

This issue's
Community
Calendar
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"AgriCulture: Shaping Land and Lives in the Tualatin Valley"

Currently on display (Wed-Sat), 10am-3pm, Washington County Museum (17677 NW Springville Rd, Portland). View "AgriCulture: Shaping Land and Lives in the Tualatin Valley," an exhibit that explores the ways in which food cultivation shapes the lived experiences of people in the Tualatin Valley. The display includes photography, video, illustration, an interactive drawing station, and historical objects. Visitors are able to touch, hear, see, and learn about agriculture and the many ways it impacts all of our lives and cultures. For info, call (503) 645-5353 or visit <www.washingtoncountymuseum.org>.

"A Dragon Lives Here"

Currently on display (Tue-Sun), 10am-5pm, Wing Luke Museum of the Asian Pacific American Experience (719 S King St, Seattle). Learn about Bruce Lee at "Do You Know Bruce?" Part four of the display — "A Dragon Lives Here" — explores his Seattle roots and the fact that Seattle, now known as a city for innovation, technology, and entrepreneurs, also played a key role in shaping Bruce Lee and his groundbreaking approach. For info, call (206) 623-5124 or visit <www.wingluke.org>.

Oregon Health Insurance Marketplace

Through Dec 15. Oregonians who have not obtained health insurance through their job or the Oregon Health Plan may qualify for coverage online. For info, or to find free local help from an expert, call 1-855-268-3767 or visit <www.oregonhealthcare.gov/gethelp>. To sign up for coverage, visit <www.healthcare.gov>.

"The Builder's Block: Interlocking Imagination"

Through Jan 6, 10am-5pm (Sun), 10am-8pm (Mon), noon-8pm (Tue-Wed), 10am-6pm (Thu-Sat), Multnomah County Central Library, Collins Gallery (801 SW 10th Ave, Portland). View "The Builder's Block: Interlocking Imagination," an exhibit exploring a variety of LEGO themes and creative styles. For info, call (503) 988-5123 or visit <events.multcolib.org>.

"Blast Off to Beyond"

Through Jan 6 (Tue-Sun), 10am-5pm, Wing Luke Museum of the Asian Pacific American Experience, KidPLACE (719 S King St, Seattle). View "Blast Off to Beyond," an exhibit that explores the field of aerospace, Asian Pacific Americans who played a role in space exploration and technology, and more. For info, call (206) 623-5124 or visit <www.wingluke.org>.

"Worlds Beyond Here"

Through Sep 15 (Tue-Sun), 10am-5pm, Wing Luke Museum of the Asian Pacific American Experience (719 S King St, Seattle). View "Worlds Beyond Here: The Expanding Universe of APA Science Fiction," an exhibit that looks at the connection between Asian Pacific Americans and the infinite possibilities of science fiction. The display features pieces such as an Augmented Reality sculpture garden, a Connection Machine (early supercomputer) from the Living Computers Museum, a local 14-year-old cosplayer who creates robots out of cardboard, a mix of literary and pop culture works, and more. For info, call (206) 623-5124 or visit <www.wingluke.org>.

Talk Time at Central Library

Nov 19 & 26, Dec 3, 10 & 17, 5:30-7pm, Multnomah County Central Library (801 SW 10th Ave, Portland). Join other non-native English speakers at an informal conversation circle for people who want to practice speaking English. Talk Time is not a class, but an opportunity to meet new people, share culture, and have fun. Only English is spoken. For info, call (503) 988-5123 or visit <events.multcolib.org>.

Mahjong group

Nov 20 & 27, Dec 4, 11 & 18, 1-4pm, Gresham Library (385 NW Miller Ave, Gresham, Ore.). Players of all skill levels are invited to join a mahjong group. A coach is available to teach new players. For info, call (503) 988-5123 or visit <events.multcolib.org>.

Turkey Trot at the Oregon Zoo

Nov 22, 6:30am (onsite registration opens), 8am (four-mile start), 9:30am & 9:35am (Diaper Dash), 9:40am & 9:45am (Tot Trot), World Forestry Center & the Oregon Zoo (4033 & 4001 SW Canyon Rd, Portland). Start your Thanksgiving holiday with an invigorating four-mile run or walk, the Diaper Dash, or Tot Trot at the Oregon Zoo's annual Turkey Trot. Organized by the Oregon Road Runners Club, the event features a trek through Washington Park, the International Rose Gardens, and the Oregon Zoo. Participants finish inside the zoo at Elephant Plaza. For info, or to register, call (503) 646-7867 or visit <www.orrcc.net>.

