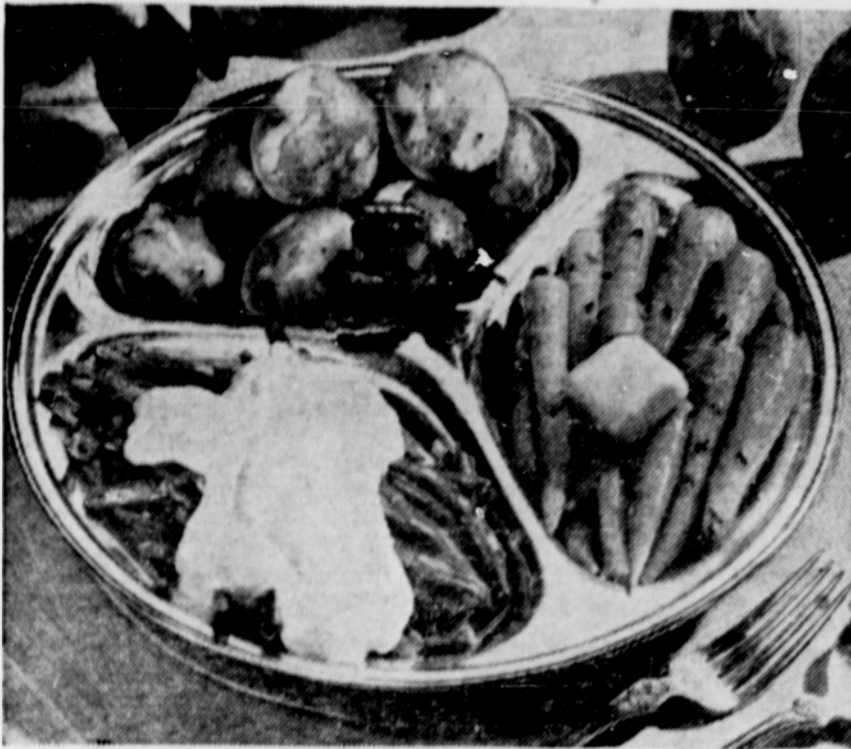


HOUSEHOLD MEMOS

by Lynn Chambers



Seasonings, Sauces Make Savory Vegetables
(See recipes below)

Let's Eat Vegetables

A NEIGHBOR OF MINE recently had a dinner party for which she engaged a caterer. When I asked her how the party turned out, she replied, "Oh wonderful! Of course we had a fancy dessert and everything on the platters was fixed nicely, but the thing that impressed me most was how good the vegetables were. We have the same vegetables that she served but mine never taste so good, yet there wasn't anything particularly hard about the way she prepared them."



Here again, it's the little things that make the difference between everyday eating and special entertaining. But as my neighbor told me, the tricks were simple ones. Carrots were scraped shiny and bright, left whole and dusted with parsley and butter before serving. The cauliflower had a cheese sauce, and the tomatoes, dusted with bread crumbs and broiled, were really delicious. Little mounds of green peas were still green when served, and they just had some butter, salt and a few mushroom caps among them.

All the vegetables were placed on a large platter with the cauliflower in the center. And the vegetables made as big a hit as the dessert!

Vegetable tricks are simple ones. The first caution to observe is not to overcook, thus destroying color, texture and vitamins—even though you can't see the latter.

IF APPETITES are a little jaded, use clever seasoning tricks on vegetables to enhance their natural flavors.

There are many interesting seasonings that can be tucked into vegetables to add interest as well as appetite appeal. Horseradish can be used with beets, cauliflower or green beans.

A dusting of nutmeg lifts spinach out of the ordinary class. Onions go well in many things such as potatoes, peas, green beans or beets. Other combinations that may strike your fancy include cheese, chives, mustard, parsley or curry.

DON'T SEASON every vegetable you serve with high seasonings especially if you are serving a combination. For example, if your vegetable platter consist of string beans, carrots and potatoes, leave the potatoes completely natural. Boil in their jackets to be served with butter, salt and pepper.

Carrots can be parsley buttered, and green beans can be served with a smooth creamy horseradish sauce, as follows:

*Creamy Horseradish Sauce

(Serves 6)

- 3 tablespoons butter
- 3 tablespoons flour
- 1/2 teaspoon salt
- 1/2 teaspoon pepper
- 1 1/2 cups milk
- 3 to 4 tablespoons drained horseradish

Melt butter, add flour and seasonings; blend smooth. Gradually add milk while stirring, and cook until smooth and thick. Stir in drained horseradish. This makes enough sauce for one and one-half pounds of green beans.

LYNN SAYS: Vary Basic Recipes With New Flavors

Why not add chopped apples and raisins to the bread stuffing you use for bread dressing in pork chops or fowl? Families will cheer the change.

Add a cup of cranberries to your favorite white flour muffin recipe along with a bit of extra sugar for a colorful hot bread.

Cream butter with a bit of lemon juice when you make sandwiches. They'll taste fresher.

