

SEWING CIRCLE PATTERNS

Latest News for Pinafore Set
It's So Youthful and Pretty

1249
4-12 yrs.
Dainty Little Dress

Here is a dainty little dress and pinafore pair that will be ideal for back to school days. Make the pinafore in crisp white—she'll wear it with all her other dresses!

Pattern No. 1249 is a sew-rite perforated pattern in sizes 4, 6, 8, 10 and 12 years. Size 6, dress, 2 1/2 yards of 39-inch; pinafore, 2 1/4 yards.

Send 25 cents today for your copy of the Spring and Summer STYLISH, our complete pattern magazine. Gift patterns are printed inside the book.

To darn a hole in a flimsy curtain, cover the hole with a piece of white paper and run back and forth over it with the sewing machine needle a number of times. Then launder the curtain to dissolve the paper, and a neat darn remains.

If possible, avoid using water on venetian blinds because, on wooden ones, it may cause warping and cracking of the paint; with metal ones, rust is always a hazard when the paint gets thin.

If you can afford the space when curtains are stored, hang them full length on coat hangers to avoid wrinkles and creases.

Wooden venetian blinds, as far as cleaning is concerned, can be treated like any other painted woodwork. Furniture polish—oil or wax—is good; and it's handy to apply if you just slip on an old cotton glove, dip it in the polish and rub each slat between two fingers.

A Fresh Look

Give your wardrobe a fresh lease on life with this youthful style that has such nice detail—tiny collar and cuffs, handy pockets, novelty button trim.

Pattern No. 8692 is a sew-rite perforated pattern in sizes 10, 12, 14, 16, 18 and 20. Size 12, 4 yards of 35- or 39-inch.

SEWING CIRCLE PATTERN DEPT.
367 West Adams St., Chicago 6, Ill.
Enclose 30c in coin for each pattern. Add 5c for 1st Class Mail if desired.
Pattern No. Size

Name (Please Print) _____
Street Address or P.O. Box No. _____
City _____ State _____

Do you suffer distress from
Periodic FEMALE
WEAKNESS

which makes you NERVOUS several days before?

Do female functional monthly ailments make you suffer pain, feel so strangely restless, weak—at such times, or just before your period?

Then start taking Lydia E. Pinkham's Vegetable Compound about ten days before to relieve such symptoms. Pinkham's Compound works through the sympathetic nervous system. Regular use of Lydia Pinkham's Compound helps build up resistance against this annoying distress.

Truly the woman's friend!

Note: Or you may prefer Lydia E. Pinkham's TABLETS with added iron.

LYDIA E. PINKHAM'S
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Non-Smear Lipstick
Won't Eat Off - Bite Off - Kiss Off!

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Hazel Bishop Lasting Lipstick

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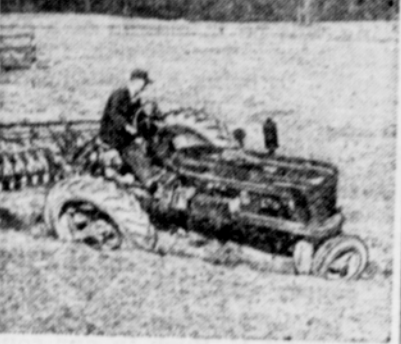
Not a Substitute—Not Medicated
Sano's scientific process cuts nicotine content to half that of ordinary cigarettes. Yet skillful blending makes every puff a pleasure.
FLEMING-HALL TOBACCO CO., INC.
ASK YOUR DOCTOR ABOUT SANO CIGARETTES

Farm Topics
National Farm Safety Week Is July 22-28

Sponsors Urge Safety Practices on U.S. Farms

National Farm Safety Week will be observed throughout the United States July 22-28. Its one purpose is to encourage all residents of the farmlands of America to adopt safe practices on their farms and in all phases of everyday farm life—in the farm home, at work in the fields and barns, in traffic and at play.

Farm accidents are serious not only from the standpoint of the 17,000 deaths and 1,650,000 injuries



Start tractors smoothly and turn corners slowly. Avoid ditch banks and soft ground. This farmer didn't—and his tractor could have tipped! Another safe practice when operating your tractor: Always hitch to the draw bar.

they cause each year, nor alone for the broken bodies and broken families or the suffering and sorrow they bring about.

Accidents to farmers and their families are a major obstacle in our country's food production program, which is so vital in view of the present national emergency.

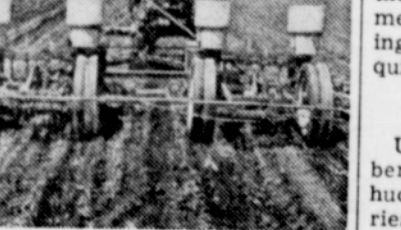
As if this were not reason enough for farm people to adopt safe practices to hold down accidents, the bureau of agricultural economics reports 1,200,000 fewer farm workers today than 10 years ago—during which time farm mechanization has more than doubled. It is likely that unskilled workers and women will be added to the farm labor force during the present national crisis.

They will have to operate more tractors, farm trucks and other machines than ever before.

All this adds up to a double-barreled reason why it is especially important for farm people to adopt safe practices in everything they do. It makes it more important than ever for National Farm Safety Week to become a significant highlight of year-round activities that will make farm safety a 52-week-a-year undertaking.

