HOUSEHOLD MEMOS... by Lynn Chambers

Enhance Breakfast Appeal with Hot Breads
(See Recipes Below)

Hot Breakfast Breads

WHEN THE FAMILY gathers for breakfast in the morning, there's nothing like a batch of freshly-baked hot breads to help start the day with a genuine smile.

Grandmother knew that the best way to get those late risers out of bed on time to speed them off to school, was to wave a wand of fragrance from her oven. That irresistible odor of something baking is the best alarm anyone can have.

What's the homemaker's reward for getting out of bed just a bit earlier to bake in the morning? Why, those lusty, wonderful appetites and the pleasure of seeing her family off to a good and cheerful start in the morning!

To save time in the morning, have all ingredients measured the night before, ready to combine and bake. While baking, you can set the table in a gay cloth with cheery dishes, and start the other things for breakfast: fruit, cereal, beverage, meat and eggs.

***Spicy Oatmeal Muffins**
(Makes 8-10 large muffins)
1 cup quick rolled oats, uncooked
½ cup buttermilk or sour milk
¾ cup applesauce
1 egg, beaten
¼ cup brown sugar
1 cup sifted enriched flour
2 teaspoons baking powder
½ teaspoon soda
¼ teaspoon cinnamon
¼ teaspoon allspice
¼ cup melted shortening

Combine rolled oats and buttermilk; mix well. Add applesauce, egg and sugar. Sift together dry ingredients and add to mixture, stirring only enough to combine. Fold in melted shortening. Fill greased muffin pans ⅔ full. Bake in a hot oven (425°F.) 20 to 25 minutes.

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Apricot Coffee Cake
(Makes an 8-inch square)
¼ cup shortening
½ cup sugar
2 eggs
1½ cups sifted enriched flour
4 teaspoons baking powder
½ teaspoon salt
½ cup milk
¾ cup quick rolled oats, uncooked
½ cup cooked, dried apricots (well drained)

TOPPING:
1 tablespoon melted butter
¼ cup brown sugar
¼ cup chopped nutmeats

Cream shortening; add sugar gradually and cream well. Add eggs, one at a time, beating well after each addition. Sift together flour, baking powder and salt. Add to creamed mixture alternately with milk. Fold in rolled oats and apricots. Pour into greased 8-inch square pan. Combine ingredients for topping and sprinkle over batter. Bake in a hot oven (400°F.) for 20 to 25 minutes.

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Butterscotch Pecan Biscuits
(Makes 16 to 20 medium biscuits)
2 cups sifted flour
3 teaspoons baking powder
1 teaspoon salt
½ cup shortening
¾ cup milk

Sift flour, baking powder and salt into bowl. Cut in shortening (with knives, fork, or a blender) until the mixture looks like coarse cornmeal. Remove 1 cup of this mixture to a small bowl; blend with milk to form a paste (do not try to smooth). Add paste to shortening and mix just enough to hold dough together. Transfer dough to board or pastry cloth which has been dusted with flour. Knead lightly. Roll dough to oblong shape, about 10" x 18". Sprinkle with cinnamon and sugar and dot with butter. Roll lengthwise in same manner as jelly roll and seal edge tightly. Cut slices; place on cookie sheet or in muffin tins which have been rubbed with shortening. Bake in hot oven (425°F.) 12 to 15 minutes.

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Corn Cheese Muffins
(Makes 12 medium muffins)
1 cup sifted flour
1 teaspoon salt
3 teaspoons baking powder
3 tablespoons sugar
1 cup yellow corn meal
¾ cup grated sharp cheese
1 egg
1 cup milk
2 tablespoons melted shortening

Sift flour, salt, baking powder and sugar into a bowl. Add cornmeal and cheese; mix. Beat egg slightly; combine with milk and melted shortening. Add liquid mixture to dry ingredients and stir until just mixed. Place in muffin tins which have been rubbed with shortening. Bake in a moderately hot oven (400°F.) 25 minutes.