Union Gospel Mission Thanksgiving meal

Nov 22, 10am-1pm, Union Gospel Mission (15 NW Third Ave, Portland). Those in need and the homeless are invited to join the Union Gospel Mission for a free traditional Thanksgiving meal with live music. For those who would like to help families in need, the organization is seeking donations. For info, or to make a donation, call (503) 274-4483 or visit <www.ugmportland.org>.

Proper Thanksgiving Day feast

Nov 22, noon-4pm, Celebration Tabernacle (8131 N Denver Ave, Portland). Enjoy a free Thanksgiving meal and community warmth at Proper's annual Thanksgiving Day feast, featuring traditional and vegetarian options in addition to music,

entertainment, and activities for children. The meal is held in a wheelchair accessible space. For info, call (503) 890-5393 or visit <www.properusa.org>.

Turkey Trot at PIR

Nov 22, 4pm (packet pickup & parking opens), 6:45pm (children's trot), 7pm (relay), 7:05pm (5K run/walk), Portland International Raceway (1940 N Victory Blvd, Portland). Gear up for Thanksgiving with a children's trot, relay, or 5K run/walk at Portland International Raceway (PIR) amidst the Winter Wonderland light display. The event features a race goody bag, sponsor giveaways, pumpkin pie, a finisher mug, and more. Dogs and strollers are allowed on the course. For info, or to register, call (503) 292-4626 or visit <www.htraceseries.com>.

"Kodomo No Tameni"

Nov 24, 2pm, Oregon Buddhist Temple (3720 SE 34th Ave, near Powell Blvd, Portland). Attend "Kodomo No Tameni ... For the Sake of Our Children (The 'Mantra' of our Issei Pioneers): Our Roots — Our Nikkei Story ... Retold," an opportunity to hear first-hand stories by George Nakata, who grew up in Portland's Japantown prior to World War II, was imprisoned in an ex-livestock yard, and was sent to the desolate Minidoka internment camp in Jerome County, Idaho. For info, call (503) 234-9456 or visit <www.oregonbuddhisttemple.com>.

Portland Shogi Club

Nov 24 & Dec 1, 1-5pm, Shigezo Izakaya (910 SW Salmon St, Portland). Join the Portland Shogi Club on Saturdays to play Japanese chess. The free gathering is open to all levels and participants may drop in at any time. Boards are available, as are books for beginners and experienced players. For info, call (503) 282-1242 or e-mail <portlandshogi@gmail.com>.

Re-Wrap

Nov 25, 10am-2pm, Vancouver Holiday Market at the Hilton Vancouver Washington (301 W Sixth St, Vancouver, Wash.). Learn how to start a new tradition of fun, handy, fabric gift-wrapping bags at Re-Wrap. Repair Clark County sewing pros help participants transform fabric into reusable holiday gift wrapping bags for free. Bring your own treasured fabric (a vintage table cloth, linens, or a tree skirt, for example) or choose from a limited selection of recycled holiday fabric. Finished bags may be picked up at the end of your shopping trip. For info, call (360) 882-0936, ext. 224, e-mail <repair@columbiasprings.org>, or visit <www.columbiasprings.org/repair>.

The Wondrous Workings of Planet Earth

Nov 25, 2pm, Powell's City of Books (1005 W Burnside St, Portland). Join Rachel Ignatofsky as she presents *The Wondrous Workings of Planet Earth*, a guide to the earth's ecosystems presented in terrarium illustrations. The author takes readers on a journey through the world's reefs, deserts, rainforests, ponds, gardens, and more. For info, call (503) 228-4651 or visit <www.powells.com>.

"Chinese Tai Chi: An Anti-Aging Exercise"

Nov 27-Dec 18, 10-11am, Midland Library (805 SE 122nd Ave, Portland). Attend "Chinese Tai Chi: An Anti-Aging Exercise," a four-class workshop conducted in Mandarin and Cantonese. Tai Chi is an easy form of exercise for people of all ages. For info, or to register (required), call (503) 988-5123 or visit <events.multcolib.org>.

\$6 helmets

Nov 30, 4-8pm, Legacy Emanuel Medical Center, Atrium (2801 N Gantenbein Ave, Portland). Members of the community are invited to purchase \$6 bicycle and multi-sport helmets at the Legacy Emanuel helmet sale. Free fittings and adjustments are provided onsite. For info, call (503) 413-1092 or visit <www.legacyhealth.org>.