LYNN CHAMBERS' MENU

- Barbecued Spareribs
- Oven Broiled Potatoes
- *Green Beans with Horseradish Sauce
- Crusty Rolls
- Butter
- Blackberry Pie
- Beverage

*Recipe Given

WANT TO DO something special with potatoes? Here's a company-mannered potato dish which can be served with a roast:

Broiled Potato Puff

(Serves 6)

- 8 or 9 medium potatoes, peeled
- 3 tablespoons butter
- 1/2 to 1 cup scalded milk
- 2 teaspoons salt
- 1/2 teaspoon pepper
- 1/2 cup thick cream, whipped
- 1/2 cup grated American cheese

Cook potatoes until tender; drain and mash thoroughly. Add butter and gradually beat in milk. Beat until light and fluffy. Add salt and pepper and blend. Pile potatoes into a shallow casserole. Top with whipped cream and grated cheese. Slip into a slow to moderate (325 degree) oven for 10 to 12 minutes to heat through the potatoes and melt the cheese.

If Dad is away for dinner, you and the kiddies can make a meal out of the delectable dish:

Asparagus Mimosa

(Serves 6)

- 4 tablespoons butter
- 1/2 cup sliced mushrooms, if desired
- 1/2 cup chopped celery
- 4 tablespoons flour
- 1 tablespoon curry powder
- 2 cups milk
- 1 teaspoon salt
- 6 hard-cooked eggs
- 2 cups diced, cooked or canned asparagus

Melt butter in top of double boiler; add celery and mushrooms.

Cook until vegetables are soft; blend in flour, add milk and cook until thickened. Add salt and curry powder. Mix with asparagus and hard-cooked eggs, and heat through. Serve, dusted with paprika.

Braised Red Cabbage

(Serves 6)

- 2 tablespoons bacon drippings
- 1 medium-sized head red cabbage
- 2 tablespoons vinegar
- 1/2 cup water
- 1 1/2 teaspoons salt
- 1/2 teaspoon pepper
- 1/2 teaspoon cloves
- 3 tablespoons honey or corn syrup
- 3 tablespoons lemon juice

Slice red cabbage fine. Add half the cabbage to the drippings in a heavy sauce pan. Sprinkle with half the vinegar; add remaining cabbage and vinegar. Pour on water, cover and cook slowly until cabbage can be pierced with a fork. Season with salt, pepper and cloves. Add honey and lemon juice, mix thoroughly and serve hot.

Released by WNU Features.

Baked pears are a delicious dessert when baked in brown sugar and served chilled with cream and a sprinkling of nutmeg.

Did you know that you could layer sliced apples in a casserole, buttered, of course, with peanut brittle, butter and lemon juice and bake them all for a delicious dessert?

For kabobs that are delicious try sausage balls put on the same stick with apples and onions. Broil until well browned and thoroughly cooked.

Woman's World

Proper Use of Color Enlivens Dull and Uninteresting Rooms

By Ertla Haley

IF ANYTHING at all has been done in the field of home furnishings during the last 10 years or so, one of the most important ideas has been the use of color.

Take a look at recent showings of colorful wallpaper and fabrics and you will realize the importance of this idea. Daring combinations are used, not with daring results, but with interesting effect.

Colors which you might never think of combining if you see them separately are used with excellent effects, and unusual and arresting results. Naturally it takes something of the knowledge of color to use them effectively, but even those who know little about basic principles are being helped by stores who coordinate rooms for the consumer.

In many cases you'll find colors for paint and wallpaper, as well as furniture and draperies already selected for you. They come all packaged, so to speak.

For example, if you like that lovely new shade of dark green for walls, and the room you have cannot take all dark green, use a single green wall or two or three, depending upon the light in the room, with the other walls a gardenia white.

Now, suppose you have a bedroom and would like it wallpapered. The room, however, is too small to crowd with lots of small designs. Did you know that the insides of shelves can be papered with a floral print, or a single wall can be papered likewise?

Trends and Tricks Make Decorating Easy

Those who know about color will tell you that rust, deep clear blue and the plum shades will be favorite colors in upholstery and



Use wallpaper tastefully . . . draperies this fall. You can accent these tones with cherry, persimmon and turquoise.

Rose tones which have been popular for a long time are yielding sway to the orchid and purple shades. Deep green tones are becoming popular for carpeting, especially among decorators.

If you are interested in wallpaper, the trend is to use deep, rich vibrant color. The charcoals, deep stone grays, rich wines, terra cotta



And color intelligently. and even dark rich browns are very luscious. All of these however, must be in muted enough tones to make them easy to live with.

Bluish lavender shades which have rarely been seen before are coming to the front in the new wallpapers. Then, too, there's an exciting use of yellow and chartreuse which should be particularly effective.

Be Smart!



So novel and new that it's destined to be a sensation is the revival of the Irene Castle peg skirt of a generation ago. The idea is used in a basic dinner or restaurant dress of black over which is worn a bodice type jacket of richest maroon, with a pert little peplum that ripples over the peg top. The color contrast is accentuated with braiding in black on the maroon, highlighted with sequins.

