



POCKET HERCULES. Indian bodybuilder Manohar Aich flexes his muscles while posing for a photograph at a gymnasium in Kolkata, India, in this March 16, 2012 file photo. Aich, a celebrated Indian bodybuilder and former Mr. Universe, died in the eastern city of Kolkata at the age of 104. Aich's son said his father died from health issues related to his age. (AP Photo/Bikas Das, File)

Celebrated Indian bodybuilder Manohar Aich dies at age 104

KOLKATA, India (AP) — Manohar Aich, a celebrated Indian bodybuilder and former Mr. Universe, has died in the eastern city of Kolkata. He was 104 years old.

Aich's son said his father died of health issues related to his age. He is survived by his four children.

Aich overcame many hurdles, including poverty and a stint in prison, to achieve bodybuilding glory. He won the Mr. Universe title in London in 1952 and returned a hero to India, where many took up bodybuilding, inspired by his success.

He also won several titles when competing in the Asian Bodybuilding Championships. He was known as the "Pocket

Hercules" due to his 4'11" inch frame.

Aich, who was born in the small town of Comilla in Bengal, was a puny youngster. But he was attracted to exercising and building his muscles when as a schoolboy he saw a group of wrestlers in action.

In 1942, he joined the Royal Air Force under India's British colonial rulers and it was there that he began his relentless pursuit of bodybuilding.

Encouraged by a British officer named Reub Martin, who introduced him to weight training, Aich earned praise for his physique from his peers in the air force.

Some years later, however, he was thrown into prison when he protested

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Sparse Chinese presence in crowd at Zou's U.S. debut

By Samantha Pell
The Associated Press

NEW YORK — Bob Arum was right. The CEO of Top Rank and Chinese icon Zou Shiming's promoter predicted a sparse Chinese fan turnout at the Theater at Madison Square Garden. And for the first time in Zou's professional career, the stands he fought in front of weren't filled to the brim with new, yet energetic Chinese boxing fans.

Instead, in a packed house, the majority of the electric crowd was filled with flag-waving Puerto Rican fans supporting Felix Verdejo and Roman "Rocky" Martinez, who co-headlined the championship doubleheader on the eve of the Puerto Rico Day parade.

Fighting at the theater provided Zou's smallest capacity venue to date. But despite the small Chinese turnout, a handful of Chinese flags waved in the stands and chants for Zou got louder and louder after each round.

"The crowd yelled loudly



USA DEBUT. Zou Shiming of China, right, fights Jozsef Ajtai of Hungary during the ninth round of a World Boxing Organization flyweight title match at Madison Square Garden in New York. Zou won the fight in a 10-round unanimous decision. (AP Photo/Frank Franklin II)

and made me feel like it was a home match and not away," Zou said.

Giving the millions of Chinese boxing fans watching at home something to cheer about, Zou (8-1, 2 KOs) easily beat 19-year-old Jozsef Ajtai (15-3, 10 KOs) of Hungary in a 10-round unanimous decision.

All the scores for Zou read 100-89.

"My competitor's objective was to stand to the last minute of the fight," Zou

said. "He was afraid of the competition."

Sheng Li, CEO of Sports Entertainment Content Activation (SECA) in Shanghai, said prior to the fight he didn't know how big Zou's fan turnout would be, but predicted approximately 100.

"It will be different with this crowd, but this is what he wants," Sheng said. "At Madison Square Garden, every boxer wants to fight here. He (Zou) has fought in China eight times and now he wants to fight outside of China."

Fighting seven times in Macau at Cotai Arena, Zou sold out the 12,000- to 15,000-seat venue, and in Shanghai he did the same in his most recent fight on January 31 in an arena that can accommodate about 10,000 fans, according to Sheng.

Zou's win will boost his stardom in China even more, according to Ye Chen, part of Shenzhen Media Group in China that broadcasted the fight back to Zou's homeland.

Ye said Chinese boxing fans desperately want Zou to win a world title, and with the victory, Zou will be one step closer.

