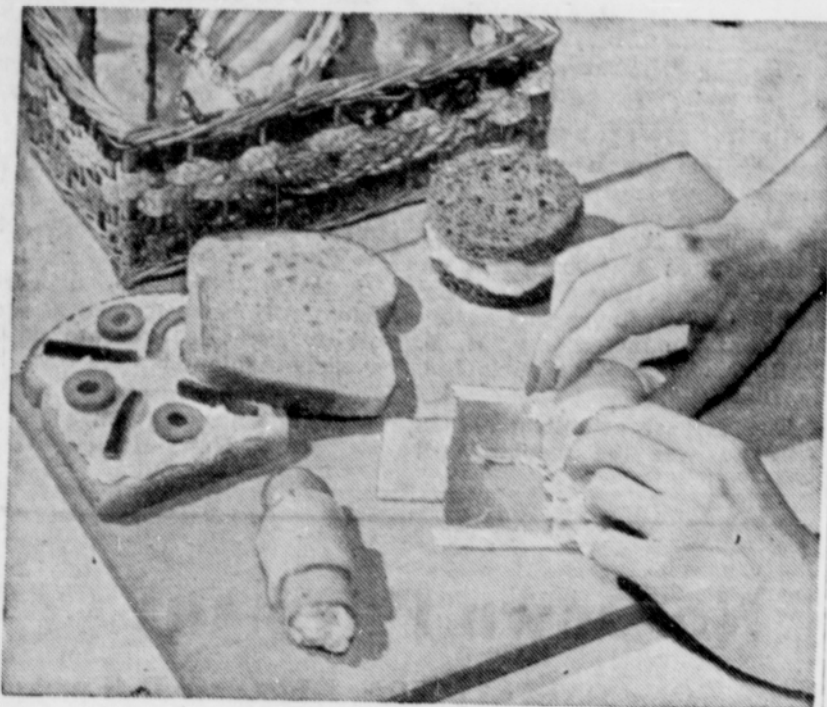


HOUSEHOLD MEMOS... by Lynn Chambers



Pack an Easily Carried Lunch Box
(See Recipes Below)

Have a Picnic!

PACK YOURSELF a basket of fun and good eating with a well planned, easily carried picnic lunch if you plan to trek out-of-doors to have your meal. Many will tell you that picnic lunches don't satisfy because they're better sounding than they are eating. Others tell you they always forget the salt, pepper, forks or napkins, while still others maintain that something always spills or is too bulky to carry easily.

If you take as much care planning the picnic lunch as you do a meal at home, it can be not only good but well balanced so that it doesn't leave you uncomfortable. With modern aids, you can pack many things in lightweight containers that are easy to carry and spill proof, too.

It's not necessary to forget anything if you have a basket or hamper that's fitted with table accessories such as complete table settings. Keep salt, pepper and sugar in the basket, and you won't forget them. Make a list of the menu and check off each item as you pack, and this will eliminate forgetting other essentials.

SANDWICHES are favorites of every picnic lunch. Butter the bread thoroughly so that the filling does not soak through. Wrap each sandwich carefully in waxed paper so it doesn't dry, and you'll enjoy them. Here are some excellent fillings:

Banana-Pineapple Special
(Makes 3 sandwiches)
1 banana
1-2 tablespoons real mayonnaise
1 teaspoon lemon juice
4-6 slices date-nut bread
6-8 pineapple chunks
Mash banana and mix with mayonnaise until of good spreading consistency. Add lemon juice. Spread on bread and top with pineapple. Cover with bread.

Bacon-Egg Sandwich
(Makes 4)
12 strips bacon, cut
4 eggs, beaten
1/4 cup chopped green pepper
1/4 cup finely chopped celery
1/2 teaspoon salt
4 large buns
Fry bacon until crisp. Pour off fat. Add eggs, vegetables and salt. Scramble mixture while it cooks. Serve on toasted, buttered buns.

Ham-Potato Sandwich
(Makes 6)
6 hamburger buns
1/4 cup soft butter
12 lettuce leaves
12 slices boiled ham or Bologna
1 1/2 cups potato salad
6 slices tomato, if desired
Cut buns in half and spread with butter. Place a lettuce leaf and a slice of ham on each bun half. On the bottom half of each sandwich, place 1/4 cup potato salad and one tomato slice. Cover with top half of bun.

LYNN SAYS: These Picnic Tips Make Eating Fun

Next supper picnic you have, bring hot soup for a first course. It will carry safely in your thermos. You will find that hot cream soup is very welcome, especially if the other dishes are cold salads and sandwiches.

