#### February 7, 2022

### Lunar New Year

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**NEW YEAR ACTIVITIES.** The Lan Su Chinese Garden in Portland welcomed the Year of the Tiger last week, beginning its 15-day festival on February 1. Some of the events scheduled during Lunar New Year celebrations include weekend lion dances (top photo), a Chopsticks Challenge (bottom photo), and more. Daytime garden hours are 10:00am to 5:00pm during Lunar New Year festivities. (AR Photos/Jan Landis)

# The Year of the Tiger kicks off at Lan Su Chinese Garden

The Lan Su Chinese Garden in Portland kicked off the Year of the Tiger on Tuesday, February 1. The Lee's Association Dragon & Lion Dance Team thrilled several hundred attendees in the morning with a lion dance performance held on the front plaza.

Following the performance, the garden was filled with Lunar New Year enthusiasts, as Lan Su — a mostly outdoor venue — was near capacity for the first time in nearly two years. The celebration continues daily through February 15 with lanterns, cultural activities, and more.

Chinese calligraphy demonstrations are featured on Tuesday and Thursday, February 8 and 10, from 10:00am to 4:00pm. A "Culture on Zoom" talk, entitled "The Chinese Zodiac and Lunar New Year Traditions," takes place on Wednesday, February 9 from 2:00 to 3:00pm (registration is available online).

A family craft activity and Chinese seal carving demonstration are held on Friday, February 11. From 10:00am to 2:00pm, attendees of all ages and abilities are invited to make and decorate an origami tiger craft with Carolyn Woody of Lunarcat Studios in partnership with the Japanese American Museum of Oregon.

From 1:00 to 3:00pm on Friday, gardengoers learn about the history and use of Chinese seals and watch artist Dan Lucas demonstrate how to carve one. Seal carving has been used in China for more than 3,000 years as a form of identification and authorization. The craft has been kept alive by calligraphers, painters, and seal carvers.



2:00pm: Cultural dance by the Portland Chinese Dance Troupe 4:00pm: Martial arts demonstration

Sunday, February 13 1:00pm & 3:00pm: Lion dance 2:00pm: Cultural dance by the Chinese

Friendship Association of Portland 4:00pm: Martial arts demonstration

On the final day of the festival, Tuesday, February 15, a Chopstick Challenge is offered from 10:00am and 2:00pm; "Foods of the New Year: Tangyuan" can be viewed from 10:00am to noon; and Chinese calligraphy is demonstrated from 10:00am to 4:00pm.

Lan Su Chinese Garden is located at 239 N.W. Everett Street in Portland. Hours during the Lunar New Year are 10:00am to 5:00pm. To learn more, or to view a schedule of activities, call (503) 228-8131 or visit <www.lansugarden.org>.

# Supporting Oregonians

COPING WITH PROBLEM GAMBLING

### Coping

Activities that help us cope with the things we can't control are generally positive choices. Sometimes, however, those activities themselves become difficult to control.

For some, gambling can turn from a fun distraction into something that feels increasingly out of control.

## Help is Available

Here in Oregon, help is available. Through the Oregon Problem Gambling Resource (OPGR), gamblers and those who love them can get support from trained addiction counselors, often right from home. Treatment is effective. People are ready and waiting to provide better mechanisms to cope and to heal. And, best of all, it's free.

During the weekend, February 12 and 13, there are family crafts (10:00am to 2:00pm), calligraphy demonstrations (10:00am to 4:00pm), and performances.

Visitors learn how to make a traditional Chinese craft — lucky Chinese knots, also called good luck knots, which symbolize prosperity and good luck — during weekend craft activities.

The weekend performers feature: Saturday, February 12 1:00pm & 3:00pm: Lion dance

Thinking of you, Janice, during the Lunar New Year, a special time that always reminds me of you! ♥ To view a video of one of the lion dances performed on February 1 at the garden, go to <www.facebook.com/theasianreporter/videos/10907 37718446366>.



For the last four months we have been working hard to find a way to hold Mochitzuki, the Japanese American New Year's Festival, in 2022. We had made plans for a scaleddown outdoor event and were making preparations to proceed. However, after much deliberation with regard to the new Covid-19 projections, in consideration of the safety of our community, we have cancelled Mochitsuki 2022.

We are deeply grateful to those of you who encouraged us and were willing to participate in any capacity you could. Thank you also to everyone attending or volunteering each year. Let us continue to support one another, and we look forward to seeing all of your smiling faces again, soon! Stay safe and healthy in 2022, the year of the Tiger.

Mochitsuki Planning Committee

Presenting organizations: Suparamie American Olizami League (SACL) – Portland Rocks Osumb of Portland Ispannia American Museum of Oregin Particled State University – Institute for Asian Mudlet All it takes is a phone call, a text, or an online chat to get started. Reach out. You're not alone.

### For more information, visit