Ye was one of a handful of Chinese media that made the flight from China to attend Zou's bout. The *Oriental Morning Post* sent a print reporter, LeTV in China sent a camera crew, as did CCTV-5.

About 600,000 people watched the fight on LeTV through mobile, desktop, and television.

The Chinese media predicted a large viewing

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Portland Harbor Proposed Cleanup Plan and Public Comment Period

The United States Environmental Protection Agency (EPA) is seeking formal public comment on the Proposed Cleanup Plan for the Portland Harbor Superfund Site in Portland, Oregon from June 9, 2016 until August, 8, 2016.

The Portland Harbor Superfund Site is located on the lower Willamette River approximately between the Broadway Bridge and Sauvie Island. This area is contaminated with many hazardous substances, including polychlorinated biphenyls (PCBs), dioxin, pesticides and polyaromatic hydrocarbons (PAHs). EPA has determined that human health and environmental risks posed by the Portland Harbor site are high enough to take action under the Superfund Law. After many years of studying the Site, the EPA is releasing a Proposed Cleanup Plan.

EPA's **Proposed Cleanup Plan for the Portland Harbor Superfund Site** presents EPA's preferred alternative or option to lower risks to people and the environment from contamination in the lower Willamette River and its river banks. Alternative I, EPA's preferred alternative, reduces risks to human health and the environment to acceptable levels by dredging and/or capping 291 acres of contaminated sediments and 19,472 lineal feet of contaminated river bank, followed by 23 years of monitored natural recovery. The preferred alternative also includes disposal of dredged sediment in both an on-site confined disposal facility and upland landfills. This alternative will cost about \$746 million and take 7 years of construction in the river. This alternative will address waste that poses the greatest threat to people and the environment through construction and relies on monitored natural recovery to continue to reduce remaining lower contaminant concentrations to acceptable levels.

Public comment is critical and EPA believes the best cleanup plans are developed and implemented with the support of a well-informed community. The public is encouraged to review and submit comments on the Proposed Cleanup Plan to EPA during the formal 60-day **public comment period beginning on June 9, 2016 and ending on August 8, 2016.**

EPA will host official Public Meetings to overview the Proposed Plan and take oral and written public comments.

You are invited to attend the official EPA Public Meetings below to be held in Portland, Oregon:

- **June 24, 2016**, 11:30am to 8pm, City of Portland Building, 1120 SW 5th Ave.
- **June 29, 2016**, 11:30am to 8pm, Portland EXPO Center, 2060 N Marine Dr.
- **July 11, 2016**, 11:30am – 8pm, University Place Conference Center, 310 SW Lincoln St.
- **July 20, 2016**, 11:30am – 8pm, Ambridge Center, 1333 NE Martin Luther King Blvd.

All locations are easily accessible via MAX trains and bus lines

EPA will offer two presentations on the Proposed Plan during each public meeting at the following times:

- 12noon to 12:30pm
- 6pm to 6:30pm

Russian, Spanish, Vietnamese, and Chinese interpreters will be available during the June 24th meeting.

Please notify Laura Knudsen knudsen.laura@epa.gov or 503-326-3280, no later than **two weeks prior** to the other public meetings to request language interpretation assistance.

Throughout the 60 day comment period, written comments may be submitted via:

- Email: harborcomments@epa.gov
- Online comment box: <https://www.epa.gov/or/forms/comment-epas-proposed-cleanup-plan-portland-harbor-superfund-site>
- Postal mail: ATTN: Harbor Comments, U.S. EPA, 805 SW Broadway, Suite 500, Portland, OR 97205

The public is encouraged to review the Proposed Plan, Fact Sheet and supporting documents at the following locations:

- EPA's website <http://go.usa.gov/3Wf2B>
- Multnomah County Central Library, 801 SW 10th Ave., Portland OR
- St. Johns Library, 7510 N Charleston Ave., Portland OR
- Kenton Library, 8226 N Denver Ave., Portland OR

Questions? Contact Alanna Conley at 503-326-6831



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