

WOMAN'S WORLD

# Familiarity With Patterns Will Aid in Fitting Garments

By Erta Haley

THE WAY in which you wear your clothes is just as important as the styles you have chosen. Unless you are comfortable in a dress, blouse, suit or coat, the most fashionable garment will not give you the poise and grooming you should expect.

Many women avoid expensive alterations on clothes by making their own, and in this way they can achieve both fashion and correct fit with the least amount of expense.

Figures which are hard to fit without extensive alterations can readily be clothed with clothes sewed at home, provided you know just how to alter patterns to make them fit.

So much ease, comfort and feeling right can come from clothes that fit accurately that once you've treated yourself to a well fitted garment, you'll never be satisfied with less. Not only will clothes do more for you, but you'll enjoy wearing them as well as showing them off to best advantage.

Clothing which fits perfectly also has the advantage of wearing better, but will require less care

## Burlap Fashions



Casual shoes and matching purse fashioned of burlap and simulated leather were introduced as sun mates for warm weather wear. The rough textured burlap gives a textured effect which is both novel and new in the fashion picture.

ing will not have proper fullness, slenderness or other features which make for good styling.

Even if you need so little as a half an inch in the bodice of a dress, don't try to get the necessary extra room by failing to slash the garment. If you try to get the room from the seam allowance, the seam will pull open. When you repair the damage, you will actually be making the garment so small it cannot ever fit properly.

Clothes which are made too roomy are as poorly fitted as those which struggle to keep on your figure. When you place the tape measure around yourself, do not pull tightly on it, nor let it fall too loosely. It should be so comfortable you do not really feel it, and



to have clothes fit perfectly.

this is the way the finished garment should be on you.

Accurate measuring and cutting of the garment will save both patience and material. There is no need to make the garment a little large in the cutting to make allowance for errors in sewing, for you

will only waste material by having to trim off.

Once the pattern is selected according to the measurements, you may baste it together and try it on; or, make an inexpensive muslin garment first and work from that to check fit.

### Slash or Tuck Patterns According to Needs

If your bodice is shorter than the pattern allows, lay one tuck straight across the pattern. In this case the side seams may need slight tapering, and is easily accomplished by laying paper underneath the pattern so you can make a dotted line indicating the tapering.

To shorten sleeves, lay folds straight across to take up the extra length. If the sleeve is very long, make one tuck above and one below the elbow.

Shorten the waist by folding the desired depth between the underarm and the waistline. Be certain to make the adjustment on each piece of pattern.

Skirt pieces are shortened in the same way as the waist. In this case, have each part of the skirt shortened the same amount, and at the same position. This is particularly important so that pattern notches will match, and so that a gored skirt will fit well.

When you are adding length rather than subtracting it, use the slash technique. Pin the pieces to a paper strip, or baste them to extra paper if you want to use the pattern several times.

Making slashes to give width or length and neglecting to pin to an extra piece of paper, may result in your losing the pattern pieces. If the pattern is not separated and simply a slash made without pinning to extra paper, you may not get the required amount of extra material, as the pattern is apt to slip during the cutting.

For a large arm, add the extra width along the edges, tapering from armhole to waist. If much extra width is needed, cut pattern on grain line, separate evenly and pin to paper.

### Make Waist and Hip Adjustments Carefully

For narrow hips, take off a little at the hipline on the side seams of the skirt. Make certain that the line is tapered to the hem so the skirt will fall properly.

If only a little additional material is needed at the hips, the adjustment may be made at the side seams, tapering off at the waist and hemline. When more than a little is needed, an even amount can be allowed along the side seam of the skirt from hip to hem.

## KATHLEEN NORRIS

### Find Happiness in Present Lot

MIMI CATES is a Philadelphia woman who represents a large class, and a very unhappy class. She is afraid she is losing her mind.

Our hospitals just now unfortunately are full of women in similar situations, and all doctors count these cases by the dozen. Nothing is really the matter with Mimi, but she has managed to work herself into a state when she trembles and perspires for no apparent cause, can't eat, can't sleep, cries constantly, hates solitude, hates company, and generally is causing her husband, her children, her mother and everyone else who loves her alternate states of impatience and despair.