American Overdose: The Opioid Tragedy in Three Acts

Nov 30, 7:30pm, Powell's City of Books (1005 W Burnside St, Portland). Join Chris McGreal as he presents *American Overdose: The Opioid Tragedy in Three Acts*, a book that reveals not only how Big Pharma hooked Americans on powerfully addictive drugs, but the corrupting of medicine and public institutions that allowed opioid makers to get away with it. The opioid epidemic has been described as "one of the greatest mistakes of modern medicine," but calling it a mistake is a generous rewriting of the greed, corruption, and indifference that pushed the U.S. into consuming more than 80 percent of the world's opioid painkillers. For info, call (503) 228-4651 or visit <www.powells.com>.

"What Now?"

Dec 1, 6-8:30pm, Wilson High School (1151 SW Vermont St, Portland). Listen to the perspectives of area youth on topics such as racial justice, gun violence, indigenous rights, climate change, the criminal-justice system, and more at "What Now?" The event is free, but donations are welcome. For info, call (503) 201-1928. To register, visit <www.whatnoworegon.org>.

Senior Health Insurance Benefits Assistance (SHIBA)

Dec 6, 13, 20 & 27, 5:45-7:45pm, Hillsdale Library (1525 SW Sunset Blvd, Portland). Schedule an appointment to meet with highly trained volunteer counsellors at a free Medicare information event focusing on comparing insurance options, untangling paperwork and problems, appealing benefit denials, and reporting Medicare fraud. To schedule a one-hour appointment (required), call (503) 988-3646 between 8:00am and 5:00pm. For info, call (503) 988-5123 or visit <events.multcolib.org>.

Nikkei Community Winter Holiday Party

Dec 8, 5pm, Epworth Methodist Church (1333 SE 28th Ave, Portland). Attend the fifth annual Nikkei Community Winter Holiday Party, a semi-potluck dinner featuring bingo, a raffle for adults, activities for children, and a visit by Santa. The main course (roast pork and vegetarian pasta putanesca) is provided; attendees are asked to bring a side dish of their choice (optional). For info, or to register, call Connie at (503) 318-5839.



VERSATILE VEGETABLE. Pictured is a serving of Roasted Brussels Sprouts. The recipe appears in the cookbook *Complete Make-Ahead*. (Carl Tremblay/America's Test Kitchen via AP)

Roasting gets Brussels sprouts caramelized on the outside

By America's Test Kitchen

Roasting is an easy way to produce Brussels sprouts that are caramelized on the outside and tender on the inside. To ensure that we achieved this balance, we started by roasting them covered with foil; tossing them in a little bit of water to create a steamy environment helped cook them through.

We then removed the foil and roasted them for another 10 minutes to allow their exteriors to dry out and caramelize. Since Brussels sprouts can take some time to prep, we found that we could prep them in advance so all we needed to do at serving time was toss them on a baking sheet and cook them. If you are buying loose Brussels sprouts, select those that are about 1 1/2 inches long. Quarter Brussels sprouts longer than 2 1/2 inches; don't cut those that are shorter than one inch.

America's Test Kitchen provided this article to *The Associated Press*. More recipes, cooking tips, and ingredient and product reviews are available at <www.americastestkitchen.com>.

Roasted Brussels Sprouts

Servings: 6-8

Start to finish: 40 minutes

- 2 1/4 pounds Brussels sprouts, trimmed and halved
- 3 tablespoons extra-virgin olive oil
- 1 tablespoon water
- Salt and pepper

Adjust oven rack to upper-middle position and heat oven to 500° Fahrenheit. Toss Brussels sprouts, oil, water, 3/4 teaspoon salt, and 1/4 teaspoon pepper in bowl until Brussels sprouts are coated.

Transfer Brussels sprouts to rimmed baking sheet and arrange so cut sides are facing down. Cover sheet tightly with aluminum foil and roast for 10 minutes. Remove foil and continue to cook until Brussels sprouts are well browned and tender, 10 to 12 minutes. Season with salt and pepper to taste. Serve.

Nutrition information per serving: 136 calories (68 calories from fat); 8 g fat (1 g saturated, 0 g trans fats); 0 mg cholesterol; 139 mg sodium; 15 g carbohydrate; 6 g fiber; 4 g sugar; 6 g protein.

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The staff at
The Asian Reporter wish
you and your family a happy
and safe Thanksgiving!