Farmers and their families can help the safety program by adopting safe practices to eliminate individual carelessness or thoughtlessness, which is one of the greatest causes of accidents. They can make their farms and homes safer by learning and observing rules for safe farm living. They can do things the right way, which means the commonsense safe way.

The National Safety Council believes that mental alertness, safety consciousness, efficiency in all farm operations, ability to recognize hazards and determination to eliminate them by adopting safe practices are more essential to safety in agricultural living than any specific rules or regulations.



New Type Tires

Latest in the line of farm equipment is a strange-looking pneumatic rubber tire (above) that will improve the farmer's efficiency in planting corn. The new tire, which has a smooth-V-shaped tread and is constructed with shoulders and a low center, was designed to replace conventional steel wheels that come as original equipment on farm implement. It was developed by B. F. Goodrich engineers.

High Quality Hay Can Reduce Feeding Costs

High quality hay can cut feeding costs about \$24 per cow and milk producing costs by 26 cents per hundredweight, says Michigan state college farm economists.



HOUSEHOLD MEMOS... by Lynn Chambers

Can Luscious, Seasonal Fruits Now
(See Recipes Below)

Fruit Canning Helps

LUSCIOUS FRUITS AND BERRIES canned right now mean better meals for your family later on during the year.

Isn't it nice to open a can of applesauce for luncheon, without having to cook it just before the meal? Nice, too to take peach halves, pears or apricots for salad right out of a jar, isn't it?

How about a berry pie? They're already in the jar, sweetened, ready to be put in a crust. Fruit for dessert? Open a can of pineapple, resting on the canning shelf.

Fruit is easy to can because it requires only the simplest of preparation. Some need skins removed by blanching in hot water. Then they're packed in jars and processed in a hot water bath or oven to cook them completely. If you want to prevent shrinkage on some types, pre-cook slightly.

Applesauce (Hot Pack)

3 pounds green apples
2 cups water
1 1/4 cups sugar
Wash apples, quarter, core and remove bruise or decayed parts. If fruit has to stand for any time, prevent discoloration by placing in slightly salted water. Drain. Add water and cook until soft. Press through sieve or colander to remove seeds and skins. Add sugar and bring to a boil. Pack while hot into clean jars. Adjust cap according to manufacturer's directions. Process 15 minutes in boiling water bath.

Baked Apples

Wash and core apples and place in baking dish containing enough boiling water to cover bottom of dish. Bake until tender. Pack immediately in hot, sterile jars. Fill to the top with juice from baking pan and additional medium syrup. Seal immediately. Medium Syrup: Use 2 cups water, 1 cup sugar, and bring to a boil before packing.

Apricots (Open Kettle)

This method gives nice, rich flavor to the fruit. Use firm, ripe apricots and drop into boiling water for 1/2 minute, then dip in cold water shortly and slip off skins. Remove stones. Place fruit in Medium Syrup and simmer for 10 to 15 minutes, then bring to a full boil. Pack immediately into hot sterile jars, filling the jar to the top and sealing quickly.

Berries (Hot Pack)

Use these directions for blackberries, blueberries, dewberries, huckleberries, loganberries, mulberries and raspberries, and help prevent floating which often occurs in canning them.

Wash and stem berries. Drop into boiling thin or medium syrup (Thin syrup: 3 cups water, 1 cup sugar), and let stand 15 to 20 seconds. Drain. Pack immediately in hot, sterile jars and fill to within 1/2 inch of the top with boiling syrup in which the berries stood. Seal jar and process 5 minutes in a hot water bath.

LYNN SAYS:
Here are Aids
For Fruit Canning

Work with tongs or gloves when removing jars from hot water to prevent burned fingers.

When a recipe calls for hot, sterile jars, this means they should be prepared by washing in hot, soapy water, rinsing in clear hot water and then placing in a large kettle, tub or pan on a rack or folded cloth. Pour boiling water over them and boil for 10 minutes. Take jars out of hot water as you fill them.

FIRST AID TO THE
AILING HOUSE
BY ROGER C. WHITMAN

Storing Range and Refrigerator in Basement

QUESTION: I am planning to store a late model electric refrigerator and range in my basement. Naturally I wish to give them maximum protection. Have you any advice or instructions to offer?

ANSWER: The best thing to do would be to have servicemen from the two companies come and put the units in proper condition for storage. If your basement is reasonably dry, it should be safe enough for the units. But if it is even slightly damp, I advise you to store the units in a storage warehouse, or ask the companies to see if they can provide a better place. If the basement is dry, clean the range thoroughly inside and out. Remove any traces of rust by rubbing with sandpaper or steel wool, wipe with turpentine and then put on a thin coat of petroleum jelly on all iron, nickel and chromium plated parts. Porcelain enameled surfaces need not be coated. The refrigerator should be raised from the floor on blocks of wood about six inches high; this would give better circulation of air under it.

NO MORE CONSTIPATION
"THANKS TO ALL-BRAN!"

"Before I started to eat ALL-BRAN regularly, I had a great deal of trouble with constipation. Now—thanks to ALL-BRAN—I'm regular!" Mrs. HESSIE Hamilton, 2212 Millet Street, Flint, Mich. Just one of many unsolicited letters from ALL-BRAN users. If you suffer from constipation due to lack of dietary bulk, try this: Eat an ounce (about 1/2 cup) of crispy Kellogg's ALL-BRAN daily, and drink plenty of water! If not completely satisfied after 10 days, return empty box to Kellogg's, Battle Creek, Mich. Get DOUBLE YOUR MONEY BACK!

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