The secret of all this is that Mimi is bored with her job. She may not know it, but that explains it all. She's tired of dust and dishes and budgeting and watching the market, and the dentist and the bridge club and her winter hat and half-melted snow and everything else. When a woman loves her job, she is well. When she hates it, she sometimes goes into these psychopathic disorders. Mimi is headed for the mental hospital. She will not be happy there. She will be doing there some of the jobs she might be doing peacefully at home, only instead of household duties they call them occupational therapy.

### Need for Success

Under Mimi's discontent, that raging restlessness that sweeps her off her feet at intervals, making everyday home life utterly infernal, is a half-recognized feverish need for success; the sort of success with which magazines and newspapers are full. Travel, excitement, mink coats, fame, money, these are being displayed

here. I only say to women like Mimi—make your present job a success first. Forget yourself. Plunge with absolute passion into the business of creating an ideal home, to which a happy man and eager children can't wait to return after the day. You can do it.

Then think out the line in which you would like to express yourself, the sort of work you know you could do. Get ready for it, and just as sure as you do, you'll find it. Perhaps it's writing children's stories. You've always known you could, but after a few tries, you've stopped. Perhaps it's doing pastel portraits, or acting in radio plays, or designing dresses, making political speeches. Or possibly there's a good future for you in somewhat humbler lines.

Women have won all the good things women love—money, travel, fame—because they saw some little gap in the familiar domestic setup, and filled it with some very special bread, or apron, or jam, or method of helping children study, or the patenting of a sweater.

And believe me, when success comes that way, in easier finances, in the royal right to give the ones you love the extra delights and luxuries for which they long, in the flattering recognition of your friends, you'll find that success is sweeter than most of sugary stuff. The crackling divorces of the world's great ought to be proof to us all that happiness is a quality brewed in a much quieter atmosphere. For if you reach your goal with no one to love, money and fame are only the more maddening.

## Frenchmen Seek Record Height

### 26,825-Foot Mountain In Nepal Trio's Goal

PARIS, FRANCE—Six veteran French mountain climbers have left for the Himalayas to try to climb higher and faster than men ever climbed mountains before.

Target of their assault is Mount Dhaulagiri, a rugged 26,825 foot peak in Nepal, between India and Tibet. It never has been attempted before according to lean-faced, 41-year-old Maurice Herzog, expedition leader.

"No human has ever seen the top of this mountain," Herzog said. "If we reach the peak, it will be the first time a summit of this altitude will have been reached."

Dhaulagiri is about 200 miles west of Mount Everest, the world's tallest mountain (29,002 feet), which men have been trying unsuccessfully for decades to scale. The highest mountain in North America, Alaska's Mount McKinley, is 20,300 feet.

"Our object," said Herzog, "is not only to reach a higher summit than has ever been climbed, but to do it faster. We will use many modern tactics and much new equipment, such as nylon ropes, tents and clothing. Much of the equipment will be aluminum."

The French government is financing a third of the expedition costs. The rest of the expenses are being paid by private backers and the Alpine club of France.

Herzog has climbed all the French Alpine peaks worth climbing and some in Switzerland. He is keen to get started.

"Our greatest danger is the monsoon," he said.



## Proper Milk Cooling Necessary for Grade Warm Milk Excellent For Bacteria Breeding

Milk must be cooled properly in order to be classed as Grade A. Unsatisfactory cooling can make good pasture, a healthy herd and observance of all health and management rules look mighty sick. To preserve quality, milk should be cooled to 50 degrees or lower soon after it is drawn. Milk is cooled in one of three ways on the farm: by water, ice and mechanical refrigeration.

Electric milk coolers are thermostatically controlled and use from 25 to 30 KWH per month to cool 10



Farmer sets timer to operate an extra agitator on a conventional milk cooler.

gallons of milk per day. Even they, however, might be improved.

One attempt to do this is illustrated in the accompanying photograph. It shows a farmer setting a timer to operate an extra agitator on a conventional cooler. By means of this special equipment, he starts building up the ice bank in the cooler the minute the milk cans are immersed. There is no waiting for the escaping heat from the milk to set the cooling mechanism in action.

## Small Acreage Farmers Practice Conservation

Small-farm operators are beginning to change their belief that soil conservation is a luxury they can't afford.

