

TEACHING THE TINIKLING. Dancers with the Filipino American Friendship Club of Oregon teach the "Tinikling" to members of the audience (top photo) at The Asian Reporter Foundation's 18th Annual Scholarship & Awards Banquet. Also referred to as the "stick dance," the performance features 10-foot-long bamboo poles clacking together as well as on the floor beneath — while the dancers graciously touch their toes between the quickly moving bamboo. Pictured in the bottom photo are banquet attendees posing for a group shot at the photo booth. (AR Photos/Jan Landis)

"Diabetes is a serious disease, but you can manage it."



Did you know that diabetes is the leading cause of adult blindness, kidney failure,

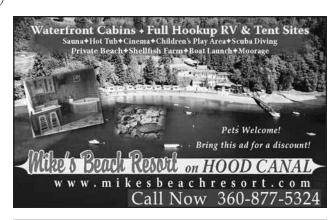
Diabetes is a growing problem for Asian Americans and Pacific Islanders. But you can manage your diabetes and stay healthy – now and in the future – by controlling your blood sugar levels. Keep your blood sugar close to normal by choosing healthy foods and getting regular exercise. Take your prescribed medications and test your blood sugar on a regular basis.

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AR Foundation Scholars













2016 Asian Reporter Foundation Scholars (top row, then bottom row, left to right): Amy Vo, Emily Duong, Hoa Nguyen, Tuyen Ta, Cecilia Wong, and Rosemarie Wong. (AR Photos)

Amy Vo

Sponsored by the Oregon Lottery (\$2,000)

Amy Vo, the daughter of Hung Vo and Trinh Truong, is a senior at Beaverton High School. Amy stays involved at her school as a key-club officer, a peer tutor, and an organizer and vice president of the Japanese Club. For a school group called Becca's Closet, she and a fellow student created the organization's first website. Off campus, Amy also attended the annual Asian American Youth Leadership Conference. She plans to study business information systems at Oregon State University.

Emily Duong

Sponsored by Wells Fargo Bank (\$1,000) & the Port of Portland (\$1,000)

Emily Duong, the daughter of Hien Duong and Amy Huynh, is a senior at Battle Ground High School. Emily is active in school, including serving as vice president for Health Occupations Students of America and Interact Club, playing basketball and track and field, and more. In addition to helping care for her younger siblings, she has also been a student at Our Lady of Lavang parish for more than a decade. Emily plans to pursue nursing studies at Washington State University Vancouver.

Hoa Nguyen

Sponsored by the Northwest Health Foundation (\$1,000) & United Way of the Columbia-Willamette (\$1,000)

Hoa Nguyen, the daughter of Tam Nguyen and Nga Tran, is a senior at St Mary's Academy. Hoa is actively involved with the Rose Choir, Asian Heritage Club, and Human Rights Club at school. She also has logged many hours each summer at the Multnomah County Library serving as a reading assistant as well as a counsellor at two different camps, including serving as a peer mentor at the Tender Loving Care - Think 'n' Try (TLC-TnT) camp. Hoa plans to study biophysics and biochemistry at Oregon State University.

Tuyen Ta

Sponsored by the City of Portland (\$1,000) & Oregon Health & Science University (\$1,000)

Tuyen Ta, the daughter of Hung Ta and Phuong Thuy Hoang, is a senior at Parkrose High School. She serves as the sports editor for her school newspaper, is a member of the swim team and other school organizations, and volunteers as a lobby liaison and patient escort at both Adventist Health and Providence Health & Services. Among her many activities, she also finds time to watch over her younger sister. Tuyen will take coursework in biochemistry at Portland State University in the fall.

Cecilia Wong

Asian-Pacific Cultures Business Resource Group at PGE (\$2,000)

Cecilia Wong, a senior at Franklin High School, is the daughter of Wong Lap Kei and Lee Pui Mei. Some of Cecilia's activities include serving as a member of the Red Cross Club, Franklin High Chinese Club, National Honor Society, and API Leaders for the Liberation of Youth (ALLY), as well as participating in cross country and track and field. In addition, along with her sister Rosemarie, she has spent eight hours per month for three years helping out at the Asian Health & Service Center. Cecilia will attend the University of Oregon to study business administration.

Rosemarie Wong

Sponsored by Comcast (\$1,500) & Oregon Health & Science University (\$500)

Rosemarie Wong, the daughter of Wong Lap Kei and Lee Pui Mei, is currently a freshman at the University of Oregon. In addition to training for and currently serving as a first-aid responder in the Eugene area, she spends time as a participant with the Language Circle Program and as a tutor and conversation partner. Alongside her sister Cecilia, Rosemarie volunteered eight hours per month for three years providing assistance at the Asian Health & Service Center. Rosemarie is studying human physiology.

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