

Oregon Public Broadcasting releases schedule of shows airing during Asian Heritage Month

Oregon Public Broadcasting (OPB) has assembled a schedule of Asian-related programs, shows, and documentaries that will air during Asian Heritage Month. The organization has gathered together pieces created by the Center for Asian American Media (CAAM), Pacific Heartbeat, Independent Lens, and others.

The list includes locally produced shows, such as an episode of Oregon Experience focusing on the Kam Wah Chung & Co. general store in John Day, Oregon, as well as segments of the five-part *Asian Americans* series that traces the epic story of Asian Americans spanning 150 years of immigration, racial politics, international relations, and cultural innovation.

The programming will air on both OPB and OPB Plus. For more information, call (503) 293-1982. To learn more, or to view the full schedule online, visit <www.opb.org>.

Below is a partial schedule:

Try Harder!

May 2, 11:00pm, OPB

Try Harder!, an episode of Independent Lens, takes places at Lowell High School, San Francisco’s academic pressure cooker, where the kids are stressed out. With a majority Asian-American student body, high-achieving seniors share their dreams and anxieties about getting into a top university.

“Finding Your Roots: Reporting on the Reporters”

May 3, 8:00pm, OPB

“Reporting on the Reporters,” an episode of “Finding Your Roots,” features host Henry Louis Gates, Jr. exploring the family histories of journalists Ann Curry, Lisa Ling, and Christiane Amanpour.

“High Tide, Don’t Hide”

May 3, 11:00pm, OPB

“High Tide, Don’t Hide,” an episode of Pacific Heartbeat, follows New Zealand teens as they join a School Strike for Climate.

Shinmachi: Stronger Than a Tsunami

May 4, 7:00pm, OPB Plus



Photo courtesy of Roger Tully

HISTORY DOCUMENTED. Mr. Tornado, a documentary about Tetsuya Theodore “Ted” Fujita (left photo), a Japanese-American scientist who devoted his life to unlocking the mysteries of severe storms, airs May 11 on OPB Plus.

On the morning of April 1, 1946, a deadly tsunami reduced Shinmachi to rubble. In *Shinmachi: Stronger Than a Tsunami*, discover the resilience of a unique Japanese community in Hilo, Hawai’i. Their stories bring to life the once-thriving small business district founded by Japanese immigrant plantation laborers who made the bold decision to establish their economic independence from the sugar industry.

“James & Isey”

May 8, 8pm, OPB Plus &
May 10, 11:00pm, OPB

“James & Isey,” an episode of Pacific Heartbeat, follows a New Zealand woman who prepares for her 100th

birthday with her son.

Waterman: Duke, Ambassador of Aloha

May 10, 9:00pm, OPB &
May 29, 8:00pm, OPB Plus

Waterman: Duke, Ambassador of Aloha, by American Masters, tells the inspiring story and considerable impact of five-time Olympic medallist Duke Kahanamoku, who shattered swimming records and globalized surfing while overcoming racism in a lifetime of personal challenges. *Waterman* is narrated by Jason Momoa.

Asian Americans: “Breaking Ground”

May 11, 7:00pm, OPB Plus

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Helping Overcome Problem Gambling

Spring is Here

This time of year, Oregon is dressed up in her finest. Tree buds burst into flower and mountains come out from hiding behind cloudy skies. It becomes just a little easier to set aside the things that worry us, to perhaps try to ignore habits that we developed during darker days. If gambling is one of those habits, it’s a great time for a new start. Spring is a perfect time for renewal, for change.

Help is Available

If you have a gambling habit that has grown beyond your control, help is available. Through the Oregon Problem Gambling Resource (OPGR), gamblers and those who love them can get support from trained addiction counselors, often right from home. Treatment is effective. People are ready and waiting to provide better mechanisms to cope and to heal. And, best of all, it’s free.

All it takes is a phone call, a text, or an online chat to get started. Reach out. Let this season be your season for change.

For more information, visit