Thousands of small farms are now practicing all-out soil conservation with exciting results.

Back in the 1930's, a farming magazine recalls, farmers were told to cut down on corn and small grain. The idea was to keep more of the land in grass and most of the rest in hay crops most of the time.

After giving soil conservation a try, thousands of operators of small farms have now concluded, the magazine finds, that one can raise more of everything. Some have doubled production in just a few years under soil conservation practices.

## Broilers Need Water



Broilers need water to put on weight. Laying hens need it to maintain satisfactory egg production. And they need it all year round—winter and summer.

In years past, poultry waterers required almost constant attention during the winter. Often the battle against ice was fought with steaming kettles of water.

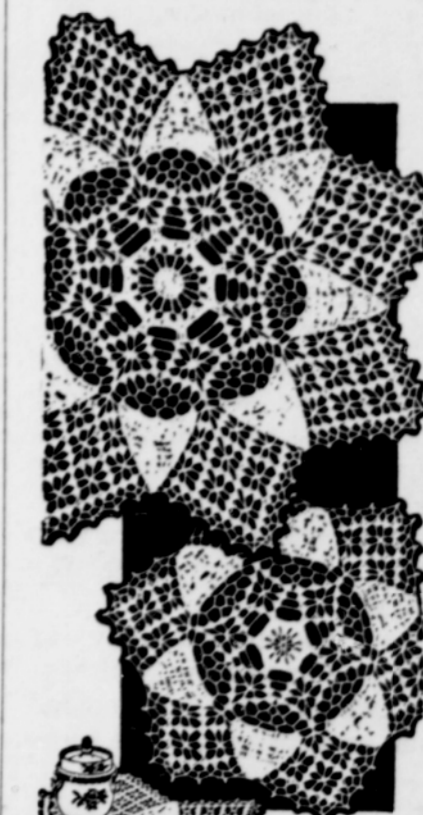
One method of overcoming this problem is presented in the accompanying illustration. It shows the installation of a heat lamp over a common type of waterer. The warmth produced is sufficient to keep the water free of ice as well as to prevent litter from becoming wet under the waterer.

## Dry Silage Sometimes Contains Few Vitamins

Dry silage, which has been subjected to long-continued, high heat of fermentation, has little carotene of Vitamin-A content left in it. Carotene usually is badly needed to supplement the other vitamins. The farmer with several silos to fill should start several days ahead of when the kernels have finished denting to avoid ending up the silo-filling with corn that is "rattle dry" as it is blown in.

## NEEDLECRAFT PATTERNS

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this doily has both! Easy crochet in fine or heavy cotton.

You can match a lunch set to your buffet and table doilies with Pattern 737. Crochet directions. Send 20 cents in coin, your name, address and pattern number to . . .

Sewing Circle Needlecraft Dept., P. O. Box 5740, Chicago 80, Ill. or P. O. Box 102, Old Chelsea Station, New York 11, N. Y. Enclose 20 cents for pattern.

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There are 125 mountains over 5,000 feet above sea level in North Carolina.

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Packs the power of corn!  
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Dallas Bride says:  
**"Grand Cakes with Snowdrift—3 minutes mixing"**

Brides (and experts too!) praise Snowdrift's new, lighter, more luscious cakes. You need an emulsorized shortening to make these cakes so easily. And Snowdrift is emulsorized—it blends quickly and completely with all your cake ingredients in just 3 minutes mixing.

**CHOCOLATE CAKE WITH GINGER ICING**  
Snowdrift is emulsorized to bring you success with this quick-method recipe

Sift together into a large bowl:  
2 cups sifted cake flour  
1/2 teaspoon soda  
1 teaspoon salt  
1 1/2 cups sugar

Add: 1/2 cup Snowdrift 1/2 cup milk

Mix enough to dampen flour. Beat 2 minutes. If by hand, count beating time only; with electric mixer, use "low speed." Scrape bowl often; scrape beaters after 2 minutes.

