



Give Fish Dinners Tantalizing Taste With Zesty Seasoning

IF FISH DINNERS in your house are not received with wholehearted good spirit and eaten with relish, check on your fish cookery. Improvement is simple, the rewards are great.

Fish served frequently can ease the budget and add zest to an otherwise humdrum string of menus. In addition to these reasons, homemakers appreciate the fact that fish is tender and requires but short cooking time. Meal preparation time can be cut considerably when fish appears frequently on the table.

Many fish varieties are available because they come fresh, canned and fresh-frozen. When you investigate the cookery methods as well as the many seasonings that can enhance their flavors, you enter a fascinating realm of cookery.

You've stuffed chops and roasts. Have you ever thought of stuffing a fish? Here's an excellent way to prepare fish with stuffing that's quick to make and wonderfully popular.

\*Baked Stuffed Fish (Serves 6) Select a fish weighing 3 to 4 pounds. Clean and rub salt inside and out. Fill cavity 2/3 full with mushroom stuffing. Lace fish with string to hold stuffing in place and to hold fish together. Brush fish with melted butter or substitute and place upright in a greased baking pan. Place paper brushed with butter over fish. Pour 1/2 to 3/4 cup water or fish stock into pan. Bake in a moderate (350°F.) oven for 40 to 60 minutes or until fish flakes easily when tested with a fork. Baste frequently with drippings in pan. Remove string and serve immediately on a hot platter with liquid from pan, thickened with a mixture of 1 tablespoon butter and 1 teaspoon flour.

Mushroom Stuffing 3 tablespoons butter 1 tablespoon onion, chopped 1/2 cup chopped mushrooms 2 cups fresh bread crumbs 1/2 cup cream 2 eggs, beaten 1 teaspoon chopped parsley Salt and pepper

Melt butter in saucepan. Add onion and saute until onion is golden. Add chopped mushrooms and cook until water from mushrooms cooks away. Add bread crumbs, cream, eggs and parsley. Stir until well mixed. Cook over low heat until mixture is thickened. Season to taste with salt and pepper.

Broiling is an excellent method for cooking fish because it's so tender. Here are two ways to try:

Broiled Mackerel, Onion Slices (Serves 4) 4 1-pound mackerel or other small fish 3 onions, sliced 2 tablespoons butter



Small, whole fish like this mackerel, can be treated by cutting slits in the fish and inserting onion slices. The broiling method prepares the fish quickly and gives interesting variety to fish dinners.

LYNN SAYS: Try Something Different For Flavorful Surprises

Corn meal sticks help out a meal in the doldrums, but they'll be a surprise too if you add some steamed raisins to the batter. Don't skip onions as a vegetable if you seek variety. Nothing goes more nicely with a steak or roast. You can try parboiling them, then baking with cream sauce and mushrooms; or, simply bake with diluted canned mushroom soup if you're in a hurry.



Farm Welder Becomes Standard Equipment

Quick Repairs Reduce Loss of Time and Profit

The welder is fast becoming standard farm equipment. It answers the farmers' prayers for quick repair jobs that would otherwise mean a great loss of time and profit. It is also being used to make equipment that means greater production.

As an example, one corn belt farmer used his welder to construct the inclined plane, portable elevator shown in the above picture. The conveyor, which has a large hopper at the ground end, is operated by a 3/4 horsepower electric motor.

In order to provide electric service for crabs which might be located at some distance from the barn, the farmer built a portable reel on which he wound about 100



feet of cable. This gives him an "extension cord" of the proper strength to carry the current needed from a 230-volt outlet in the barn.

On the work side of production, he discovered that little more labor was needed to increase his yield. Figuring this out on a dollar and cents basis, labor costs, on a 40 bushel yield, are about 25 cents a bushel, whereas on 100-bushel yields the cost is just 10 cents per bushel—the selling price having taken care of the differential in labor rates.

Many a farm welding outfit has paid for itself during harvest time when quick repairs were made to machinery.

