

# CLASSIFIED DEPARTMENT

## RABBITS & SKINS

WANT Live Rabbits & Poultry, Wool, Good white frier tame rabbit skins 60c to \$1.00 a lb. Ship or ask prices. Ruby & Co., 935 S. W. Front, Portland, Oregon.

15c-40c EA. paid for white (frier) rabbit skins. High-tension stretchers, \$1.75 doz. Prepaid. Ship to E. E. Luce, Warren, Ore.

## RABBITS

**PET STOCK**  
GOLDEN HAMSTER breeding stock. Strong, large, none better. Far West Hamstery, Bellevue, Wash.

## HELP WANTED

**HOTEL MAID**  
Experienced \$75.00 per month, Board & Room. Give personal appearance, height, weight, complexion. Age 25 to 35. Will furnish transportation. Permanent position. If satisfied Commercial Hotel, Camas, Washington.

## FOR SALE

CALIFORNIA State Deeded Lands from 19c per acre up; Timber, Grazing, Agricultural; Country and City. Titles direct from State. Apply now to:

**TAX LAND RESEARCH**  
U.S. Post Office Box 462, Burska, Cal.

WHOLESALE, OVER 1001 Items. 16-page catalog fully illustrates merchandise & prices. Send 7c ten cent coin or stamp, immediate costs. LEWIS NOVELTY CO., 536 10th St., Oakland Cal. "If it's new we have it".

DAIRY farm, 160 acres, 90 cultivated, 60 irrigated; electrified; new 24x50 chicken house, other bldgs. fair. \$5,000, half cash, immediate possession. O. J. Baird, Rt. 1, Box 265C, Ellensburg, Washington.

50 ACRES—Creek, springs; 12 cleared, bal. pasture; cabin, some timber, 8 mi. Battle Ground. \$3250, terms. F. C. Craig, owner, Yaocot, Wash., Rt. 1, Phone 7-2.

HAMPSHIRE—Boars, gilts; open bred. Send for free illustrated booklet. Tourtelotte, 403 White Bldg., Seattle, Washington.

22 ACRES, irrig. suitable for beets, hay, veg., grain, etc.; school, mail, milk routes; elec., water piped to buildings, good water right; \$5500 cash. F. W. Schram, Corvallis, Montana.

GARAGE, service station, doing excellent business, will sell with or without equipment. For further information write M. J. Shower, Turner, Ore.

FOR SALE—Caterpillar 60, new steering clutch, ring gear, rail, pins bushing, walking sprocket, \$1500. Write or see Ralph Tschella, Pendleton, Ore.

FOR SALE: 160 acres, 25 cult., 35 H. beef cattle, house, barn, open range, \$5,000. 1175 W. 1st Street, Roseburg, Oregon.

## SPECIAL

### A MESSAGE TO CHAIN CIGARETTE SMOKERS

You can overcome this injurious habit in 5 days or less. Improve your health, increase your efficiency, save money. Remember it is not necessary to discontinue smoking entirely. Send \$1.00 to NO-CHAIN SMOKING COMPANY, P.O. Box 2008—Portland 14, Ore. It should be the best dollar you ever spent in your life.

SHORTHAND—Intensive 99-day correspondence course. THE MODERN SCHOOL, 55 - 11th St., San Jose, California.

We Pay Cash For Used BAND INST.—ACCORDIONS TACOMA MUSIC 317 - 11th, Tacoma, Wa.

**DENTAL PLATES**  
AND ALL BRANCHES OF DENTISTRY ON CREDIT TERMS  
Take 5, 10, 15 Months to Pay  
**DR. HARRY SEMLER, Dentist**  
ALSKY BLDG., 3rd & MORRISON, PORTLAND, ORE.

**Quick Study**  
Brown—Where did you study law?  
Blue—I took a correspondence course.  
Brown—Didn't they deliver mail where you live?

