be wasted and no material benefit gained by the state should the usual practice of burning slashings during the summer prevail. By concerted effort throughout the state, the season of 1915 may be made the most successful in the history of Oregon in entertaining tourists. If their pleasure is not interfered with, it is quite certain that the travel in years to come will be more than doubled.

"Doctors Eat and Discuss Fees," says a heading in a Eugene paper. Yes, there are times when we would like to make the doctor eat his fee.

made by the Forest Service laboratory from 24 different woods. and a number compare favor-ably with standard spruce pulp tions with the County Clerk on or

The Forest Service is cooperacting with 54 railroads, mining companies and cities in making tests of wooden ties, timbers, poles, piling and paving blocks which have been given preservative treatments.

in 1895 there were 15 wood preserving plants operating in the United States; in 1914 the estate are hereby notified to present the same, duly verified and with the number had increased to 122, representing all types of plants.

reports from 94 plants, show publication of this notice. that the total number of cubic feet of material treated with preservatives was 159,582,639. This was an increase of 5,968,-751 cubic feet over the total for 1913. Of this increase, 103,980 previous year.

During 1914, nearly eighty million gallons of creosote were used by the preserving plants of the United States.

Oregon City proposes a \$20,-000 addition to the high school. Baker will build a chautauqua

has started construction of a five-masted vesel.

creamery

Hood River-Fruit Growers' exchange is building a threestory warehouse.

Hopewell-United BrBethren are building a \$4000 church. Roseburg will abolish the city lectrical inspector.

NOTICE FOR PUBLICATION Department of the Interior, S. Land Office at Roseburg, Ore-

on, May 5, 1915. Notice is hereby given that ske P. Whiteley, of Leaburg, Oregon, who, on June 7, 1912, made Homestead Entry, Serial No. 08103, for the SW1/4 of Section 24, Township 16 S. Range 1 E., Willamette Meridian, has filed notice of intention to make Final three-year proof to establish claim to the land above described, before I. Hewitt, U. S. Commissioner, at his office, at Eugene, Oregon, on the 18th day of June 1915. Claimant names as witnesses:

William Shoning, of Leaburg, Oregon. Albert Gravos, of Vida, Oregon. Albert J. Ward, of Leaburg, Oregon. C. W. Southwick, of Leaburg, Gregon. J. M. UPTON, M6JE10 Register.

CONTRACTOR'S NOTICE

Court House, Lane County, Eugene,

Notice is hereby given that sealed bids will be received by the County Court of Lane County, Oregon, at Eugene. Cregon, up to 11 o'clock a. m. June 15, 1915, at which time said bids shall be opened, for the improvement by grading of 1100 linear feet of road ounty Road No. 3091/2 in Tp. 17 S., R 1 E., W. M., in accordance with dans and scecifications on file with the County Clerk of Lane County

Co; ien of the plans and specificaone may be obtained from the County Surveyor by a deposit of \$1.00 which deposit will be returned upon the reurn of the plans and specifications

amount bid. The right is reserved to reject any

of May, 1915. STACY M. RUSSELL,

NOTICE OF FINAL SETTLEMENT Notice is hereby given that the undersigned has filed their final account in the estate of P. J. Boiler, deceased, and Monday, the 21st day of June. Notice is hereby given to the

News print paper has been as the time for hearing said final account, and the settlement thereof. All persons interested in said estate are hereby notified to file their objections tions with the County Clerk on or before said 21st day of June, 1915, at

10 o'clock a. m. FIEDA LOUISA BOLLER, ANNIE MARIE SANDGATHE. MELVA JEJANETTE WATSON. Executrices of the Estate of P. J. Boller, Deceased.

Notice to Creditors. Notice is hereby given that the untersigned has been appointed, by the county court, executrix of the estate of William M. Moore, deceased. All proper vouchers, to the administra-trix at the office of Woodcock, Smith The 1914 figures, based upon six months from the date of the first

Date of first publication of this no-tice is April 26, 1915. MARGARET MOORE, Executrix of the estate of William M. Moore, deceased.

Notice to Property Owners All property owners are herecubic feet was made up of piling by notined that an parkby notified that all grass and and 3,577,571 more cross ties ings must be cut or the city will were handled than during the do so and charge to owner of property.