Layer cakes are not easy to carry to picnics. Bake the cake in an oblong pan, frost, and carry in the same pan.

LYNN CHAMBERS' MENU

Broiled Grapefruit
Scrambled Eggs with
Frankfurter Slices
Shoe-string Potatoes
Tossed Garden Salad
Berries with Cream
Ambrosia Jiffy Cakes
Beverage
*Recipe Given

Hearty Chicken Sandwich

(Makes 6)

1 cup chopped, cooked chicken
1/2 cup chopped celery
2 tablespoons chopped green pepper
1/4 cup salad dressing
1/2 teaspoon salt
1/2 Viennese rolls
1/4 cup soft butter
6 lettuce leaves

Combine chicken, celery, green pepper, salad dressing and salt. Cut rolls in half lengthwise and spread with butter. Spread chicken salad on lower half of rolls. Top with lettuce leaf, then cover with roll top.

These ham and egg roll-ups are sandwich like, but require no bread. They make excellent nibbling on a picnic:

Ham and Egg Roll-Ups

(Makes 3)

2 slices Swiss or American cheese
2 hard-cooked eggs, chopped
3 tablespoons real mayonnaise
1 teaspoon mustard-with-horseradish
Dash of Worcestershire sauce
3 ham slices
Salt and pepper to taste

Cut cheese in half. Chop hard-cooked eggs and add mayonnaise, mustard, Worcestershire sauce and salt and pepper. Place strips of cheese on bread board and top with ham slice. Spread egg mixture in center of ham. Roll up tightly. Wrap in waxed paper.

THEY WHO LIKE hot food on the picnic spot will be interested to know that small size cans, eight-ounce size, are available now for the first time, of food favorites.

To make a balanced meal, plan to have a tossed salad which can be carried in a jar or a lightweight, unbreakable bowl that comes fitted with a cover. As dessert you might pack some fresh fruit and simple cakes, baked in paper cups, with a baked-on frosting that won't get messy in transport.

HERE IS A SALAD ideal for the picnic:

*Tossed Garden Salad
(Serves 4)

2 cucumbers, sliced
10 radishes, sliced
1/2 cup sliced green onions
1 bunch watercress or other greens, separated
1/2 cup chopped celery
1/2 cup shredded raw carrots
1/2 cup shredded cabbage
1/2 teaspoon salt
French dressing

Toss vegetables together in a bowl with the salt and French dressing. If desired, the bowl may be rubbed with a split clove of garlic.

Cooling drinks are much in demand as picnic fare. Mix together some apricot nectar and pineapple juice with gingerale and ice cubes and place in the thermos. The beverage will be deliciously cold and refreshing, as well as ready to serve.

Chill whole melons thoroughly before taking to the picnic, and wrap in several layers of newspaper with ice. Place in dishpan or bucket for easy transport to the picnic grounds.

Farm Topics

High Quality Hay Cuts Dairy Costs Feed, Labor 80 Percent Of Production Cost

Good pasture and high-quality, low-cost hay will cut feed and labor costs and greatly increase net returns for dairymen, declared Timothy Hodge, Michigan State College agricultural economist.

Hodge estimates that feed and labor expense represents 80 per cent of the cost of keeping a dairy cow. The lower the feed and labor costs can be made, the bigger will be the dairyman's net return.

Pasture and hay are the cheapest feed a cow can get. Agronomists re-



The above illustration clearly shows the net returns for ample good pasture and hay and returns when pasture is scarce and of low volume.

port that 25 pounds of good alfalfa hay will supply all the protein needed to produce about 30 pounds of 4 per cent milk daily and furnish calcium, carotene and vitamin D as well. Good pasture cuts labor expense, because the cows do the harvesting.

Three essentials needed to maintain good pasture and get maximum returns from pasture crops are: (1) —a good legume-grass mixture best adapted to your growing conditions; (2) —a fertile soil that will steadily furnish a well balanced supply of plant foods. Soil tests will show the land's need for lime and for phosphate and potash fertilizer. (3) —good management which rotates grazing and avoids overworking some areas while others become coarse and unpalatable. Good management also involves harvesting pasture growth at the peak of its protein value to insure high quality hay.

Farmers Report New Disease Among Pigs

A strange disease of little pigs that makes them shiver, jerk and sometimes "dance" is worrying quite a few farmers.

What causes the condition is somewhat of a mystery. The American Veterinary Medical association says.

It strikes newly born pigs. Some of the affected animals merely shiver and tremble. In other cases, the pigs may not be able to keep their feet still, resulting in an involuntary "dance."

