Smart Menu Plans Call for Tempting, Attractive Salads

MANY HOMEMAKERS find that their families like certain main dishes served time after time, as long as they're not repeated too frequently to become tiresome. How can she add interest and variety to meals, in that case?

Variety in the salad department adds zest to any menu and is much appreciated by the family. Most salads can be made so very easily, either quickly or ahead of time, that they need add little work to the preparation of a meal.

If you want your salads to have as fresh and appetizing appearance as possible, arrange them in the last few minutes before serving. Everything, however, can be made ready before then, like the greens, chilling plates, fruit or vegetables.

Basic salad ingredients can be treated with new color and flavor combinations to keep them varied and attractive. Make them the light part of a heavy winter meal that keeps the folks from saying, "Are we having the same old things tonight?"

• • •

Cottage cheese is a favorite but it need never grow tiresome when treated with grated orange rind, maraschino cherries and canned cling peaches:

Cheerio Cottage Cheese Salad
(Serves 4)

- **1 pint cottage cheese**
- **2 teaspoons grated orange rind**
- **2 tablespoons chopped maraschino cherries**
- **Lettuce**
- **8 canned cling peaches**
- **Maraschino cherries**
- **Mint springs, if desired**

Blend cottage cheese, orange rind and chopped cherries; form into rough ring on each of 4 lettuce-garnished salad plates. Arrange 2 drained peach halves in each cottage cheese ring as shown. Garnish with cherries and mint.

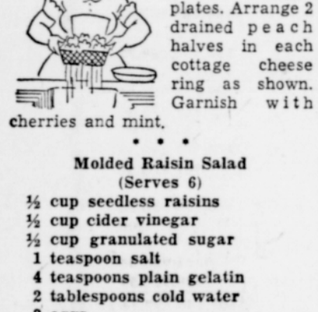
• • •

Molded Raisin Salad
(Serves 6)

- **½ cup seedless raisins**
- **½ cup cider vinegar**
- **½ cup granulated sugar**
- **1 teaspoon salt**
- **4 teaspoons plain gelatin**
- **2 tablespoons cold water**
- **2 eggs**
- **1 tablespoon prepared horseradish**
- **2 teaspoons mild prepared mustard**
- **1 teaspoon onion salt**
- **1 tablespoon lemon juice**
- **2 cups coarsely shredded raw carrot**
- **¼ cup finely cut sweet pickle**
- **1 cup mayonnaise**
- **Salad greens**

Cover raisins with boiling water and let stand 5 minutes; drain thoroughly. Combine vinegar, sugar and salt, and bring to boil. Remove from heat. Soften gelatin in cold water and dissolve in hot mixture. Pour hot mixture over beaten eggs, stirring briskly. Add horseradish, mustard, onion salt, lemon juice, carrot, pickle and raisins. Blend well. Cool until thick but not firm. Blend in mayonnaise. Pour into 6 individual molds and chill until firm. Unmold on salad greens.

Colorful canned fruits either by themselves or molded in gelatin make picture-pretty salads that



There's no need to lack for salad inspiration when you can use old favorites with new seasoning as in this cottage cheese-peach salad. Grated orange rind and maraschino cherries add both flavor and color for a salad that's pure eating pleasure.

LYNN SAYS:

Let Salad Making Become an Art

Too much greenery on a salad plate "dwarfs" the salad. The greens used should never extend beyond the rim of the salad plate, whether this is individual or large.

Vegetable salad combinations can be enhanced with a dressing whose base is mayonnaise or French. To either of these add some deviled ham, sweet relish, chopped sweet or dill pickles, stuffed green or ripe olives, catchup or mustard.

An unusual molded salad uses raisins, carrots, mayonnaise and gelatin as its base. It's good for a luncheon when you entertain or it can enhance the family dinner to a great extent. Here it's served with sandwiches, potato chips, ripe olives, pickles and a glass of milk.

LYNN CHAMBERS' MENU
Pot Roast Brown Gravy
Noodles Carrots Green Beans
*Fruit Ring Salad
Brownies Beverage
*Recipe Given

can serve as a dessert course, as well as the salad. Plan to use them for parties and special occasions, too.

***Fruit Ring Salad**
(Serves 6-8)

- **2 packages lemon-flavored gelatin**
- **1½ cups hot water**
- **2 cups fruit syrup (drained from peaches and pineapple)**
- **Canned peach halves, drained**
- **Canned pineapple slices, drained**
- **Canned dark sweet cherries, drained**
- **Salad greens**

Dissolve gelatin in hot water. Add fruit syrup and chill mixture until slightly thickened. Pour ½ cup gelatin into the bottom of an 8-inch ring mold (1½ quarts) and chill until almost firm. Set pineapple slices in gelatin with a dark sweet cherry in the center and pour in gelatin just to cover. Chill until firm. Stand peach halves upright against sides of mold and place cherries above pineapple slices. Pour in gelatin to cover peaches about one-half and chill until firm. Add remaining gelatin and chill thoroughly. Unmold and garnish with salad greens. Serve with a whipped cream dressing.

