

HOUSEHOLD MEMOS... by Lynn Chambers



Extend the Meat With Noodles and Gravy
(See Recipes Below)

Point-Easy Patterns

Some of our homemakers feel that rationing has become so tight, it is difficult to set a tasty dish before the family. It's true we are learning to use a great variety of foods, but all these can be made delicious as well as pleasing as to appearance.

Humble meats like hamburger and liver can be dressed attractively and made to taste like high-point foods. Imagine golden eating pancakes, filled with a well-seasoned meat mixture. Good? Of course, pass the seconds, please.

You can stuff small slices of liver with your favorite celery or onion dressing and braise them in a savory tomato sauce. There's little better.

If you have taken it a little bit easy on the main course, you can always go the limit with the desserts. Cream pies are luscious even though their whipped cream toppings are missing. Frothy egg whites are just as pretty and tasty.

Fresh vegetables and fruit platters are ideal for adding color to the table. Try a freshly cooked snowy white cauliflower in the center of a platter and surround it with slivered green beans and tomato cups with golden corn kernel centers. If it's a fruit platter you've set your cap for, then you'll like melon (preferably cantaloupe with its center scooped out and filled with a fruit gelatin salad, and garnished on the platter with slices of pineapple mounted with fresh berries or grapes.

Hamburger Filled Potato Pancakes (Serves 6 to 8)

- 1 pound hamburger
- 2 teaspoons salt
- 1/2 cup milk
- 2 tablespoons fine, dry bread crumbs
- 2 tablespoons fat
- 4 cups grated raw potatoes
- 2 tablespoons grated onions
- 1/2 teaspoon pepper
- 2 eggs, beaten
- 1/4 cup flour
- 2 tablespoons milk

Combine meat, 1 teaspoon salt, milk and bread crumbs. Mix well and shape into thin patties. Brown in hot fat. Combine potatoes, remaining salt, pepper, eggs, flour and milk. Mix well. Remove meat from frying pan. Add more fat. Place a small amount of the potato mixture into hot fat. Top with meat patty. Then cover with more potato mixture (potato mixture should form a thin coating). Fry slowly until brown. Turn and brown on other side.

These Hamburger Filled Pancakes may be served with sauerkraut. Place the kraut in the center of a platter and arrange pancakes in a border around it.

Lynn Says:

Meat Memos: Extend low-point meats with breading, garnishing and fillings to make them appetizing and point-saving.

Bacon can be dipped in beaten egg and bread crumbs, then fried and served as an appetizing meat course.

Honeycomb or pocket tripe becomes savory when given the egg and bread crumb treatment. Serve it with broiled bacon and tomatoes for flavor contrast.

Ground lamb patties take on flavor value when served with grilled fresh pineapple and tomato slices.

Small shoulder roasts will stretch further when stuffed with bread, celery, parsley or onion dressing. Make plenty of rich gravy for a fill-in feature.

Lynn Chambers' Point-Saving Menus

- *Curried Shrimp with Noodles Slivered Carrots and Green Beans Fresh Pineapple and Strawberry Salad Corn Sticks Beverage Date-Nut Bars
- *Recipe given.

*Curried Shrimp with Noodles. (Serves 4 to 6)

- 6 tablespoons butter or substitute
- 6 tablespoons flour
- 2 cups milk
- 1/2 teaspoon salt
- 2 teaspoons curry powder
- 1 pound cooked shrimp
- 2 teaspoons lemon juice
- 1 1/2 teaspoons chopped parsley
- 1/2 teaspoon rich meat flavoring
- 1 tablespoon chopped green pepper
- 1/4 pound fine noodles

Make a cream sauce of the first five ingredients. Add shrimp, cleaned and cut in halves or quarters, depending upon size. Add seasonings, and lastly, cooked noodles broken into small pieces. Garnish with parsley and whole shrimp.

American Eggs Foo Yung. (Serves 4)

- 1/2 cup cooked fish such as salmon
- 1/2 cup green peas, cooked
- 3 stalks raw celery, diced
- 1 onion, minced
- 1/2 cup green pepper, chopped
- 1/2 teaspoon salt
- Dash of pepper
- 2 teaspoon seasoning sauce
- 6 eggs, beaten
- Spicy tomato sauce or other well-seasoned sauce

Mix fish with peas, celery, onion and green pepper. Add seasonings, seasoning sauce and beaten eggs. Mix well. Have fat hot in skillet. Pour small ladleful of mixture into skillet and brown on one side, turn cake and brown on the other. Serve with spicy tomato sauce.