J. E. STANIGER,

Classified Ads

For Sale, Rent, Wanted, Etc.

St. Helens Shipbuilding Co. FOUND-Bicycle padlock. At The News office.

Carlton gets a \$5000 concrete LOST-On Fifth street, purse and sum of money. Finder please leave at News office.

> R. O. A. hall for rent. Well ventilated and lighted, clean and warm. Kitchen and dining room attached. Rates reasonable. Apply to Fred Watke, Gilbert Davis or W. A. Hall.

OR SALE-Timber claim, for \$6,000. No incumberance, clear title, 8,806,500 feet if taken inside of 6 weks. Address A. P. Nilsen, Springfield, Oregon.

OUND-One bay mare. Owner may have same by calling, describing, paying for this ad and paying for keeping. A. L. Churchill, Springfield. Ore. R. F. D. 2. 37-8-9

WANTED-1 to 5 acres, close in. State price. Address B. J. care News office. 39

CONTRACTOR'S NOTICE Court House, Lane County, Eugene,

Oregon Notice is hereby given that sealed bids will be received by the County Court of Lane County, Oregon, at Eugene, up to 11 o'clock a. m., June 15 1915, at which time said bids shall be opened, for the improvement by grad-'ng of 3450 linear feet of road on County Road No. 56, in TP, 17 S., R. of E., W. M., in accordance with plans and specifications on file with County Clerk of Lane County.

Copies of the plans and specifications may be obtained from the County Surveyor by a deposit of \$1.00 good condition in ten days.

Each bid must be accompanied by the return of the plans and specificacertified check for 5 per cent of the Each bid must be accompanied by a certified check of 5 per cent of the

of Lane County, Oregon, this 24th day or all bids. Done by order of the County Court of Lane County, Oregon, this 24th day

County Clerk of May, 1915. STACY M. RUSSELL. County Clerk

Bound to Grow Most large business enterprises of today were begun in a small way. Proper banking facilities will help your business to grow and prosper. This Bank gives the same careful attention to the small accounts that it furnished the larger ones-we know they will grow. We will appreciate your account whether small or large. ESTABLISHED 1907 SAFETY-CONVENIENCE-SERVICE

The Best Groceries

For Less Money

The Fifth Street Grocery

Thos. Sikes, Prop. Phone 22

Our Bank Money Orders Are Safe—Cost Less—Good Everywhere

On \$25.00 or Under, Bank Money Order Costs Only 5c ON \$25.00 to \$100.00 Bank Money Order Costs Only 10c If lost or destroyed in transmitting through the mails, or otherwise, we give you a duplicate without any cost or red tape whatever.

Commercial State Bank

Capital \$30,000,00

This Will Whet Your Appetite

This store is filled with the choicest groceries money can buy-with groceries entirely free from all adulterationswith groceries of the most absolute and unquestioned purity-with groceries that build up the system and instill that remarkable energy which insures success in life.

NICE å Opposite Commercial State Bank Phone 9

FIRST, NATIONAL BANK, EUGENE, OREGON.

Established 1883

Capital and Surplus

\$300,000.00

Interests on Savings Accounts and Time Certificates

legal voters of School District No. 19 of Lane County, State of work to be done may get stu-Oregon, that the Annual School dents help on short notice and Meeting of said District will be at the same time render a serheld at the Lincoln Building; to vice to students working their begin at the hour of 8 o'clock P. way through college by calling M. on the third Monday of June, up the University Y. M. C. A., being the 21st day of June, A. D. Eugene 504, Work of afternoons

This meeting is called for the purpose of electing one Director to serve three years and one Clerk to serve one year and the transaction of business usual at such meeting.

Dated this 7th day of June,

W. H. POLLARD, Chairman Board of Directors. HERBERT E. WALKER

and Saturdays is especially de-To Owners of Lots in Laurel Hill

-Persons having odd jobs of

Cemetery.

You are hereby notified to remove the dirt and other refuse from lots within 30 days of the date of this notice or the same will be done by the lodge.

By Order of Springfield Lodge No 70, I. O. O. F.

Notice is hereby given to the M-37-9-1 District Clerk. Dated June 7, 1915.