Smart Blouse



Rayon taffeta is crisp and dressy and just right for a blouse like this one with navy, powder blue and pink stripes. The fabric is made of Avisco rayon yarn. Notice the attractive peplum which also forms a pocket, as well as the low V-neckline and the flattering way in which it fits.

Wallpapers are not to be termed modern as much as they are livable modern.

Small scenic patterns are becoming more and more popular. You don't have to use all scenic paper in a room. Use it on only one wall if the proportions of the room cannot use the scenic all over.

How to Use Wallpaper To Best Effect

A dining room can be made very effective if you lack a large picture window, for instance, by use of scenic paper on one wall. Keep the other walls plain, even to the absence of pictures as there is enough design in a scenic wallpaper.

In a library, bedroom or den, a scenic wallpaper which features sketches of sailing vessels and scenes from a tiny coast village, depicted in subtle colors on a variety of grounds including celadon green, steel blue and suty rose, would be very effective.

It's smart when choosing the scenic papers to try to reflect one's interest in the design chosen.

For a kitchen that is large enough or for part of a breakfast nook, you might like to use a paper that shows complete table settings, with knives, forks, glasses and china.

Another idea for a kitchen, particularly one that you want to brighten, might be a scenic paper that features barns, windmills and country lanes.

You can use your decorative skill with the greatest of ease by just a border of paper to add a nice note to a room. There's a pre-pasted border available that will do wonders for dull painted rooms. This is especially effective in bedrooms that won't take lots of design because they are too small.

Use good taste to be most effective and, if you can't rely on your own, it's cheapest to get professional advice.

Here Are Combinations Which Will Be Helpful

If you want a cool looking room, you might have the walls done in a powder blue, with ivory colored cambridge cloth on the windows. The floor can be stained and then covered with a brown rug. Your best choice in furniture would be mahogany; if modern, use ivory leather.

A cheerful informal looking dining or living room can have walls in a green and white stripe, rather muted in effect. The windows can have draperies of green, rose and white crash. The floor in a living room should carry a dark green rug; in a dining room, this may be more informal such as a green and white tweedy effect rug in an interesting weave.

If you have a Colonial room, blue and white striped paper can be used and combined with blue draperies over white. The rug color can be blue, rose, beige, green or brown, and the furniture best in this room would be 18th century.

Remember, whenever you use a striped wallpaper, as the two described above, you add height to the room. The stripes never are used in a room which is very high ceilinged.

Another question frequently brought up when decorating is discussed is: "Shall I paint the woodwork light or dark?" If you have nice woodwork and want to bring it out, have it white. If the woodwork should be hidden, have it dark, or paint it the same color as the walls, if you are using a nice quiet solid color.

An Early American dining or living room would benefit from use of an appropriate scenic wallpaper.

SEWING CIRCLE PATTERNS

Youthful Versatile Daytimer Handsome Two-Piecer for Fall



8209

12-20

Daytime Dress.

YOUTHFUL, captivating daytime dress is suitable for practically every occasion. It buttons down the back, has interesting button trim and a choice of sleeve lengths.

Pattern No. 8209 comes in sizes 12, 14, 16, 18 and 20. Size 14, 4 yards of 39-inch.



1737

Push-Up Sleeves.

THIS smart two piecer is destined for a busy fall-into-winter season. The slanted lines are accented with unusual novelty buttons; sleeves are push-up with neat cuffs.

Pattern No. 1737 is for sizes 12, 14, 16, 18, 20; 40 and 42. Size 14, three-quarter sleeves, 4 yards of 39-inch; 3 yards of 54-inch.

The Fall and Winter FASHION contains 60 pages of sewing information—special features, easy to make styles—free pattern printed inside the book. Send 25 cents.

HOUSEHOLD HINTS

Mending should be attended to before clothes are washed. Unchecked rips and tears grow bigger and shaggier during the washing process.

Did you know that when evaporated milk is mixed with an equal amount of water it has the same food value as bottled milk and may be used in the same way?

A jar of soap jelly made from scraps melted in hot water will do more than save soap. It makes it easier to wash as you go when baking, because you can just dip a brush into the jelly and clean up odd pieces without bothering to get out the dishpan.

Do not leave your camera in the glove compartment of your car. The heat has ruined many feet of good film.

To press embroidery place it right side down on a turkish towel which has been folded over to make a soft pad.

Many people do not know the principal difference between salad dressing and mayonnaise. Salad dressing contains starch, mayonnaise does not.

Cut a circle from a piece of waxed paper, making it one inch smaller than the plate on which you frost a cake. This will keep the plate clean while frosting.

Women Beat Men In Farm Safety

Are farm women more safety conscious than their husbands? A recent farm safety survey conducted in Illinois seems to indicate they are.

According to W. W. Whitlock, safety director of the Illinois agricultural association, 217 farm people in Illinois lost their lives in farm and home work accidents last year. Of these, only 12 were women.

Of course, the men folks are exposed to more hazards in field work, but Whitlock says that national statistics show that the home also is the scene of many accidents. Because of the results of the survey, Whitlock is starting a campaign among women to make their husbands more safety conscious.

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