Another good, light dish for supper fare is this omelet which combines point-saving foods with tempting goodness:

- Mashed Potato Omelet. (Serves 6)**
- 1/2 cup milk
- 1 cup mashed potatoes
- 1 teaspoon onion juice
- 1/2 teaspoon salt
- Dash of pepper
- 4 eggs, separated
- Bacon

Mix heated milk with mashed potatoes. Add onion juice, salt and pepper. Mix in well beaten yolks of eggs. Fold in stiffly beaten whites. Pour into a greased frying pan and cook on top of stove until bottom is brown. Brown top under broiler. Serve with crisply fried bacon.

Fruit Platter.

Fresh pineapple, sliced
Grapefruit in sections
Peach halves
Grapes, seeded or marachino cherries
Small wedges of cantaloupe or other melon
Cream mayonnaise
Head lettuce
Red apples

Peel grapefruit and remove pulp by sections, then cut in half crosswise. Arrange platter by placing cups of lettuce all over the platter. Into each cup place a slice of fresh pineapple, cored and peeled (or canned slice of pineapple.) On top place melon wedge and then grapefruit sections. Arrange strips of red apple on top and then sprinkle with cherries or slivered grapes. Serve with dressing made by mixing mayonnaise or salad dressing with sour cream and sprinkle with chopped nuts, if desired.



This striking mandarin coat is in the new white wine shade—an off-white which everybody adores. Its coats like this which are "stealing the show" this season. A coat of light weight, as shown here, is in a lovely pastel tint, short and youthful in line, reaches the ultimate in high styling

Released by Western Newspaper Union.

Gorgeous New Prints in Exotic Scenic Designs and Coloring

By CHERIE NICHOLAS



IF YOU like pretty clothes that carry an air of style distinction, don't let the summer get by without giving yourself the joy of including in your dress collection a simple little gown made of one of the gorgeous new scenic prints. You will find that it will become your pet frock no matter how many other lovely dresses you own, for these tropical-looking flamboyant prints are simply devastating in their flattery.

The prints themselves are so eye-thrilling you wouldn't think of making them up other than very simply in order to "show off" their unique patterning of true native scenes or such lighthearted themes as gay troubadours and dancing girls. These California prints fairly breathe sunshine and outdoor happiness.

For instance, one of this series of scenic prints depicts the famous California missions done in lavish sunshine colors. See it made up in the charming gown shown to the right in the illustration. A prettier dress for summer you couldn't find, and it will radiate the spirit of sunshine wherever it goes.

The dancing girl is the print motif of the other gown, who fascinates you with her grace and charm. Note the off-shoulder décolletage outlined with a double bertha collar done in two tones, the light matching the gold in this fantasy print. It also appears in the front skirt-opening trim.

Another dramatic print in this series takes an Indian war bonnet for its motif. The headdress, while not life size, is really quite large. With its bright feathers the effect is strikingly colorful and the placement of the bonnet motifs in an all-over patterning is most artful.

Another adorable print that has feminine charm plus is a shan-

tung patterned with exquisitely colorful bow-knots that are so huge one of them would cover the entire bodice front. This makes up very attractively in a hostess gown and also is making appeal with the young set, for the costume that has a dirndl skirt worn with a monotone contrast blouse. It is a print that yields stunning cutouts to the plain colored dress.

For beach wear and play suits a most individual looking border print is shown in the season's better collections, which is well worth looking up by the girl who makes her own clothes. It is a white spun rayon weave, the wide border showing Egyptian figures trekking along in picturesque and richly colorful garb. It has an oriental air about it that is fascinating. A very attractive bra-top bathing ensemble of this novel print fashions the skirt of the wide border. A separate long-belted coat uses the material so that the border with its quaint figures forms the wide hemline.

A fashion that has high style prestige is that of the town suit made of gay print. Designers are turning out stunning suit types, some of modest patterning and coloring, for practical utilitarian wear, others of prints so dramatic and colorful they tune most beautifully to daytime social affairs. Once you own a print suit you'll love it. Not only is it perfect for summer wear, but you'll appreciate its flattery. Some are given a dressy look with glittering jeweled buttons, and they all take on all the latest "tricks" in way of bows and scalloped edges and pretty dainty lingerie accents.