LYNN CHAMBERS' MENU
Pan-Fried Liver with Onions
Parsleyed Potatoes
Creamed Spinach
Apple, Celery, Nut Salad
*Spicy Oatmeal Muffins
Butter
Peach Crisp
Beverage
*Recipe Given

LYNN SAYS:

Plan a Sensible Reducing Diet

Any meat may be eaten with the exception of pork which is high in fat. Use only cuts, however, that can be broiled, baked or roasted.

If extra interest is desired in vegetables, cook them in bouillon or season with celery or onion salt or herbs.

A good dressing for vegetable salads includes tomato juice seasoned with salt, pepper, dry mustard and a clove of garlic.

Dessert for weight loosers should include fresh or unsweetened cooked fruit, plain or fruited gelatin.

Cut down your bread to one or at the most, two slices daily. These should be thin and unbuttered. Avoid the sweet spreads, too, like jelly, jam, sugar, honey or marmalade.

Salad dressings are to be avoided in reducing programs because most of them contain highly caloric oils or fats. Make a dressing with lemon juice or vinegar with salt and pepper.

Clara Belle
Town's Population Zero

CLARA BELLE, Canada — Clara Belle must be considered a "railroad town" because it has a station and is well known to mining equipment manufacturers in the United States and Canada, but it has no inhabitants.

There are conflicting stories that the town was named for a woman or a cow. Although the town is known to railroad men and shippers in this country and in Britain, few persons in the near-by town of Sudbury, in northern Ontario, have heard of it.

The five-man station that comprises the town is tucked behind the International Nickel Company's smelter at Copper Cliff.

Railroad lines funnel into Clara Belle from seven directions, and because the cars from the smelter often carry such high-priced items as platinum, Clara Belle does a business valued at millions of dollars a year.

Town Builds Parking Lots Aimed to Lure Back Local Trade

RYE, N.Y.—Like many communities across the country, Rye has had a serious parking and traffic problem. The town has just completed a major operation on some of the back yards of the city's blighted business district that is aimed at increasing the local trade by $4,000,000 a year.

The program is the establishment of "car parks", the first two of which were dedicated recently. They are located behind stores on the main shopping thoroughfare. Two more such parks will be constructed next year.

To accomplish the transformation the town condemned and demolished 20 residential properties and two small commercial establishments at a cost in excess of $200,000. Then it spent $55,000 to construct the car parks.

Trees will shade each of the 270 stalls and decorative shrubbery and flowers will be set in the stone curbs that divide the parking fields into small sections for easier access to particular stores. That part of the program was developed with the help of the Garden Club of Rye which is contributing much of the greenery.

The decision to rehabilitate the business sector stemmed from growing complaints of lack of parking facilities. The main shopping thoroughfare is a narrow traffic trap. There were only a few isolated lots near the stores and local residents were going to other communities for many items obtainable at home. Some housewives were even doing their day-to-day food shopping in other communities.

With the new car parks the merchants hope lost trade will return, and they are doing their part by rebuilding the rears of their shops to form an attractive back-drop for the parking lots.

To insure the continuing attractiveness of the free municipal parking areas the town adopted an ordinance that not only bars commercial advertising signs but requires merchants wishing to identify their locations to submit the designs to an architectural board of review for approval.

Taxi Driver Wins Award For Boosting Home Town

BURLINGTON, Iowa — Pride in his home town and a zeal for telling people about it, earned a Burlington taxi driver a special award from the Chamber of Commerce in that community. Paul Brown was the honored individual and he received an engraved fountain pen at luncheon with the chamber board.

Brown had as his customers recently two gentlemen who were stopping overnight in Burlington while on industrial site inspection trip through the middle west. Burlington itself was not actually on the list.

After overhearing his passengers conversation about new industry, Brown got in a pitch for his own town and did it so effectively that he induced the men to visit the local chamber and give Burlington consideration.

It is possible now that Burlington will get the new industry.