The latest report, by Dr. H. C. H. Kernkamp, a research veterinarian at the University of Minnesota, indicates that the disease, known as myoclonia congenita, is still almost as baffling to scientists as it was when first described in 1922.

Electric Hired Hand



Electricity can lighten farm chores and greatly increase productivity. How it's done is shown in a new color film, "Electrified Farming" which has been released by General Electric.

Crop dryers, barn cleaners, milking machines, water pumping systems, electric brooders, and ventilating fans are cited as examples of the widening use of electricity in production on modern farms.

Soybeans Important Cash Crop in Minnesota

Soybeans as a cash crop in Minnesota responded to high prices during the war and post-war years. The acreage harvested for beans increased from 30,000 acres in 1939 to 920,000 in 1947 and then dropped back to 709,000 in 1949. Most of the increase occurred from 1944 to 1947.

In 19 counties 5 per cent or more of the tillable land was in soybeans harvested for beans in 1949.

THE HOME TOWN REPORTER

WALTER SHEAD, WNU Correspondent

New GOP Candidate

RECENTLY this reporter sat in a lush, walnut-paneled office high in Chicago's towering Board of Trade building and listened with some amazement to the political and economic pronouncements of one of the oracles of that part of industry which is particularly allied with agriculture.

This man, a tall, lanky pipe-smoker who is listed by the treasury department as among the first 10 in the nation in earned income, spoke with pontifical pessimism about the devalued dollar; with fear concerning the worth of his insurance policies and even of his government bonds; with some heated antagonism concerning labor and some labor leaders and unions. He recalled with satisfaction how some years ago he had settled a strike which affected some of his industrial plants by "removing the cause." He just took a trip around the world.

And while this man's philosophy and conclusions were directly at variance with the recent findings of the committee for economic development, his views indicated that his thinking has not changed with the times nor from those advocated by many men in his position during the last quarter of a century.

At least, however, he did have a new thought from a political standpoint. Of course he is a Republican in politics and if, by any chance of political ledger-keeping, such a thing possibly happens, remember you read it in this column first. Here in effect is what he said:

"The Republican party cannot accept Senator Taft for the presidency. We cannot take General Eisenhower or Dewey or Governor Warren. We must have a man who has worked with his hands, a man who is a fighter, a man who is close to the soil, some entirely new blood in the political picture, and that man is Allan B. Kline. He must be the man."

Of course you folks in the rural areas know Allan B. Kline. In case you don't he is an Iowa farmer, president of the American Farm Bureau Federation, particular foe of Secretary of Agriculture Charles Brannan and the Brannan farm program and, who, some declare, was slated to be secretary of agriculture had Tom Dewey been elected president in 1948.

Iowa Battle Looms

Kline's traditionally Republican state of Iowa, however, has not been doing so well from the GOP standpoint recently. Iowans elected a Democratic senator in Guy M. Gillette last time and President Truman even carried the state.

The political dopesters, however, say GOP Sen. Bourke B. Hickenlooper stands a good chance of reelection over former Under-Secretary of Agriculture Albert J. Loveland, who resigned to run for the Democratic nomination.

The issue there, agriculturally speaking, is over the Brannan plan. So Kline's first hurdle will be the reelection of Senator Hickenlooper and getting Iowa back in the Republican column.

Campaign Humor

Victor Johnston, popular publicity director for the GOP senatorial campaign committee, who recently tailed President Truman's tour of the country via airplane, came up with a humorous campaign statement. In commenting upon the age and the lack of young men and women in the Young Republican organization Johnston remarked: "We are now busily organizing an alumni of the Young Republican organization."

Criticizes Truman

Former President Herbert Hoover, in commenting upon the Korean situation and the President's declaration, asserted the nation should give full support and unity of thought in backing the president and the government in this time of crisis. Sen. Robert A. Taft, chairman of the Republican policy committee in the senate, and Sen. Kenneth Wherry, Republican floor leader in the senate, not only questioned the President's authority in his sending the fleet and troops to Korea, but they demanded the resignation of Secretary of State Dean Acheson, striving even now to hamper his effectiveness. In like manner, Sen. Joseph McCarthy of Wisconsin, also continued to call for Acheson's resignation.

Political Background

His next hurdle likely would be his own political background insofar as the GOP leadership is concerned. He recently told a press conference at which this reporter was present: "I am the kind of a Republican who voted for Al Smith in '28 and who voted for Franklin D. Roosevelt in '32 and '36." And while that indicates independence and a lot of people would commend him for it, it does not go down too well with the GOP.