SCS Report Stresses Conservation Progress

The rapid progress in soil conservation for the last 20 years is the keynote of the annual report of the Soil Conservation Service for the 1951 fiscal year. The report also emphasized the need for soil conservation effort and stresses the fact that total conservation is essential.

Tremendous progress has been made in the science and practical application of soil and water conservation during the last two decades.

The service helped 128,502 farmers and ranchers develop conservation plans on 36,259,299 acres last year. This brought the total as of June 30, 1951, to 883,348 plans covering 246,740,009 acres of land.

There are now about 2,400 organized soil conservation districts operated by farmers and ranchers under state laws. The survey spent a total of some 64 million dollars for the fiscal year. Of this amount, about 52 million was for regular operations in soil conservation districts. About seven million was used for flood control work. About one and a half million was for research.

\$9,000 Gift



Mechanical cotton pickers (above) line up before starting to harvest the most recent cotton crop on the 140-acre Arizona Boys Ranch. The machines, valued at over one-half million dollars, picked some 200 bales of cotton in one day. The machines, 36 in all, the operators and fuel for the project were donated by the Arizona Queen Creek Farm Bureau members. The job was equivalent to a gift of \$9000 to the ranch.

Sick Soils Can Be Nursed Back to Health

Sick soils can be nursed back to health by means of soil tests which tell the farmer what plant foods and management methods are needed to restore run down fields to high crop yields. In Missouri alone, 69 county soil clinics are diagnosing soil ailments and prescribing treatments. The laboratories are operated under sponsorship of the extension service of the College of Agriculture and the county agents.

DOING BUSINESS ON MAIN STREET

A series of local strikes, nothing nationwide, may come within next few months for pay and cost-of-living increases and may reach down to Main Street level. If it does, wage increases may affect some lines in home towns of the country. According to inside information, government will NOT permit large national strikes such as railroads and industries affecting defense production.

According to Department of Commerce, gross national production in goods and services reached a new high in 1951, upped to \$328,000,000,000 as compared to \$283,000,000,000 in 1950. About half of increased output was reflected in increased prices and half in expansion of physical output, but new high from any viewpoint. National income, that is total earnings of labor and property arising from current production was \$276,000,000,000 as compared to \$239,000,000,000 in 1950. Personal income, aggregate of income receipts of individuals from all sources, rose from \$225,000,000,000 to \$251,000,000,000 in 1951.

Gross private domestic investment increased by 20 per cent over 1950 from \$49,000,000,000 to \$59,000,000,000. In addition, total expenditures for capital equipment and non-residential construction rose to \$39,000,000,000, a \$7,000,000,000 increase over 1950, with major increases concentrated in defense-related industries. Another important factor, inventory accumulation at \$9,500,000,000 was \$5,000,000,000 more than 1950. Government purchases of goods rose from \$42,500,000,000 in 1950 to \$63,000,000,000 in 1951. By fourth quarter these expenditures, mostly for national defense, were at annual rate of \$41,000,000,000, more than three times their pre-Korean level.

Of interest to Main Street business men are government price-supports for several grains, including corn, rice and soybeans, just announced. Support of 1952 corn crop will be not less than \$1.60 a bushel; rice not less than \$5.04 per hundredweight, and soybeans at \$2.56 per bushel. Corn and rice being basic commodities, minimum supports are subject to upward revision if 90 per cent of parity at beginning of 1952 marketing year next October.

Farm costs continue to move up with parity index in mid-January, about 1 per cent above a month ago and 5 1/2 per cent above a year ago. At same time prices received by farmers dropped about 2 per cent due mostly to lower prices for eggs, turkeys, cotton, cottonseed, most meat animals, oranges and grapefruit.

Over past 12 months prices farmers paid for commodities used in production went up 5 per cent; wage rates advanced 11 per cent; interest payable per acre on mortgages secured by farm real estate 8 per cent and taxes payable per acre on farm real estate 4 per cent. In addition, prices for things farmers buy for family living rose 4 per cent.