County Board Asks Notes Of Local Newspapermen

WAMPSVILLE, N.Y.—The Madison county supervisors have established a public relations committee and have asked newsmen covering meetings of the group to show their notes taken at meetings to the committee.

The committee chairman said the request was "not a formal demand" and was designed to see that the reporters all have the story.

Newsmen who attended the meeting in the community of approximately 300 said they would cooperate "to a certain extent."

One of the supervisors hastened to explain that the committee was not a censorship board of the local press. He added that it was appointed to "sift and assimilate the news and to enlighten the general public on phases of the board's work."

Farm Topics

Michigan Farmer Named 'Wheat King'
First U.S. Grower To Win in 23 Years

Harold A. Metcalf, 31-year-old Fairgrove, Michigan, farmer, brought the world's wheat growing championship back to the United States for the first time in 23 years when his sample of Yorkwin, a soft winter wheat variety, was adjudged the best at the recent International Live Stock Exposition at Chicago.

At the same show Willard C. Kirk, 53, of Jeffersonville, O., won the title of corn king, the first Ohioan in history to win.

The new wheat king reports "good seed, good fertilizer and plenty of elbow grease" were the recipe for his success. His wheat weighed 60.5 pounds to the bushel. This was the first time he had ever exhibited at the show.

Harold A. Metcalf

Another Michigan farmer, Lee D. Ferden of Chesaning, near Saginaw, won the reserve championship.

Metcalf was the first U.S. farmer to be crowned wheat king since 1928. In all the years since, the championship has gone to Canadian wheat growers.

The corn king had been exhibiting at the show since 1922, but this was his first major prize. His prize-winning corn was an Indiana 944-D Hybrid.

Kirk limed his corn land at the rate of three tons per acre and added 300 pounds of 3-12-12 fertilizer per acre to the corn in the row at planting time.

Competing with entries from hundreds of growers in the United States and Canada, Kirk's corn had superior finish and luster.

The champion farms 335 acres, about 90 acres planted to corn. His 4-year-rotation includes corn, wheat or oats and two years of red clover and alfalfa. He feeds all the corn, wheat, oats and forage to hogs, sheep and beef cattle and returns all the manure to the land.

Willard C. Kirk

Champion Wether

Harold Barber, shepherd from the University of Kentucky, holds Kentucky Colonel, grand champion wether at the International Live Stock Exposition. This is the third consecutive wether title captured by the university.

Hardware Can Kill a Cow, Veterinarian Reports

A tiny piece of wire or a broken nail thrown in the wrong place can cost you a cow, Dr. R. D. Hatch, veterinarian at the University of Illinois, warns farmers. "Cattle often swallow nails, screws, pieces of wire, pins or other bits of metal that wet into their feed," he says. Often these pieces of hardware cause death. Sometimes the animal can be saved by surgical operation, he reports.

THE READER'S DATE BOOK

1952 Promotions Are Listed; Resorts Plan Vacation-Time

Home town merchants have found that coordination of their advertising and promotional efforts with special events has helped in achieving better selling and higher profits. At the same time, the home town consumer has found it to their advantage to know when promotions are planned and what bargains will be offered at a given time.

Many promotional events are planned primarily to help sell merchandise. And some that were organized for other purposes do nevertheless have business aspects. There are some charitable and religious observances in which businessmen take part for the general good of the community. Some events, such as legal holidays in various states, affect the day-to-day transactions of business.

A MAIN STREET FEATURE

There will be about 400 business promotion events, legal holidays, and religious days during 1952. Many of them will be covered in The Reader's Date Book. Here are some of the events the reader can look for during the coming months:

JANUARY: Universal Week of Prayer, Printing Education Week, Church and Economic Life Week, Jaycee Week, National Thrift Week, National Fur Care Week, Youth Week.

FEBRUARY: Ground Hog Day, Pancake Day, National Peanut Week, Boy Scout Week, National Kraut and Frankfurter Week, Scout Sunday, American Heart Week, Abraham Lincoln's Birthday, National Defense Week, Valentine's Day, National Cherry Week, George Washington's Birthday, Brotherhood Week.