**Asking Too Much**  
Rastus—Ah'll do anything for you, Mandy darlin'.  
Mandy—Will you go to work?  
Rastus—Ah said anything, woman, not everything!

**Close Friends**  
Mac—Why did Sam invite only married people to his wedding?  
Tavish—Well, in that way he figured all the presents would be clear profit.

**As Usual**  
Nit—You're out of work? Well, how do you keep alive?  
Wit—I breathe!

**Must Be a Gift**  
Jack—How much whiskey can a Scotchman drink?  
Mac—As much as you'll give him!

## DAMP SEAT?



Golfer (to lady sitting on grass)—Lady, do you know it's dangerous to sit there in the middle of the fairway?  
Lady—Oh, that's all right. You see, I'm sitting on a newspaper.

**Sweet Training**  
Rookie—Working on a bomber is just the thing for me. I used to be a mechanic in a candy factory.  
Sarge—Mechanic in a candy factory?

Rookie—Yes, I used to tighten the nuts in the peanut brittle!



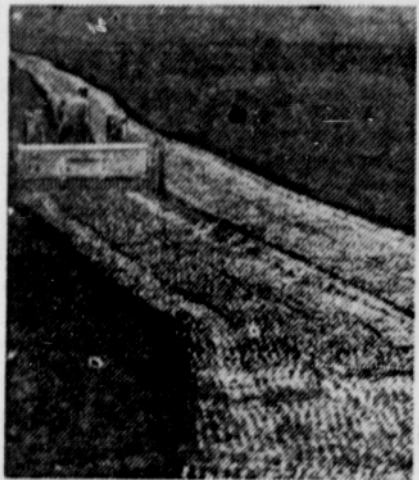
## Farm Topics

### Soil Conservation To Maintain Health

#### Man and Animal Depends Upon Fertility of Soil

Hope for better health for Americans in the postwar period lies in fuller conservation of our soil resources, according to Dr. William A. Albrecht of the University of Missouri.

"It is the fertility of soils that has contributed to our prosperity as we followed through our subscription to the advice of Horace Greely," he



said. "It is the fertility equivalent in prairie soils in the different parts of the world as a whole that has determined the places where human population centers of great densities have established themselves.

"Neglect of the soil in terms of fertility content has been at the basis of pessimistic view of future human health. That there is hope ahead, however, is readily recognized when we consider that the soil contributes only 5 per cent of the plant, and only 5 per cent to the human body. When there are only one dozen chemical elements within this small contribution by the soil, it is no great task to replace within the soil this list and this small amount.

"A ton of fresh vegetable growth would call for but 40 pounds of chemical elements to be put into the soil. By placing this list of elements into the soil as fertilizers we can do the equivalent of pushing the soils out of their unfavorable climatic conditions into a situation favorable to the promotion of human health. By putting these essential minerals into Nature's hands, she will fabricate them into organic complexes much more serviceable in the guarantee of human health than if we consume them as drugs and pills.

"Soil conservation has started as a growing national philosophy. It must become an action program for each of us. We are about to enter a new age in which our efforts in soil improvement will not only be a struggle to retain the mass, or body of the soil, but also to restore its chemical fertility and active organic matter content."

### Farmers Intend to Use 'Jeeps' for Many Purposes

Farmers are planning to use "jeeps" after the war for everything from sawing wood to spraying orchards, according to a nationwide survey conducted by Willys-Overland Motors, the firm which developed the famous blitz-buggy.

Many of the country's rural citizens—particularly those with small farms—want to use a postwar version of the scout car as a four-purpose replacement for the horse, tractor, power unit and light truck, the study showed, while others have earmarked it for such specialty jobs as a snow plow, fire fighter, stump remover and road grader. Among the general utility purposes suggested were plowing, harrowing, seeding, cultivating, harvesting, running silo fillers, buzz saws, threshing machines, hay balers, milking machines and grinders.

