Kathleen Norris Says:

From Today On

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With an almost blind husband, a mother-in-law, a small daughter, an English boy, a house to manage, Alice will have her hands full.

START NOW

morrow may never come. To-

day is the time to begin. If

you have been delaying and

excusing yourself for a long

time about doing something you should—buying bonds, or

rolling bandages, or saving fats

Don't bother with regrets over

the past. Don't make grandi-

ose plans for the distant future.

Act today. This is Miss Nor-

ris' advice to women on the

Even in a seriously compli-

cated domestic situation, as in

the case outlined in this arti-

cle, the only sensible thing to

do is to start over as well as

possible. A young wife of a

naval officer has been carrying

on an affair with a middle-aged

major. There was never any

real love in this liaison, and it

is now ended. Alice now wants

to forget it, but she is afraid

this unsavory episode will cloud the future. She has just

heard that her husband.

Archie, is returning from service, almost blind. He is bring-

ing his widowed mother with

him, and her adopted son, an

two children in Alice's house-

hold, as she and Archie have a

Miss Norris tells Alice to

start today, determined to hold

her marriage together, and to

try to make everyone as happy

as she can. There will be much

for everyone to forgive and

forget after this tragic war

places and carried on a secret af-

fair. He has now gone to Africa, and

her hope is that she will never see

or hear from him again. Her shame

over this episode is equalled only by

her fear that Archie will end their

marriage, always so happy and har-

monious, and take her child away

Archie is Coming Home.

is on his way home, almost blind,

and that his mother, recently wid-

owed, is about to join the family

with her young adopted English son,

one of the babies who was evacu-

ated six years ago. Alice writes me

in complete distress; must she tell

Archie, and how to handle the long

Well, my advice would be to pick

up this complicated problem and

work it out as if there was no secret

to hide-from today on. We're all

going to have to forget a lot of ev-

erything if this world is to be rebuilt. With an almost-blind husband,

probably studying for an entirely

new profession, a mother-in-law, a

small daughter, an English boy, a

house to manage, Alice will have

her hands full. If she will go straight

ahead, trying to make them all hap-

py, trying to make each day perfect in service and love, she need

never tell Archie anything at all, ex-

cept that she is the wife who loves

him, and who is determined to help

him to blot out the cruel years that

have so scarred him, and create

a perfect life together-from today

deception if she doesn't.

Now comes the news that Archie

period ends.

from her

three-year-old daughter.

home front.

right now is the time to start.

Yesterday is gone, and to-

By KATHLEEN NORRIS

F YOU have not been saving kitchen fats and taking them in tin cans to your butcher, do it-from to-

If you haven't been setting aside superfluous warm, plain clothing for the next clothing drive, do it-from today on.

If you haven't been investing every spare penny, and some that you cannot spare in this great war to free all peoples and settle all boundaries, then commence to do it -from today on

If you should not be dieting, or balancing your domestic budget, or writing regularly to your soldier, or taking on a part time job as assistant nurse, then begin to do it-from

today on. One great trouble with us American women, who have known so many years of security and plenty, is that we are apt to think about all these things and a thousand others, "I wish I'd begun that-years ago. Saving dimes. Studying Spanish. Having the children's friends in for simple hospitalities. Walking two miles a day. Look at all the time I've lost! If I'd had any idea how useful it was going to be to me-or how happy it would have made Tom -or what help I could have given that poor child - or how welcome that extra money would be now-

Chance for Fresh Start. Some lives are spent in this sort of useless regretting. But the smart woman eventually learns that whatever the mistakes and omissions of the past, there is always today. Today may be the beginning of the new time-the time of quiet accomplishment, friendship, study, saving, building.

"I don't write him half often enough!" says the busy woman in the market. She is deciding between frankfurters, salmon, or curried eggs for dinner, the place is full of bustle and gossip and morning light; her heart goes for a moment to the man overseas, then she forgets him again. To son or husband she is apt to write often, but this man is her nephew, or a friend's son, or the casual Christmas guest who begged so wistfully for an occasional letter.

So she doesn't write, and perhaps presently learns that the chance as far as that particular sailor is concerned, is gone.

