

COMMUNITY
CALENDAR

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church, Thu Fashion, a taekwondo school, and many others. For info, call (503) 737-7057 or visit <www.bus75.org>.

NeighborWalks 2016

Oct 15, 10am-12:30pm, Providence Portland Medical Center, Cancer Center Auditorium (4805 NE Glisan St, Portland). Take a tour of the Laurelhurst neighborhood and N.E. Glisan Street as part of NeighborWalks 2016. The two-and-a-half-hour walk — which is 2.4 miles (and 4,800 steps) — explores the Laurelhurst neighborhood’s vintage homes and undulating streets. Participants also receive walking and fitness tips from a Providence physical therapist. For info, call 1-866-554-5360 or visit <http://states.aarp.org/neighborwalks2016>.

“Secure Your ID Day”

Oct 15, 10am-2pm, Portland Meadows (1001 N Schmeer Rd, Portland). Shred up to three bags or boxes of unsecured documents containing sensitive financial data, account numbers, PINs, birth dates, or Social Security information at “Secure Your ID Day.” The event also includes electronic recycling. For info, call (503) 212-3022 or visit <www.go.bbb.org/nw-syid>.

Free Japanese tea talk & tasting

Oct 15-16, 11:30am-1pm & 2:30-4pm (Sat), 1-2:30pm (Sun), Jasmine Pearl Tea Co. (724 NE 22nd Ave, Portland). Attend a free Japanese tea talk and tasting with Japanese sencha farmer Nobuyuki Konishi, who brews sencha and black tea from his farm, answers questions, and talks about his biodynamic farm and processing methods. For info, call (503) 236-3539, ext. 109, or visit <www.thejasminepearl.com>.

“Captain Hardy and the Black Ship Scroll”

Oct 15-Jan 15, 11am-3pm (Tue-Sat), noon-3pm (Sun), Oregon Nikkei Legacy Center (121 NW Second Ave, Portland). View “Captain Hardy and the Black Ship Scroll,” an exhibit featuring one of only a handful of existing scrolls in the world that depicts the first Perry Expedition to Japan in 1853. The display shares how Commodore Perry’s diplomatic mission opened the long-secluded country to the outside world and tells the story of the owner of the scroll, Captain William H. Hardy, a Portland resident who was celebrated nationally as the last surviving member of the expedition. For info, call (503) 224-1458 or visit <www.oregonnikkei.org>.

“Shoyu Ramen” cooking class

Oct 16, 10am-1:30pm, West Linn Adult Community Center (1180 Rosemont Rd, West Linn, Ore.). Learn the ins and outs of making “Shoyu Ramen,” the lightest of all the ramen soups, at a class taught by Indonesia-born chef Surja Tjahaja. The class includes lunch. For info, or to register, call (503) 557-4700 or visit <www.westlinnoregon.gov/parksrec>.

“San Francisco 1906: Destruction by Earthquake, Trial by Fire”

Oct 16, 2:30-3:30pm, Capitol Hill Library (10723 SW Capitol Hwy, Portland). Attend “San Francisco 1906: Destruction by Earthquake, Trial by Fire,” a talk about the destruction of San Francisco over four tragic days by a magnitude-8 earthquake that struck without warning, as well as lessons learned that can be used in preparation for the Cascadia quake, which is predicted to hit areas along the Cascadia Subduction Zone. To register (required), call (503) 988-5234. For info, call (503) 988-5385 or visit <events.multcolib.org>.

“Teens Make Pho”

Oct 16, 3-4pm, Rockwood Library (17917 SE Stark St, Portland). Attend “Teens Make Pho (Asian Noodle Soup),” a demonstration that shows participants how to make pho, a popular Asian comfort soup. Samples of the finished product are available after the class, which is aimed at teens in grades six through 12. To register (required), call (503) 988-5396. For info, call (503) 988-5396 or visit <events.multcolib.org>.

Medicare enrollment assistance

Oct 18, 12:30-3pm, Hillsdale Library (1525 SW Sunset Blvd, Portland). Attend a free Medicare enrollment assistance event presented by the Multnomah County Aging and Disability Services Division focusing on comparing insurance options, untangling paperwork and problems, appealing benefit denials, and reporting Medicare fraud. To schedule an appointment with a Multnomah County SHIBA (Senior Health Insurance Benefits Assistance) program representative (required), call (503) 988-3646. For info, call (503) 988-5388 or visit <events.multcolib.org>.

Women’s self-defense classes

Oct 21-22, Sunrise Taekwondo Academy (1718 NE 122nd Ave, Building #2060, Portland). Attend a two-hour women’s self-defense class to learn defense skills and achieve a greater sense of security and safety. Proceeds from the classes benefit The Gateway Center in honor of Domestic Violence Awareness Month. For info, or to obtain class times, call (971) 271-7259, or visit <www.gatewaycenterdv.org> or <www.tkdsunrisea.com>.