Released by Western Newspaper Union.

White Mandarin Coat



This striking mandarin coat is in the new white wine shade—an off-white which everybody adores. Its coats like this which are "stealing the show" this season. A coat of light weight, as shown here, is in a lovely pastel tint, short and youthful in line, reaches the ultimate in high styling

Shell Jewelry Adds Rare Beauty to Mode

Summer costume jewelry made of tropical shells brings new beauty into the current fashion picture. The shells from Tahiti are expertly hand-processed in this country. These Pikaki shells are quite diminutive, being less than quarter-inch size. Other exotic shells run to three-quarter inch. Drilled, strung, tinted and pearlized by hand, the jewelry is available in every pastel and tropical hue, also pearlized white shells. Necklaces are shown in choker and lei lengths, made up from one to six strands. They come with earrings to match. One ensemble of bracelets is so contrived that with the use of open lucite links the two can be joined to form a longer length necklace to wear lei fashion. A twisted choker of the tinier shells with a grosgrain tie is another intriguing fancy. Coiffure combs match up with any of the ensembles.

Washable Cottons For Girls' Dresses

Washable piques, checks, stripes and handsome ginghams are suggested for teen-age summer fashions. These are highlighted with eyelet embroidery and other lingerie touches, especially embroidery beading that is threaded with narrow black velvet ribbon. One charming way of using eyelet embroidery is to work it into cap sleeves for a simply styledingham. This deft touch is the only trimming and the effect is charming.

SEWING CIRCLE PATTERNS

Shirtwaister for Summer Wear Sunny-Day Set for Little Girls



8792
14-46



1331
2-6 yrs.

Pattern No. 1331 is designed for sizes 2, 3, 4, 5 and 6 years. Size 3, dress, requires 1 1/2 yards of 35 or 39 inch material; bonnet, 1/2 yard; 3 yards edging or ric rac for trim dress and bonnet.

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Shirtwaist Frock

SHIRTWAIST frocks have a favored spot in every wardrobe. Versatile and charming, they make up handsomely in almost every fabric. For warm days ahead, choose crisp striped or checked fabrics—or gay floral prints.

Pattern No. 8792 comes in sizes 14, 16, 18, 20; 40, 42, 44 and 46. Size 16, short sleeves, requires 3 1/2 yards of 35 inch fabric, or 3 1/2 yards of 39 inch.

Outdoor Set

AN ADORABLE out-of-doors outfit for a sweet little girl. A sun bonnet to shade her face—little wing sleeves to keep her cool—it's an ensemble that she'll love to wear on sunny days.

Standard Gauge Tracks

Although American railroads operated on 23 different gauges, or track widths, as late as 1871, they had all adopted the world's standard gauge by 1886, thus making the United States the first country in which a carload of freight could reach any point without having to be unloaded and reloaded en route.



Olivia de HAVILLAND
star of the Warner Bros. picture,
"Strawberry Blonde," recommends
Calox Tooth Powder for teeth
that shine.

CALOX TOOTH POWDER

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"The Grains Are Great Foods" — K.K. Kellogg

Kellogg's Rice Krispies equal the whole ripe grain in nearly all the protective food elements declared essential to human nutrition.



HINTS FOR HOME BAKERS

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FILLED BUNS

- 2 cakes Fleischmann's Yeast
- 1 cup lukewarm water
- 1/4 cup shortening
- 1/4 cup sugar
- 1 teaspoon salt
- 2 eggs, beaten
- 1/2 teaspoon nutmeg
- Few drops lemon extract
- 1 cup milk, scalded and cooled
- 9 cups sifted flour
- 1 cup jelly or jam

Dissolve Fleischmann's Yeast in lukewarm water. Cream shortening, sugar and salt; add well-beaten eggs, nutmeg, flavoring and lukewarm milk. Add to yeast. Add 3 cups flour and beat well. Add remaining flour; turn out on floured board and knead lightly until smooth and elastic. Place in greased bowl. Cover and set in warm place, free from draft, until light, about 2 hours. Turn out on floured board and shape into round rolls. Dip in granulated sugar and set on well-greased baking pan 1/2 inch apart. Cover and let rise until doubled in bulk, about 45 minutes. Make an indentation in center of roll, fill with jelly or jam. Let rise again until light, about 15 minutes. Bake in moderate oven at 400° F. about 20 minutes. Makes 4 dozen.

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