• • •

Buffet Fruit Platter
(Serves 6)

- **Canned peach halves, drained**
- **Canned fruit cocktail, drained**
- **Canned pineapple slices, drained**
- **Cottage cheese**
- **Bananas**
- **Salad greens**

Place peach halves, cut side up, on salad greens in the center of a large plate. Fill with fruit cocktail. Spread pineapple slices with cottage cheese and top with another pineapple slice, sandwich style. Fill centers with cottage cheese. Cut bananas in half and slice from tip in, spreading apart to make a fan. Dip in pineapple syrup. Arrange pineapple sandwiches and banana fans around peaches. Garnish with salad greens. Serve with desired dressing.

Frozen Fruit Salad
(Serves 8)

- **1 No. 2½ sized can fruit cocktail**
- **1 teaspoon unflavored gelatin**
- **2 tablespoons lemon juice**
- **1 3-ounce package cream cheese**
- **¼ cup mayonnaise**
- **Dash salt**
- **⅔ cup whipping cream, chilled**
- **½ cup sugar**
- **½ cup chopped nuts**

Drain fruit cocktail. Soften gelatin in lemon juice, then dissolve over hot water. Blend cream cheese with mayonnaise and salt. Stir in gelatin. Whip cream until stiff, adding sugar gradually during last stages of beating. Fold in cheese mixture, nuts, and fruit cocktail. Pour into refrigerator tray that has been lined with waxed paper. Freeze until firm with refrigerator set at coldest setting (approximately 4 hours). Turn out on platter, remove paper, cut into thick slices. Garnish with watercress. Note: Let the salad stand at room temperature for a few minutes just before serving. The flavor and texture are ever so much better.

To arrange fruits in a gelatin mold in a definite pattern, use a thin layer of slightly thickened gelatin. Chill this with the fruits until firm and then add the next layer in the same way.

Large gelatin molds should be prepared the day before they are served so they will have a chance to become thoroughly firm and molded. before serving time.

For easy unmolding, have large molds as full as possible. Then you can slip a spatula easily around the edges for loosening the mold.

Boys' Village

Unsung Village Aids Boys

CHELTENHAM, Md. — The oldest boys' village in the country is located at Cheltenham. It is known as "Boys' Village of Maryland, a home for wayward Negro youngsters of the District of Columbia.

It was started as a school for Negro boys in 1872 and was reorganized as a village by the Maryland legislature in 1949.

It is set in the middle of 1,265 acres of good farmland. There are 350 youngsters in the village and every one has something to keep his hands busy. Some milk the cows. Others till the soil with tractors. About a quarter of the land is planted in truck and grain crops. A herd of 94 purebred cows supply milk to the village.

After Five Years Illinois Village Gets Water System

MENDON, Ill.—It took five years, but the village of Mendon, population 700, finally has its water system.

The move to secure a water system for the village started back in 1946. The state of Illinois had set up a fund whereby municipalities might receive a sum to enable them to begin some project of benefit to the entire community. Mendon used its portion of the fund to conduct a survey to locate possible water sources within the village.

The next step was to gain 150 property owners who would guarantee using the water if and when the system was completed. In November of 1947 a special election was held for approval of selling general obligation bonds in the amount of $20,000 to help defray the cost of building the system. The balance was to come from the sale of water revenue bonds.

That Mendon wanted the system was demonstrated on election day when the proposition carried, 140 to 16.

The contract for building the system was awarded to the Rees Construction company of Quincy. A well digger from Batchtown moved his rig into the village and tried several locations, but failed to develop a well supplying the required amount of water to meet state specifications. Later, another company tried without much better success.

Despite discouragement the people of Mendon, in a mass meeting, gave the mayor and village council a vote of confidence. A well digger from Kansas City was contacted in the summer of 1950. He moved into Mendon, prepared to stay until he was successful. During the winter of 1950 he was able to develop four wells in the south part of the village.

In the meantime, construction costs had increased above the limits of the $20,000 bond issue previously approved. Local voters again went to the polls on March 3, 1951, this time to get approval on a bond issue of $40,000. The issued carried by 276 to 6.

The Rees company went to work early last spring and completed the project which had taken the determined people of Mendon five years to achieve.

Harvard Officials Plan High School Safety Class

HARVARD, Ill.—As result of complaints and a petition to the town council by residents living in the vicinity of the high school, Harvard will conduct safe driving classes before the entire student body.