Add: 2 eggs 1/4 cup milk 3 squares unsweetened chocolate, melted 1 teaspoon vanilla

Beat 1 minute. Turn into 2 greased 8" layer pans, lined with plain paper. Bake in moderate oven (375° F.) about 25 minutes. Frost with—

**GINGER ICING:** Combine 2 egg whites, 1 1/2 cups sugar, 1/4 teaspoon salt, 1/4 teaspoon cream of tartar and 1/2 cup water in top of double boiler over boiling water. Beat with a rotary beater 7 minutes or until icing "peaks." Add 1 teaspoon vanilla and 1/4 cup chopped crystallized ginger. Spread on cake and top with additional chopped ginger.

**SNOWDRIFT**  
Pure vegetable shortening for fine baking and frying—made by the Wesson Oil People

## THE READER'S COURTROOM

### Some Oaths Need a Little Salt

By Will Bernard, LL.B.

### Should Statements Under Oath Be Taken With a Grain of Salt?

A man went bankrupt, and was haled into court by his creditors. At the hearing, he admitted that he had had \$5,000 in cash just a few days before—but claimed he had lost it all. "I was walking down the street," he related, "carrying this money in a satchel. While waiting for a street car, I happened to look down and I noticed that the bag had



fallen off—and I was holding only the handle! Since the bag was nowhere to be seen, I threw away the handle and went home." Though there was no way to disprove the story, the judge decided he just didn't believe it—and ordered the man to "find" the \$5,000 somehow. The judge figured that, although the story was told under oath, it was too incredible to be taken without a grain of salt.

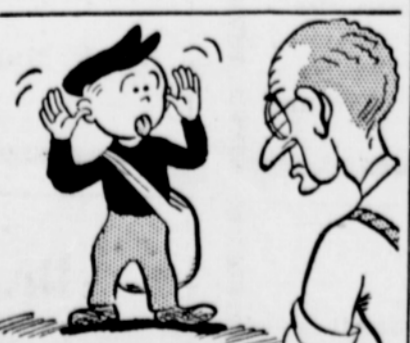
A miniature golf course was illuminated by a network of overhead lights. After a heavy windstorm, one of the wires was left sagging about six feet above the ground. Several days later, a girl was walking underneath that wire when a bumblebee swooped down at her. She flung her arm upward—and hit the wire. The girl got a nasty shock, and later sued the proprietor for damages. At the trial the proprietor argued that the girl had "brought the injury upon herself." But he lost the case.

### Does the Law Recognize The Principle of "Cause and Effect?"

This famous case, which arose in the year 1770, laid down a doctrine that is still considered basic in our legal system. Mr. A, bent on mischief, threw a giant firecracker—lighted—into a crowded market place. It landed at the feet of Mr. B, who snatched it and frantically flung it away. This time the sputtering thing landed near Mr. C, who also threw it away to save himself. The firecracker then fell beside Mr. D, and exploded. Mr. D was injured, and sued Mr. A for damages. Mr. A protested that he had thrown the firecracker at Mr. B, not at Mr. D. But the court held him responsible anyhow.

### May You Strike Somebody For "Sassing" You?

A newsboy took a lively dislike to a storekeeper, and on several occasions he made faces at the man. One day the boy tried his stunt just once too often. The merchant seized an umbrella that was handy and



smacked his tormentor on the head. Arrested on a charge of assault and battery, the man insisted that his action was justified by the boy's constant "sassing." However, the court disagreed and found him guilty as charged. The judge said it takes more than "dirty looks" to justify an attack of this kind.



"... hates solitude, company . . ."

to Mimi all day long. Wherever she turns she sees the complacent pictures of other women, not much younger and not any smarter than she is, women floating in a very sea of adulation and luxury.

The women of past generations didn't worry about these things because, for one thing, there were no radios, movies, illustrated magazines, to keep them perpetually tortured by contrast. And for another thing housekeeping, homemaking, mothering, wifehood, were all jobs of much more importance and repute. Successful professional women, Rachel, George Eliot, Bernhardt, were regarded with an admiration that had no envy in it. The highest profession was that of the wife; and incidentally she had a lot more to do.

Now much could be said and has been said, of the deceptive appearance of flashing successes in Hollywood, on the stage, or in the spotlight of sensational marriages and divorces. But saying it only makes fame-thirsty obscure young women angry. They'll take the fame and the money, thanks, and take chances on later disillusionment, and being forgotten.

### Forget Yourself

So I omit such moralizations