

HOUSEHOLD MEMOS... by Lynn Chambers



Sandwich Inspiration for Lunches
(See Recipes Below)

Summer Planning

The sun's in its heaven and there's work in the garden that needs doing. Or, perhaps it's the wash ready to come down from the line that needs folding and sprinkling. Vines hang heavy with berries crying to be made into jams and jellies. In the midst of all this hum of activity, it's lunch-time.

I know you hardly want to take the time to stop to make it, but the family will be indoors shortly. Something quick and easy to fix, and yet palatable enough to keep them sustained until dinner? That's the order and here's the way to carry it out:

1. Puree vegetables left over from dinner the evening before and store them in the refrigerator. All you need to do is make up a thin cream sauce quickly and add vegetables to it; reheat and serve.

2. Keep a stock of sandwich fillings on hand and let the family "spread" them for themselves during lunch time. It saves you work.

3. Salad ingredients are a "must" for hot weather time. If there is washed lettuce chilled until crisp along with washed tomatoes, cucumber, green onions, radishes, green peppers, and some of the fresh fruits kept on tap, it's easy to toss a salad together in the time you could blink an eyelash. A variety of dressings will keep salads from becoming monotonous.

4. Draw heavily on fresh fruits for desserts. Plan to make ice cream, cake or cookies once a week to have on hand for a quick solution to the dessert problem.

Sandwich Spreads.

1. Bacon-Cheese Filling
3 ounces cream cheese
1/2 cup chopped, cooked bacon
1/2 teaspoon Worcestershire sauce
1/2 teaspoon horseradish
1 tablespoon milk

Blend all ingredients thoroughly. Store in refrigerator until ready to use.

2. Chopped Meat Spread
1 cup left-over meat, ground or chopped
1 teaspoon mustard
2 hard-cooked eggs, finely chopped
1 tablespoon chopped pickle
Mayonnaise to moisten

Mix all together. Spread on buttered bread when ready to use.

3. Peanut-Butter and Chili Sauce Spread
1 cup peanut butter or peanut crunch
1/2 cup chili sauce

Mix together and use for spreading whole wheat or white bread.

4. Egg and Green Pepper Sandwich Spread
3 hard-cooked eggs, finely chopped
1/2 cup pimiento, minced

Lynn Says:

Sprightly Summer Ideas: Garden or head lettuce is good for you and good to serve when "wilted." Over freshly washed lettuce, pour bacon fat in which a little chopped onion has been browned. Toss together with oil and chopped hard-cooked egg.

Spinach nests make menus sparkle when served with eggs a-la-king, creamed spinach or shrimp.

Young beet greens take on new flavor when cooked and mixed with grapefruit sections just before serving. Melted butter, salt and pepper are all the seasoning you will need.

Sour cream and cottage cheese, mixed thoroughly together, are a good duo for sliced cucumbers, tomatoes, celery and green onions.

Green beans, peas and limas profit from a little bacon cooked with them.

Lynn Chambers' Point-Saving Menus

- Cream of Green Pea Soup
- *Salmon and Egg Salad
- Bacon-Whole-Wheat Toast
- Sandwiches
- Rhubarb Cobbler
- Beverage
- *Recipe Given

1/2 cup green pepper, finely chopped
2 tablespoons chili sauce
Mayonnaise to moisten
Blend all ingredients together. Chill and then spread on bread to suit taste.

5. Savory Ham Filling
1 cup ground left-over ham
2 tablespoons pickle relish
1/2 teaspoon dry mustard
1/2 teaspoon Worcestershire sauce
Mayonnaise to moisten

Mix all ingredients together until well blended. Spread on rye or whole wheat bread.

Salads.
1. *Salmon and Egg Salad (Serves 4)

1 1/2 cups fresh flaked salmon or 1/2 pound canned salmon
1 small stalk celery, cut into small pieces
1/2 cup salad dressing

Lettuce
2 hard-cooked eggs, sliced
2 large tomatoes, sliced

Break salmon into small pieces. Combine salmon with celery, and salad dressing. Arrange lettuce on platter, then place sliced egg and tomatoes around salmon.

2. Lettuce-Spinach Toss (Serves 6)
1 head lettuce
1/2 pound fresh spinach, washed carefully

1 teaspoon salt
1/2 teaspoon pepper
1 green pepper, cut in rings
2 hard-cooked eggs
1 cup sour cream
2 tablespoons vinegar

Chill and chop raw spinach and lettuce. Add salt, pepper, vinegar, green pepper, chopped hard-cooked eggs to one-half the sour cream. Just before serving, fold in the spinach and lettuce and add remainder of sour cream.

3. Ginger ale Salad (Serves 6)
1 package lime-flavored gelatin
1 cup boiling water
Few grains of salt
1 cup ginger ale
1/2 cup green grapes
1/2 cup pineapple
1 head lettuce

Dissolve gelatin in boiling water and salt. Add ginger ale and let cool. When mixture begins to thicken fold in halved, seeded grapes and diced pineapple. Place in mold and chill until firm. Serve on shredded lettuce with mayonnaise or sour cream dressing.

4. Molded Vegetable Salad (Serves 6)
2 cups cooked or canned string beans
3 tablespoons chopped green pepper
3 tablespoons chopped pimiento
2 tablespoons vinegar
1 tablespoon minced onion
1/2 cup chopped celery

1 package lemon-flavored gelatin
Prepare gelatin according to directions on package. Add vinegar and minced onion. When cool, add remaining ingredients and allow to chill until firm.