### Live Stock Disease

Vital statistics on live stock disease would prove of considerable value to farmers. Not only would it enable research men to focus more efficiently on those disease problems which are of major importance but it would make livestock more efficient and profitable.

The first step has been taken. The American Veterinary Medical association has inaugurated a plan for a nationwide vital statistics service for reporting live stock diseases. It has recommended that the service be placed under the U. S. Bureau of Animal Industry with the cooperation of state live stock and veterinary associations.

### Agricultural Facts

Caraway seed is now being raised in the United States for the first time. It is harvested with combines.

Despite their high water content milk and kale give more calcium than fruits, root vegetables, meats or breadstuffs.

American farm property valued at about \$95,000,000 was destroyed by fire last year.



## Dress Up Vegetables, Serve Warm Dessert For Cool Weather



Vitamin-rich carrots are hidden in this lovely pudding along with nutritious cereal. It's inexpensive, point-wise and penny-wise when you're cooking on a limited food budget.

### Hot Delicacies

As the weather becomes cool and blustery, we must shelve many of our warmer weather food favorites, but there are a host of other good cold weather recipes to take their place.

Nothing is quite so important to a person's well being as a good, substantial hot food served piping hot, and during the cooler months, everything at a meal may be served hot—soup, entree, vegetables and dessert.

First of all, let's look into the matter of substantial vegetable dishes you can make with home-canned produce. You probably have green beans, corn and tomatoes on hand. Here are ways to dress them up:

#### Scalloped Green Beans. (Serves 5)

- 2 tablespoons butter
- 3 tablespoons flour
- 1 cup milk
- 1/2 cup liquid drained from beans
- 1/2 cup finely cut cheese
- 1/2 teaspoon salt
- 1/2 teaspoon pepper
- 1 tablespoon prepared mustard
- 2 cups drained, canned green beans
- 1/2 cup buttered crumbs

Melt butter, add flour and blend well. Add milk slowly and cook, stirring constantly until thickened. Add liquid from beans, mustard and cheese. Stir until cheese is melted. Add salt and pepper. Place alternate layers of beans and sauce in a buttered casserole, and top with crumbs. Bake in a pre-heated moderate (350-degree) oven for 30 minutes.

#### Fried Corn. (Serves 5-6)

- 2 cups corn
- 1 tablespoon chopped onion
- 3 tablespoons chopped green pepper
- 2 tablespoons drippings
- 1/2 teaspoon salt
- 1/2 teaspoon pepper
- 3 tablespoons water

Simmer onions and green pepper in melted drippings for 3 minutes. Add corn, water and seasonings. Mix well, cover and cook slowly about 10 minutes.

#### Savory Tomatoes. (Serves 6)

- 1/2 cup diced bacon or salt pork
- 1 cup sliced onions
- 4 cups canned tomatoes
- 1 teaspoon salt
- 1/2 teaspoon pepper
- 4 tablespoons flour

Fry bacon or salt pork until nearly crisp. Add onions and cook until lightly browned.

Add tomatoes, salt and pepper and simmer for about 10 minutes. Mix the flour with a small amount of cold water and stir into the tomatoes. Cook until thickened. This may be served as a sauce over meat, fish, cooked rice or spaghetti.

### LYNN SAYS

**Food Flashes:** If a recipe calls for canned fruit, use stewed dried fruit if you don't have the home-canned product.

If you need whipped cream to dress up your favorite dessert, take top of the bottle milk, chill it well, combine with one of the whipped cream mixes and set in a bowl of cracked ice. Beat well.

Dip scissors in flour before cutting raisins or other dried fruit.

Make bread pudding of leftover cake, cookies, and bread. Serve with meringue, lightly browned to dress up the pudding, or orange marmalade, jam or jelly.

Use simple icings for cake or dust lightly with powdered sugar put through a lacy paper doily. This saves sugar!