The petition was presented at a recent meeting of the council by residents who charged that many high school drivers were speeding or were reckless during the noon hour and after school. Residents in the high school area said that with some 75 grade and pre-grade school children living in the locale, the situation had become serious, and it was feared some child would be either injured or killed.

The council decided that the police chief and city attorney would appear before high school students to go over the rules of safe driving, and at the same time warn that unless the violations ceased there would be wholesale arrest and heavy fines.

The council agreed, also, that the talks would be the last warning and after that convictions and fines would be sought.

Harvard, a community of 3,200 has been plagued in recent months with increasing teen-age traffic violations, especially at night.

Mayor John McCabe blamed the parents for allowing children to stay out late at night and drive cars at high speeds. He reported special duty police, in private cars, would be hired in order to stop the recklessness if necessary.

Illinois Village Sets Blood Doners' Record

ST. LIBORY, Ill.—St. Libory with a population of only 324 persons, according to the 1950 census, recently set a record for blood donors of St. Clair, Ill., county and possibly the state. Sixty persons from the village, nearly a fifth of its population, reported to the Red Cross bloodmobile to give blood for the armed forces.

DOING BUSINESS ON MAIN STREET
---A Weekly Newsletter

● Experts predict a drop in food prices following peak index of 234.4 reached on November 26. We already have noted in this column decline of prices on fats and oils, eggs and chickens, and big build-up in meat supplies which indicate slide in meat prices.

● Office of Price Administration is being flooded with petitions from retail groceries, including big chains, that prices are too low and many grocers are running into red. According to one source a survey of chain stores indicates profit per $100 of sales is 41¢ for this year in 32 chains as compared to $1.44 last year. Independent stores, however, make better profits. OPS is now conducting survey to determine profits.

A MAIN STREET FEATURE

● There is expected general shortage of civilian goods in first quarter of 1952, but stores handling bicycles and household appliances are forewarned first that bicycle allotments of steel for first quarter of 1952 are cut 50 per cent while washing machines, ironers, dryers and other home laundry equipment material allotments will also produce a shortage, and layoff of possibly 45 per cent of present plant force early in 1952.

CORPORATION DIVIDENDS REPORTED UP

● Small Defense Plants Loan: RFC announced plans and procedures for handling loans from $100,000,000 fund set up by congress in new Defense Production act. Loan applications may be filed at any one of 32 RFC field offices, then called to attention of Small Defense Plants Administration for recommendation; terms conditions and maturities of each loan to be determined by RFC. All loans must be for defense or essential civilian service and where private funds are not available.

● Cash dividend payments of US corporations issuing public reports amounted to $533,000,000 in October, 7 per cent above $496,000,000 paid out in October 1950. From January through October publicly reported cash dividends aggregated $6,024,000,000, up 9 per cent over 1950.

CCC HAS $39 MILLION DEFICIT

● Of interest to all business men on Main Street is action of Interstate Commerce Commission in setting January 14 for hearings on railroad petitions for increased freight rates. Railroads filed petition in October for 7.2 per cent increase to be obtained by putting into effect full 15 per cent increase asked by roads last March. ICC granted 9 per cent in August to apply east of Mississippi and north of Ohio rivers, and 6 per cent in rest of country. Roads say it isn't enough and want balance of 15 per cent increase originally asked.

● Department of Agriculture reported price support program loans and inventories of Commodity Credit Corporation as of Oct. 31, 1951, amounted to $2,036,088,000. CCC sustained net loss of $39,052,000 in carrying out program during current fiscal year beginning July 1, 1951.

— Prepared by the Washington Bureau of WNU Features.

ARMED SERVICES QUESTION BOX

(Send your questions about the armed forces or any aspect of military service to: Walter Shead, Armed Services Question Box, 1057 National Press Building, Washington 4, D.C. Answers will be given in this column.)

A TOTAL of 55,000 men will be inducted into service during February, according to a recent announcement by the Department of Defense. Of this total requested from the Selective Service System, 41,000 will be assigned to the Army and 14,000 to the Marine Corps. The call for February is 4,650 less than the one for January.

• • •

Veterans Administration announced recently that its field offices have complete listings of direct home mortgage loans which are available for sale to private lenders. The listings cover about 15,000 home loans aggregating about $95,000,000. The loans have been made under the direct lending provisions of the Housing Act of 1950. An additional $48,000,000 in direct loans have been approved and will be available for sale as soon as they become fully disbursed.

• • •

The enlistment tour for civilians accepted as aviation cadets has been reduced from four years to two years, the Air Force said. By providing a shorter tour of duty, comparable to Selective Service requirements, for those who fail to complete flying training, the Air Force expects the policy to encourage a flow of highly qualified college men into the aviation cadet program.