What we ought to remember is that today is as powerful, as filled with opportunity, as any yesterday was, and that a few months' concentration on the saving, the diet, the child, the foreign language, is still in our power.

In a letter yesterday I received an illustration of this and can only advise Alice M., who wrote the letter, to start all over again-from today on.

Alice is the wife of a young naval officer, she has a child of three. She writes that she adores her husband. adores her child. She has a comfortable home, and is busy with the usual activities of housework and baby care. Red Cross and canteen. Archie has been away for 15

Last fall Alice met an army man who is married and has grown children; on neither side was there any pretense of great love, or any suggestion of divorce. They were lovers for a brief space; Alice does not excuse or defend this, she merely tells me that for a few weeks of what now seems to her insanity she and the major met at various times and



Sources of Vitamin C

on.

Tomatoes and oranges-both rather scarce at present-are not the only source of vitamin C. Fresh raw cabbage and turnips have been found to be just as rich as citrous fruits and tomatoes. The buffalo berry of North Dakota is outstanding in content of this vitamin, while good guava powder is phenomenally rich, with 3 per cent. The Russians and British have made a jam from rose hips. A Russian nut containing 3 per cent is being utilized

White Eyelet, Sheers, Organdy, For Exquisite Summer Frocks Junior Date Frock for Summer

By CHERIE NICHOLAS



T.IERE'S a tremendous vogue on I for all-white this summer. You'll find in the current collections a veritable snowdrift of white dresses made of beautiful materials, ranging from exquisite filmy sheers, organdy, lawn, dainty voile, swiss and the beloved eyelets to classic piques, linens and various other of the firmweave whites.

Stroll around to the accessory displays and you will become increasingly conscious that designers are playing up white magic for all it is worth. Your eye will glimpse a vast showing of white jewelry with emphasis on white earrings. You will find an intriguing showing of white handbags many of which are of the new white washable plastic.

The new white footwear plays up shoe artistry in such thrilling design, glamorous white shoes become a necessary luxury this summer. The same may be said of white millinery, the supremacy of the white hat in the summer mode is style news of utmost importance. The newest gesture in white headwear is the hat made of phantom-like filmy white sheers or white horse. hair. Then too white flower hats and trims are beguilingly lovely this est sailors ever in various type white straws. White gloves add their dains touch to the picture.

In the illustration we are showing a trio of lovely gowns that bring a message of the outstanding importance of white eyeleted de luxe cottons for this summer. You will find the gown to the right made of white eyelet pique will prove a beautiful buy for party wear and for gay sum-

Narrow Silhouette

An interesting thing about this sea-

son's print frocks is that they are

styled in such versatile ways in-

troducing new silhouettes that give

zest to the mode. A glowing in-

stance of the trend to launch "some-

thing new" and strikingly distinc-

tive in styling technique for the

summer print is seen in the attrac-

tive model pictured. In this gown

selected from a collection of mid-

summer styles by Chicago Fashion

Industries the emphasis is on a nar-

row silhouetted skirt contrasted by

a decided tunic flare about the hips.

This lovely-lady print frock will

be outstanding wherever it goes.

jacket with a black skirt to show its wartime versatility as a double-duty

eyelet cotton, centered in the picture, passes all tests for smart summer wear. Doff the jacket and you have a bareback dress for summer dances. Ruffles of pique soften the neckline and add a modish tough the neckline and add a modish touch blue grosgrain.

Capes register an exciting style trim with brilliant ric rac. innovation this season. A jaunty little cape makes a star appearance in the versatile cotton pique dress shown to the left. This is a type ric rac to trim. frock that is a first choice with party girls and furlough brides. The wide ruffle of eyelet pique conceals a row of buttons, making it possible to remove the capelet for sunning and

The vogue for white expresses itself not only in sheer and lovely wash fabrics, but this summer great stress is being placed on perfectly charming dresses and two-piece styles made of white spun rayon, gabardine and wool sheers. These are styled to a nicety with emphasis placed on beautiful trimming detail, such as allover braiding in matching white on novel pockets, or an all-over embroidered effect. Especially design that enhances many of these smart fashions, many of which are in beguifing off-white tones, the new charm derived?