### Lynn Chambers' Point-Saving Menu

- Meat Balls in Mushroom Sauce
- Snowflake Potatoes
- \*Scalloped Green Beans
- Jellied Cabbage Salad
- Pecan Rolls Butter
- \*Apple Crisp Pudding
- \*Recipes Given

Another hearty vegetable dish is this one made with potatoes and onions:

- #### Scalloped Potatoes and Onions. (Serves 6)
- 6 medium-sized potatoes
  - 4 tablespoons butter
  - 3 tablespoons flour
  - 1 teaspoon salt
  - 8-12 pearl onions
  - 2 cups milk

Pare and slice potatoes thin, with fancy cutter or paring knife. Butter casserole well. Place layer of potatoes at bottom of casserole, sprinkle with 1 tablespoon flour, 1/4 teaspoon salt and dot with some butter. Cover with a layer of onions and repeat until all potatoes, onion and seasonings are used. Pour scalded milk over top and dot with remaining butter. Bake in a moderate (350-degree) oven until potatoes and onions are tender.

Hot desserts made with whole grain cereals add substantial vitamins and minerals to the diet:

#### Carrot Pudding. (Serves 9)

- 1/2 cup shortening
- 1 cup sugar
- 2 eggs
- 1 1/2 cups grated carrot
- 1/2 cup whole bran
- 1 1/4 cups flour
- 1 tablespoon baking powder
- 1/2 teaspoon salt
- 1/2 cup milk
- 1 teaspoon lemon extract

Blend together sugar and shortening until light and fluffy. Add unbeaten egg yolks.

one at a time, beating well after each addition. Stir in carrots and whole bran. Sift flour, baking powder and salt together. Stir into first mixture alternately with milk. Add flavoring and fold in stiffly beaten egg whites. Turn into greased baking dish and bake in a moderate oven (350 degrees) 55-60 minutes. Serve warm with desired sauce and top with maraschino cherries.



Tired of serving potatoes the usual way? Try them scalloped with pearl onions, golden brown and piping hot and you have the answer to starchy vegetable problem of a meal.

#### Apple Crisp Pudding. (Serves 6)

- 4 cups sliced apples
- 1/2 cup sugar
- 1/2 teaspoon cloves
- 1/2 teaspoon nutmeg
- 1/2 cup honey
- 1/2 cup shortening
- 1/2 cup sugar
- 2 eggs
- 1 teaspoon vanilla extract
- 1 1/2 cups toasted bread cubes
- 1 1/2 cups corn flakes

Mix apples with combined sugar, spices and honey. Turn into shallow baking pan. Blend shortening and sugar thoroughly; add eggs and flavoring and beat well. Mix with bread cubes and corn flakes and spread over apples. Bake in a moderate oven (375 degrees) 40-45 minutes or until apples are tender and top is browned and crisp.

#### Peach Rice Pudding. (Serves 4)

- 5 or 6 canned cling peach halves
- 2 cups cooked rice
- 3/4 cup brown sugar
- 1/2 teaspoon cinnamon or nutmeg
- 1 teaspoon butter

Cut canned cling peach halves into cubelets with scissors to make 1 1/2 cups chopped peaches. Alternate layers of chopped peaches and rice in an oiled casserole, starting with rice. Stir spice into brown sugar, and sprinkle some of mixture over each layer of rice. Make top layer rice and dot with bits of butter; cover casserole. Bake in moderate oven (350 degrees) for 25 minutes. Serve warm with cream, if desired, but no sauce or cream is actually necessary.

Do you have recipes or entertaining suggestions which you'd like to pass on to other readers? Send them to Miss Lynn Chambers, Western Newspaper Union, 210 South Desplaines Street, Chicago 6, Illinois. Released by Western Newspaper Union.

## SEWING CIRCLE PATTERNS

### Magic Moulding of the Waistline Jumper Costume With a Future



1221  
12-20

1894  
32-46

#### Slenderizing!

THE magic moulding of this dress through the waistline will instantly recommend it to larger women! You'll like it, too, for the soft vestee-effect bodice which may be of lace, eyelet embroidery or any contrasting material.