MARCH: National 4-H Club Week, American Red Cross Fund Drive, National Smile Week, National Salesmen's Week, St. Patrick's Day, Millinery Promotion for Spring, Nutrition Week, Spring Style Show of American Gas Ranges.

APRIL: April Fool's Day, Cancer Control, National Donut Week, National Leather Goods Week, National Garden Week, National Rice Week, United States-Canada Good Will Week, Boys and Girls Week, National Baby Week, Millinery Promotion for Summer, National Cotton Week.

MAY: May Day, Be Kind to Animals Week, National Restaurant Week, National Frozen Food Week, Mother's Day, National First Aid Week, National Luggage Week, World Trade Week, Memorial Day.

JUNE: Graduations, National Flag Week, Dairy Month, Ice Cream Festival, Father's Day, National Bow Tie Week, National Swim for Health Week.

JULY: Independence Week, Independence Day, National Farm Safety Week, National Inventors Week, National Iced Tea Time.

AUGUST: National Cerebral Palsy Week, Friendship Day, Vacation Time.

SEPTEMBER: Child Foot Health Week, Labor Sunday, National Chemistry Week, National Tie Week, National Home Week, Millinery Promotion for Fall, National Doll Week, National Sunday School Week, Home Fashion Time, National Kid's Day, School Begins, National Business Women's Week, National Dog Week.

OCTOBER: Let's Go Hunting Month, Red Feather Month, National Newspaper Boy Day, Cranberry Week, Fire Prevention Week, National Employ the Physically Handicapped Week, National Hat Week, Oil Progress Week, National Bible Week, United Nations Week, Halloween.

NOVEMBER: American Art Week, Pumpkin Pie Time, National Cat Week, American Education Week, World Community Week, Thanksgiving.

DECEMBER: Christmas, New Year's Day.

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Winter Vacation-Time Is Boom-Time in East

Once upon a time when anyone mentioned vacations everyone immediately thought of summer. In recent years, however, winter vacations have become more popular until today thousands of tourists head for northern states to enjoy winter sports. Other thousands, of course, head south for the sunshine playgrounds.

Winter vacations and sports have become a big business in the northeastern states with many a small town depending for a great part of its annual income on the winter months.

For months communities in New England have been promoting their neighborhood and all that is needed now is a series of old-fashion snows to make the skiing the best in the world.

For the winter vacation minded sportsman here is a list of skiing competitions in the northeastern states in the coming months:

Jan. 5—Swedish S. C. open invitation junmp (night), Bear Mt. Park.

Jan. 6—Swedish S. C. cross-country races, Bear Mt. Park.

F. D. Roosevelt and Harold Nelson Memorial open jump, Bear Mt. Park.

Invitation cross-country races, Jackson, N. H.

Jan. 12—Metropolitan Ski Jumping Clubs jump (night), Bear Mt. Park.

Louisa Orvis Trophy Slalom, Big Bromley, Manchester, Vt.

Jan. 13—Harold Doerr Memorial Trophy open jump, Bear Mt. Park.

Invitation jump, Hanover, N. H.

Jan. 19—New England 30-kilometer cross-country race, Rumford, Me.

Jan. 19-20—U. S. E. A. S. A. senior men's downhill-slalom open combined championships, Big Bromley, Manchester, Vt.

Jan. 20—St. Lawrence University's invitation open jump, South Colton, N. Y.

Jan. 26-27 — New Hampshire State jumping, cross-country and combined championships, Lebanon, N. H.

Jan. 27—Norsemen Open Jump, Bear Mt. Park.

Newport (N. H.) Winter Carnival, Mount Sunapee, N. H.

Feb. 2-3—Paul Smiths College Winter Carnival, Paul Smiths, N. Y.

Massachusetts cross-country and combined championships, Worcester, Mass.

Feb. 3—N. Y. State ski jumping championships, Bear Mt. Park.

Eastern States invitation open jump, Laconia-Gilford, N. H.