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IN booming trade. Good lumbering town. Volume running better than \$50,000 this year. Fixtures and equipment \$15,500. Stock at inventory, about \$14,000. Good rental setup. For sale by owner. Write Box 349, Fuyalup, Wash.

FOR LEASE: Cafe and bar with dance floor. Furnish part fixtures for bar and equipment. 22-acre lot. Inquire or write C. Reinhart, Meridian, Rt. 1, or Arco, Idaho.

CAFE FOR SALE: Good location, good business. Price reasonable. Low rent, long lease. Located on main highway. Inventory around \$2000, varying: fixtures valued at \$250. Lease dump truck, 4's and 5's; 150-hp dragline yarder. Bay City shovel, belt conveyor. All shop and maintenance equipment included. Approximately 20 thousand yds. of all grades in stock piles. You must see this plant to appreciate it.
FRED A. LINDEMAN, Real Estate, LYONS, OR.

DIESEL Rock-Crushing Plant. All electric. Located in Mill City. This plant was built in July, 1949. New machinery and equipment. 22-acre gravel site; located on river and good road. 14x35 Pioneer Draker, 10x16 Secondary Draker, 40x12 Pioneer roll crusher. Diesels on big breakers, electric on everything else. 5 late-model dump trucks, 4's and 5's; 150-hp dragline yarder. Bay City shovel, belt conveyor. All shop and maintenance equipment included. Approximately 20 thousand yds. of all grades in stock piles. You must see this plant to appreciate it.
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10-UNIT MOTEL in Detroit Dam area located on HWY 22, Lyons, Ore., completely furnished. 10 dry, room plus owner's house, 150' hwy. frontage, 200' approx. in depth. This hwy. is used connecting eastern & western Ore. on Santiam Pass. Lots of year-around business. Price \$15,000.
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Home Accident Hazards
Your home is not a "haven of safety and happiness" unless it is free from accident hazards. You might ask yourself these questions: Do you have a few of the most usual points of difficulty? Are your rugs skid-proof? Do you have a screen for your fireplace? Are electric cords and plugs in good repair? Are there handrails for your stairways? Are windows opened for ventilation securely screened? When using a sharp knife, do you always cut away from you? Are poisons and medicines clearly labelled and stored out of reach of children? Do you immediately wipe up water and grease spilled on the kitchen floor? Is some member of your family qualified to give first aid?

Bakers Always Busy
Practically all bakery products are produced, wrapped, distributed, and sold within a 24-hour period, according to the American Bakers association. Bakers work 'round-the-clock to meet the tremendous demand for a continual flow of fresh baked goods. One large baking company even employs its own weather man to insure fresh products. Knowing that on rainy and windy days thousands of housewives will not go shopping, a good forecaster can predict tomorrow's big city bread requirements down to within a few hundred loaves.

Chemical World of Future Envisioned by Scientist
A chemically transformed world of tomorrow, in which the United States alone could support a billion citizens living in earthenware houses and eating fats from coal, sugar from trees, and proteins from yeast, has been envisioned by a Harvard chemist who received a gold medal and \$1,000 cash for helping to build a new industry out of sand.
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The world he pictures, which could have a total population as high as 15 billion, would be made possible largely by the use of inexhaustible instead of exhaustible raw materials.
Houses, for example, would be built of excavated earth fused into bricks and slabs on the spot. Meat and eggs would disappear from man's diet, because the animals producing them consume too much food. Cellulose from trees, a highly efficient type of plant, would be converted into edible sugars—and synthetic clothes, as well.
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Polio Hitting More Adults
Says Duke Epidemiologist
No longer an "infantile disease," poliomyelitis is now attacking persons over 20 to an increasing degree, according to a Duke hospital physician.
And, "when older persons are infected, there is a greater chance of paralysis and death," says Dr. D. S. Martin, epidemiologist at Duke.
"In the epidemic here in 1944," he pointed out, "only a few persons infected were over 20 years of age, but the case fatality rate was much higher in this group."
Meanwhile, "all over the world, almost without exception, the increase in the number of cases of polio in adults suggests that immunity is decreasing," Dr. Martin said.
In the New York City epidemic in 1916, 80 per cent of cases were in children under five, but in 1944, only 25 per cent of cases were in children of this age group.
Most significant aspect of immunity is that in rural areas there is apparently less immunity to the virus than in crowded cities. Explanation may be that people in crowded regions pick up the virus in small doses and develop an immunity.
One study showed, Dr. Martin said, that 71 per cent of the urban population in one area was immune, but only 20 per cent of the rural.

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