Barbara Bell Pattern No. 1894 is designed for sizes 32, 34, 36, 38, 40, 42, 44 and 46. Size 34 dress, with short sleeves, requires 4 1/2 yards 39-inch material, 1/2 yard contrast.

For this pattern send 25 cents in coins, your name, address, pattern number and size wanted.

#### Changeable!

WEAR this jumper costume with contrasting blouses, sweaters, and bright belts, and you'll have many different-looking ensembles. Wools, flannels, jerseys, and velvets will make up beautifully into this smart and versatile style.

## Household Hints

Low temperature is the secret of tender eggs. Too high temperature or extended cooking time toughens the protein in the egg.

Paraffin used for covering jelly should never be heated to the smoking point. This causes it to shrink from the side of the glass.

Place brown sugar in a mason jar while it is still soft, and it will keep that way.

That long-outdated curling iron makes an excellent gripping rod to use in dyeing garments. You can grip the material firmly and swish it about in the dye bath without its slipping.

**HINTS FOR HOME BAKERS**

### Yeast Raised Muffins Are Extra Tender!

Make them with Fleischmann's yellow label Yeast—the only yeast with those EXTRA vitamins

**RAISED MUFFINS**

- 1 cup milk
- 2 tablespoons sugar
- 1 teaspoon salt
- 2 tablespoons shortening
- 1 cake Fleischmann's Yeast
- 1/4 cup lukewarm water
- 2 eggs, well beaten
- 2 1/2 cups sifted flour

Scald milk, add sugar, salt and shortening. Cool to lukewarm. Dissolve yeast in lukewarm water and add to lukewarm milk. Add eggs and flour to make a moderately stiff batter. Beat until smooth, cover and let rise in warm place, free from draft, until light, about 1 hour. Fill well-greased muffin pans half full. Cover and let rise again, about 1/2 hour. Bake in moderate oven at 375° F. about 30 minutes. Makes 16.

**FREE!** FLEISCHMANN'S FAMOUS RECIPE BOOK NEWLY REVISED FOR WARTIME!

Clip and paste on a penny post card for your free copy of Fleischmann's newly revised "The Bread Basket." Dozens of easy recipes for breads, rolls, desserts. Address: Standard Brands Incorporated, Grand Central Annex, Box 477, New York 17, N. Y.

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Zone No. \_\_\_\_\_

SEWING CIRCLE PATTERN DEPT.  
149 New Montgomery St.  
San Francisco, Calif.

Enclose 25 cents in coins for each pattern desired.

Pattern No. .... Size .....

Name .....

Address .....

### Splendid Cough Relief Is Easily Mixed at Home

No Cooking. Makes Big Saving.

To get quick and satisfying relief from coughs due to colds, mix this recipe in your kitchen. Once tried, you'll never be without it.

First, make a syrup by stirring 2 cups granulated sugar and one cup of water a few moments, until dissolved. A child could do it. No cooking needed. Or you can use corn syrup or liquid honey, instead of sugar syrup.

Then get 2 1/2 ounces of Pinex from any druggist. This is a special compound of proven ingredients, in concentrated form, well-known for its prompt action on throat and bronchial membranes.

Put the Pinex into a pint bottle, and add your syrup. This makes a full pint of splendid medicine and you get about four times as much for your money. It never spoils, and tastes fine.

And for quick, blessed relief, it is amazing. You can feel it take hold in a way that means business. It loosens the phlegm, soothes the irritated membranes, and eases the soreness. Thus it makes breathing easy, and lets you sleep. Money refunded if not pleased in every way.

Invest in Liberty ☆  
☆☆ Buy War Bonds

**JOLLY POP CORN**  
TIME IN A HANDSOME NEW PACKAGE  
NOT RATIONED  
WHITE HULLLESS OR GIANT YELLOW HULLLESS  
GUARANTEED TO POP CORN