Gibson Memorial Trophy races, North Conway, N. H.

Feb. 8-9 — Dartmouth Winter Carnival, Hanover, N. H.

Feb. 9-10—16th annual Eastern U. S.-Canadian women's downhill-slalom races, Lake Placid Club Sno Birds.

Maine State jumping, cross-country and combined championships, Rumford, Me.

Feb. 10—Fisk Trophy races, Woodstock, Vt.

New York State men's and women's open slalom championships, Saranac Lake, N. Y.

Connecticut men's downhill, slalom and combined championships, Mohawk Ski Area, Cornwall, Conn.

Feb. 16-17—U. S. E. A. S. A. cross-country, jumping and combined championships, Berlin, N. H.

Metropolitan Ski Jumping Clubs' jamboree, Bear Mt. Park.

Pennsylvania State downhill, slalom and cross-country championships, Elk Mt. Center, Scranton, Pa.

U. S. E. A. S. A. women's giant slalom open championships, Mt. Grelock, North Adams, Mass.

Feb. 17—U. S. E. A. S. A. senior giant slalom open championships, Mt. Sunapee, N. H.

Feb. 21-23—Middlebury College Winter Carnival, Middlebury, Vt.

Feb. 22-24—31st annual Wash. Birthday open meet, Lake Placid Club Sno Birds.

Feb. 24—Open Invitation jump, Brattleboro, Vt.

Feb. 29-March 1—St. Lawrence University Carnival and Eastern Intercollegiate Ski Association senior championship, Whiteface Mt., and South Colton, N. Y.

March 1-2—N. Y. City Ski Council interclub open races, Belleayre Mountain, Pine Hill-High Mount, N. Y.

Invitation jump, cross-country and combined, Andover, Me.

March 2—U. S. E. A. S. A. men's giant slalom open championships, Mad River Glen, Waitsfield, Vt.

Pico Derby, open, Pico Peak, Sherburne Pass, Vt.

Whiteface Inferno, open, men and women, Wilmington, N. Y.

Edelweiss open jump, Greenfield, Mass.

March 8-9—Hochgebirge Races, men and women, Franconia, N. H.

March 8-16—Cannon Mt. Race Week, Franconia, N. H.

March 9 — National jumping open championships, Salisbury, Conn.

National cross-country open championships, Paul Smiths College, Paul Smiths, N. Y.

Resorts Operate on Reduced Budgets

Undaunted by three straight years of sparse snow, New England resort operators are planning for a big season this winter.

Without most of the New England states operating on reduced recreational budgets, the theme for the coming season will be "New England skiing always is best in March". Placards, partly financed by the states and partly by resort operators, will be posted in conspicuous places during the early months of the season.

To those who live in or near the major ski areas, the decline in March business has been a puzzle. The Federal Reserve Bank of Boston, which keeps statistics on the winter sports business, suggests that one of the reasons is the relatively early return of spring in cities like Boston and New York.

Promotion for a longer skiing season has been under way for several years.

Dress and Pinafore Ideal for Small Fry

TWO pretty outfits for small fry —at top, a simple dress and pinafore; below, sleeveless dress that has a tiny button-on jacket.

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Pattern No. 8601 is a sew-rite perforated pattern in sizes 2, 4, 6, 8, 10, 12 years. Size 4, dress, 1⅝ yards of 36-inch; pinafore, 1⅞ yards.

Pattern No. 8738 is a sew-rite perforated pattern in sizes 1, 2, 3, 4, 5, 6 years. Size 2, dress, 1⅛ yards of 39-inch; bolero, ⅝ yd. TWO SEPARATE PATTERNS.

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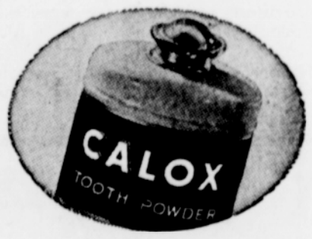

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JANUARY 2-31 GIVE Voluntarily TO MARCH OF DIMES