Women’s Safety Fair

Oct 22, 8am-4pm, Washington County Sheriff’s Office (215 SW Adams Ave, Hillsboro, Ore.). Attend the Women’s Safety Fair to learn about situational awareness, safety resources, and hands-on defensive tactics. The event, which is limited to 100 participants age 14 and up, features a vendor fair, raffle, and lunch. For info, contact Darlene at (503) 846-2774 or e-mail <darlene_schnoor@co.washington.or.us>. To register, visit <www.wcsheiff-or.com>.

Disoriented Comedy tour sells out Portland with JAM-packed jokes

By Ryan Nakano

The Asian Reporter

The Asian Pacific American Network of Oregon (APANO) last month housed Disoriented Comedy, an all-Asian-American female comedy lineup, in Portland’s Jade District for a night of laughter and community. Disoriented Comedy, the self-proclaimed “first-ever (mostly) female Asian-American stand-up comedy tour,” made its way back to Portland for the fourth year in a row since its inception in 2012.

Much of the audience was made up of eastside Portlanders, members or supporters of APANO, and partners of other Portland-based organizations who support people of color.

Jenny Yang

“Thank you all for coming out tonight, please welcome co-producer of Disoriented Comedy, PB&J master extraordinaire, and overall hilarious person, Jenny Yang!” said Candace Kita, the coordinator of cultural work and development at APANO. She stepped back from the microphone after introducing the first of the three comics for the night. The crowd erupted in applause.

Yang, who spent most of her set on the cultural appropriation of Asian cooking and food, gave a shoutout to APANO, saying that one of the neat things about coming back to Portland for the comedy tour has been to see the growth of APANO year after year and the positive effect it’s had on growing the Asian community.

This time around, Yang and Atsuko Okatsuka, another of the three co-producers of Disoriented Comedy, were joined by Seattle-based Chamorro comedian Mona Concepcion to take the stage and engage the audience on topics of white fiancés, incessant mothers, and how to eat pho.

Atsuko Okatsuka

Okatsuka, a comedian based in Los Angeles, addressed the more than 100 people who filled the concrete floor of the Jade/APANO Multicultural Space (JAMS).

“So glad to be in Portland. I’m actually staying in this neighborhood, the Jade District,” Okatsuka said as the audience cheered. “Yeah, when I got off the plane, I was like, ‘what white people?’ Right? Like all of these Chinese restaurants and Vietnamese restaurants, I feel so at home.”

“My dad is so Japanese,” Okatsuka continued. “My parents actually met each other on a Japanese dating game show ... Yeah, my life was a joke before I was even born.”

Mona Concepcion

“Because I have certain roles outside of comedy — like

Was your information exposed in the Yahoo data breach?

Yahoo recently confirmed that data “associated with at least 500 million user accounts” has been stolen in what may be one of the largest cybersecurity breaches ever. The stolen data may include names, e-mail addresses, telephone numbers, dates of birth, and passwords, as well as security questions and answers.

“This latest hacking ‘bombshell’ — and the huge number of people affected by it — is a real reminder of something we often don’t take the time to do: We must be vigilant about changing our e-mail passwords regularly,” says Oregon attorney general Ellen Rosenblum. “If you use any Yahoo product, you should make sure you change your password immediately and closely monitor any credit cards associated with your account.”

Yahoo service users and account holders should do the following as soon as possible:

■ Change Yahoo passwords, as well as secret questions and answers

■ Change information on other accounts, such as Gmail, Hotmail, etc., if any of them shared passwords or secret questions and answers with Yahoo accounts

In addition, Oregonians who have shopped and used a debit or credit card on a Yahoo account, or on a Yahoo web service, should:

■ Monitor credit reports. Free credit reports can be obtained by calling 1-877-322-8228 or visiting <www.annualcreditreport.com>.

■ Avoid clicking on links or downloading attachments from suspicious e-mails. Yahoo will be contacting affected users about this issue, but Yahoo’s e-mails will not ask account holders to click on any links or contain attachments. Further, Yahoo will *not* ask for personal information.

■ Beware of “phishing” (the activity of posing as a legitimate company to gain access to financial accounts) attempts and unsolicited calls or e-mails offering credit



MicCheck! The Asian Pacific American Network of Oregon last month housed *Disoriented Comedy*, an all-Asian-American female comedy lineup, in Portland’s Jade District for a night of laughter and community. The self-proclaimed “first-ever (mostly) female Asian-American stand-up comedy tour” made its way back to Portland with Jenny Yang (top photo), Atsuko Okatsuka (bottom photo), and Mona Concepcion taking the stage. (AR Photos/Ryan Nakano)

being a mom of two boys, being a Pacific Islander, and the youngest of five kids — if I say something like ‘Who else here is the baby of the family?’ it is funny to hear how eager everyone is to say ‘Oh yeah, me too!’” Seattle-based comic Mona Concepcion said. “Many of them are hearing their story told on stage in a way they may never have thought about and in a way they can laugh about.”

Concepcion has branded herself as the world’s only Chamorro stand-up comedian. She said there are many female dancers and singers in Saipan, but to be a female Pacific Islander telling jokes into a microphone is simply rare.

Which means, while Concepcion talks about raising her

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