4. With what type of cases does the Appellate court deal?

5. From what source is saccharin derived? attractive is the handsome trapunto

Popular with the young set is the simple full-skirted white dress that is lavish with colorful embroidery, worked to simulate an apron front. Favored for practical summer wear is the bareback dress with bolero made of nicely tailored linen or sharkskin, which is noted for its immaculate whiteness.

Released by Western Newspaper Union.

There's News in Hat That's Merely a Brim

Designed especially for summer comfort are the new half-hats made of starched pique. The unique part of it is the hat isn't all there. The English Isn't Easy, Says crown is missing, and for a good reason. You have all the appearance of wearing a hat, without the discomfort of too much hat on a torsigned they can be laid out flat for language have to contend with: ironing. They certainly keep pace "Will you please explain it to me with "the style" being designed in Why in 'debt' you should use silent 'b'? cloches, off-face types. Dutch bonnet I cannot as yebt the hang of it gebt; cloches, off-face types, Dutch bonnet in fact, I'm completely at sea! You say that the ocean is blue, One of the smartest half-hats has no Is a warship, then, manned by a crue? brim at all in front, but at the back Do you give a receipt to the man in the there is a down-over-the-hair flange It puzzles me all the day through. flaring from the fitted headband that If a man dies you say he is dead; shows the influence of the favorite But a book, not the color, is read. Still, I think that's enough of this terrible

New Frocks Featuring

Braidwork, Embroidery Braidwork and embroidery is being artfully featured on thin spun rayon dresses also summer jacket suits. The modes are in lovely pastels or even more to be admiredsubtle off-whites. Enormous patch pockets, all-over braided in exact tone of the dress, are seen on many a stunning frock. Sometimes the bow tie at the throat also is correspondingly braided. Too lovely for words are frocks of fine chambray, the jackets or bodice tops of which are all-over braided in white.

Broomstick Skirts

One of the biggest fads of the season in the campus group is the broomstick skirt. Girls with an eye to fashion and thrift are making their own this summer. The skirts are usually made of pastel chintz, but any light-weight curtain material will do. Another trick is to seam two large print squares together, gathering the top into a belt.

SEWING CIRCLE PATTERNS

Smartly Tailored Button-Front



Summer Date Frock

charming "date" frock that will to the slim skirt, achieving a chic be the most worn, best loved of side effect. The ribbon belt is pale your summer costumes. Make it in gay floral prints or checks and current war conditions, slightly more time is required in filling orders for a few of the most popular pattern numbers.

Pattern No. 8859 is designed for sizes 11, 12, 13, 14, 16 and 18. Size 12 requires 3 yards of 35 or 39-inch material; 3 yards

A General Quiz

The Questions 1. Based on standard time. when it's 12 noon in Chicago, in

Tokyo it's what time? 2. What is meant by a woman's

3. What country ranks next to the United States in population in the western hemisphere?

6. What was the White House

first known as? 7. How many islands are there in the Philippines?

8. From what does the word camera come?

The Answers

- 1. Three a. m. the next day. 2. Her set, or circle of friends. Brazil.
- With appeals.
 Coal tar.
- 6. The President's Palace.
- About 7,000. 8. From the Italian word cam-

era which means chamber.

Stranger in Our Midst

English looks and sounds easy rid summer day. These little head. to many of us, but the man from pieces are one of the big success another country could tell anfashions of the season because of other tale. Perhaps this little their practicality as well as their rhyme, written by a foreigner, flattering ways. Some are so de- will show what strangers to the

Good buy, Sir, it's past thyme for bead."

-isn't stiff or sticky! Soft-it spreads like face cream. is actually soothing! Use right after shaving-will not irritate -has light, pleasant scent. No sickly smell to cling to fingers or clothing. -will not spoil delicate fabrics. Yet tests in the tropics-made by nurses — prove that Yodora protects under try-ing conditions. In tubes or jars, 10c, 25c, 60c. McKesson & Robbins, Inc., Bridgeport, Conn.

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