5. Cottage Cheese Salad (Serves 6)
3 cups cottage cheese
1 cup diced pineapple, fresh or canned
5 tablespoons mayonnaise
1 teaspoon salt
1/2 teaspoon mustard
2 tablespoons lemon juice

Mix all ingredients together in order given. Chill and serve on a bed of greens.

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Cottons and Jersey Favored For Swim and Beach Outfits

By CHERIE NICHOLAS



THIS is the time of the year when a maiden's fancy turns to thoughts of what's "the style" in play togs, swim suits and beach ensembles. Now that all nature seems to be joining in one grand chorus that invites one to come and play in the great outdoors, the summer style parade will be made up for the most part of sportswear and seashore fashions.

Judging from the signs that cast their shadows before, this is going to be a most glamorous season on the beach for the new swim-suits and ensembles were never more versatile and eye-thrilling. Designers are making a fascinating play on stripes, maneuvering them in every conceivable way. In the new fashions stripes go up and down, around and around and on the bias in ways that give the garment an individual look.

A very important trend is toward costume ensembles achieved with a matching robe or cape or jacket to be worn on the beach. This applies to sun frocks and play clothes too, the idea being to add a wrap that will tune the outfit to many-purpose wear.

As to materials, crisp striped cottons are very much in evidence on the beach and in the sports realm in general. Seersucker is being made up ever so smartly in styles that are not only good-looking but extremely practical. This year washable cotton jersey is making a great hit for swim suits, and exotically flowered rayon jersey is being made up into brief wrap-around skirts in sarong effects. Bright oriental-looking cottons are all-over shirred for figure-fitting swim suits with bra tops.

One of the big success fashions of the season is the stunning suit of red rayon jersey which is shown to the left in the accompanying illustration of smart seashore fashions. This stunning ensemble of scarf and swim suit comes from the New York Dress institute. The fetching white

cotton beach stole is a thrilling example of what creative genius is doing with even the simplest of materials this season. In this instance the white cotton is hand-painted with footprints for the motif, done in multi-color. The deep fringe is hand-tied of white cotton yarn.

One-strap swim suits present a thrilling new fashion theme for this summer. See a clever interpretation of this in the attractive model centered in the foreground. Important also is the fact that this suit is made of washable white cotton jersey. For the bra and one-hip decor Ella Raines, the designer, uses brown and white striped cotton jersey. The single strap over one shoulder is of the same brown stripe.

The beach ensemble to the right takes on a costume look because of the matching coat that so smartly complements it. You will see this trend to add a coat or other beach wrap emphasized all the way through this season's smart outdoor fashions. This is a glowing example of the ingenuity with which designers are manipulating stripes in the current mode. Crisp cotton with peppermint stripes is the material used. The stripes play all sorts of capers, some going vertical, horizontal, on the bias and in other deft arrangement that achieves a designfulness pleasing to the eye.

The first appearance of black in sportswear was accepted as a passing novelty, but it has proved so effective and practical its style prestige is reaching a new high. Form-fitting swim suits of dull-surfaced black elasticized silk are among the smartest, as are also those of elastic black satin. Then there is the swim suit of water-repellent black velvet. It's a beauty.

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SEWING CIRCLE PATTERNS

Smart and Cool Daytime Frock An Easy-to-Wear Button Front



8794
12-42

8780
14-46

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Pattern No. 8794 is designed for sizes 12, 14, 16, 18, 20; 40 and 42. Size 14 requires 3 yards of 35-inch material; 1/2 yard for neck bow.

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Sheer Loveliness



The memory of the bride in a traditional white wedding gown is ever to be cherished. If your budget is limited, that need not be a barrier, for if you can sew it will add to the endearment of your bridal dress if you make it yourself. By taking advantage of the wartime budget lessons given by your local sewing center, experts will show you the latest tricks and modern finishing touches. The bride pictured "made her own" of a lovely white sheer, for this summer fashion favors exquisite diaphanous materials for the wedding gown. Suggested materials include sheerest of white cotton voile, ninon, marquisette and organdy over a rayon taffeta slip.

Bows Trim Dresses, Jackets and Dickies

Detachable bows that you can wear with this dress and that, play a flattering role in costume decor this spring. So now the ambition among college and teen-age girls is to collect bows and bows (spelled bows, not beaux). The newest trick is to smarten your dainty lingerie dickey with little black ribbon velvet bows, topping off with a matching velvet bow in your prettily coiffed hair. There are lots of other instances too, where an artful black velvet bow will fit into the scheme of things perfectly. Then there are those new, starched frost-white lingerie bows, that are being so importantly featured this spring. Designers are placing them in most unique ways on smart navy or black spring frocks or on two-piece jacket dresses. Perhaps the cleverest is the nifty short jacket that has a slot cut at the upper left shoulder through which is drawn a large butterfly bow made of lace and embroidery.

White Accessories Are Essentials This Year

That fashion slogan "iced with white" has caught the fancy of women who are alert to fashion and to what is most flattering. A white hat, a white coat, white gloves and footwear are summer wardrobe essentials this year. Then every lady of fashion needs must have in-store endless frilly white blouses together with frothy, lovely jalots and other neckwear items galore.

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