• • •

Q. My husband died recently as a result of a service-connected disability for which he had been drawing 100 per cent compensation pay. After VA passes on my claim for death compensation, would my payments be based on his degree of disability? M.J.R., Leesburg, Va.

A. No. Death compensation payments to survivors of veterans are based on the number and type of dependents only, and not on the degree of compensation the veterans received while they were alive.

Q. What requirements must a recently-discharged veteran have to take out the new type of non-convertible government term insurance? D.E.C., Yorktown, Iowa.

A. He must have been ordered to active duty for 31 days or more; served since June 27, 1950, and been released from active service.

Q. I have a permanent National Service Life Insurance policy. While on active duty in Korea, I was granted a waiver on part of the premium, but was told to keep on paying the full premium anyhow. What is VA going to do about the waived portion that I paid, now that I've been released? P. L. T., Davenport, Florida.

A. VA will refund the waived portion in a lump sum. The money you receive will be the portion of the premium that was waived, with interest, for the entire period that the waiver was in force.

Army to Provide Internship Training

The Army Medical Service will provide internship training spaces for 210 new medical school graduates beginning July 1, 1952, the Army said recently. Sixty members of the group to be selected from next year's graduating classes will be commissioned by the Air Force. The others will be appointed first lieutenants in the Army Medical Corps Reserve. All will take their formal 12 month internship at one of 11 large Army teaching hospitals before beginning one year's general medical duty with their respective service in the United States or overseas.

• • •

The first successful flight by a gas turbine shaft-powered helicopter has been announced by the Navy's Bureau of Aeronautics. The initial flight and a subsequent series of test flights by the experimental K-225 were completed this week, the Navy said.

Flower Border

THE stunning red, black and green flower border is in the new, instant-use, three-color process which needs no embroidering once the transfer is applied **just iron the flower border right onto your material!** Designs may also be used on the pockets of house or sports frocks, on dormitory "shortie" coats, on tablecloths and place mats, on pillows, curtains, laundry and knitting bags.

Send 25c for the MULTI-COLOR FLOWER BORDER DESIGNS (Pattern No. 400) transfer and laundering instructions. YOUR NAME, ADDRESS, PATTERN NUMBER to CAROL CURTIS, Box 229, Madison Square Station, New York 10, New York.

A Censor

A censor is a fellow who knows more than he thinks you ought to.

—•—

How True

A girl can scream at the sight of a mouse but will climb into a car with a wolf.

Buy U.S. Defense Bonds!

Starts INSTANTLY to relieve
SORE THROAT
Caused by Colds
Just rub on Musterole . . . it's made especially to promptly relieve coughs, sore throat and aching chest muscles due to colds. Musterole actually helps break up local congestion in the upper bronchial tract, nose and throat. In 3 strengths.
RUB ON MUSTEROLE

ALWAYS POPS BETTER
CRISP — TENDER DELICIOUS
So easy to pop — so good to eat. Best ever. At all Grocers
JOLLY TIME POP CORN

HEAD STUFFY
DUE TO COLDS
TAKE 666
for fast symptomatic RELIEF

Save Money On This Home Mixed Cough Syrup

Big Saving. No Cooking. So Easy.

You'll be surprised how quickly and easily you can relieve coughs due to colds, when you try this splendid recipe. It gives you about four times as much cough medicine for your money, and you'll find it truly wonderful for real relief.

Make a syrup with 2 cups of granulated sugar and one cup of water. No cooking needed. (Or you can use corn syrup or liquid honey, instead of sugar syrup.) Then put 2½ ounces of Pinex (obtained from any druggist) in a pint bottle, and fill up with your syrup. This makes a full pint of medicine that will please you by its quick action. It never spoils, and tastes fine—children love it.

This simple mixture takes right hold of a cough. It loosens the phlegm, soothes the irritated membranes, quickly eases soreness and difficult breathing.

Pinex is a special compound of proven ingredients, in concentrated form, well-known for its quick action in coughs and bronchial irritations. Money refunded if it doesn't please you in every way.

FOR EXTRA CONVENIENCE GET NEW READY-MIXED, READY-TO-USE PINEX!

IF PETER PAIN PUMMELS YOU WITH
Back Ache

FOR FAST RELIEF, rub in Ben-Gay. Contains up to 2½ times more of those two famous pain-relieving agents, methyl salicylate and menthol, than five other widely offered rub-ins!
Also for Pain due to RHEUMATISM, MUSCULAR ACHES, HEADACHES and COLDS.
Ask for Mild Ben-Gay for Children.
Copyright 1949, by Thos. Leeming & Co., Inc.
QUICK! RUB IN Ben-Gay
THE ORIGINAL BAUME ANALGÉSIQUE