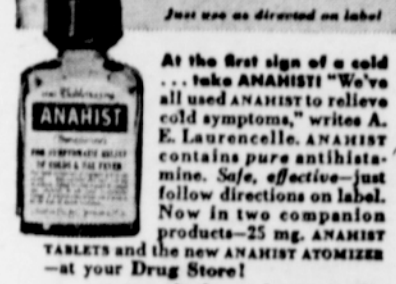




## ANOTHER FAMILY PRAISES ANAHIST FOR COLDS

Stops Cold Symptoms in many cases in a single day!



At the first sign of a cold... take ANAHIST! "We've all used ANAHIST to relieve cold symptoms," writes A. E. Lawrence, Jr., of the Lawrence family. "It's safe, effective—just follow directions on label. Now in two companion products—25 mg. ANAHIST TABLETS and the new ANAHIST ATOMIZER—at your Drug Store!"

ANAHIST is the exclusive trademark of ANAHIST CO., Yonkers 2, N. Y.

**ANAHIST**

America's Number One Antihistamine



Gives "come-on" to any meal

## CHEESE BRAN MUFFINS

No creaming, no egg-beating—one easy mixing this Kellogg's-quick way.

- 1 cup All-Bran
- 1 egg
- 1/2 cup milk
- 2 tablespoons soft shortening
- 1 cup sifted flour
- 1 cup cheese
- 2 1/2 teaspoons baking powder
- 1/2 teaspoon salt
- 1/2 teaspoon grated cheese strips

- Combine All-Bran and milk in mixing bowl.
- Sift flour, baking powder, salt together into same bowl. Add egg, shortening, grated cheese. Stir only until combined.
- Fill greased muffin pans 3/4 full. Bake in preheated, moderately hot oven (400° F.) about 20 minutes. Place thin cheese strips on top of each muffin and continue baking about 5 min. 10 medium muffins!

America's most famous natural laxative cereal for diets of insufficient bulk—try a bowlful today!



## MANY NEVER SUSPECT CAUSE OF BACKACHES

As we get older, stress and strain, over-exertion, excessive smoking or exposure to cold sometimes slows down kidney function. This may lead many folks to complain of nagging backache, loss of pep and energy, headaches and dizziness. Getting up nights or frequent passages may result from minor bladder irritations due to cold, dampness or dietary indiscretions.

If your discomforts are due to these causes, don't wait, try Doan's Pills, a mild diuretic. Used successfully by millions for over 60 years. While these symptoms may often otherwise occur, it's amazing how many times Doan's give happy relief—help the 15 miles of kidney tubes and filters flush out waste. Get Doan's Pills today!

## DOAN'S PILLS

## HOT FLASHES?

Are you going through the functional "middle-age" period peculiar to women (38-52 years)? Does this make you suffer from hot flashes, feel so nervous, high-strung, tired? Then do try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms! Regular use of Pinkham's Compound helps build up resistance against this annoying middle-age distress!

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

**666**

LIQUID OR TABLETS

IS YOUR ANSWER TO COLDS' MISERIES

Here's why! 666 is time-tested. It's different. Try 666 yourself.

### VIRGIL



### SUNNYSIDE



### THE OLD GAFFER



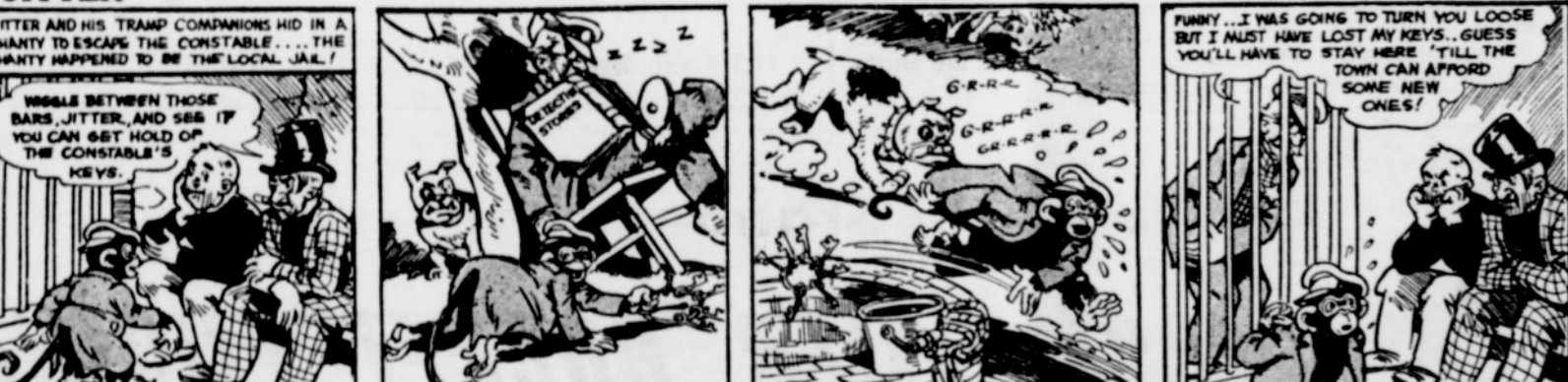
### BOUFORD



### MUTT AND JEFF



### JITTER



### WYLD AND WOOLY



### CROSSTOWN



### A Fitted Daytime Dress With Scallops, Half Belt



Wide Size Range  
A BEAUTIFULLY fitting daytime dress that's designed in a wide range of sizes. Soft scallops trim the waist top, a narrow half belt ties neatly in back. Short or three quarter sleeves.

Pattern No. 8496 is a sew-rite perforated pattern for sizes 12, 14, 16, 18, 20, 40, 42 and 44. Size 14, short sleeve, 4 3/8 yards of 36 or 38-inch.

Send today for your copy of the Fall and Winter Stylis, 48 pages of style, color, easy to sew frocks; fabric news; gift pattern printed inside the book. 25 cents.

SEWING CIRCLE PATTERN DEPT.  
367 West Adams St., Chicago 6, Ill.  
Please enclose 25 cents plus 5 cents in coin for first-class mailing of each pattern desired.  
Pattern No. .... Size ....  
Name .....  
Address .....

## NEW! IMPROVED! 3 WAYS BETTER



"Easier to use" says Mrs. R. A. Madsen, Farmington, Utah, first place ribbon winner at the 1949 Utah State Fair. "No waiting, no special 'bothersome' directions to follow. I've never used any yeast I liked better."

"Faster dissolving" says Mrs. W. O. Serling, Pueblo, Colorado, outstanding winner at the 1949 State Fair. "You can't beat it for speed. All you do is combine it with water, stir well and it's ready to use!"

"Faster rising" says Mrs. Gertrude Quigley, Coeur d'Alene, Idaho, Kootenai County Fair prize winner. "When you bake at home—count on New Improved Fleischmann's to cut rising time, give perfect results."

PRIZE COOKS PREFER FLEISCHMANN'S YEAST