Prepared by the Washington Bureau of WNU Features.

ARMED SERVICES QUESTION BOX

(Send your questions about the armed forces or any aspect of military service to: Walter Sheard, Armed Services Question Box, 1057 National Press Building, Washington 4, D.C. Answers will be given in this column.)

AIR FORCE reservists, who are World War II veterans, when released from present active service may hold any reserve assignment without obligating themselves for further extended active duty, the Air Force recently announced. Under present law, Air Force World War II veterans who have served on active duty during the Korean emergency will not be recalled again without their consent except in time of war or national emergency declared by congress. According to the new policy, these reservists, if otherwise qualified, may hold any reserve assignment without relinquishing this special status.

I am a blinded Korean veteran, and I understand I am entitled to a trained seeing-eye dog to help me get about. The nearest place to learn how to make use of such a dog is 100 miles away. Will VA pay my travel expenses? R.C.L., Clinton, Md.

Yes. Travel expenses for such a purpose may be paid both ways. In addition, if you are required to be away from home during the period of adjustment to use of the dog, VA also may pay for your meals and lodging during that time.

816 Added to Korean Captured Category

Criteria for changing its listing of Army military personnel reported by enemy sources in Korea as prisoners of war from "currently missing" to "recently captured" has been announced by the Army. According to a recent summary of United States casualties, there was an increase of 816 in the captured category and a corresponding decrease in the "missing." In announcing the new criteria, the Army said: "In those instances where mail has been received which appears to have been written by such personnel while in the custody of opposing forces, and the names of the individuals concerned appeared on the recent list of alleged prisoners submitted by the opposing forces, a determination has been made that they are in a captured status. The army has not announced the exact number of U.S. prisoners known to be in Red camps.

HOUSEHOLD HINTS

Scalloped Potatoes Next time you make scalloped potatoes add a topping of buttered bread crumbs.

Mending Gloves Mending finger-tip holes in your gloves will be easy if you put on a thimble, put on the glove and mend.

Remove Corn from Jar To remove canned corn-on-the-cob from a jar, insert a corkscrew in the end of the center cob and pull up gently. Other ears will come out easily.

Clothes Pin Use Pin a spring-type clothes pin to the edge of your pan if you do a lot of cooking that requires frequent stirring. It will serve as a holder for your spoon, preventing dripping or fishing for the spoon if it slips into the pan.

Handy Container Old lipstick containers can be used to carry odds and ends in your purse. They'll hold bobby pins, safety pins, and maybe a threaded needle—something you always need when you don't have it.

Grated Peeling Grate orange and lemon peel on waxed paper. Use brush to free the peel that sticks to grater. Grated peel slides off waxed paper, easy to measure.

Frosting Cake Use a rubber spatula to put frosting on a cake. Does a smooth, fast job, and scrapes the bowl clean.

Housework Easy Without Nagging Backache

When kidney function slows down, many folks complain of nagging backaches, loss of pep and energy, headaches and dizziness. Don't suffer longer with these discomforts if reduced kidney function is getting you down—due to such common causes as stress and strain, over-exertion or exposure to cold. Minor bladder irritations due to cold, dampness or wrong diet may cause getting up nights or frequent passages.

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Another way to Save with CLABBER GIRL



Here is a novel and economical way to stretch left-over ham into a lunch or dinner main dish... a real taste treat and so easy to prepare... Notice how Clabber Girl gives leavening that is 'just right' even when coarsening caraway seeds are used to spark up the flavor.

Sliced Ham Roll

Biscuit: 2 cups sifted all-purpose flour 2 1/2 teaspoons Clabber Girl Baking Powder 1/2 teaspoon salt 1/2 teaspoon caraway seed 6 tablespoons shortening 1 cup milk

Ham Filling: 2 cups cooked, ground ham 1 cup pickle relish 1 tablespoon prepared mustard 1 cup gravy or brown cream sauce

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